

## For Want of a Nail The Shoe Was Lost.

FOR WANT OF A SHOE THE HORSE WAS LAMED.

Every blacksmith knows that story of the neglected nail, the cast shoe and the ruined horse. In old country smithy's you may see the legend rudely painted or chalked on the wall as a reminder to customers that it pays to care for horses' shoes, and that a little neglect may have a very serious result. But the blacksmith is, as a rule, like the good deacon, who passes on the pastor's denunciation of his own follies to some one else. It never occurs to him to take the sermon home to himself. The blacksmith has for example a little touch of "stomach trouble." His food seems to



He like a lump in his stomach. It ferments and gives off gases which cause him discomfort and uneasiness. He has sour and bitter risings, or "water brash." But this man who knows and preaches the danger of neglect in the loss of a nail from a horse's shoe goes right along neglecting symptoms which in scores and hundreds of cases are fore-runners of a physical break-down.

### DONORING DOCTRINE

That's the doctrine of a great many indolent people. They say "it will go away after a bit" when cautioned to "do something" for their ailments. Just imagine a farmer looking over the fence at the sprouting weeds in his corn and saying "they'll go away after a bit." Diseases are like weeds. All they ask is neglect and they will grow and flourish. Neglect the first symptoms of disease of the stomach and it will not be long before other organs are involved, because every organ of the body is dependent on the stomach and its allied organs for nutrition. When the stomach and other organs of digestion and nutrition are diseased the food eaten is not perfectly digested and assimilated. Hence there is a loss of nutrition by the body; a loss which shows itself in loss of flesh, and reduced weight, and that loss of nutrition is shared by every organ of the body, heart, lungs, liver, kidneys, etc. As a consequence when the stomach is diseased, the heart is liable to be involved, or the lungs, kidneys or liver. These facts emphasize the danger of neglect of what is popularly termed "stomach trouble."

The timely use of Dr. Pierce's Golden Medical Discovery will generally result in a complete cure of disease of the stomach and other organs of digestion and nutri-

tion and will establish the body in a condition of sound and vigorous health. "I was taken with Grippe, which resulted in stomach and heart trouble," writes Mr. T. R. Caudill, of Montland, Allegheny Co., N. C. "I was unable to do anything a good part of the time. I wrote to Dr. Pierce about my condition, having full confidence in his medicine. He advised me to take his 'Golden Medical Discovery' which I did. Before I had finished the second bottle I began to feel better. I have used nearly six bottles and am well."

### DON'T EXPERIMENT WITH YOUR STOMACH.

It's a waste of time and money to experiment on medicines. If you are on a journey to a certain town, you take the road that will surely bring you there. You don't turn aside and experiment on roads simply because they are roads. The road you follow is the road which leads to where you want to be. It's that way with medicines. When you want the way which leads straightest and surest to health you will follow the thousands who have taken Dr. Pierce's Golden Medical Discovery and have been perfectly and permanently cured.

"It gives me great pleasure to inform you of the benefits that I have realized from the use of your 'Golden Medical Discovery' and 'Pleasant Pellets,'" writes Mrs. J. C. Fink, of York, Rowan Co., N. C. "Last winter I was so laid off that I thought it impossible for me to live until spring. I was taken sick in January and was in pain all over. The doctor was called, and said my liver was out of order. He gave me some medicine but it did me no good. I grew steadily worse. I could not eat as much as one bite of bread without great pain, and was so hungry all the time that I thought I would starve to death. My head ached, my shoulders ached. I was cross. My brain failed so much that I thought I was almost insane. I could not sleep nights only a short while at a time. Would get up mornings so weak and nervous, I could scarcely stand. In this way I suffered, I think, about two months, when a friend of mine introduced me to Dr. Pierce for advice, which I did. His answer was that I had indigestion and liver complaint, and advising me to take his 'Golden Medical Discovery.' I followed the doctor's directions closely, and in a few days I could discover that I was getting better slowly. Every day I felt just a little better, then I could begin to eat a little light diet. Then I began to sleep a little better at night and in the morning would feel refreshed and rested. Next I began to gather a little flesh, and then I began to improve rapidly. I took eight bottles of 'Golden Medical Discovery' and several vials of 'Pleasant Pellets,' and I felt that I was well enough to leave off medicine and go to work, which I did with pleasure. I have not taken any medicine since except Dr. Pierce's Pills. I can eat anything and as much as I want and it never now hurts me a particle."

