

HELVETIA

The Woman Who Knows low to provide for the pantry always

Economy Brand Evaporated Cream

s an essential to those who have tried it. Compare the other brands with those bearing our cap label and you will find that they look watery in comparison. Economy Brand runs smoothly from the can, is uniform in appearance and is the purest and most pleasant tasting.

Ask your dealer for the kind that has the cap label.

HELVETIA MILK CONDENSING COMPANY, HIGHLAND, ILLINOIS.

We carry a complete line of all goods carried by the usual drug store, and also some which are only handled by us, such as:

The Willis English Hair Brush from 75c to \$4.50 Tooth " " 25c to .50c " Adams " Clothes"

Shaving Brushes from 25c to 75c Complexion Brushes Rubber and bristle 50c to 75c Sponges both in Rubber and Wool from 25c to \$2.25 Combs both in Rubber and Celluloid " 25c to \$1.00

> Always glad to show goods. Night Calls Answered.

THENEWDRUGSTORE

118 State St., Salem.

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M. J. Petzel,

Plumber and Gas Fitter.

Steam, Hot Air and Hot Water Heating. Electrical Supplies, Batteries, Bell and Battery Supplies. -: ESTIMATES FURNISHED:-

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SALEM, OR.

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WILLIAM J. LONG.

School of The Woods \$1.50 net Beasts of The Field \$1.75 Fowls of The Air \$1.75

> Hodge's Nature Study and Life \$2.00 Roth's First Book of Forestry \$1.25 Dickerson's Moths and Butterfiles \$2.50 Atkinson's First studies of Plant Life .85 Emerton's Common Spiders

\$1.50 net Eddy's Friends and Helpers .75

GINN & COMPANY, Trade Department, 29 Beacon Street, BOSTON.

TINNER --

-- PLUMBER

Hot Air, Hot Water and Steam Heating a Specialty.

SALEM,

OREGON

Burroughs & Fraser

IRON WORK

Best Material, Best Workmen and Promptness are our Motto.

SALEM, OREGON.

HAVE TO MAKE

New Yorker's Have to Live in the Country

Some Even Get a Contrast by Residing in Philadelphia, and so Rest Their Nerves

Practical questions face the man of family who is in New York. He finds that condensation of population on Manhattan island reduces the space and cost of a home. He sees a hunfred lugenious devices to save an inch of space. He finds low ceilings, tiny rooms, narrow hallways. Land is dear and rent is high, and besides, there are no trees or grass for the children. So thousands every month are led to ome "commuters,

The exodus to the suburbs of one kind of Manhattan's population makes room for the other. The large proportion of those who leave the heart of the city for the suburban territory beyond its borders are American born. The residents of foreign birth remain ing on the Island are constantly reinlarge numbers grants from Europe. So that the per-centage of foreign born people on Manhattan island is rapidly increas-One-fourth are now of the Jew-race. There are half as many Italians, and hundreds of thousands of Germans, Irish and Siavonic peo-ples. Further evidence that the newomers from Europe increase the city population is the statement of a New York railroad official.

"Not I per cent," he said, "of those who leave Manhattan island and go to make their homes in surrounding towns are of foreign birth. Practicaly all of them are Americans. The forigners seldom come to us with inquiries about homes in the country. They seem to have a preference, even for their life in the crowded districts. If Manhattan Island ever becomes entirely denuded of resident population, the foreigners apparently will be the last to go."

To encourage dwelling in the suburbs railroads offer large reductions of fare. The usual "commuters" rate is about three-quarters of a cent per mile, a substantial decrease from the regular two cents a mile. For in-stance, Orange, N. J., is twelve miles from New York city. The regular fare one way is 25 cents. A monthly commutation book containing 66 trips can be bought for \$5.50. This is a trifle more than nine cents a trip, a large reduction from 25 cents. Some of these suburban trains run on a schedule of 40 miles an hour, and make it possible for men to have their homes at the outer part of the suburb

Poughkeepsie, N. Y., is 73 miles from the metropolis, yet there are with the Corvallis & Eastern, to Deseveral "commuters" who live in troit and the search of Yaquing Bay. Podshkeepsie and travel daily to New

There are a few others who make the trip daily from Philadelphia, 90 miles away. This forced ignoring of distance caused by the centralization of population, is one of the interestfeatures of the times.

