Over 50 years ago. Doctors took right hold of it. Keep their hold yet. The oldest, best Sarsaparilla—Ayer's. J. C. Ayer Co., Lowell, Mass.

THE DAILY JOURNAL

Scripps News Association Telegrams. 3 and 5 O'clock Editions.

BY HOFER BROTHERS.

Daily One Year, $4.00 in Advance.
Daily Three Months, $1.00 in Advance.
Daily by Carrier, 50 Cents Per Month.
Weekly One Year, $1.00 in Avance.

UNION LABEL

A printer refers to his wife's corsets as her side-sticks to keep her in proper form.

Senator Fulton is early making his influence felt. Since his election the bar at the mouth of the Columbia river has voluntarily deepened two feet.

Now that the President is coming there is additional incentive for cleaning the streets and premises in front of each residence, and the back yard and alley, as well.

The old city government takes time by the forelock, and gives a warm welcome to the incoming suburbs by furnishing a chemical engine to fight their fires from and after the first day of October, when the new boundaries go into effect.

A New York man lost his life in a tunnel accident on a railroad and his family recovered $70,000 damages. In Oregon there is a legal limit of $5000 for loss of life in such a manner. This man was a member of the New York Board of Trade.

Ex-President Cleveland is sixty-six today—a favorite game of cards he loves to play—or used to when he hovered around the beer joints of Buffalo. He is altogether a man of great parts—physical and otherwise. His addresses and literary papers have a smoothness and yet a virility that is refreshing. He generally manages to say something, and say it in a way that makes an impression. He is next to the late Tom Reed, of Maine, the wielder of the most destructive projectile in the way of a pen of any living man in this country.

The reception to President Roosevelt at the Capital City will be cordial in the extreme. There will not be such a crush as at Portland and some larger places, and the ordinary citizen will come nearer getting within gunshot of the Chief Executive of the nation, hence many will come from other parts of the state to see the President at Salem. So let our city put its best foot forward, and honor itself by properly honoring the President, and at the same time giving citizens from other towns who come here to see the President an opportunity.

Albany Herald, Rep.: The people of the state will commend the action of the governor if he puts an end to the lieu land base fraud, which has been an open secret in this state for several years, and at which a few individuals have become wealthy at the expense of the state. There is something wrong about the state land department when buyers of state lands have to pay outsiders as much for the land as they pay to the state. The state should acquire all the information necessary to sell the land direct to the purchaser, without the intervention of any middle man.

A DIRECT VOTE.

The Journal has an idea, and it is a Marion county idea that was endorsed in all the Marion county conventions of 1902, that would settle who this county is likely to be for in regard to a candidate for congress.

The names of four gentlemen have been mentioned on the Republican side for the honor, and now, instead of any of them spending any money to carry precincts for delegates, why not have a direct vote?

For instance, make up any good list of delegates in each precinct, but across the head of the ticket print the names of the aspirants for nomination and let each Republican mark his choice for congress, thus:

FRANK DAVEY.
TILMON FORD.
CLAUD GATCH.
THOS. B. KAY.

There might be others, but there would be no harm in leaving it to a direct vote, with the understanding that whoever had the largest vote should have the delegation from Marion county.

The above names could be printed across the head of each ticket in each precinct in the county, and the total result could be ascertained, and surely all candidates for nomination would respect such a choice.

Under this plan of a secret ballot the real choice of Republicans could be ascertained without expense, and with perfect fairness to all.

Under this plan there would be harmony in the party, and whoever got the delegation would be the candidate of Marion county at the district convention.

The county central committee can order this done at its meeting in Salem next Saturday, if it sees fit.

As the idea of Direct Nomination was introduced in the Republican county convention of 1902 in several different forms, and has been twice recommended in the message of a Marion county governor, why not try it?

A HOME PROGRAM.

A good program—more home-made bread and more savings banks. More young women who can bake a loaf of bread that can be eaten after it is twenty-four hours old.

More boys and girls who know how to perform the homely duties well, such as making a garden, tending a cow or caring for pigs and chickens and tending babies.

More women who can make the clothes for the husband and children, and who can make their own clothes, or at least do not buy all their underclothes and house garments of the Japs and Chinese.

The American home is weak in its domestic economy, and strong in its attractions. Its parlors are beautiful, but its bill of fare might be improved on, and have less slender, dyspeptic boys and girls.

The use of more cold water baths and more soups and more boiled meats and vegetables and less fries, less chewing gum and less candy for the little children should give us more healthy boys and girls.

More fresh air in the sleeping rooms, pile less clothing on the children at night, and bundle them up less in the daytime, and wash their feet as often as their hands, and there will be less early demises, and more hale and hearty old age.

JOURNAL X-RAYS.

Truth crushed to earth has to rise again. If it doesn't it lies.

