

IN DEADLY PERIL. The Narrow Path of Safety.

The Alpine tourist who finds himself suddenly clinging with feet and fingers to a shelf of slippery rock overhanging a dizzy precipice, understands in a very literal sense the full meaning of the words, "There is but a step between me and death." His peril is so tragic in all such instances, so wild in its mountain setting, that the heart almost stands still at the thought of it.

But as a matter of fact every man walks the world with his life in his hands, and the path of safety is narrow for his feet.

An example of the constant peril in which we live is found in the alarming



number of deaths from consumption. The country is thoroughly aroused to the need of doing something to stop the ravages of the deadly germ of this disease.

Several states have made liberal appropriations for sanitariums in favorable climates. The medical skill of the world is enlisted to fight consumption. Yet in spite of all that is done, the disease seems to gain ground instead of losing it.

THE FORCE OF HABIT is strong with us. We are so accustomed to the world wide prevalence of consumption that we accept it practically as a necessary evil.

How true this is may be judged from a recent report of Sanitary Officer Gorgas, of Havana, Cuba. It has been cabled to the United States that yellow fever was epidemic in Havana.

OIL FAMINE IN SALEM. Merchants Out of the Rockefeller Illuminating Fluid.

During the past 10 days the oil supply of Salem has been limited to the few old cans full that consumers happened to have about their premises.

GUARD HEALTH. Every woman should see that the periodical function is kept in a healthy condition. The way is to take an occasional dose of Wine of Cardui.

WINE OF CARDUI. your medicines to all my friends everywhere I go. Five months ago I could not walk across the house without great pain but I am well again.

PLAIN TALK ON LIGHTING

Who Hung up the Best Contract Ever Executed

The citizen's leased columns in the Statesman contain the following: "The Journal praised to the sky the present owner of the lighting plants, and advocated that the city cancel the old contract and enter into a new contract with him for a long term of years for the lighting of the city."

How Good Men Were Worked By Some Selfish Real Estate Promoters Who Pose as Reformers

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Valvular Heart Disease Threatened.

Dr. Miles' Heart Cure Cured Me. The effect of excessive smoking shown by such symptoms as heart pain, heartburn, smothering spells, shortness of breath, fluttering and palpitation, is most serious.

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O.R.&N. OREGON SHORT LINE AND UNION PACIFIC 3 TRAINS TO THE EAST DAILY.

Table with columns: DEPART FOR, TIME SCHEDULES From Portland, Or., ARRIVE FROM. Lists routes to Chicago, Salt Lake, Denver, etc.

70 HOURS PORTLAND TO CHICAGO No Change of Cars. OCEAN AND RIVER SCHEDULES From Portland.

WILLAMETTE RIVER Steamer Ruth leaves Salem for Portland and way landings on Tuesdays, Thursdays and Saturdays, about 7 a. m.

Rock Island System logo and text.

Offers a choice of THREE gateways, KANSAS CITY, ST. JOSEPH or OMAHA, to Chicago and points East.

Reduced ROUND TRIP RATES in effect on July 12, 13, 15 and 16, and August 15, 19, 25 and 26; 90 days return limit.

Be sure that your ticket reads via the Great Rock Island Route. The best and most reasonable dining car service.

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O. C. T. CO.'S PASSENGER STEAMERS POMONA. ad Alaska leave for Portland, Monday, Wednesday and Friday at 10 a. m.

Capital Normal School First National Bank Building, Salem. The fall term of twelve weeks opens September 28.

J. Brownstein & Son. 54 State street. Highest cash price paid for Hides, Pelts, Wool, Tallow and furs.

S. C. STONE, M. D. PROPRIETOR OF STONE'S DRUG STORES SALEM, OREGON.

Has had some 25 years experience in the practice of medicine, and now makes no charges for consultation, examination or prescription.

Your Stepmother is still here, and as busy as ever. When your clothes are worn and dirty, or the buttons off, take them to her, at the Salton Dyeing and Cleaning Works.

PENNYROYAL PILLS. A Purely English Preparation.

PILES. A Pure Suppository. Sold in Salem by S. C. Stone.

Corvallis & Eastern R.R. TIME CARD NO. 24. No. 2 for Yaquina: Leaves Albany 12:45 p. m.

How's This? We offer one hundred dollars reward for any case of catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, Ohio.