

Good Blood

is essential to health. Every nook and corner of the system is reached by the blood, and on its quality the condition of every organ depends. Good blood means strong nerves, good digestion, robust health. Impure blood means scrofula, dyspepsia, rheumatism, catarrh or other diseases. The surest way to have good blood is to take Hood's Sarsaparilla. This medicine purifies, vitalizes, and enriches the blood, and sends the elements of health and strength to every nerve, organ and tissue. It creates a good appetite, gives refreshing sleep and cures that tired feeling. Remember,

Hood's Sarsaparilla

is the best—in fact the One True Blood Purifier. cure Liver Ills; easy to take, easy to operate.

AUMSVILLE.

S. Goodie has gone to the mountains to get work for the summer.

A little girl the night of the house- hold at Sandy Lava, and her mother, Mrs. Pound are pleased with the gift of the 29th.

D. W. Smith has sold his stock of goods to our merchant, C. F. Hein. The editor and family spent a few days in the mountains last week. They got back alive, but were some the worse for wear.

Our Sunday school will attend the picnic at Turner given Saturday by the Sunday schools of that place.

Mr. and Mrs. A. Winslow visited friends in Polk county last week. Mr. Bashor and family have just returned from the mountains.

Mr. Geo. Mills, of Coburg, was visiting friends in Aumsville last week.

Traction Engines.

All owners of traction engines and steam threshing machine outfits will be interested to know that the Union county court is rigidly enforcing the law about crossing bridges, and for this reason the law is quoted below. "It shall be unlawful for any person or persons to drive steam traction or portable engine over any bridge or culvert on any public street or highway within the state, without using on such bridge or culvert, for the purpose of securing its safety, four stout pieces of plank each of which shall be at least ten feet in length, one foot in width and two inches in thickness, two of said pieces of plank to be always under the wheels of said steam traction or portable engine while it shall be crossing said bridge or culvert.

"The penalty for the violation of any of the provisions of this act will be held responsible for any and all damages done to county bridges or culverts and will be prosecuted to the full extent of the law."

\$100 Reward \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c.

When Baby was sick, we gave her Castoria. When she was a Child, she cried for Castoria. When she became Miss, she clung to Castoria. When she had Children, she gave them Castoria.

Special Rates.

See Boise & Barker, agents for the O. R. & N. and Union Pacific railways regarding special round trip rates to the Republican national convention at St. Louis, the Democratic national convention at Chicago, Peoples party convention at St. Louis, national convention Y. P. S. C. E. at Washington, D. C., National Educational Association at Buffalo, N. Y., and G. A. R. national encampment at St. Paul, Minn. 6:5td-d&w

The men in the railroad shops at Dunsuir will be laid off on Saturdays hereafter. This order also effects the other shops on the coasts, which employ some 4000 men. The wages saved in this manner by the S. P. Co. amount to about \$31,000 per month.

What an ordinary man eats and the way he eats it will be enough to give dyspepsia to an ostrich—unless the ostrich were wise enough to assist his digestion from time to time with an efficient combination of vegetable extracts. Such a preparation is Doctor Pierce's Pleasant Pellets. They are the pills par excellence for those who sometimes eat the wrong things and too much. They stimulate action in all of the digestive organs. They stop sour stomach, windy belchings, heartburn, flatulence and cure constipation, biliousness, dyspepsia, indigestion, sick headache and kindred derangements. They are gentle, but prompt in removing offending matter from the stomach and bowels, and have none of the unpleasant features of other pills. They do not gripe and cause no violent shock to the system.

One little "Pellet" is a laxative. Two are mildly cathartic. One taken after dinner insures perfect digestion, sound sleep and an absence of foul breath in the morning.

They are unlike ordinary pills, because you do not become a slave to their use. They not only afford temporary relief, but effect a permanent cure.

Once used they are always in favor. Your name and address on a postal card will bring a free sample package of 4 to 7 doses. World's Dispensary Medical Association, Buffalo, N. Y.

CAUTION.—Dr. Pierce's Pleasant Pellets—It's an easy name to remember. Don't let some designing dealer persuade you to take some pills represented as "just as good." He makes more profit on the "just as good" kind. That's why he prefers to sell them. That's the reason why you better not take them.

CASTORIA

for Infants and Children.

MOTHERS, DO YOU KNOW that Paregoric, Bateman's Drops, Godfrey's Cordial, many so-called soothing syrups, and most remedies for children are composed of opium or morphine?

Do You Know that opium and morphine are stupefying narcotic poisons?

Do You Know that in most countries druggists are not permitted to sell narcotics without labeling them poisons?