* * *

The dispatches solemnly tell us that Judge Day had a good night.

* * *

Woman is no way shows her erratic disposition than she does by returning a borrowed umbrella.

* * *

If the referendum wins on the measures it is to be tried on it will not only refer, but also red 'em.

* * *

If Governor Geer forgot to take some pictures along illustrating his spoil to the Missouri legislature his mission will be a failure.

* * *

Rev. Waddell traveled 4000 miles to get a tooth pulled. His physician told him that he had a cancer on his jaw, but it was only an ulcerated tooth.

* * *

The United States has contracted with a St. Louis firm to deliver at various Indian agencies 30,000 pounds of dried apples, and 32,000 pounds of dried peaches. This will swell the Indian population, but it is more humanitarian than hot air.

* * *

Paddy Lynch, the Astoria sailor-boarding-house man, who was arrested a few days ago for trying to shanghai Charles Gardner, excuses himself by saying that Gardner had never seen a ship and he wanted him to go to sea.

Frequent Throbbing Headache.

There's many a cause for headache. Men are not often troubled by headaches. When they are it is generally due to biliousness or indigestion. But women have headaches which seem peculiar to their sex. Frequent nervous throbbing headaches. Does it not seem as if such headaches peculiar to women must be at once related to womanly disease? Women who suffer with diseases peculiar to the sex do not realize the drain of vital strength and nerve force they undergo as a consequence of disease. It is this which causes the familiar headaches of sick women.

Dr. Pierce's Favorite Prescription cures such headaches by curing the cause—irregularity, weakening drains, inflammation, ulceration or female weakness. "Favorite Prescription" invigorates and tones up the entire system, encourages the appetite, quiets the nerves and gives refreshing sleep.

"I was troubled with headaches of the worst kind for two years, writes Mrs. Emma Everett, of Albion, Hastings Co., Ont. "Was so weak and nervous I could hardly do my work. Had pains in my side so I could not walk. Had female weakness badly. My heart would fail or jump and quite a bunch would come in my throat and choke me. I thought I would die in all this misery. I took Dr. Pierce's Favorite Prescription and Golden Medical Discovery. I am cured of the female weakness, nervousness, pains in side, and my heart does not trouble me. I also used your Pellets and am free from constipation. All the symptoms of my trouble have disappeared and I am completely cured. Thank you for your kind advice and the medicine."

Dr. Pierce's Pleasant Pellets clear the complexion and sweeten the breath.

WHAT CAUSES DANDRUFF.

Greatest European Authority on Skin Diseases, Says It's a Germ.

The old idea was that dandruff is scales of skin thrown off, through a feverish condition of the scalp is exploded. Prof. Unna, Hamburg, Germany, European authority on skin diseases, says dandruff is a germ disease. The germ burrows under the scalp, throwing up little scales of cuticle, and sapping the vitality of the hair at the root. The only hair preparation that kills dandruff germs is Newbro's Herpicide. "Destroy the cause, you remove the effect." Not only cures dandruff, but stops falling hair and causes a luxuriant growth. Delightful hair dressing.

For sale by Daniel J. Fry. Send 10 cents in stamps for sample to The Herpicide Co., Detroit, Mich.

FUTURE AMERICAN SKULLS

They Will Be Thick and Broad

Opinions of Prof Starr and Max Muller

The future American is to have a shorter and broader skull. His stature will be decreased. The brunette type will almost be universal. In all that pertaints to instinct, to habit, to mood, and to sentiment, the blood of the emigrant will count in the final result. The very soul of the future American will take on the racial characteristics of the three groups of people that are now swarming into the United States.

Gustave Michaud has answered the question, "What shall we be?" in a carefully written essay in the March Century. He divides the Caucasian race into three divisions: the Baltic, or Teutonic; the Alpine and the Mediterranean or Ligurian race. M. Michaud declares that the native stock—that is, the descendants of those immigrants who settled in the United States before 1885—is gradually becoming a small minority. This has come about by a decreasing natality among Americans and a remarkable birth rate among the thousands of European families settled here. M. Michaud is almost prepared to maintain that the Americans are committing racial suicide.

From 1835 to 1890 there was an overwhelming preponderance of immigrants of the Baltic, or Nordic race into the United States. It is interesting to know that these people are dolichocephalic, that is, that they possessed long, narrow skulls. If it had been destined that the Baltic race was to dominate, we would some day have all had blue eyes, light hair and narrow noses. Mentally we would be possessed of moral instincts, love, order and cleanliness and develop along altruistic lines.

Whether unfortunately or not, during the decade from 1890 to 1900 the nature of our immigrants underwent a change. Immigration from Central Europe and Italy suddenly increased. In the year 1897 it doubled. M. Michaud predicts that from 1900 to 1910 will see a further increase of Alpine and Mediterranean stock, almost swamping the Scandinavians.

