

Sleep

Induced by the use of coca, opiate or narcotic compounds is bad, decidedly bad. They undermine health and shatter the constitution and the patient is steadily growing into a worse condition—often resulting in the terrible slavery and misery of the cocaine and opium habit. Sleep induced by the use of Hood's Sarsaparilla does not perhaps come as quickly, but it comes more surely and more permanently through nature's great restoring and rejuvenating channel—purified, vitalized and enriched blood. This feeds the nerves with life-giving energy and builds up the system and constitution from the very foundation of all health and life—the blood—pure, rich, red blood.

Hood's Sarsaparilla

Is the One True Blood Purifier. All druggists. 1¢. Hood's Pills cure liver ills, easy to take, easy to operate. 25 cents.

RAILWAY STATISTICS.

From the eighth statistical report of the interstate commerce commission we copy the following:

Reference is made to the effect of the continued business depression, and the large number of receiverships. On June 30, 1895, 169 roads were reported in the hands of receivers, showing a net decrease of 23 during the year. The roads under receivership operated 37,855.80 miles of line, which shows a decrease of 2,963.01 as compared with 1894. The railway capital represented by these roads was nearly \$2,500,000,000.

The total railway mileage in the United States on June 30, 1895, was 180,657.47 miles, an increase of 1,448.92 miles, or 1.00 per cent being shown. The increase in 1894 was 2,247.48 miles, or 1.27 per cent, which was less than for any preceding year during the period for which reports have been made to the Commission. The Territory and States in which the increase in mileage exceeds 100 miles are Arizona, 247.41 miles; Illinois, 188.70 miles; Pennsylvania, 157.00 miles; Maine, 132.86 miles; Texas, 110.41 miles; and Montana, 105.79 miles. The aggregate length of all tracks in the United States on June 30, 1895, was 236,894.26 miles. Included in this total track mileage were 10,639.96 miles of second track, 975.25 miles of third track, 733.12 miles of fourth track, and 43,888.46 miles of yard track and sidings.

The number of railway corporations on June 30, 1894, was 1,965, of which 1,013 maintained operating accounts, and 800 financial accounts. During the year 14 roads were abandoned, 9 merged, 32 reorganized, and 28 consolidated.

The total number of engines in use on June 30, 96 was 35,699. 9999 of those were in the passenger service. The total number of cars of all kinds in use was 1,270,561. 33,112 were in the passenger service.

The number of passenger miles per passenger locomotive was 1,218,967, or 25,433 less than in 1894, while the number of passenger cars per 1,000,000 passengers carried was 65, or 12 greater than the preceding year. This is probably largely due to decreased travel on account of business depression, but also suggests that passenger traffic has returned to its normal condition previous to the World's Columbian Exposition. The number of tons of freight carried per freight locomotive in 1895 was 34,817, showing an increase of 2,908 when compared with the corresponding figures for 1894. The number of tons per freight locomotive was 4,258,821, the increase over the previous year being 242,066.

The number of men employed by railways shows an increase of 5,426, as compared with last year, the number of employees being 785,024 on June 30, 1895.

The number of passengers carried by the railways during the year ending June 30, 1895 was 507,421,363, which shows a decrease of 33,260,837. The number of passengers reported as carried one mile was 12,188,446,271, a decrease of 2,100,909,622 being shown when compared with figures for previous year. The number of tons of freight carried as reported by railways was 690,761,171, which gives an increase of 58,574,618 for the year. The number of tons carried one mile was returned as 80,227,515,801, indicating an increase of 4,892,411,180.

The gross earnings of the railways

of the United States for the year ending June 30, 1895, were \$1,075,371,462, an increase of \$2,000,065 for the year being thus shown. Passenger revenue was \$252,246,180 showing a decrease of \$33,103,378, or 11.60 per cent for the year. Freight revenue increased \$30,522,549, or 4.36 per cent, being \$720,933,492 for 1895.

The number of railway employees killed during the year ending June 30, 1895, was 1,811, and the number injured was 25,686.