Do You Know that you should not permit any medicine to be given your child unless you or your physician know of what it is composed?

Do You Know that Castoria is a purely vegetable preparation, and that a list of its ingredients is published with every bottle?

Do You Know that Castoria is the prescription of the famous Dr. Samuel P. Fitch. That it has been in use for nearly thirty years, and that more Castoria is now sold than of all other remedies for children combined?

Do You Know that the Patent Office Department of the United States, and of other countries, have issued exclusive right to Dr. Fitch and his assigns to use the word "Castoria" and its formula, and that to imitate them is a state prison offense?

Do You Know that one of the reasons for granting this government protection was because Castoria had been proven to be absolutely harmless?

Do You Know that 35 average doses of Castoria are furnished for 35 cents, or one cent a dose?

Do You Know that when possessed of this perfect preparation, your children may be kept well, and that you may have unbroken rest?

Well, these things are worth knowing. They are facts.

The fac-simile signature of *Chas. H. Fletcher* is on every wrapper.

Children Cry for Pitcher's Castoria.

BIDS FOR WOOD.

Sealed bids for furnishing wood for the court house will be received at the office of the county clerk until 2 o'clock p.m. on the 5th day of August, A. D., 1896, as follows: For 70 cords of pole oak, and 30 cords of good, clear, large body fir.

Bids, however, will not be received from one party or firm for more than from five to fifteen cords of pole oak, or for more than five cords of large fir.

By order of the county court of Marion county, Oregon, this 10th day of July, 1896. L. V. EHLEN, Clerk

7:10 det wst

Another one of the Johnson children, of Eugene died of diphtheria.

JOHN HUGHES,

Dealer in groceries, paints, oils, window glass, varnishes, and the most complete stock of brushes of all kinds in the state. Artists' materials, lime, hair, cement and shingles, and finest quality of grass seeds.

NEW ADVERTISEMENTS.

FOR SALE OR TRADE—45 acres improved farm land, 4 miles east of Salem, with new house, new barn, running water; will sell or trade for cheaper land. Address O. M. Reeves, Salem, Or. 7:27 tm

LOST.—Ivory handled ladies umbrella between boat landing and Oddfellows cemetery. Marked on handle Kate M. Buzick. Parties please leave at this office and receive reward. 27-3 t.

WORK WANTED.—An experienced girl would like to obtain work in a small family. Address A. B. X. care Journal. 27-3 t.

FOR RENT OR SALE—A 5-room house, beside chamber; convenient for small family; water service free. Inquire at 424 Winter st. 23 3t

WORK WANTED.—By a first class licensed engineer, who has had 20 years experience. Address A. care Journal. 23 3t

FOR SALE—Gentle family horse and good top buggy—cheap. Apply to C. W. Scriber, South Commercial st. 14 tf

WOOD WANTED—Ten cords of prime big fir, ten cords of scrub oak and ten cords split. Address, with price, XXX, care this office. 14 tf

THE OREGON PEACH BITTERS is now reduced to \$6.50 per dozen if the cash accompanies the order. Per bottle 75 cents. Send direct to the manufacturer, H. Kias, Aumsville, Or. 7-9 tm

HERE'S YOUR CHANCE.—A proprietor wants to trade a good weekly newspaper office in good town for unimproved land. Good reasons. Information at this office. 6:18 tf

FOR SALE—Driving mare for sale at a bargain; weight about 1160; good traveler. Inquire of Wm. Brown & Co. 30 tf

FOR SALE—At a bargain. Fine residence and corner lot, near city hall. For further particulars inquire at this office. 6-23 tf

FOR SALE OR RENT—40 acres land 5 miles out. Partly improved, wood and pasture, good house, large barn, 2 acres bearing orchard, lot of small fruit, good water. Wood stamper can be had. Box 145, Salem.

HOME BOARD.—Good table board, with home cooking, served in family style, only \$2 a week. 105 Commercial street. 6-12 tm

CARPET PAPER—Large lot of heavy brown wrapping paper for sale cheap. This is the thing for putting under carpets. Call at journal office.

J. H. HAAS, WATCHMAKER AND JEWELER. Makes a specialty of fine repair work. Seth Thomas clocks, etc., 215 Commercial Street

A year and a half ago

the Burlington Route's New Short Line to the East and South was opened for business. During these 18 months, thousands of travelers have patronized it and by so doing have not only saved much valuable time but have gained new ideas of how a railroad should be run.

