

THE CRIME OF CARELESSNESS. There are many times in life when even so slight a thing as the simplest form of carelessness is a crime against yourself, against your bodily welfare, strength and comfort. Doing nothing to counteract failing eyesight is an example of this criminal carelessness. When one's eyesight is "out of kilter" no time should be lost before getting glasses. For eye afflictions thrive upon neglect. If you have any reasons to think that your eyes would be benefited by the proper kind of glasses selected with scientific care to suit your visual requirements, we invite you to visit our admirably equipped optical department. Now here else in Salem are glasses so carefully fitted.

Corner State and Liberty Streets, Salem.



NEWPORT AND THE BEACHES

What the Journal Man saw at Old Yahats Reservation

Gentlemen Provide Two Meals, but the Ladies Put Them to Sleep in One Round

Newport, August 18.

The old Yahats Indian agency is now cut into two beautiful farms, Mr. Wann, formerly of Salem, occupying 370 acres, including the building erected by the government out of redwood brought from California, was once Geo. P. Litchfield, of Salem, was once Indian agent. It is a beautiful natural pasture farm, but will raise grain, fruit and garden stuff. For the benefit of his old neighbors it might be said that Mrs. Wann has a beautiful garden and that Mr. W. sustains his reputation by keeping it just as free from weeds as he always did in Polk county. He says the people down here do a great deal more work than in Polk county for besides farming, they have to fish and hunt a great deal. He does little of the latter, but handles a great deal of stock, in fact, is the stock king of this section of the coast. All kinds of stock keep fat here the year around on his broad acres that are covered with two to five feet of the finest black loam and pulverized snells and other marine fertilizers.

The Smelt Beds.

Are right off these old agency lands and for about six months of the summer anyone can take all the smelt they want to carry away with them. The Indians still come here and dry them and it is a common sight to see a great shell mound covered with smelt as close as they can lie, their heads pointed toward the east. The Indians have a superstition that if their heads were laid to the west, their escaping spirits would go out to sea and warn the incoming run of smelt that their enemies were at hand and they would turn off to some other beach. Sometimes the boys will, out of mischief, turn a lot of smelt the wrong way, and as soon as it is discovered the Indian owner will turn them all in the safe direction. The smelt are very fine eating when cooked right out of the salt water, and they are a dish, which along with venison, one finds on the tables of most people down here.

Speaking of Deer.

Below Yahats and Cape Perpetua, is the hunting grounds, where sports stalk this game on the high ridges, and parties frequently kill from two to six deer in a day. They have to pack them out about 10 miles before they strike the trail up the coast. I could name some great deerlayers, but would not like to get them in trouble, but the road into the deer haunts are well known to Russell Farrar, Will Lord, Fred Wann, Will Crane, Will Harder, W. C. Knighton. Ed. Weller started in with Russell Farrar one day last week, but when within a few miles of the happy hunting grounds got an attack of lumbago or buck fever and returned without any game, and they had a fifty or sixty mile tramp for nothing. Let it be said that whoever gets a deer on this coast earns his venison ten times over and it ought to be worth a dollar a pound when it gets to civilization. But the finest honey in the world is made in these mountains, where there are yet no dog fennell and other vile weeds that accompany clearings and settlements.

A Fishing Paradise.

A tramp down the south coast of Oregon is one of the most interesting trips in the West, and while there will be plenty of deer and other large game for many years to come, the supply of fine fish seems inexhaustible. Some of the streams are very hard to fish and can never be fished out, there are so many deep reaches and inaccessible holes. As you go south the trout grow larger, and each person you meet says, "Wait till you've got to the next stream below this one before you talk about big trout!" We did not go to the last stream before Siuslaw bay is reached, because we had positive assurance that our tackle would be simply torn to shreds. It had been pretty badly strained in Beaver Creek, Drift creek, Yahats, and divers other rivers and creeks we whipped with more or less success. All these streams are invaded by the salmon trout, and sea trout, and the mountain trout grow to enormous size, and as you get away from civilization they

SUFFERED 25 YEARS With Catarrh of the Stomach—Pe-ru-na Cured.



Congressman Botkin of Winfield, Kan.

In a recent letter to Dr. Hartman, Congressman Botkin says: "My Dear Doctor—It gives me pleasure to certify to the excellent curative qualities of your medicine—Peruna and Manalin. I have been afflicted more or less for a quarter of a century with catarrh of the stomach and constipation. A residence in Washington has increased these troubles. A few bottles of your medicine have given me almost complete relief, and I am sure that a continuation of them will effect a permanent cure."—J. D. Botkin.

Mr. L. F. Verdery, a prominent real estate agent of Augusta, Ga., writes: "I have been a great sufferer from catarrhal dyspepsia. I tried many physicians, visited a good many springs, but I believe Peruna has done more for me than all of the above put together. I feel like a new person."—L. F. Verdery.

The most common form of summer catarrh is catarrh of the stomach. This is generally known as dyspepsia. Peruna cures these cases like magic. If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O. get larger, grow more spotted, have larger red blotches, and fight a reel more savagely. Of course, no one catches all large trout, the fish lar who kills a score none of them under 16 inches and the largest 22 inches, to the contrary notwithstanding. Another Salemite. At Yahats is another Salemite, Mr. Proctor and his sons, who have established free camp grounds and are prepared to entertain people who come to fish or hunt. They set a fine table and have a good cook, as he is a fisher. There is a wagon trail—hardly fit to be called a road—up the Yahats to the Beemer place and on through the mountains past Three Rivers.

