

Nothing Tastes Good

And eating is simply pernicious—done because it must be. This is the common complaint of the dyspeptic.

If eating sparingly would cure dyspepsia, few would suffer from it long.

The only way to cure dyspepsia, which is difficult digestion, is to give vigor and tone to the stomach and the whole digestive system.

Hood's Sarsaparilla cured the niece of Frank Fay, 106 N. St., South Boston, Mass., who writes that she had been a great sufferer from dyspepsia for six years; had been without appetite and had been troubled with sour stomach and headache. She had tried many other medicines in vain. Two bottles of Hood's Sarsaparilla made her well.

Hood's Sarsaparilla
Promises to cure and keeps the promise. Don't wait till you are worse, but buy a bottle today.

WILLAMETTE HOTEL ARRIVALS.

Dr. S. I. Darrier, Portland.
G. W. Evans, Portland.
C. A. Ingalls, Boston.
Ellas Moore and wife, Chillicothe, O.
G. M. Cherrington and wife, Dallas.
Mrs. L. R. Chapman, Dallas.
S. A. D. Pater, Portland.
J. J. Cohn, San Francisco.
F. H. Moulton, San Francisco.
Mrs. F. H. Moulton, San Francisco.
P. H. Arnold, San Francisco.
Maud Hammett, Eugene.
Fred A. Kribbs, Portland.
W. C. Wetzel, Portland.
J. F. Kelly, San Francisco.
S. T. Jones, Portland.
Geo. Sorenson, Portland.
E. J. Boarmick, Portland.
W. Scott Taylor, Gervais.
W. C. Guthrie, Chicago.
E. C. Clement, Portland.
S. Price, Harrisburg, Pa.

Ladies Can Wear Shoes.

One size smaller after using Allen's Foot-Ease, a powder to be shaken into the shoes. It makes tight or new shoes feel easy; gives instant relief to corns and bunions. It is the greatest comfort discovery of the age. Cures and prevents swollen feet, blisters, callous and sore spots. Allen's Foot-Ease is a certain cure for sweating, hot, aching feet. At all druggists and shoe stores, 25c. Trial package FREE by mail. Address Allen S. Olmsted, Le Roy, N. Y.

Flax sowing in Salem was started yesterday.

SALEM SOCIAL WORLD AND PERSONAL MENTION

Uncle Tom's Cabin—School Children Free.

Today—"You go long; no more nigger than you be. You ain't black nor white. I'd like to be one or turrer."

Yes, children, today will make you laugh. Call at Patton Bros., Holverson's or Salem Woolen Mill Store, and see how easy it is for you to earn your admission to this play.

Each character, from "Tom" down the whole list of 33 performers, is interesting. Darkies' paradise will be a treat. The deaf are natural actors, and they will not disappoint you. Tickets on sale at Patton Bros., Holverson's and Salem Woolen Mill Store. Prices, \$1, 75, 50 and 35 cents. Box office open Friday morning at 9 o'clock. Remember the date, Friday evening, April 18th.

PERSONALS.

M. Klinger was in Portland today. S. Farrar has gone to Harrisburg. Mrs. C. E. Reeves is visiting in Portland.

Mrs. F. A. Moore has returned from Portland.

C. H. Lane, of Portland, was in Salem today.

L. J. Adams, of Silverton, was in Salem today.

W. H. Barr visited his Polk county ranch today.

W. E. Mitchell was in Gervais Tuesday afternoon.

Miss Hannah Kurtz is home from a visit in Portland.

J. R. Wyatt, an attorney of Albany, was in Salem today.

Mrs. E. Kurtz, of Portland, is visiting her brother, C. T. Pomeroy.

Hon. J. J. Whitney, of Albany, was in Salem between trains today.

Scott Borthorn has gone to Eastern Oregon, to be gone several days.

Miss Hattie Cox, of Lebanon, is in the city visiting Mrs. James Allison.

Miss Mabel Jones, daughter of M. L. Jones, has returned from Portland.

Fred A. Kribbs, a timber land speculator, of Minneapolis, Minnesota, was in the city today.

W. H. Sportman and P. B. Poindester, of Prineville, are registered at the Salem Hotel.

Mrs. Frank Miles, of Portland, is visiting at the home of her parents, Justice and Mrs. F. A. Moore.

Mr. and Mrs. G. N. Cherrington and Mrs. R. L. Chapman have returned to Dallas after a short visit in Salem.

