DAILY CAPITAL JOURNAL, SALEM, OREGON, WEDNESDAY, FEBRUARY 10, 1904.

sweets-but the proper kind of sweets. Cheap, nasty confections should never be given them, neither should they be permitted to have too much jam nor any of that indefinable hodgepodge of stuff that manquerades under the name of cake. Beware of cheap painted candles; they are polsonous.

But give the children sweets in he form of pure chocolate, honey and syrup made from fruits. A lump of sugar or a stick of good candy now and then will not hurt them. Let them eat molasses, but he sure it is a good quality. Fruit jellies, if unadulterated, and plain cookles that are not too sweet, are good for children.

Let the children have sweets. The system craves them. They impart warmth and energy. They nourish and build up the tissues.

The best time to give the children sweets is at meal time. Let fruits, jelly, syrup, molases, honey or cookies form a part of each meal, and the children will not so often plead for candy and cake.

Let the children have sweets. But see to it that they are furnished the proper kind, at the right time, and in sensible quantity,-Medical Talk for the Home.

## JOURNAL X-RADIUMS

Persons who quarrel with all their neighbors ought not be blamed for quarreling with business people on the street.

The Journal must decline further communications over the woman suffrage question. The matter is not before the public and space is needed for more important subjects.

It is bad enough to go into an editor's office and use profane and ebscons language and threaten to lick him. But to go around in the dead of night and stick up original poetry on your own shop windows against him is-well that is what you might call uncivilized warfare. . . .

It would be just another run of Rooseveltis luck to have Mark Hanna "pass in his chips."

No woman who attempts to sing should wear her dress low in the neck. To watch a note gurgling along from the breast bone up to the throat, and then finally escape through the forks of her wishbone is Interesting from an anatomical standpoint, but not really an essential accessory to musical art.

The land of the Rising Sun may be the cause of the Setting Sun of Russian territorial expansion.

The old Russian bear will stand a whole lot of chewing and nagging from the little brown men of Japan before he gets fairly aroused. But the Japs are terriers and will stay with the bear and may get him up a tree:

A great financier descends so low as to envy The Journal its little prosperity and directs his cheap man to call us a grafter, a boodler, etc., etc. Well, The Journal can stand it. It has reputation and to spare. ...

...

The present Pope, like his predecessor, is humanely inclined toward Christian Socialism.

Prompter than prompt, the St. Louis fair will be opened ahead of time on April 30th.

Russia can be relied on to prosecute differences in the Orient, peacefully by preference, but prosecute them to a finish, under any and all circumstances. ...

This community sends out each year several hundred school teachers who are employed in this state and other states. The reputation of having the best public schools in the state at Salem will enable all these young people to command top wages. That is worth considering, . . .

The old-fashioned fellows who founded this land, Who turned the first furrow and broke the first sod, Emblazoned this motto on every hand: "Our trust is in God."

# **SURE INDICATIONS** OF BAD B OLD SORES, ULCERS, ABSCESSES

The best evidence of a bad condition of the blood and unhealthy state of the system, is an old festering sore, running ulcer, or abscess. They show the bodily impurities are not passing out through the proper channels, but are left in the system to clog and poison the blood. So thoroughly does the poison permeate the system that every little scratch, cut or bruise inflames and festers. Everything about an old sore or ulcer suggests diseas. They affect the general health, they FROM CALF OF THE LEG TO ANELS

require constant attention, and are a source of anxiety and trouble all the time, and in some cases highly offensive. There is danger, too, of these places becoming cancerous if not treated promptly and in the right way. Washes, salves and ointments are good for external use, but they can't stop the discharge or change the condition of the blood, and for this reason the sore never heals permanently. Not until the blood is purged of

impurities and the system cleansed of all harmful substances should the ulcer heal, or the effect upon the system might prove disastrous. S. S. S. goes into the circulation and searches out and removes the cause of the old sore and invigorates and builds up the polluted, sluggish blood again, and as the poisonous matter is driven from the system the sore

fresh skin and the sore is gone for all time. Where the constitution is debilitated from the effects of chronic sores, ulcers, abscesses, carbundes,

the poison the sore must heal, because nothing is left in the system for

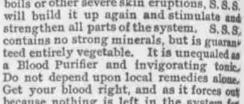
A SOLID SORE.

New Castle, Pa., July 29, 1903.

it to feed upon. Write us should you desire medical advice, which is gives THE SWIFT SPECIFIC CO., ATLANTA, GA.

<text> begins to heal, new flesh forms and the place is soon covered over with

boils or other severe skin eruptions, S. S. S.



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FOR COUNTY JUDGE.

This important office in Marion county is to be filled for the next four years at the coming spring elections in most counties

TWO

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The Daily Journal

In Marion county Judge Scott is being pressed by his friends for

re-election, and his candidacy has warm support in some quarters, As a champion of the good roats movement, Judge Scott will be as-

mailed by certain retrogreasive elements and they will consider him too BIUMPOSSIVO.

But the progressive and younger elements of the party will rally strongly for Judge Scott.

Of course, the office is a hard one to fill and there will be some strong candidates against Scott, or rather candidates for the place.

Among these are mentioned Capt. M. W. Hunt, of Sublimity; G. P. Terrell, of Mehama, W. C. Hubbard, of Salem, the latter two having held the office in the past.