The number of passengers carried for each passenger killed during the year was 2,984,832, and the number carried for each passenger injured was 213,651. The liability of passengers to accidents is better shown in the fact that 71,696,743 passenger miles were accomplished for every passenger killed, and 5,131,977 passenger miles for every passenger injured.

Two Lives Saved. Mrs. Phoebe Thomas, of Junction City, Ill., was told by her doctors she had Consumption and that there was no hope for her, but two bottles of Dr. King's New Discovery completely cured her and she says it saved her life. Mr. Thos. Eggers, 139 Florida street, San Francisco, suffered from a dreadful cold, approaching consumption, tried without result everything else then bought one bottle of Dr. King's New Discovery and in two weeks was cured. He is naturally thankful. It is such results, of which these are samples, that prove the wonderful efficacy of this medicine in Coughs and Colds. Free trial bottles at Fred P. Legg's drugstore. Regular size 50c and \$1.

Chief Consul A. I. Donnell, League of American Wheelmen, has appointed the following racing board for Oregon: H. K. Arnold, of Portland, chairman; M. J. Buckley, of La Grande, and Harry M. Holden of Eugene.

If a small bottle of Shaker Digestive Cordial does you no good, don't buy a large one. "Prove all things hold fast that which is good." It's not good for everybody only for the thin, sick, weak and weary. For those who are starving for want of digested food. For those who can't get fat or strong, because their stomachs do not work as they ought to. These are the people, millions of them, whom Shaker Digestive Cordial will cure. Food makes strength, muscle, brain, blood, energy—after it is digested. If not digested, it will do you no good at all.

Shaker Digestive Cordial helps your stomach to digest your food and cures indigestion permanently. When you have tried a small bottle, you can tell. Sold by druggists. Trial bottle 10 cents.

Hoplice are showing up on the vines at an alarming rate. Presley, Cheshire and Wm. Nels are already spraying their yards and the Walker & Campbell yard will commence spraying in a day or two.—Eugene Guard.

Old People. Old people who require medicine to regulate the bowels and kidneys will find the true remedy in Electric Bitters. This medicine does not stimulate and contains no whiskey nor other intoxicant but acts as a tonic and alternative. It acts mildly on the stomach and bowels, adding strength and giving tone to the organs, thereby aiding Nature in the performance of the functions. Electric Bitters is an excellent appetizer and aids digestion. Old People find it just exactly what they need. Price 50c and \$1 per bottle at Fred A. Legg's drug store.

Miss Fayne Strahan, of Albany, accompanied by her mother, has gone to London to remain several months for the purpose of perfecting herself in music.

You've seen and heard the loud voiced man at the big railway stations, calling the trains. He tells where each one is going and keeps people from taking wrong trains—if they pay attention. One's physical feelings are bodily "train callers." They announce the starting of all trains of disease. Most all trains of disease lead to consumption, because consumption is a blood disorder and because the blood must be poor or impure before any disease can make much headway.

The secret of health is to keep the blood pure and full of strength. When a man or woman loses flesh and vitality, there is something wrong in the blood. The start of it is likely to be in the stomach or bowels, and if they are put in order the trouble gradually subsides. Consumption is a germ disease, but if the blood is good, and keeps the lungs strong and healthy, the germs cannot find a place to lodge and are cast off. If there's a weak spot, the germ will find it. Even after that, strong and pure blood will strengthen the lungs so that they can gradually rid themselves of the germs. It is by creating strength and purity that Dr. Pierce's Golden Medical Discovery cures consumption and other diseases. It makes one gain flesh—not flabby, oily fat, but sound, firm, useful, healthy flesh. Hundreds of patients have testified to its wonderfully beneficial effects in many diseases and especially in incipient consumption.

A large book of one page, full of these testimonials with portraits and autographs of the writers, can be had by sending 10 cents to cover postage and wrapping cost. Write to Dr. J. C. RAY, MEDICAL ASSOCIATION, Buffalo, N. Y.