The situation presents one of the most serious railroad problems. The railways which bear the heaviest burden of suburban travel around about New York are preparing to colarge their terminal facilities and increase the number of their tracks. For the oad comes all at once. One road has five trains scheduled to leave the five trains scheduled to leave the depot at 5 o'clock in the afternoon, and the sturdy engines puff from the

station cover nearly abreast. In this "commuter" travel are some interesting incidents. One of these which leases by the year a special car from the railroad company. The special coach is menished for ease while they are making their daily journeys. Others sit reading and smoking as the train rolls along Club

With LOCAL APPLICATION, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Half's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the 5-27-eod best tonics known combined with the best blood purifiers, acting directly on mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh.

Send for testimonials free, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

Ostcoputhy achieves its chief resaits through the nervous system. Drs. Schoettle, Barr & Barr, Osteo Signature of paths, Grand Opera House, Salem, Or.

Change Either Man or Climate

The telgraphic dispatches announce ntense suffering and many deaths in the East from excessive heat, we strongly recommend that all Eastrn people should come West and live there it is cool all summer long, as it ovariably is in Oregon, yet it forces itself upon us that man, improvident man, should set himself to regulate the citmate to which he is destined to live. This assumption is open to strong objection for the reason we are unable to determine to what extent man is afincident thereto. We might moderate the climate, but if the constitutionality of man be not made to harmonize, we applied it to the man, instead of the climate and its regulation. course on these lines radical methods necessary to first kill off a few million of these weather cranks who chase assives over the country inquiring of all they meet, "Is it hot enough for After getting rid of the worst features "In their regular order," and perhaps might meet with some success harmonizing man to the climate. Thermometerlocomotiveinquiretus is a recently added word to the English vocabular and refers directly to those who never fall to remind you that you are perspiring in quantities too numerous to mention. Instead of turning the weather (or us), we buy a few Sunday, at \$2.50 for round trip. Specthermometers and sit with fan in hand ial season Commutation tickets, good and watch the mercury crawl up his tube, while the grease sizzles, and we learn how to put the fire out. However all this may be, the question still sold by the O. R. & N. Co. will be honremains open as to which "end" we should properly commence work on. Shall we try to moderate the climate, or shall we constitutionalize the hu- Astoria in race to meet any and all climate "without gloves." If it 's proper to quote an X-ray man, it runs something like this: "Lucky Baldwin of California has just started for Cape Nome with a bevy of Honolulu belles. It is not known whether he intends to re-

which he gazes upon it all.
CLIMATICUS. Salem, July 17.

trieve his lost fortune, or to moderate the climate." Just what application

this may have to your ideas on hand

concerning this matter of climate, may

not be of record in the prevailing his-

ought to shame man to see the suffer-

takes up this important question.

REDUCED EXCURSION RATES.

for the Summer.

along its lines, and also, in connection best appreciation troit and the seaside at Yaquina Bay, latter tickets good for return until

Three day tickets to Yaquina bay, good going Saturdays, returning Mondays, are on sale at greatly reduced rates from all points Eugene and North on both East and West Side lines, exabling people to spend Sunday at the seaside. Very low round trip rates are also made between Portland and same points on the Southern Racific, good going Saturdays, returning Sunday or Menday, allowing Portland people to spend Sunday in the country and the out of town people to have the day in Portland.

Tickets from Portland to Yaquina is the "club car," A number of men bay good for return via Albany and living in the same city form a club East Side, or Corvallis and West Side, at option of passenger. Baggage checked through to Newport. A new and comfort with fine carpets, easy feature at Newport this year will be chairs and tables, where the club an up-to-date Kindergarten in charge members may pass the time at cards of an experienced Chicago in the control of the experienced Chicago in the cards of an experienced Chicago in the cards of an experienced Chicago in the cards of the cards of the experienced Chicago in the card of the experienced Chicago in the cards of t of an experienced Chicago teacher. A beautifully illustrated booklet de-

smoking as the train rolls along the members and their families and guests, but no others, are permitted to ride in these special cars.