They have learned, among other things, that Burlington trains are always on time; that the Burlington's track is incomparably superior to any other in the west; that the phrase Comfort, Speed and Safety means something on the Burlington, Omaha, Kansas City, St. Louis, Chicago.

Write for information about rates and trains.

A. C. SHELDON, G. A., Portland, Or.



Pullman Sleeping Cars.

Elegant Dining Cars.

Tourist Sleeping Cars.

To St. Paul, Minneapolis, Duluth, Fargo, Grand Forks, Crookston, Winnipeg, Helena and Butte.

THROUGH TICKETS To Chicago, Washington, Philadelphia, New York, Boston, and all points East and South.

For information, time cards, maps and tickets, call on or write

THOMAS, WATT & CO.

AGENTS, 265 Commercial street, Salem, Or. A. D. Charlton, Asst. Gen'l. Pass. Agt., Morrison st., corner Third Portland, Or.



POZZONI'S COMPLEXION POWDER

is the ideal complexion powder—beautifying, refreshing, clean, beautiful and harmless. A delicate, irritable protection to the face.

With every box of POZZONI'S a magnificent Scotch's GOLD PUFF BOX is given free of charge.

AT DRUGGISTS AND FANCY STORES.

C. J. EDDY, General Agent, J. W. CASEY, Trav. Pass. Agent, Portland

A PEOPLE'S PAPER

The Great One Cent Silver Daily--The Only Associated Press Silver Daily.

Daily Capital Journal \$3 a Year---Weekly \$1.

POST THIS BILL.

Cut this out and post up in a conspicuous place where it will be seen. All the associated press papers in Oregon, except THE JOURNAL, are published in the interest of the gold standard. Send 25c in silver for the daily one month.

The Oregon Press Monopoly

Will not treat the restoration of silver fairly. It will not tell the people the truth. It dare not. Take a fair paper that gives the people's side as well as the Wall street side.

Are You a Patriot?

Help your country by circulating the only Associated Press Daily in Oregon that advocates

Independent Bimetallism.

All the news of the great battle of the people for silver. Advocates the Bimetallic Union of all who are opposed to the single gold standard.

Do You Favor Unity and Harmony

as the watchword of the people of Oregon? Subscribe for the Capital Journal!

Daily thirty days for a silver quarter.

Each issue a complete history of the day and a galling gun of arguments for the people's cause.

READ! READ! READ!

The people are charged with ignorance by the gold press. This is a false charge. Whenever the cause of free coinage of gold and silver 16 to 1 is more discussed and best understood it is most popular and strongest with the people.

Sixty Days for 50 Cents.

If you can't talk or write for silver read and mark articles and send them to your neighbors and friends—sixty hot shot for 50c. Cheapest political ammunition in the country. Send a silver quarter or half dollar and try it. The people must be educated and it is your duty to help do this work for humanity.

WE DON'T WANT GOLD

alone, but we want both gold and silver. There is not gold enough in our country to pay one-twentieth of the debts owing in this country. If you want repudiation advocate the single gold standard. It means contraction of our currency, destruction of values, and repudiation. Investigate and you will be convinced.

HOFER BROS., Publishers. Salem, Or.

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Two Transcontinental Routes.

Via Spokane, Minneapolis, St. Paul, and Denver Omaha and Kansas City. Low rates to eastern cities.

OCEAN DIVISION. Portland—San Francisco. Steamers leave Alsworth dock. Portland July, 26, 31 and August 5, 10, 15, 20, 25 and 30.

WILLAMETTE RIVER DIVISION. Steamers Ruth for Portland, Tuesday and Friday, at 7:30 a. m. For Corvallis Wednesday and Saturday at 5 p. m.

Steamer Gypsey for Portland, Wednesday and Saturday at 7:30 a. m. For Gervais, Monday and Thursday at 5 p. m.

Lowest freight and passenger rates. Round trip tickets very cheap. Tickets sold and baggage checked through to all points without extra transfer charges.

For full details call on Boise & Barker agents, Salem, Oregon, or address W. H. HURLBURT, Gen'l Pass. Agt. Portland, Or. For full details call on or address G. M. POWERS, Local Agent, Foot of Tradest.

For Delicacy, for purity, and for improvement of the complexion nothing equals Pozzoni's Powder. The Rosy Freshness and a velvety softness of the skin is invariably obtained by those who use Pozzoni's Complexion Powder.

For rates, time tables and full information apply to

BOISE & BARKER, Agents, Salem, Or. R. W. BAXTER, General Agent, 215 Third Street, Portland. C. E. BROWN, Dist. Pass. Agent

Children Cry for Pitcher's Castoria.