CASTORIA

for Infants and Children.

MOTHERS, Do You KNOW that Paregoric, Bateman's Drops, Godfrey's Cordial, many so-called Soothing Syrups, and most remedies for children are composed of opium or morphine?

Do You Know that opium and morphine are stupefying narcotic poisons?

Do You Know that in most countries druggists are not permitted to sell narcotics without labeling them poisons?

Do You Know that you should not permit any medicine to be given your child unless you or your physician know of what it is composed?

Do You Know that Castoria is a purely vegetable preparation, and that a list of its ingredients is published with every bottle?

Do You Know that Castoria is the prescription of the famous Dr. Samuel Pitcher. That it has been in use for nearly thirty years, and that more Castoria is now sold than of all other remedies for children combined?

Do You Know that the Patent Office Department of the United States, and of other countries, have issued exclusive right to Dr. Pitcher and his assigns to use the word "Castoria" and its formula, and that to imitate them is a state prison offense?

Do You Know that one of the reasons for granting this government protection was because Castoria had been proven to be absolutely harmless?

Do You Know that 35 average doses of Castoria are furnished for 35 cents, or one cent a dose?

Do You Know that when possessed of this perfect preparation, your children may be kept well, and that you may have unbroken rest?

Well, these things are worth knowing. They are facts.

The fac-simile signature of *Dr. H. Pitcher* is on every wrapper.

Children Cry for Pitcher's Castoria.

BIDS FOR WOOD. Sealed bids for furnishing wood for the court house will be received at the office of the county clerk until 2 o'clock p.m. on the 5th day of August, A. D. 1896, as follows: For 70 cords of pole oak, and 20 cords of good, clear, large body fir.

Bids, however, will not be received from one party or firm for more than from five to fifteen cords of pole oak, or for more than five cords of large fir.

By order of the county court of Marion county, Oregon. Dated at Salem, Oregon, this 10th day of July, 1896. L. V. EHLEN, Clerk.

JOHN HUGHES, Dealer in groceries, paints, oils, window glass, varnishes, and the most complete stock of brushes of all kinds in the state. Artists' materials, lime, hair, cement and shingles, and finest quality of grass seeds.

NEW ADVERTISEMENTS. WANTED—A second hand single top buggy without top preferred. Cash ready. Address M. care Journal. 30 31

WILL DO LIFE SIZE PORTRAITS for \$1.50 for two weeks only. Call at 84 Commercial street, Corner Leslie. 7-31-61 Mrs. BICKALL.

FOR SALE OR TRADE—45 acres improved farm land, 4 miles east of Salem, with new house, new barn, running water; will sell or trade for cheaper land. Address O. M. Reeves, Salem, Or. 7-27-10

LOST—Ivory handled ladies umbrella between boat landing and Oddfellows cemetery. Marked on handle Kate M. Buzick. Parties please leave at this office and receive reward. 27-31-10

WORK WANTED.—An experienced girl would like to obtain work in a small family. Address A. B. X. care Journal. 27-31-10

FOR RENT OR SALE—A 5-room house, beside chamber; convenient for small family; water service free. Inquire at 424 Winter st. 23 31

WORK WANTED.—By a first class licensed engineer, who has had 20 years experience. Address A. care Journal. 23 31

FOR SALE—Gentle family horse and good top buggy—cheap. Apply to C. W. Scriber, South Commercial st. 14 11

WOOD WANTED.—Ten cords of prime big fir, ten cords of grub oak and ten cords split ash. Address, with price, XXX, care this office. 14 11

THE OREGON PEACH BITTERS is now reduced to \$6.50 per dozen if the cash accompanies the order. Per bottle 75 cents. Send direct to the manufacturer, H. Kias, Aumsville, Or. 7-6-96

HERE'S YOUR CHANCE.—A proprietor wants to trade a good weekly newspaper office in good town for unincumbered improved real property. No opposition. Good real estate. Information at this office. 6-18 11