The first hot breath of summer Blind, Bleeding or Protruding Piles are cured by Dr. Bosan-ko's Pile Remarks and bleeding. ride in these special cars.

The first hot breath of summer sends the city dwellers to country homes. Many of them, expecting to be temporary "commuters" only be come permanent, which is a reason why the population thickens in the suburban belt.

Cause Rening, the Protruding Piles are cured by Dr. Bosan-ko's Pile Remedy, stops litching and bleeding. Absorbs tumors. 50c a jar at druggists, or sent by mall. Treatise free. Write me about your case. Dr. Bosan-ko, Philadelphia, Pa. For sale at Dr. Btone's drug stores.

Trib for sale by the Capital Drug

On June 1st the Southern Pacific Co. will resume the sale of excursion tickets to Newport and Yaquina Bay. This resort is becoming more popular every year, and hotel accommedations are better than ever before, and at reasonable rates. Season tickets from Salem to Newport \$5.00; to Yaquina. \$4.50. Saturday-to-Monday tickets to Newport, \$3.00; to Yaquina, \$3.00. W. E. COMAN, Gen. Pas. Agent.

White House and the Carnival. While visiting the Carnival don't forget that the White House Restaurant is the leader-open day and night

CASTORIA The Kind You Have Always Bought

scribing the seaside resorts on Yaquina bay has been published by the Southern Pacific and Corvallis & Eastern railroads, and can be secured from any of their agents, or by addressing W. E. Coman, G. P. A., S. P. Co., Portland, or Edwin Stone, Manager, C. & E. R. R. Albany, Or.

FAST TRAIN SERVICE

Between Portland and all Beach Points on and After July 6th., in Connection With Cheap Excursion

Commencing Monday, July 6th, the Astoria & Columbia River Railroad will resume its summer Special Seaected by the climate due entirely to side Schedule, and train leaving union s constitutionality, and the changes depot Pertland at 8 a. m. daily will run through direct without transfer at Astoria to all Clatsop beach points, any climatic change would not produce arriving at Astoria 11:30 a. m., Gearthe desired result. It might be said hart Park 12;20 p. m. and Seaside the work would be better carried out 12:30 p. m., making direct connection of at Warranton for Flavel.

Beginning Saturday, July 11th, and must be brought out. It would be every Saturday thereafter the popuiar Portland-Seaside Flyer will leave union depot at 2:50 p. m., arriving at Astoria ata 5:50 p. m., Gearhart Park 6:49 p. m. and Seaside 6:50 p. m., of this specimen we could take up other making direct connection at Warrenton for Flavel.

In connection with this improved service, round trip season excursion tickets between Portland and all Clatsop and North Beach points are sold at \$4 for round trip, and Saturday Special round trip tickets between to John Tyndal to find out what ails same points, good for return passage for five round trips, from Portland to continue to fry for lack of energy to all Clatsop and North Beach points sold for \$15. Beach excursion tickets ored on trains of this company in either direction between Portland and

For further information address J. O. Mayo, C. F. & P. A., Astoria, or E. Y. Lewis, Com'l Agt., 248 Alder st., Portland, Ore. Write for the novel and catchy Seaside pamphlet just issued telling all about Summer Girls, Sea Serpents and Sunsets at Seaside.

Popular Sunday Excursions.

In order to meet the wants of the tories, but history will show less mort- traveling public, and give practically ality from heat when mankind once daily service to the beach during the summer season, the Corvallis & Easting of his fellowmen, the dying horses, ern railroad will run an excursion and the idle and curious attention with train from Albany, Corvallis and all points west to Newport every Sunday. commencing Sunday, July 12th, leaving Albany at 7 a. m. and Corvallis at 7:30 a. m., returning leave Newport at 5:30 p. m., arriving in Albany at To the Seaside and Mountain Resorts 10:30 p. m. Three-day and season tickets will be good going and return-The Southern Pacific company has ing on these trains. This should placed on sale at very low rates round prove popular with the traveling pubtrip tickets to the various resorts lic, and a liberal patronage will be the

EDWIN STONE, Mugr.

Trib for sale by all druggists.



A SAFE STIMULANT. A GOOD MEDICINE.

For Sale by A. SCHREIBER, Salem. 153 State St. FARMER'S HOME,

Corvallis & Eastern R.R.