The Alpine race is of Asiatic origin, but it follows the mountain ranges of Europe. The people of Switzerland and Brittany are type. The skull is broad and short. The eyes are gray and the hair chestnut. The people are nearly always stocky. They are not artistic and are very conservative. These are the characteristics given by the ethnologists and not by the reviewer, who would read in a more complimentary strain.

Another story comes with the Mediterranean race. These people love art. "If literature could find its expression as music does, in a universal language, Italian literature would now occupy a place similar to that occupied by Italian music. These races are the oldest human strata found in Europe. They are instinctively courteous. They are prone to enthusiasm and also discouragement. Any work that is distasteful costs them a tremendous effort.

The above are the three elements that are going to make up the new Homo Americanus. No mention is made of the theory that one day the American will be a composite of the black and white races.

Professor Starr's glimpse into the future, where he sees a return to the type of the primitive Indian, has been overlooked also, so that the American has something to be thankful for, even if the worst foretold by M. Michaud is correct.

YOU FEEL SICK

And you wonder what's the matter. Your head aches, you feel tired and nervous, have no appetite and can't sleep. The trouble lies in the stomach. It has become weak, and cannot, therefore, do its work properly. Take a dose of Hostetter's Stomach Bitters before each meal. It will **restore the appetite, insure perfect digestion and sound sleep** and make you feel better. No other Spring Medicine is as good. Try a bottle.

HOSTETTER'S STOMACH BITTERS

KEEPING PROMISES.

You Can Depend Upon Obtaining Results—Results that Last.

"Will it cure?" is always the first question asked by a sufferer who has made up his mind to take a course of the treatment for any kidney ailment. "Will I stay cured?" follows as a matter of course. If the reader is in doubt about what method to follow, read this statement carefully.

Frank Stites, bricklayer, of 4559 Thirty-third avenue, Denver, Colo., says: "It is over three years since I recommended Doan's Kidney Pills through our Denver papers. At that time they stopped pain in my back and through the sides which although never severe enough to lay me up was sufficient to cause more annoyance than anyone should endure when Doan's Kidney Pills can so easily be procured. If I had not received positive benefit when that remedy first came to my notice I would be the last man in Denver to publicly endorse the medicine, and if the results obtained from the treatment with Doan's Kidney Pills had not been permanent nothing could induce me to reindorse this medicine. The merits of Doan's Kidney Pills should be universally known."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y., sole agents for the U. S.

Remember the name—**DOAN'S**—and take no substitute.

THE STOMACH IS THE MAN.

A weak stomach weakens the man, because it cannot transform the food he eats into nourishment. Health and strength cannot be restored to any sick man or weak woman without first restoring health and strength to the stomach. A weak stomach cannot digest enough food to feed the tissues and revive the tired and run down limbs and organs of the body. Kodol Dyspepsia Cure cleanses, purifies, sweetens and strengthens the glands and membranes of the stomach and cures indigestion, dyspepsia and all stomach troubles. F. G. Ross, drug store.

Will Preach Tonight.

Hear Rev. J. J. Evans, of Red Bluff, California, at the First Christian church. Rev. Evans was the former pastor of the Christian church of this city. A cordial invitation is extended to all to attend the services tonight.

Brights Disease

Not Rare, but Common—All Kidney Disease is Bright's Disease—The 8th to 10th Month It Becomes Chronic and Incurable by All Known Means Except the new Fulton Compounds, which Record 87½ of Recoveries.

We have before us a little work on kidney diseases by Joseph F. Edwards, M. D., of Philadelphia, that contains some things that everyone ought to know. Many people imagine Bright's Disease is rare, when, in fact, it comes the whole gamut of kidney diseases. Tell men sick and they say the kidneys don't hurt them. Diabetes, etc., the complaints of the aged and their products, and that all testimonials with that fulton are paid Bright's Disease. Dr. Edwards says: "For the benefit of physicians who may read this book I will give a list of the cases which I ascribe to Bright's Disease, viz.:

Albuminuria.
Congestion of the Kidney.
Inflammation of the Kidney.
Fatty Degeneration of the Kidney.
Granulation of the Kidney.
Gravel.
Diseases of the Kidneys.

Then all kidney diseases being Bright's Disease, the natural question is, is it curable or incurable? Bright's Disease is to the pathologist what Asiatic cholera is to the physician. After the report of eight hundred cases of Bright's Disease, Dr. Edwards concludes with the following: "The diseases are so uncertain. Every hour in the day or night, in the morning, noon or eve, it may be the signal for the death knell. If you have kidney disease in any form, take the Bright Compound and cure it quickly. It is the only thing known that will cure it. It is the only thing that will cure it. It is the only thing known that will do it. It is the only thing that will do it. It is the only thing that will do it. It is the only thing