FOR SALE—Driving mare for sale at a bargain; weight about 1100; good traveler. Inquire of Wm. Brown & Co. 30 11

FOR SALE—At a Bargain. Fine residence and corner lot, near city hall. For further particulars inquire at this office. 6-23 11

FOR SALE OR RENT—40 acres land 5 miles out. Partly improved, wood and pasture, good house, large barn, 2 acres bearing orchard, lot of small fruit, good water. Wood stumps can be had. Box 145, Salem. 14 11

HOME BOARD.—Good table board, with home cooking, served in family style, only \$2 a week. 105 Commercial street. 6-12 11

CARPET PAPER—Large lot of heavy brown wrapping paper for sale cheap. It is the thing for putting under carpets. Call at Journal office. 6-12 11

J. H. HAAS, WATCHMAKER AND JEWELER, Makes a specialty of fine repair work. Seth Thomas clocks, etc., 215 Commercial Street

A PEOPLE'S PAPER

The Great One Cent Silver Daily--The Only Associated Press Silver Daily.

Daily Capital Journal \$3 a Year---Weekly \$1.

POST THIS BILL.

Cut this out and post up in a conspicuous place where it will be seen. All the associated press papers in Oregon, except THE JOURNAL, are published in the interest of the gold standard. Send 25c in silver for the daily one month.

The Oregon Press Monopoly

Will not treat the restoration of silver fairly. It will not tell the people the truth. It dare not. Take a fair paper that gives the people's side as well as the Wall street side.

Are You a Patriot?

Help your country by circulating the only Associated Press Daily in Oregon that advocates

Independent Bimetallism.

All the news of the great battle of the people for silver. Advocates the Bimetallism Union of all who are opposed to the single gold standard.

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as the watchword of the people of Oregon?

Subscribe for the Capital Journal!

Daily thirty days for a silver quarter. Each issue a complete history of the day and a galling gun of arguments for the people's cause.

READ! READ! READ!

The people are charged with ignorance by the gold press. This is a false charge. Wherever the cause of free coinage of gold and silver 16 to 1 is more discussed and best understood it is most popular and strongest with the people.

Sixty Days for 50 Cents.

If you can't talk or write for silver read and mark articles and send them to your neighbors and friends—sixty hot shot for 50c. Cheapest political ammunition in the country. Send a silver quarter or half dollar and try it. The people must be educated and it is your duty to help do this work for humanity.

WE DON'T WANT GOLD

alone, but we want both gold and silver. There is not gold enough in our country to pay one-twentieth of the debts owing in this country. If you want repudiation advocate the single gold standard. It means contraction of our currency, destruction of values, and repudiation. Investigate and you will be convinced.

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For full details call on Boise & Barker agents, Salem, Oregon, or address: W. H. HURLBERT, Gen'l Pass. Agt. Portland, O. For full details call on or address: G. M. BAXTER, Local Agent. For of Travel.

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The Rosy Freshness And a velvety softness of the skin is invariably obtained by those who use Pozzoni's Complexion Powder.



POZZONI'S COMPLEXION POWDER is the ideal complexion powder—beautifying, refreshing, cleanly, healthful and harmless. A delicate, irritable protection to the face. With every box of POZZONI'S is a magnificent Rosy's GOLD PUFF. BOX is given free of charge. AT DRUGGISTS AND FANCY STORES.



GLANCE AT THIS MAP. Of the Chicago, Milwaukee and St. Paul Railway and note its connection with all transcontinental lines at St. Paul and Omaha, and remember when going east that its trains are lighted with electricity and heated by steam. Its equipment is superb. Elegant Buffet, library, smoking and sleeping cars, with free reclining chairs. Each sleeping car is an electric reading lamp, and its dining cars are the best in the world. Other lines are longer than this, but none are shorter, and no other offers the above luxurious accommodations. These are sufficient reasons for the popularity of "The Milwaukee." Coupon ticket agents in every railroad office will give you further information, or address: C. J. EDVY, General Agent, J. W. CASEY, Trav. Pass. Agent, Portland.