

# THE TOILERS IN OUR FACTORIES



No workmen in the world can do so much or use the same intelligence that our own American work-men and women are capable of. That is why America is now beating the world in manufactures; all due to the brain and muscle of our Yankee men and women.

Unfortunately where there is smoke, dirt and dust and little sunlight there also can be found the germs of disease. Nature's great disinfectant is sunlight. Sunlight and fresh air promote the growth of animals and plants but kill the germs of disease. Air, free from dust, such as we have on the sea, never permits the germs of disease to have any chance for growth and development. It is in the factory, the work-shop, the office, that men and women suffer from diseases which are in the dust and the bad air. Such disease germs enter into the blood in two ways, either through the lungs or stomach. If the blood is pure and rich, the liver and stomach in healthy active condition, the germs of disease cannot find a resting place there to multiply. Disease of the lungs, bronchitis and consumption, are very apt to spread through a factory where there is much fine dust in the air. The lungs become irritated and the germs find a fertile field for growth. Extreme weakness, feelings of nervous exhaustion, coughs and colds are the warning signals which should be heeded. One should put the system in the very best possible condition right away.

After years of experience in an active practice, Dr. Pierce discovered a remedy that suited these conditions in a blood-maker and tissue-builder, which at the same time alleviates the cough. He called it Dr. Pierce's Golden Medical Discovery—an alternative extract that assists in the digestion and assimilation of the food in the stomach—so that the blood gets what it needs for food and oxidation, the liver is at the same time started into activity and there is perfect elimination of waste matter. When the blood is pure and rich, all the organs work without effort, and the body is like a perfect machine; if, however, any part is allowed to rust, and this human machine does not get its full supply of rich red blood (which acts like oil on machinery), then new fields are created in which the bacteria or germs of disease thrive and multiply. The germs of grip, malaria, catarrh or consumption find a fertile field if the body is not kept in perfect order and the blood pure. No man or woman can be strong or feel happy who is suffering from indigestion. Because the stomach is diseased there is a diminution of the red corpuscles of the blood. This is why one is sleepless, is languid, nervous and irritable. Sensitive stomachs groan aloud at the irritating cod liver oils, but they will get all the food elements the tissues require by using the "Golden Medical Discovery."

Mr. Roy A. Reed, of Casper, Wyoming, writes: "For eight years I had catarrh of the throat in the very worst form; could hardly speak above a whisper for two years. Tried nearly a dozen patent medicines without relief. I was so discouraged that I just about decided catarrh could not be cured with any medicine. My father, however, advised me to try Dr. Pierce's medicines before giving up. I followed his advice and commenced using the medicine on the twentieth of December. I was surprised to note the result of the first month's treatment. After using six bottles of Dr. Pierce's Golden Medical Discovery, I was perfectly cured. It has been months since I took the last medicine, and I have not had the least return of my trouble. I have felt better during the past two months than for seven winters previous to this time."

Mrs. Lydia James, of Ogdensburg, Wis., writes: "In regard to your medicine will say that the 'Golden Medical Discovery' is a God-send to suffering women. I was sick in bed with liver complaint and kidney disease and fever when I began to take Dr. Pierce's Golden Medical Discovery. In ten days time I was so I could begin to get around the house, and gained right along. After that, took about five bottles of it and am sure I would have been in my grave by this time had it not been for this remedy. I would advise all suffering women to use Dr. Pierce's medicine."

C. P. Spencer, of Plano, Okla., wrote: "I can hardly express my thanks for the benefit I have received from taking Dr. Pierce's Golden Medical Discovery and 'Pleasant Pellets.' They worked like a charm in my case. Am in better health now than for some time, and will not fail to recommend your medicines to my suffering friends. I hope you will receive my thanks for the good your medicine has done me."

Dr. Pierce's Pleasant Pellets, the best laxative for old people. They cure constipation and biliousness.

A WONDERFUL BOOK.

No book except the Bible and dictionary has circulated so widely as "The People's Common Sense Medical Adviser," by R. V. Pierce, M. D. Nearly two million copies have gone into American homes. Send 21 cents in one-cent stamps, for this 1,000-page book in paper covers, or 31 cents for a copy in cloth binding. Address Dr. R. V. Pierce, Buffalo, N. Y.

## TURNER PICTURE EXHIBIT

To Be Opened at the City Hall Next Week

Splendid Interest in the Movement Has Been Arouse and Good Program Secured

Nothing ever introduced in Salem in the culture line has aroused one-half the interest and enthusiasm now being shown toward the school decoration movement. Scores of citizens have been interviewed, and each and everyone has expressed keen sympathy for the movement.

