

# OTHER WORLDS.

In recent years the interest excited among all thinking people as to whether the stars and planets are inhabited or not, has made the subject one of enormous importance. Our sole knowledge of the people on other worlds and how far the people there differ from our inhabitants, can only be guessed by comparison with animal nature on this small sphere of ours. More important to us is a knowledge of ourselves. "KNOW THYSELF" was an old Greek thought. How to take care of one's own body is not so simple as some think; the human mechanism is a wonderful thing and requires watching.

### HINTS FOR RIGHT LIVING.

One man who has done more to teach the American people how to care for their bodies than almost any other, is Dr. R. V. Pierce, of Buffalo, N. Y., the author of the "Common Sense Medical Adviser." He says: It is not the quantity of the food eaten which produces strength and health (for some people can keep strong on a very meagre diet), but it is how much food is absorbed and assimilated by the blood and carried to nourish every organ of the body. It is, therefore, vitally necessary for the body that the stomach be in a healthy state. If disease of the stomach, or what is called "stomach trouble," prevents proper nutrition then the heart, liver, lungs, and kidneys do not get proper food—they are not fed on rich red blood, and in consequence, begin to show signs of distress. Outwardly these signs may be pimples and eruptions on the skin, pale face, sleepless nights, tired feelings, or, by reason of the nerves not being fed on pure blood, they become starved, and we receive a warning in the pain we call neuralgia. Rheumatism, too, is a blood disease. After years of practice and study Dr. Pierce found that one of his prescriptions, made from the extracts of several variably produced a tonic effect upon the healthy elements in the food and increased the red corpuscles of the blood, as well as eliminated the poisons from the system. This Alternative Extract he named "Dr. Pierce's Golden Medical Discovery," a medicine made entirely of botanical extracts and which does not contain alcohol. Some blood medicine do, and when alcohol touches the little red blood corpuscles they begin to shrink and are reduced to broken fragments and shapeless masses.

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\$3,000 forfeit will be cheerfully paid, in lawful money of the United States, by the proprietors of Dr. Pierce's Golden Medical Discovery, if they cannot show the original statements and signatures of every testimonial among the thousands which they are constantly publishing attesting the superior curative properties of their several medicines, and thus proving the genuineness and reliability of all the multitude of testimonials volunteered by grateful people.

"Nine or ten years ago my health became very poor, and in 1892 was so far gone that good doctors pronounced my case the worst they had ever treated," writes Mr. Harvey Phillips, of Florence, Ala. "I had acute stomach trouble, liver complaint, catarrh, and was so nervous I could not sleep. Got so bad I rolled in bed with but a few minutes' sleep each night for three months. I finally took Dr. Pierce's Golden Medical Discovery and Dr. Pierce's Pleasant Pellets, and in a few days noticed a decided improvement. I commenced to get more rest at night and could eat with pleasure. When I had used three bottles of the 'Discovery' I was a new man; could eat mince pie for supper, go to bed at seven P. M. and sleep until seven A. M. A few years later, owing to exposure and impure water, I contracted malaria. Three months' treatment by doctors failed to produce the desired results, so I got one bottle of the 'Golden Medical Discovery' and it fixed me up in good shape. Food had agreed with me perfectly since. I am now working every day in all kinds of weather, and think if I had not taken your medicines I would now be under the sod."

"About two years ago a rash appeared on the arms and legs of my nephew, a boy twelve years of age," writes H. Greenfield, Esq., of 913 East 10th Street, New York, N. Y. "We paid little attention to it at first but it kept on getting worse every day, and we finally went to our family physician who pronounced it a case of eczema, and said he could cure it in a short while. I advised the use of Dr. Pierce's Golden Medical Discovery and after using two bottles the patient began to improve. The itching abated; he could sleep better; his appetite increased, and we continued to use the 'Discovery' and 'Pellets' until the eczema came off by the handful. We used in all twelve bottles and his whole body is today as clear and smooth as a baby's. This is the most wonderful and complete cure that ever came under my observation."

FREE! Dr. Pierce's Common Sense Medical Adviser is sent free on receipt of stamps to pay expense of mailing ONLY. Send 21 one-cent stamps for the book in paper covers, or 24 stamps for the cloth-bound volume. Address: Dr. R. V. PIERCE, Buffalo, N. Y.

# Mc GUFFEY'S SECOND READER

## What the 'Youngsters' Read in School 40 Years Ago

### "The Thoughtless Boys"—A Fair Sample of the One Time Me til Pabulum

William and Edward were too clever or little boys, and not at all ill-natured, but they were very fond of sport, and they did not care whether people were hurt or not, provided they could have a laugh.

One fine summer's day, when they had finished their lessons, they took a walk through the long grass in the meadows. William began to blow the dandelions, and the feathered seeds flew in the wind like arrows.

But Edward said, "Let us tie the grass. It will be very good sport to tie the long grass over the path, and to see people tumble upon their noses as they run along, and do not suspect anything of the matter."

So they tied it in several places and then hid themselves to see who would pass. And presently a farmer's boy came running along, and down he tumbled, and lay sprawling on the ground; however, he had nothing to do but to get up again; so there was not much harm done this time.

Then there came Susan, the milkmaid, tripping along with her milk upon her head, and singing like a lark. When her foot struck against the place where the grass was tied, down she came with her pail rattling about her shoulders, and her milk was all spilt upon the ground.

Then Edward said, "Poor Susan! I think I should not like to be served so myself; let us untie the grass." "No, no," said William, "if the milk is spilt, there are some pigs that will lick it up; let us have some more fun. I see a man running along as if he were running for a wager. I am sure he will fall upon his nose."

And so the man did. William and Edward both laughed; but when the man did not get up again, they began to be frightened, and went to him, and asked him if he was hurt.

"O masters," said the man, "some thoughtless boys, I do not know who they are, have tied the grass together over the path, and as I was running with all my might, it threw me down, and I have sprained my ankle so that I shall not be able to walk for a month."

"I am very sorry," said Edward; "do you feel much pain?" "O yes," said the man, "but that I do not mind; but I was going in a great hurry to bring a surgeon, to bleed a gentleman who is in a fit, and they say he will die if he is not bled."

Then Edward and William both turned pale, and said, "Where does the surgeon live? We will go for him; we will run all the way." "He lives at the next town," said the man, "but it is a mile off, and you cannot run so fast as I should have done; you are only boys."

"Where must we tell the surgeon to come to?" said William. "He must come to the white house at the end of the long chestnut avenue," said the man; "he is a very good gentleman that lives there."

"Oh, it is our dear father! It is our dear father!" said the two boys. "Oh father will die! what must we do?" "I do not know whether their father lived or not; I believe he got well again; but I am sure of one thing, that Edward and William never tied the grass to throw people down again as long as they lived.—McGuffey's Second Reader.

# Army

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