

Cures Talk

"Cures talk" in favor of Hood's Sarsaparilla, as for no other medicine. Its great cures recorded in truthful, convincing language of grateful men and women, constitute its most effective advertising. Many of these cures are marvelous. They have won the confidence of the people; have given Hood's Sarsaparilla the largest sales in the world, and have made necessary for its manufacturer the greatest laboratory on earth. Hood's Sarsaparilla is known by the cures it has made—cures of scrofula, salt rheum and eczema, cures of rheumatism, neuralgia and weak nerves, cures of dyspepsia, liver troubles, catarrh—cures which prove

Hood's Sarsaparilla

Is the best—in fact the One True Blood Purifier. cure liver ills; easy to take, easy to operate, 25c.

FOR A RURAL MOTOR LINE.

A Proposition From the Salem Labor Exchange.

R. R. Ryan, of the Salem Labor Exchange, has prepared the following statement, which is submitted in the name of the organization, and commands the careful consideration of all interested in the prosperity of our city and county.

The preliminary survey has been made by the Labor Exchange for a motor line from Salem to Mill City by the way of Fruitland, Bethel, Macleay, Shaw, Aumsville, Stayton, Mehama and Lyons, with a view of finally reaching the Quartzville mines as soon as possible. We have received some splendid encouragement all along the line. Judge Waldo and his wife give a right of way and say they will assist all they can by furnishing beef, mutton, pork and stock feed to help support the men while working.

Others along the line will do all they can by furnishing feed, material and labor. And if the citizens of Salem will do their part, by furnishing us with donations of provisions, clothing, etc., it will thus give employment to those needing it, at least sufficient to board them. The men will receive checks for the balance due them. In due time we will ask the citizens of Salem to loan us \$25,000 to put on the iron rolling stock, the same to be paid back in traffic over the line of the road at 20 per cent, each year, for five years. Said \$25,000 to be paid to the labor exchange as follows: \$10,000 when the road is built to Macleay, \$5,000 more when built to Aumsville, \$5,000 when built to Stayton and \$5,000 when built to Mehama, provided the property holders in North Salem, Highland, Fruitland, Macleay, Shaw, Aumsville, Stayton, Mehama, Lyons, and South Mill City donate a certain amount of lots upon which to make homes for the members of the labor exchange. We now number something over 125 members and we ask the hearty co-operation of everybody, for the cause is intended to give employment to the unemployed and to place them in a self-supporting condition.

We will have citizens' meetings at all the above points, commencing on next Tuesday evening at Fruitland and at other points later.

A line will also be built to Silverton and Scott's Mills within the next year. Labor must be employed and for this reason the labor exchange was organized. We hope everybody will consider the feasibility of building this line of road, as it will bring to Salem the wheat from the Santiam hills, the lumber from the Santiam country, and the general traffic that will come from all the points named, and finally from the Quartzville mines. (Signed,) Labor Exchange.

MEETINGS HELD.

FRUITLAND, Or., July 22, '06. EDITOR JOURNAL:—At the meeting held here last night, at the school house, in the interest of the proposed Motor Railway line to Mills City, by way of Fruitland, Macleay, Aumsville, Stayton and Mehama, there was pledged in labor and material over \$1,100, with the expectation of raising it to \$5,000 next Tuesday evening.

On Saturday evening there will be a meeting held at Aumsville, and on Monday evening, July 27, a meeting will be held at Macleay, to see what can be done at those points; and at Lyons July 31; at Mehama August 1. The date of the meeting for Stayton has not been fixed. Now Salem should help this enterprise, by giving all the assistance it can. We will accept all kinds of provisions: Flour, meat, plows, shovels, scrapers, and tools, that can be used in the work and clothing, dry goods etc. These are all as good as money to supply the men while at work.

Then all labor or material furnished for the road will be paid for in labor checks, redeemable in traffic, freight and passenger, over the road 20-100 each year. So this is simply a loan to benefit everybody along the line and a grand enterprise for the city of Salem. Remember a \$5,000 cash loan to be redeemable in traffic, freight and passenger over the road 20-100 each year. We invite you to call at L. E. office and investigate our workings.

L. E. EXCHANGE.

SOME RECORD BREAKERS.

List of Men Holding Inter-Collegiate and Northwest Records.