#### THE JAPAN-RUSSIAN WAR.

The real issue between Jap and Russian in the great war in the Orient has never been fully disclosed.

That issue is whether the Russian shall completely predominate Asla-shall absorb all China and Korea?

The war does not assall the validity of the Russian Empire that has stood unbroken and victorious for centuries.

But so surely as Russit is not checked now in her encroachments on Asiatic territory, so surely will her power extend over the Orient.

All the other powers will find a closed door. The secret espionage and the police passport will alons admit the traveler from one town to another under Russian domination.

In this war Japan stands for free institutions, for progress and commoreial freedom and Russia stands for her peculiar barbaric system of necret explorage and opprovation.

While regarding Russia as a great friend in the past, Americans sympathine with Japan, and that plucky little nation has the sympathy of the civilized world in this conflict.

### VALUE OF GOOD PUBLIC SCHOOLS.

The Salem board of education is to be commended for ordering a aportal election to add more grades to the public schools. 7

The determination of the people of Salem to have as good schools as the beat in the state is a matter of congratulation for this city.

Batom can more easily do that than any city in the state because of the relatively larger number of children that are in private schools.

At kinet one third of the children of school age in this city are in vacious private schools and always will be, in all probability,

Parents, who for various reasons, soud their children to private and sectarian schools to that extent relieve the school district.

For this and other reasons Salem can and ought to have the best public schools in the state, and from a financial standpoint it pays to have nothing but the best.

The value of good public schools lies in stimulating the pride of the community in other ways cannot be overestimated.

### LET THE CHILDREN HAVE SWEETS.

Nearly all children, especially if they be normal, healthy children. grave sweets. A great many parents without any thought or reason in the matter deny to their children all kinds of sweets. They do this from some preconceived notion that sugar and candy and cakes are bad for the children. Other parents go to the opposite extreme and indulge their children in all sorts of confectionery from the cheapest to the most exponsive, allowing them to cat rich, indigestible cakes, pams, candied fruits, preserves, etc.

They both are making a mistake. Children should be allowed to cat

But should they come back from their bowers of bliss,

Should they rise once again from the mouldering dust, They'd find their old motto reads something like this;

"Our God is a Trust." -Denis A. McCarthy, in Life. . . .

The Journal is trying hard to remain in the ranks of the small and modest publications that do well their local work. But people are ordering it from all parts of the state, and even from other states. It may have to enlarge to a seven-column eight page to give its advertisers better service.

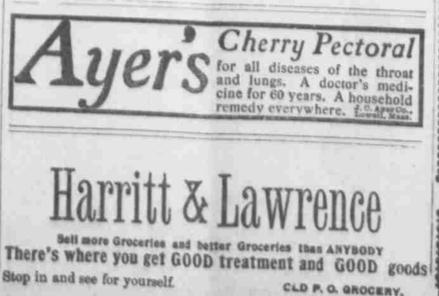
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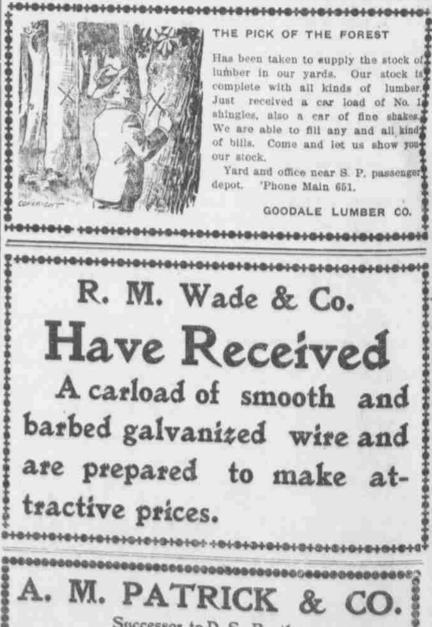
Who envies Mark Hanna the strenuous life? Down at Washington with the fatal sickness of that great center of human aspirations. Who would not prefer to lead the smaller and less ambitious life of a country editor, or even of an obscure and humble citizen of Clackamas county, like Geo. C. Brownell?

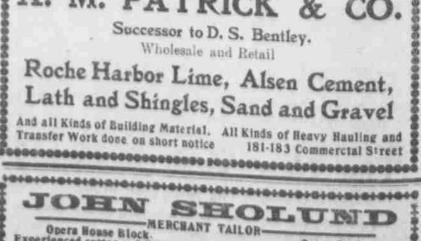
The Journal cannot conceive any real cause for the Oregonian's constant "techiness." Its editor is president of the world's fair and he and his paper are the whole thing. His city editor is manager of the advertising funds to see that nothing gets away into improper channels. His nephew is publisher of the Lewis and Clark official bulletin and will certainly see that the Scott family get all the glory and that all undeserving and disloyal subjects are kept in proper obscurity. On top of all this radiant self-aggrandizement there is still unhappiness displayed at times. The rest of us are happy to even be permitted to live in Ore-

Mrs. Judge O'Donald sends this office a beautiful White Langshan hen's egg that measures seven and seven-eighth inches by six and fiveeighths inches. It is by all odds the largest and most perfect egg ever produced by an Oregon hen and The Journal is proud to have been remembered by the enterprising lady whose fowl produced it. ...

We often wish we could hold on to our last dollar like the average woman can hold on to the last can of fruit she put up the summer before,-Oroville Journal.







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