The Turner picture exhibit will be installed in the city hall next Wednesday morning, and will be open each day for the remainder of the week. A fine display of the written work of the school children will be placed on exhibit at the same time. Season tickets may be purchased, entitling the holder to spend the entire four days at the exhibit. Ladies especially are invited to take advantage of this plan. It is quite difficult to study the pictures satisfactorily in one visit. Lovers of the great masterpieces will find many of their old favorites in an enlarged form. In fact, a collection of such large pictures has never been shown in Salem.

A number of our prominent people have contributed generously to the picture fund, and a large number have promised to attend the exhibit next week, and select a good picture for one of the school rooms. The entire funds received will come back to the schools in the purchase of pictures, and the philanthropic citizens could not better perpetuate their good will and interest in the education of children than by the purchase of one of these great pictures for our schools. It is thought that many of our people will study the exhibit with a view to purchasing a good picture to present to the schools. Such a picture hung in a school room for a period of 50 years and studied and admired by a class of boys and girls each term will do more real culture work in proportion to the amount invested than could possibly be accomplished by any other mode of expenditure.

The Salem Woman's Club is giving all possible encouragement to the picture movement, having inaugurated a plan to place several pictures in the schools. The teachers and principals are also planning to hang at least 15 pictures in the schools at their own expense. Prominent officials of the Salem fraternal orders are anxious to follow the example of the Woman's Club.

The Elson pictures, purchased with the proceeds of the last exhibit, have arrived, and a number of them will be framed for exhibition at the city hall next week.

Buren & Hamilton and the House Furnishing Company have each framed several of the pictures, which are now on display in their front windows.

The following have contributed cash or one or more fine large pictures to the fund at the present date:

J. H. Albert	12.00
A. O. Condit	12.00
House Furnishing Co.	12.00
A. T. Kellher	12.00
L. R. Traver	12.00
Mrs. L. R. Traver	12.00
Buren & Hamilton	10.00
Hofer Bros.	10.00
W. H. Burghardt, Jr.	10.00
Wm. Brown	10.00
Daniel J. Fry	10.00
John Hughes Co.	10.00
Mrs. F. A. Moore	5.00
Patton Bros.	5.00
M. Bredemeir	5.00
A. M. Clough	5.00
W. I. Staley	5.00
John Hayne	5.00
Roth & Graber	5.00
E. W. Emmett	4.00
Mrs. R. Cartwright	2.50
P. H. D'Arcy	2.50
S. W. Thompson	2.00
Friend	2.00

Mrs. Isabelle T. Geer  
E. M. Croissan  
Mr. and Mrs. F. A. Wiggins  
Dr. W. H. Byrd  
Rex Studio  
Salem Art and Frame Co.  
A. N. Moores  
Dr. E. E. Halley  
J. L. Stockton  
Tom Cronk  
J. J. Dairyple & Co.  
H. D. Trever

The Turner exhibit contains 150 fine photographs of famous masterpieces

and will be open to the public on Wednesday, Thursday, Friday and Saturday, beginning January 20th. Single admission, school children, 10 cents; adults, 15 cents; season tickets, school children, 25 cents; adults, 50 cents.

**Women as Farmers.**  
Farming in Pennsylvania seems to be in the way to drift largely into the hands of women. There are a great many German farmers in the eastern section and for the last two years the women have been doing much of the farm labor, even to the plowing. The daughters are to be found in the field, while the sons are at college, at the loom, in the rolling mill or cigar factory or "clerking" in the city. This year not only the German women but the farmers' wives and daughters everywhere went into the fields. It was the only way to save the crops after the long and damaging drought. Modern agricultural machinery made the task a comparatively easy one, since much of it can be operated just as well by the farmers' daughter as by the sons, who have forsaken the farm.

**Impaired Digestion**  
May not be all that is meant by dyspepsia now, but it will be if neglected. The uneasiness after eating, fits of nervous headache, sourness of the stomach, and disagreeable belching may not be very bad now, but they will be if the stomach is suffered to grow weaker. Dyspepsia is such a miserable disease that the tendency to it should be given early attention. This is completely overcome by

**Hood's Sarsaparilla**  
which strengthens the whole digestive system

**Training German Girls.**  
The same methods which have been applied with such remarkable success in Germany to the training of boy apprentices in the industrial and commercial schools of the empire are now to be adopted for the education and training of girls who may seek to better their condition in life. They will then swell the ranks of that trained army of experts which has accomplished more than any other factor to make German commerce and industries what they are today.

## Father

And Son Suffered Chronic Headache.

