

Boils - Household Department.

It is often difficult to convince people that blood is impure, until dread-ful carbuncles, abscesses, boils, scrofula or salt rheum, are painful proof of the fact. It is wisdom now, or when-ever there is any indication of

Impure Blood

blood, to take Hood's Sarsaparilla, and prevent such eruptions and suffering. I had a dreadful carbuncle abscess, red, fiery, fierce and sore. The doctor at-tended me over seven weeks. When the abscess broke, the pain was terrible, and I thought I should not live through it. I heard and read so much about Hood's Sarsaparilla, that I decided to take it, and my husband, who was suffering with boils, took it also. It soon purified our

Blood

built me up and restored my health so that, although the doctor said I would not be able to work hard, I have since done the work for 20 people. Hood's Sar-saparilla cured my husband of the boils, and we regard it a wonderful medicine. Mrs. ANNA PETERS, Latimer, Kansas.

Hood's Sarsaparilla

is the One True Blood Purifier. All druggists. \$1. Hood's Pills cure liver ills, easy to take, easy to operate. 25 cents.

NEW ADVERTISEMENTS.

MRS. N. B. SCOTT—Stenographer and typewriter, room 12, over Ladd & Bush's bank. Prompt attention to all classes of work. 12 2 f

Counter and railing for sale cheap. Address C. M. Lockwood, Salem Oregon. 1 3 f

WANTED TO RENT—A light covered house will also want double set of harness. Leave word at the Journal office or see J. M. Woodruff.

FOR RENT—Eleven acres adjoining the Indian school, at Chemawa, five acres of garden land, good house, barn and well water. By month or year for cash rent. Address Box 145, or apply at C. W. Pearmaine, two miles north of town on river road, 11-25 f

SITUATION WANTED—By Japanese cook and house work or to do store work. Wages not so much of an object as steady employment. Address M. M. Journal, 25 3 f

TORRENT—A large, roomy barn. Enquire at this office.

CARPET PAPER—Large lot of heavy brown wrapping paper for sale cheap. Just being put up under carpets. Call a Journal office.

A Plea For Graham Flour.

While no longer applied as a cure for the "ills that flesh is heir to," it may be conceded that graham flour is a wholesome and agreeable article of diet, and the experience of my own household indicates that cultivating the taste for such simple food destroys the desire for richer dishes, which are both more expensive and more difficult to prepare.

In cities the use of graham is being lessened by the introduction of the various brands of whole wheat flour; but the farmer may have more cheaply a most excellent quality of graham, ground from his own wheat, on his own place, and, if he prefers, this may be ground as finely as some kinds of the whole wheat flour, with the added advantage that there can be no doubt as to its being whole wheat.

The same traction engine which comes in the fall to sow the year's supply of wood and to chop grain for stock feed, grinds from five to ten bushels of clean white wheat into a fine graham for us. Besides the usual griddle cakes, gems, muffins, etc., in which graham is used, I have a few recipes I can recommend.

MUSH.

having a specially sweet and nutty flavor, may be made from graham that has been slightly browned in the oven in a dripping pan. This scorched flour may be kept on hand, and having been thoroughly heated, does not re-quire above three minutes' boiling.

GRAHAM PUDDING.

One cup of molasses, one cup of sweet milk, one cup of raisins, a pinch of salt, half a teaspoonful of soda, the same of baking powder, and graham flour to make a rather stiff batter. Steam two hours and serve with lemon sauce.

GRAHAM BREAD.

One cup of yeast, two cups of warm milk or water, two table-spoonfuls of molasses or brown sugar, pinch of salt, a pinch of soda and graham flour to make a stiff batter. Stir vigor-ously with a spoon into greased bread tins to rise. When very light bake forty minutes in a slow oven.

Graham wafers may be made from any recipe for plain cookies by sub-stituting graham for fine flour, make them stiff, roll them thin and bake very slowly.

MRS. JOHN B. WALDO.

Co-operation in the Home.

"In union there is strength," ap-plies to all home and business matters. The home that is a pleasure to all who make it and visit it is not always the work of one individual, but the co-operating of two or more unselfish people, who ever keep before them the idea of unity, and the higher thought of love and freedom for all. Selfishness is the true root of all evil.

No true lover ever puts aside the little courtesies and attentions after the marriage vow, but is ever alert to lend kindness and lighten the daily burdens of his sweetheart.