Lobster and over into Lane county. But south along the coast the trail ends at Cape Perpetua for wagons, and it is pack-horse and afoot. The scenery is grand and there is a view of about 72 miles of coast from Yaquina head light on the north to Hecla headlight on the south. The cape is a thousand feet high and the trail winds along like a thread about half way up to the sky, where a mist would send one almost straight into the dashing but noiseless surf far below. Whoever has not seen the coast here has not seen the most bold and daring and picturesque scenery in Oregon. There are only sheep kept on these steep promontories, although other stock does well on all the hills and sheltered places, while blue grass and clover are slowly completing the conquest of the continent to its furthestmost salty verge.

The Gentlemen Entertained.

As the ladies had managed a very successful picnic at Monterey, it was decided to give a men's picnic, with which the ladies were to have absolutely nothing to do but leave their homes and come and enjoy themselves. The gentlemen were to furnish all the provisions. There was to be no cake baking or salad making on the part of any of the overtaxed housekeepers, for whoever undertakes to appease the ravenous sea appetite has no easy time ahead. So the gentlemen made an estimate of the provisions necessary to supply two meals and all proceeded by boats 10 o'clock to the famous Hinton's Point, on the north shore of Yaquina bay, where the ladies were invited to enjoy the luxury of all freedom from domestic cares, while the gentlemen cooked coffee, broiled the chops, spread sandwiches, set the tables and proceeded to serve dinner at about 1 o'clock. It was voted a great success, but when it came to looking for the second meal all that remained could be tied up in a lady's handkerchief, showing that while they might be excellent cooks the male sex had not yet learned to gauge the quantity of provisions needed for a crowd, and the second meal had to be taken at home in the usual way. After the dinner a guide showed the party where the excavations were made in search of the pirate treasure, and each of the ladies had a delightful and appropriate fortune told by Grover Cleveland Potter, a gentleman who came out of the ferns for this purpose. Those present were, Mrs. A. A. McCully, Mrs. Will Knighton, Mrs. A. B. Crozman, Alice Sutmayers, Lillian Crozman, Mrs. M. O. Potter, Menta Potter, Miss Shipp, Miss Dent, Tessa Dent, Mrs. E. Hofer, Florence Hofer, Geo. W. Ford, E. Hofer, Wm. Crane, Geoffrey Tully, Vyryan Dent, Allan Crozman, Mac Hofer, Lawrence Hofer.

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Local Events in the Social Realm

Some Coming Events.

- Ninth annual regatta, Astoria, August 19-21.
- State fair, Salem, September 14-19.
- Second Southern Oregon District Fair, Eugene, September 29 October 3.
- Summer association of the Northwest Indian agencies, Newport, August 17-27.
- Klamath county fair, Klamath Falls, October 6-9.
- Knights of Pythias convention, Astoria, August 20-21.
- Teachers' institute, La Grande, August 17-21.

South Salem Personals.

Frank Macy, of Pendleton, is in the city, visiting his parents, Mr. and Mrs. Jesse Macy.
 Mr. Hahn, of Sublimity, came down last evening and visited at the home of his daughter, Mrs. W. J. Warner, in South Salem, and returned home today.
 A party consisting of Dr. E. E. Jackson and family, Mr. and Mrs. Elderkind and little daughter, Mrs. Rowe and Miss Mae Rowe, leave today for the seaside, where they will spend several weeks.
 Miss Lillian Lewis left this morning for a week's visit with relatives and friends at Butteville.

PERSONALS.

Harry Watkins went to Portland last evening.
 Henry Lang is in the city today from Portland.
 C. F. Lansing went to Portland last evening for a few days' visit.
 Mr. and Mrs. H. B. Thielson are attending the Regatta at Astoria.
 Mr. and Mrs. S. A. Kozar have gone to Astoria to see the big regatta.
 Charles Livesley returned from Eugene last evening, after a few days' stay.
 Mr. and Mrs. R. A. Kirk have returned from a two weeks' outing at Newport.
 Mr. and Mrs. A. E. Strong returned last night from a three weeks' visit at Newport.
 D. B. Irvin and family are home from a two weeks' stay at Nye Creek and Newport.
 Miss Miriam Huelat returned Tuesday afternoon from a week's outing at Seal Rocks.
 Russell Wy it came down from Albany last evening for a brief visit on legal business.
 N. H. Burley returned this morning from Eugene, where he visited his daughter, the past week.
 A. W. Dennis left this morning for Portland on business for his company, the Golden Rule Mining Co.
 J. P. Sorensen, of Portland, was a Salem visitor yesterday, returning home on last evening's train.
 Harry Cooke, one of the employes of the asylum farm, left last evening for a few days' visit to Portland.
 J. W. Bailey, the state food and dairy commissioner, was in Salem yesterday, leaving for his home last evening.
 Mr. and Mrs. Eugene Eckerlen returned last evening from an extended stay at Nye Creek beach, at Newport.
 State Senator W. W. Steiwer left this morning for his home in Fossil, after a visit of several weeks in the valley.
 Mr. and Mrs. C. T. Pomeroy returned last evening from a two weeks' outing at the Nye Creek beach at Newport.
 Miss Julia Parker, of the asylum force, has returned from Newport, where she enjoyed a two weeks' outing on the beach.
 Dr. J. W. Thomas went to Portland this morning for a brief visit. He ex-

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