Almost Constant Pain For Thirty Years.

Dr. Miles' Nervine Has Cured Me.

There is nothing so good in cases of chronic headache as Dr. Miles' Nervine. It restores the disordered nerves to their normal condition and banishes headache forever.

"My trouble was headache, chronic so as to be almost continual. I had been in this condition ever since I could remember and I am now forty-seven years old. My father was a great sufferer from the same complaint and my son has shown signs of similar affection. When the attacks would appear, my stomach would often become affected and I would grow dizzy and faint and often had to quit my work and lie down. I am a stationary engineer and found it hard to hold a place with such a heavy handicap. About six years ago I began taking Dr. Miles' Restorative Nervine and since that time I have used in all, fourteen bottles. The number of bottles taken was not really required as I think the cure was completely effected after taking the second bottle. Having scarcely seen the time in thirty years I was free from headache, I could not believe the permanent cure to be made so soon, so I continued its use until I was thoroughly convinced. Six persons to whom I have recommended the remedy have experienced equally gratifying results, the only difference between their case and mine lying in the severity of the trouble cured."—EDGAR W. WILSON, Alcott, Colorado.

All druggists sell and guarantee first bottle Dr. Miles' Remedies. Send for free book on Nervous and Heart Diseases. Address Dr. Miles Medical Co., Elkhart, Ind.

**Bed Time**  
I take a pleasant herb drink, the next morning I feel bright and my complexion is better. My doctor says it acts gently on the stomach, liver and kidneys, and is a pleasant laxative. It is made of herbs, and is prepared as easily as tea. It is called Lane's medicine. All druggists sell it at 25c and 50 cents. Lane's Family Medicine moves the bowels each day. If you cannot get it, send for free samples. Address, Orator Woodward, LeRoy, N. Y.

**"Portland and Return Only \$2.20."**  
The Southern Pacific is now selling round trip tickets to Portland from Salem for \$2.20, good going Saturday or Sunday, returning Sunday and Monday in Portland. The same arrangement applies from Portland, giving all Portland people a chance to visit valley points at greatly reduced rates.  
W. E. COMAN, G. P. A.

**When You Want**  
Something to eat, just try the White House. They can serve you at any hour of the day or night.

**CASITORIA.**  
The Kind You Have Always Bought  
Bears the Signature *Chas. H. Potter*

**FOREIGN CAPITAL**  
NOT AFFECTED BY WALL STREET  
Enabling owners of approved properties to  
DEVELOP—EXTEND—EQUIP  
INDUSTRIALS, RAILWAYS, MINES  
and similar enterprises. Address with full details, J. S. WHITE, Manager, Security Life Ins. Co., 61 Wall street, New York.

## SOME ST. LOUIS VIEWS



Agricultural Building.

The agricultural building will stand just west of Skinker road and about half a mile south of the administration building. Its dimensions will be 500 by 1600 feet. The long facade will be broken up into bays accentuated by piers, the latter 100 feet from center. The ornamentation is to be concentrated in the main entrance, of which there will be five, one in the center of each of the short-

fronts, one in the center of the front on Skinker road and two placed at equal distances on the front toward Arrowhead lake—the western front. The openings in these entrances will be 52 feet wide and 74 feet high. A massive arch flanked by heavy pylons that rise only a short distance above the cornice marks up this entrance composition.

The lighting of the building has received special attention from the architect and will probably be the best lighted structure of the fair. The roof will be carried on nine bays of trusses, those in the center having a span of 106 feet. The building will have little ornamentation and although the largest structure on the grounds it will cost less than some of the buildings in the main architectural picture of the fair. The contract price is \$529,940. The contractors are Caldwell & Drake, who also have the contract for the erection of the horticultural building.



Missouri Building.

## Go-Carts

1904 Construction.  
English Shapes.  
Auto Gears.  
Cushion Tires.  
Tangent Spokes.

Oak, Maroon, and Olive Finishes. Folding Carts.

**The House Furnishing Co.**  
269 Liberty St. Stores, Salem and Albany.

## Don't Send a Boy To Mill

If you want a man's work done, is an old saying. You can send anyone to our market for meat, and your order will be filled just as well as if you came yourself. We keep nothing but the very choicest meats, fat, prime, tender and juicy, and we cut and trim your steaks, roasts and chops as only experts can for your table.

**E. C. Cross**

**A Big Cut in Hay**  
How about this price. Wheat and oat hay \$10 per ton. Other grades in proportion. We have the goods. Phone us your orders.

**D. A. White & Son,**  
Phone 1781 Feedmen and Seedsmen, 301 Commercial St., Salem, Ore.