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Rev. P. S. Knight returned from Portland this morning, whence he was called to perform the marriage ceremony of Miss Floy Willis, daughter of Mr. and Mrs. P. L. Willis, to Dr. A. H. Nottage.

Final Dance.
The Gaiety Club will give their final dance at the Tioha hall on next Wednesday night, April 16th. 4-14-2t

BOHEMIA RAILROAD.

Contract Let for the Grading of Twenty Miles.

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Dr. Pierce's Pleasant Pellets clear the muddy complexion.

A MINISTER'S BUSY WIFE.

Pe-ru-na a Prompt and Permanent Cure for Nervousness.



Mrs. Anna B. Fleharty, Galesburg, Ill.

Mrs. Anna B. Fleharty, recent superintendent of the W. C. T. U. headquarters at Galesburg, Ill., was for ten years one of the leading women there. Her husband, when living, was first President of the Nebraska Wesleyan University, at Lincoln, Neb.

In a letter written from 401 Sixty-Seventh street, W. C. Chicago, Ill., Mrs. Fleharty says the following in regard to Peruna:

"Having lived a very active life as wife and working partner of a busy minister, my health failed me a few years ago. I lost my husband about the same time, and gradually I seemed to lose health and spirit. My daughter is a confirmed invalid, and we both felt great need of an invigorator."

"One of my neighbors advised me to try Peruna. A bottle was immediately secured and a great change took place in my daughter's, as well as in my own health. Our appetites improved very greatly, the digestion seemed much helped, and restful sleep soon improved us, so that we seemed like new women."

"I would not be without Peruna for ten times its cost."—MRS. ANNA B. FLEHARTY.

Peruna never fails to prevent nervous prostration if taken in time.

"Peruna Catarrh," a book written by Dr. Hartman on the subject of the nervous disturbances peculiar to summer, sent free to any address by The Peruna Medicine Co., Columbus, O.

Mrs. E. M. Waite this afternoon entertained some of her lady friends in honor of Mrs. Bowman, of Portland.

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CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been awarded the personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—**Examine Every Bottle.**

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTRAL COMPANY, 17 N. BROADWAY STREET, NEW YORK CITY.

A Welcome Visitor on a Hot Day

Is the ice man that serves you with the best and purest ice that can be secured, and serves you promptly and obligingly. Our service is satisfactory at all times; our ice is pure, clear and cut in solid blocks that will last, and our prices will enable you to get all you want of it at a small cost. Manufactured at the Capital City Ice Works.

Mrs. M. Beck, Prop.
Salem, Oregon.

...TRY OUR NEW GOODS...

Cheese Sandwich, Long Branch Cracker, Snow Drop Crackers, Oysterettes, Butter Wafers, Lemon Wafers, Graham Wafers.

HARRITT & LAWRENCE

Old Post Office Grocery.

SOWING BIRD SEED

Rev. Wm. R. Lord Gives An Instructive Lecture.

At Unity church last evening Rev. Wm. R. Lord, author of the Oregon bird book, gave a most instructive and entertaining lecture on birds and their value to the human family. After the lecture proper a series of photographic pictures were thrown upon a canvas, and some pertinent remarks made concerning them. The lecture was most pleasing to the large audience there assembled, and old and young long remember the points made by the speaker. Aside from the utilitarian aspect, Rev. Lord gave some decidedly pointed suggestions concerning the sympathetic or sentimental phase of bird life, and our attitude towards these little feathered songsters and workers. Every boy and girl who heard the talk will be benefited for life in their attitude towards birds. A meeting will be held at the same place Saturday evening for the formation of a bird society, to which all are cordially invited. It will be for the promotion of practical and aesthetic interest in birds, and should be well attended. No cost attaches to membership in the organization.

Will Sell All Property

Circuit Judge Dolan on Tuesday afternoon made an order as petitioned for, directing Chas. Scott, assignee on the Oregon Land Company, to sell at public auction all the remaining unsold property of the estate that the affairs of the suspended corporation might be finally settled up. There are several hundred lots, principally fruit tracts, to be sold.

Bed Time

I take a pleasant herb drink; the next morning I feel bright and my complexion is better. My doctor says it acts gently on the stomach, liver and kidneys, and is a pleasant laxative. It is made of herbs, and is prepared as easily as tea. It is called Lane's Medicine. All druggists sell it at 25c and