If we all had the same faults what a world this would be. We would never be able to complain or get angry, because we would see at once all our friends reflecting the same thought. We should so love charity for people who are unfortunate in directions different from ours, for our misfortunes are as great in their eyes.

MARION.

The World's True Ruler.

What an important thought that the mother of today rules the world of tomorrow! Yes; and more than that, it is the young mother who bears the potent power. It may not be easy, to quote the words of a thoughtful writer, "for a young mother, who has not yet overcome the wayward tendencies of her own youthful nature, to realize the influence she exerts over her own little ones. She is constantly surrounded by critical imi-tators, who copy her morals and man-ners. As the mother is so are her sons and daughters. If a family of chil-dren is blessed with an intelligent mother, who is delicate and refined in her manners, and does not consider it necessary to be one woman in a drawing room and an entirely differ-ent person in every day life, but who is a true mother, and always a char-ming woman you will invariably see her habits of speech and perfect manners repeated in her children. Great rough men and noisy, busy boys will always tone down their voices and step lightly and try to be more manly when she stops to give them a kind word or a pleasant smile, for a true mother will never fail to say or do all the pleasant things that she can that will in any way help or lift up and cheer those whose lives are shad-ed with the care and toil. "The mother of today rules the world of tomorrow."

The New England farmer tells of a woman in a village who has found her opportunity for bread winning in a small kitchen bakery. She began by helping her neighbors through occasional emergencies by baking

bread for them. She now furnishes a number of families with white and brown bread, raised doughnuts and old-fashioned gingerbread. A boy del-ivers the bread in a basket, and the woman does not find the business to-fatiguing.

STATE OF OHIO, CITY OF TOLEDO, }
LUCAS COUNTY, }
FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & CO., doing business in the city of Toledo, county and state aforesaid, and that said firm will pay the sum of ONE HUNDRED DOL-LARS for each and every case of CASTORH that cannot be cured by the use of HALL'S CASTORH CURE.

Suven before me and subscribed in my presence, this 6th day of December, A. D. 1896.

A. W. GLEASON,
Notary Public.

Hall's Castorh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.

F. J. CHENEY & CO., Toledo, O
Sold by Druggists.

THE MARKETS.

PORTLAND MARKET.

Provision.

Portland, Dec. 2. Wheat valley, 85@86 Walla Walla, 85 to 86.

Flour—Portland, Benton county, 4.40-4.45; Graham, 3.75; superfine, \$2.50 per bag; Oats—White, \$3.40-3.45; grey, 3@3.35; rolled in bags, \$4.25@5.25; barley, 4.50@7.00; cases, 3.75.

Potatoes—Oregon, 50¢ per sack. Hay—Good, 11@11.50 per ton. Wool—Valley, 8@10; Eastern Oregon 6@8.

Millstuffs— Bran, \$14.00; shorts, \$15.50.

Poultry— Chickens, mixed, \$2.25@2.50; broil-ers, \$1.00@1.75; ducks, \$2.25; geese, \$5@turkeys, live, 10.

Hides—green, salted 60 lbs 6@7; unde 60 lbs 4@5; sheep pelts, 10@700.

Pears—5@6.

Plums—pitless, 30¢@40¢.

Prunes—4¢@5¢.

Tallow—2¢@3¢.

Wheat Bags—Calcutta 4.25@4.37½.

Beans—small white, 1½¢@1¾¢ lima, 3¼¢@4¢.

Hops—Heavy, 3.25 to 2.50.

Butter—Best dairy, 20¢; fancy creamery 25¢.

Cheese—12½¢.

Farm Smoked Meats, Bacon, 6½¢; ham 9¢; shoulders, 5¢.

Potatoes—10¢ per bu.

Onions—50¢.

Green Fruit—Pears 50¢ per box.

Dried Fruit—Apples, eva ated bleached, 7¢—8¢ unbleached 4¢@5¢.

Plums—4¢.

Prunes—5¢—7¢.

Beans—2¢.

Lard—7¢.

Hops—10¢ to 10½¢.

Butter—Oregon fancy creamery, 40¢@50¢; fancy dairy, 25¢@35¢; fair to good, 20¢@22½¢.

Cheese—Oregon full cream, 10¢.

Eggs—Oregon, 25¢@27½¢ per doz.

SAN FRANCISCO MARKET.