There is no alcohol in "Golden Medical Discovery," and it is free from opium, cocaine, and all other narcotics. A HOLE IN THE POCKET may mean a serious loss of money. It's the same way with a hole in the health; it may mean a serious loss of vitality and vigor. Dr. Pierce's Common Sense Medical Adviser teaches how to mend the health, as well as how to prevent disease. This bulky book, containing 1008 large pages, is sent free on receipt of stamps, to pay expense of mailing only. Send 10 one-cent stamps for the book cloth-bound, or only 21 stamps for the book in paper covers. Address Dr. R. V. Pierce, Buffalo, N. Y.

and our Commercial club will write to Mr. Limpus about the questions he asks and give him the facts as they see them. We are so prejudiced in favor of western Oregon that we could not think of going anywhere else to live permanently. We do not know what is in store for sinners in the next world, but we long ago made up our mind that we wanted just as little freezing and roasting in this world as possible.

## AN IOWA MAN ASKS QUESTIONS

About Oregon Crops and Climate that are Easily Answered.

F. M. Limpus of Atlantic, Iowa, to his old friend and fellow citizen W. A. Linton, now in business at Salem, says under date of Feb., 1902: "We are having plenty of snow and cold stormy weather. It has been very cold, 31 below zero, and then the thermometer changed 44 degrees in six hours. How is that for a sudden change? Don't you get tired of so much rain in Oregon? How deep is the ground here there? How do you like the winters there by this time? At what price could a man rent a house at Salem with three or four rooms? How is the wheat crop compared with Iowa crops? What is it worth at your station?"

Mr. Limpus asks pointed questions line an intelligent man, and as he has subscribed for THE WEEKLY JOURNAL he will get some of his information direct. THE WEEKLY JOURNAL contains the cream of the news and articles about this country, and is got up especially to inform Eastern people about our resources. It has landed hundreds of people in Oregon and very few have ever gone back. Our real estate men and Commercial Club cannot do better than send THE WEEKLY JOURNAL to inquirers about our soil, crops and climate. It is only \$1 a year.

The JOURNAL editor can say to Mr. Limpus that this country has nothing to compare with his climate or crops. It is a great wheat country and a farmer who will handle his land right, and run the proper proportions of sheep, swine and cattle in connection with his grain farming will make more money here than he can in Iowa or wheat.

Western Oregon has fewer sudden changes than any country in the world we know anything about. We have no sudden changes such as he speaks of. We have had three freezes in twelve years but they come on so gently and go off gradually as to not harm the most tender fruit and flower shrubs. Generally a light snow accompanies a freeze and protects the fine roots of the grains and grasses, straw berries and other surface plant growths.

We hope our readers who have lived in the west and Salem real estate men

and our Commercial club will write to Mr. Limpus about the questions he asks and give him the facts as they see them. We are so prejudiced in favor of western Oregon that we could not think of going anywhere else to live permanently. We do not know what is in store for sinners in the next world, but we long ago made up our mind that we wanted just as little freezing and roasting in this world as possible.

F. E. B. We heard a man say the other morning that the abbreviation for February—Feb.—means Freeze every body, and that man looked frozen in his sister. It was apparent that he needed the kind of warmth that stays, the warmth that reaches from head to foot, all over the body. We could have told him from personal knowledge that Hood's Sarsaparilla gives permanent warmth. It invigorates the blood and speeds it along through artery and vein, and really fits men and women, boys and girls, to enjoy cold weather and resist the attacks of disease. It gives the right kind of warmth, stimulates and strengthens at the same time, and all its benefits are lasting. There may be a suggestion in this for you.