The sporting editor of THE JOURNAL has prepared a list of the athletes holding the inter-collegiate and northwest records, which is given below. The list will be of particular interest and value to all who take any interest whatever in the promotion of college athletics. Ever since state field day, June 7th, considerable discussion has been rife as to what were the inter-collegiate records and even more interest has been manifested in athletes since the Olympic Athletic Club of San Francisco, was defeated by the Multnomah Amateur Athletic club at Portland during the latter part of June. The Multnomah club's success was not much of a surprise to those who were acquainted with the ability of the team. Young Kerrigan, who is but 18 years of age, of the Multnomah team, is certainly a wonder in the athletic world. In his high jump of 6 feet 2 inches, Kerrigan comes very near the world's record. Morgan is a beautiful hurdler and promises to lower his record of 16 2-5 and 26 1-5 for the 120 and 220 yard hurdles respectively.

At the intercollegiate field day contests at Salem last June, Kuykendall, (U. of O.) in the 220 yd. hurdle ran under the N. W. record and came very near beating the coast record but since he knocked four hurdles down in the course of the race, the record will not stand. Murphy (W. U.) ran under the record time and cleared every hurdle but crossed the tape about three feet behind Kuykendall.

Tallant, of the Multnomah club holds both the N. W. and the coast record for the mile run, his time being 4:31 2-5. Guiss (W. U.) shares the N. W. record for the 100 yards dash with Fuller of the Multnomah club, time 10 2-5. Kerrigan of the M. A. A. C. and Patterson of the Olympic A. C. share the N. W. record for the high jump at 6 feet 2 inches. Lester (U. of O.) and Scott (W. U.) share the intercollegiate record in the pole vault at 9 feet 3 inches.

The following is thought a correct list of both the N. W. and intercollegiate records and the athletes holding the same:

- 100 YARDS DASH. N. W.—Rt. Guiss (W. U.) and Fuller (M. A. A. C.) 10 2-5 sec. I. C.—Rt. Guiss (W. U.) 10 2-5 sec.
- 220 YD. DASH. N. W.—Brunton (Olympic A. C.) 23 1-5 sec. I. C.—Colvig (O. A. C.) 23 2-5. 440 YD. RUN. N. W.—Coleman (U. of O.) 53 sec. I. C.—Coleman (U. of O.) 53.
- 880 YD. RUN. N. W.—Tallant (M. A. A. C.) 2:04 2-5. I. C.—Bishop (U. of O.) 2:12.
- 1 MILE RUN. N. W.—Tallant (M. A. A. C.) 4:31 2-5. I. C.—Burnett (O. A. C.) 4:58 3-5.
- 120 HURDLE. N. W.—Morgan (M. A. A. C.) 16 2-5. I. C.—Kuykendall (U. of O.) 17 4-5.
- 220 HURDLE. N. W.—Morgan (M. A. A. C.) 26 3-5. I. C.—Kuykendall (U. of O.) 29 1-5.
- 1 MILE WALK. N. W.—Kerns (M. A. A. C.) 8:10. I. C.—De Lashmatt (U. of O.) 8:31 2-5.
- POLE VAULT. N. W.—Kerrigan (M. A. A. C.) 10 ft 4 in. I. C.—Scott (W. U.) Lester (U. of O.) 9 ft. 3 in.
- HIGH JUMP. N. W.—Kerrigan (M. A. A. C.) and Patterson (Olympic A. C.) 6 ft. 2 in. I. C.—Davis (U. of O.) 5 ft. 4 in.
- BROAD JUMP. N. W.—Kerrigan (M. A. A. C.) 20 ft. 11 in. I. C.—Guiss (W. U.) 20 ft. 6 in.
- SHOT PUT. N. W.—Edgren (Olympic A. C.) 30 ft. 9 in. I. C.—Shattuck (U. of O.) 35 ft. 11 in.
- HAMMER THROW. N. W.—Edgren (Olympic A. C.) 127 ft. 9 in. I. C.—Bodine (O. A. C.) 103 ft. 3 in.



A well selected text is half of the sermon. Given a good text and a preacher who is in earnest, and the result is sure to be good. The text of this article is a plain simple statement that proves itself in the reader's own mind without argument. The text is "Good health is better than great riches."