San Francisco, Dec. 2.—Wheat, May 1.59½.

Wool—Oregon choice, 10¢@11¢; inferior 5¢@7¢; valley, 8¢@9¢.

Hops—Quitable at 13¢ per sack.

Potatoes—20¢@50¢ per sack.

Oats—Milling, 1.05@1.20.

SALEM MARKET.

Wheat, 74¢, per bu., market firm.

Oats, 40¢.

Hay, Baled, cheat, 8.50; timothy 9.00@10.00.

Flour, In wholesale lots, 4.20; retail 4.40; bran, bulk 14.00 sacked, 14.00; shorts, 15.00@16.00; chop feed, 11.00, 12.00.

Poultry, Hens 30¢; Turkeys 5-6¢.

Veal—Dressed, 35¢@43¢.

Hogs, Dressed, 2½¢@3¼¢.

Live Cattle, 15¢@20¢.

Sheep, Live, 1.50.

Wool, Best, 12¢@13¢.

Hops, Best, 12¢.

Eggs, Cash, 25¢.

Fruit, Green—Apples per box 1.00@1.50; Pears 75¢ 85¢ per box.

Onions—5¢@7½¢ per sack.

Dried Fruit—Apples, evaporated, bleached 7¢@8¢; unbleached, 4¢@5¢; sundried, 4¢@5¢.

Wal—small 5 to 5½; large 4¢ per lb.

Mutton—Wethers 1.75; ewes 1.50; dressed mutton, 3½¢.

Beef—Steers 2.25; cows 1.75—1.20; dressed 3½¢—4½¢.

Cured Meats—Hams 10¢—10½¢ bacon 6¢. Lard—in pails, 7¢.

SEE THAT THE FAC-SIMILE SIGNATURE OF CHARLES H. FITCHER IS ON THE WRAPPER OF EVERY BOTTLE OF CASTORIA

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

Promote Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

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Castoria is put up in one-also bottles only. It is not sold in bulk. Don't allow anyone to sell you anything else on the plea or promise that it is "just as good" and "will answer every purpose." If you get G.A. 3-T-O-R 1-A.

EXACT COPY OF WRAPPER.

PISO'S Cure

For Consumption

For the last 20 years we have kept Piso's Cure for Consumption in stock, and would sooner think a groceryman could get along without sugar in his store than we could without Piso's Cure. It is a sure seller.—RAVEN & CO., Druggists, Ceresco, Michigan, September 2, 1896.

NO-TO-BAG CURE

GUARANTEED TOBACCO HABIT CURE

Over 1,000,000 boxes sold. 300,000 cures prove its power to destroy the desire for tobacco in any form. No-to-bag is the greatest nerve-fool in the world. Many gain 10 pounds in 10 days and it never fails to make the weak potent man strong, vigorous and manly. It is a cure for the evil of machine rule and of boozism were obtaining in the west as well as in the East. I read it with the greatest interest.

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THE AMERICAN PRIMARY SYSTEM EXPOSED.

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GLANCE AT THIS MAP.

Of the Chicago, Milwaukee and St. Paul Railway and note its connection with all transcontinental lines at St. Paul and Omaha, and remember when going east that its trains are lighted with electricity and heated by steam. Its equipment is superb. Elegant Buffet, library, smoking and sleeping cars, with free reclining chairs. Each sleeping car is furnished with an electric reading lamp, and its dining cars are the best in the world. Other lines are longer than this, but none are shorter, and no other offers the above luxurious accommodations. These are sufficient reasons for the popularity of "The Milwaukee." Coupon ticket agents in every railroad office will give you further information, or address:

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THE FINEST, PUREST AND MOST BEAUTIFYING TOILET POWDER EVER MADE. It is cooling, healing, healthful and harmless; and when rightly used, is invaluable. If you have never tried it you do not know what an IDEAL COMPLEXION POWDER is.

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For DeLocey, for purity and for improvement of the complexion nothing equals POZZONI'S POWDER.

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More Curative Power

contained in a bottle of Hood's Sarsaparilla than in any other similar preparation. It costs the proprietor, manufacturer and jobber more and is worth more to the consumer. It has more of cures unknown to any other preparation. It is the best because it is the One True Blood Purifier.

Hood's Pills are the best family medicine and liver medicine. Gentle, safe, sure.

CHARLES H. FITCHER is the proprietor.