The Morgan line of steamers has been transferred from New Orleans to Galveston, Texas.

**Keep Your Bowels Strong.** Constipation or diarrhoea when your bowels are out of order. Cascarets Candy Cathartic will make them act naturally. Genuine tablets stamped C. C. C. Never sold in bulk. All druggists, rec.

The King of Siam will not visit the United States this year but will send the Crown Prince in his stead.

**DON'T TOBACCO SMOKE AND SMOKE Your Lifeaway!** You can be cured of any form of tobacco using easily, be made well, strong, and energetic, new life and vigor by taking **NO-TO-BACCO**, that makes weak men strong. Ten pounds in ten days. Over **500,000** cured. All druggists. Cure guaranteed. Book, 21 and Advice FREE. Address: **WILLIAM SHERIDY CO., Chicago or New York.**

If you don't see it anywhere else you will find it in Fry's Almanac. It is full of valuable information. Call for a free copy at Fry's Drug Store. 127.

The English steamship magnates who came to New York to confer with Pierpont Morgan on Transatlantic steamship business have returned. They refused to say anything.

**Cascarets** BEST FOR THE BOWELS. Genuine stamped C. C. C. Never sold in bulk. Beware of the dealer who tries to sell "something just as good."

## CREAM OF THE LATEST

Wit and Wisdom From the New Books.

From the Era for February.

A thousand times better are the men who do, than the weaklings who only know.—God Will It.

Nature works, not for man's enjoyment but for her own satisfaction and her own glory.—Our National Parks.

Time has kinder uses for his scythe than cutting short human lives. His chief use of it is to cut off the tops of human memories.—The Usurper.

It is as bad to slave at work as to slave at pleasure. But God may forgive what people cannot help.—Lazarus.

Lovers of love are not lovers only. They are artists in emotion, always in quest of a still more subtle sensation, a joy more intense, a grief more bitter, and are unable to remain faithful to a monotonous fidelity, a tender constancy.—The Screen.

To really enjoy the holidays one should have money, uncounted money, in a coin purse, let us say, with a convenient little fire-shovel close at hand.—The Last of the Knickerbockers.

I've burned out the candle of the Lord's mercy, an' I blowed the ashes in His face.—The Sign of the Prophet.

Martyrdom, the apotheosis of resignation comes more naturally to women than to men, more hardy to men than to women.—Count Hannibal.

The object of all government, is to destroy the necessity of any government by developing such a public conscience that no other force than that of conscience will be needed to protect the rights of man.—The Rights of Man (Lyman Abbott.)

In some matrimonial waters are the kind of fish that swallow the bait but leave the hook untouched.—By Bread Alone.

Indulgence is not synonymous with liberty. They are often confounded but they are quite distinct.—The Rights of Man.

When the Lord made inventors he figured out that if he devoted half of their head to business capacity the other half wouldn't be worth the worth much for invention, so he left the business arrangement out.—By Bread Alone.

Even the Revolutionaries as a war, when compared with the fierce contests of our so-called "patriotic societies."—A House party.

Much might be done for the amelioration of the condition of suffering lovers if Nature had displayed larger benevolence in providing for the benignance of fathers.—Captain Blunt.

Keep me from caring more for books

than for folks, for art than for life.—The Ruling Passion.

Some people, like some shrubs, must be crushed in order to obtain the real value of their essence.—By the Higher Law.

"Vengeance is mine; I will repay," said the Lord, but I guess the Lord needs an instrument to carry out that text. I'm that instrument.—The Millionaire Mystery.

There are things which could never be imagined, but there is nothing which may not happen.—China in Convulsion. I'd like to be an idiot. They're naw-thin' so hard as mindin' yo'er own business, an' an' idiot never has to do that.—Mr. Dooley's Opinions.

If you would have a noble son, be a noble father.—144 New Epigrams.