No. 2 For Yaquina: Leaves Albair. 12:45 p. m. Leaves Corvallis. 2:00 p. m. Arrives Ya 1 a . 6:25 p. m No. 1 Ret"rning: Leaves Yaqui-a 6:45 a. m. Leav Corvallis 11:30 a. m Arrives Al any12:15 p. m No. 3 For etroit; Leaves Albany 7:00 a. m Arrives Detrict12:05 p. m No. 4 From Detroit: Leaves Detroi 12:45 p. m Arrives Albany 5:35 p. m Train No. 1 arrives in Albany in

connect with the S. P. south bound trair, as we'l ar giving two of three hour- in Albany before depa. ture of S. P. northbound train.

Train No. ? con or with the S. P. trains at Corvallis n. Albany giving direct service to Newport and adja-

Tra n No. 3 for Detr "t. Breitenbush and other nountab resorts leaves Albany at 7:00 a m., reaching Detroit at noon, giving ample time to reach the Fprings same day.

For further incomatica apply to YDWIN STONE, THOS. COCKRELL, Agent, Albany.



AND UNION PACIFIC

3 TRAINS TO THE EAST DAILY. From Portiand, Or Balt Lake, Denver, Pt. Worth Onaha, Kansas City, St. Louis, Chicago and East. Express Salt Lake, Denver Pt. 8:15 p. m. Worth, Omaha, Kansas via Hunt-City, St. Louis, Chicago and East.

Walia Walia, Lewiston, Spokane, Wallace, Puil-man, Minneapolis St. Paul, Duluth, Milwaukee Chicago, and East. " HOURS PORTLAND TO CHICAGO

OCEAN AND RIVER SCHEDULE

All milling dates subject to change For an Francisco dail every 5 days COLUMBIA RIVER TO Astoria and Way Landings ex Sun a Sunday Sp. in. Saturday

Steamer Ruth leaves Salem in Portland and way landings on Tuesdays, Thursdays and Saturdays, about M. P. BALDWIN, A. L. CRAIG, Agt.O.R.&N. Salem. Gen. Pass. Agt. Portland, Or.

WILLAMETTE RIVER

O. C. T. CO.'S PASSENGER

STEAMERS

and ALTONA leaves for Portland at 7 a. m. daily except

Quick Time, Cheap Rates Dock: Foot of Trade Street. M. P. BALDWIN, Agt.



Offers a choice of THREE gateways, KANSAS CITY, ST. JOSEPH OF OMAHA, to Chicago and points East.

Through Standard and sleeping cars daily between San Frantisco and Chicago via Los Angeles and El Paso. Through Tourist Sleeper each

TUESDAY from Portland to Chicago ria Salt Lake and Colorado Springs. Through Standard Sleeping Cars daily between Ogden and Chicago. Lowest rate in effect always available via "Rock Island System." Reduced ROUND TRIP RATES in

effect on July 12, 13, 15 and 16, and August 18, 19, 25 and 26; 90 days return limit.

Be sure that your ticket reads via the Great Rock Island Route. The best and most reasonable dinug car service. For information,

GEO. W. BAINTER, T. P. A. L. B. GORHAM, Gen Agt., 250 Alder street, Portland Ore.

> Quick Time East

From Tacoma, Seattle, the Puget Sound country and Spokane to Mesouri river points and the Southeast the Burlington offers quick service.
Through trains Scattle to Kansas
City equipped with big, free chair cars
standard Pullman sleepers, and last

but not least, tourist sleepers, clean, comfortable and cheap.

Why not take the Southeast special via Billings and the Burlington? You can't do betten and you might do



A. C. SHE_DON, General Agent 100 THIRD STREET. PORTLAND.

Do Not Forget. That on next Sunday, July 19th, and every Sunday thereafter until the close of the summer season, that the

Corvallis & Eastern railroad will give one of their popular Sunday excursions to Newport and return, leaving Albany at 7 a.m., Corvallis at 7:30 and Philomath at 7:45. Fare for the round trip from these points \$1.50, points west the usual Sunday rates. Three-day or season tickets good to return Sunday night,

H. H. CRONISE, Agent, Correllie, Correllie,