Idleness is something that a man has to fight 'r, an' pull out iv its hole by th' hair iv its head. Ye can lafe a man up to th' university, but ye can't make him think.—Mr. Dooley's Opinions.

The swift recognition of the beautiful in literature is an achievement as well as a gift.—The World Beautiful in Books

### To Transfer Battleships

Because of the South American war several important changes will be made in the battleships on the Pacific station. Both the battleships Iowa and Wisconsin, which carried Admiral Silas Casey's flag during the past year, are ordered removed to Atlantic waters. As a consequence the Admiral's flag will probably be hoisted on the Philadelphia, and that vessel ordered to North Pacific waters.

The Oregon, now in ordinary at the Puget Sound navy yard, does not meet the requirements of a flagship, not so much because she is out of commission for the time being, but chiefly for the reason that she has not the accommodations for the admiral and his staff of officers.

The coronation of King Edward is said to be responsible for the removal of the two battleships from this station. It is planned to send several United States battleships to take part in the marine

## BEST FOR THE BOWELS

If you haven't a regular, healthy movement of the bowels every day, you're ill or will be. Keep your bowels in order, and you'll be in the shape of a champion. Cascarets Candy Cathartic is the most perfect way of keeping the bowels clear and clean to take



EAT 'EM LIKE CANDY. Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weakens, or Causes Griping, and is the best laxative. Write for free sample, and booklet on "Candy Cathartic." STERLING REMEDY COMPANY, CHICAGO - NEW YORK. KEEP YOUR BLOOD CLEAN

## The Dog Knows

That there is something wrong with his master. They have no more romps and rambles. He tries in vain to coax the listless youth from his chair.

When the lungs are diseased, physical weakness soon begins to show itself and the active outdoor life is given up. Dr. Pierce's Golden Medical Discovery cures diseases of the lungs and other organs of respiration. It cures obstinate, deep-seated coughs, bleeding lungs, emaciation and other conditions which if neglected or unskillfully treated may find a fatal termination in consumption.

"After using about five bottles of Dr. Pierce's Golden Medical Discovery my boy seems to be all right," writes Mr. J. W. Price, of Osnark, Monroe Co., Ohio. "He was very bad with a cold, and the doctors claimed he was in a bad way. He had been ten months since he stopped taking your medicine and he is in good health. We are very thankful to you for saving our son."

Accept no substitute for "Golden Medical Discovery." There is nothing "just as good" for diseases of the stomach, blood, and lungs. Substitution means a little more profit for the dealer but a loss for you.

Dr. Pierce's Pleasant Pellets cure constipation and its consequences.

pageant during the ceremonies. This will cause a decrease in the defense of the Atlantic seaboard. As a precautionary measure the Iowa and Wisconsin will be in readiness on the Eastern coast.

The Latest Yarn. A Pittsburg drummer tells this new yarn: I always carry a bottle of Kemp's Balsam in my grip. I take cold easily and a few doses of the Balsam always makes me a well man. Every where I go I speak a good word for Kemp. I take hold of my customers—I take old men and young men, and tell them confidentially what I do when I take cold. At druggists, 25c and 50c. 4

Senator Scott, of West Virginia, is advocating the Mandingo Bay route for the Isthmian Canal.

Beware of Ointments for Catarrh that Contains Mercury. A mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the danger they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials from Sold by Druggists, price 75c. per bottle. Hall's Family Pills are the best.

## Northwest Normal College...

Corner State and Commercial Sts., Salem, Oregon. Course of Study: Classic, Scientific, Normal, High School, Business, Music, Art, and Elocution. The latest and the best in Book keeping, Typewriting, Music and Shortland. The most extensive line of offices for Commercial Work in the Northwest. Evening School on Monday and Friday evenings. Evening classes Saturday evenings. Full courses to graduation, either in Voice culture, Piano, Violin, Orchestral instruments, Harmony, Counterpoint, Fugue, etc. Full courses also in Fine Art, Painting in oils, Water Colors, Pastel, and Crayon Drawing. Students may enter at any time. Send for catalogue. A. J. GARLAND, A. M., President. Z. M. PARVIN, Mus. Doc., Director of College of Music.

## STOCK AND POULTRY FOOD...

THE BEST ON EARTH. Use less than one-half as much as other kinds and gives better results. It pays to use it.

## BREWSTER & WHITE...

91 Court St. FEEDMEN AND SEEDSMEN. Salem, Oregon.

## MAJESTIC STEEL RANGE

A NEW CARGO WILL ARRIVE SOON

When we will be able to Fill all Orders. They have been over six months on the way, but many customers have waited.

## R. M. WADE & CO.

## YES Blanke's Coffee Touches the Spot

Did You Get a Free Cup; We Did at HARRIT & LAWRENCE

## Have You Cold Feet?

If so it may have been caused by getting out of bed this morning on a cold floor in a cold bedroom for rising and retiring. The turn of a key and the touch of a match is all that is needed to start the fire.

## THE FLORENCE SANATORIUM

SALEM, OREGON. A first-class private hospital for the treatment of chronic and surgical cases. Built the past year especially for the purpose for which it is used. Conveniently located within four blocks of the business part of the city. The most modern furnishings and latest appliances throughout the building. Heated by hot water and lighted by gas and electricity. Here the sick can have the comforts of an elegant private home, combined with all the advantages of a general hospital without the noise, confusion, and publicity attending one. Outside physicians bringing cases in treated with the greatest courtesy, and assisted in operations if requested. For terms and further information write or apply personally.

## DR. CARTWRIGHT, M. D. SUPT.

VISITORS WELCOMED BETWEEN 2 AND 4 P. M.

## A Happy New Year

And just a word in your ear about the superior qualities of our lumber. Tell your boss that he can't get better seasoned stuff than what we carry. We have every kind of lumber, all of the best and at the lowest prices for the best.

## Goodale Lumber Co.

Near S. P. Passer's depot. Phone 651

## A Juicy Morsel for Breakfast

Or dinner you can enjoy from one of our tender and delicious meats, steaks, lamb or mutton chops, veal cutlets or pork. Our meats are all cut from the fattest and most ormeat cattle, and we can supply your table with fresh, nutritious and wholesome meats at low rock prices.

## Parental Advice for the Un-initiated

Is that when you take your linen to a laundry to be renovated take it to one that will not rot the fabric, and that will send it home in good condition, and with a color and fine finish on it such as experience has taught him that he always gets at the Salem Steam Laundry. Our perfect methods give you work that is unexcelled by anyone.

## Salem Steam Laundry

COLONEL J. OLNEY, P. M. FRUITER. DOBOTH D. OLNEY, M. E. Phone 411 330 Liberty Street

## S. C. STONE, M. D. Salem Iron Works and Foundry

SALEM OREGON. The stores (two in number) are located at No. 235 and 297 Commercial street, and are well stocked with a complete line of drugs and medical supplies, toilet articles, perfumery, brushes, etc. DR. STONE Has had some 25 years experience in the practice of medicine and now makes no charge for consultation, examination or prescription.

## Express and Transfer

Meets all mail and passenger trains. Baggage to all parts of the city. Prompt service. Telephone No. 241. DIBQUE & HOMYER



## COMPARE

Our \$2.50 Shoes

With any \$3.00 or \$3.50 Shoes in Town

The first thing this comparison will do for you is to save you a dollar or half a dollar at least. More style, more wear than you ever bought for \$3.00. Don't take our word for it; Compare. We show in ladies' the largest assortment of \$2.50 shoes in Patent Leather, Vici Kid, Turn and Welt soles, cloth and leather top. In men's \$2.50 shoes we have new calf, box calf, and vici kid, Make the comparison. All toes, sizes and widths. We can fit and please any feet in Salem.

## ...CASH SHOE STORE...

303 Commercial Street. Opposite the Post Office.