Without health nothing really matters very much. A hacking cough takes all the beauty out of a landscape or a sunset. Erysipelas or eczema will spoil the enjoyment of sprightly conversation, of a beautiful concert, of a wonderful painting. The biggest bank account in the world won't pay a man for his health, but a very small amount of money will make him healthy and keep him healthy.

Most all bodily troubles start in the digestive or respiratory organs. It is here that improper living first makes its opening for disease. The development differs as constitutions and temperaments differ. The causes are almost identical. To get at the root of the matter is simple enough if you start right.

Dr. Pierce's Golden Medical Discovery is a medicine for the whole body. It works through the digestive organs on all the others.

It cures the first thing it comes to and after that, the next. It puts health in place of disease in the stomach, and from the vantage ground thus gained, it reaches every fiber of the body and drives disease before it—indigestion, liver troubles, kidney complaint, biliousness, skin and scalp diseases, salt rheum, tetter, eczema, and all the troubles caused by impure blood.

CASTORIA

for Infants and Children.

THIRTY years' observation of Castoria with the patronage of millions of persons, permit us to speak of it without guessing. It is unquestionably the best remedy for Infants and Children the world has ever known. It is harmless. Children like it. It gives them health. It will save their lives. In it Mothers have something which is absolutely safe and practically perfect as a child's medicine.

- Castoria destroys Worms.
- Castoria allays Feverishness.
- Castoria prevents vomiting Sour Curd.
- Castoria cures Diarrhoea and Wind Colic.
- Castoria relieves Teething Troubles.
- Castoria cures Constipation and Flatulency.

Castoria neutralizes the effects of carbonic acid gas or poisonous air. Castoria does not contain morphine, opium, or other narcotic property. Castoria assimilates the food, regulates the stomach and bowels, giving healthy and natural sleep.

Castoria is put up in one-size bottles only. It is not sold in bulk. Don't allow any one to sell you anything else on the plea or promise that it is "just as good" and "will answer every purpose."

See that you get C-A-S-T-O-R-I-A.

The fac-simile signature of *Chas. H. Fletcher* is on every wrapper.

Children Cry for Pitcher's Castoria.

BIDS FOR WOOD. Sealed bids for furnishing wood for the court house will be received at the office of the county clerk until 2 o'clock p.m. on the 5th day of August, A. D., 1896, as follows: For 70 cords of pole oak, and 20 cords of good, clear, large body fir.

The spot where Custer fell is within plain view of the Burlington route.

A pretty booklet, giving a brief account of the battle in which Custer lost his life will be mailed to any one who will ask for it. Write for a copy. Write also for information about rates and trains via the Burlington Route to Omaha, Kansas City, St. Louis, Chicago and all other southern and south-eastern cities.

A. C. SHELDON, G. A., Portland, Or.

JOHN HUGHES,

Dealer in groceries, paints, oils, window glass, varnishes, and the most complete stock of brushes of all kinds in the state. Artists' materials, lime, hair, cement and shingles, and finest quality of grass seeds.

NEW ADVERTISEMENTS.

FOR SALE—Gentle family horse and good top buggy—cheap. Apply to C. W. Scriber, South Commercial st., 14 if.

WOOD WANTED—Ten cords of prime big fir, ten cords of grub oak and ten cords split ash. Address, with price, XXX, care this office. 14 if.

J. H. HAAS,

WATCHMAKER AND JEWELER, Makes a specialty of fine repair work, Seth Thomas clocks, etc., 215 Commercial Street to get at the root of the matter is simple enough if you start right.

POZZONI'S COMPLEXION POWDER

has been the standard for forty years and is more popular to-day than ever before. POZZONI'S is the ideal complexion powder—beautifying, refreshing, cleanly, healthy and harmless. A delicate, invisible protection to the face.

With every box of POZZONI'S a complimentary Rosier's GOLDEN PEEF BOX is given free of charge.

AT DRUGGISTS AND FANCY STORES.

For Delicacy, for purity, and for improvement of the complexion nothing equals Pozzoni's Powder.

A PEOPLE'S PAPER

The Great One Cent Silver Daily--The Only Associated Press Silver Daily.

Daily Capital Journal \$3 a Year---Weekly \$1.

POST THIS BILL.

Cut this out and post up in a conspicuous place where it will be seen. All the associated press papers in Oregon, except THE JOURNAL, are published in the interest of the gold standard. Send 25c in silver for the daily one month.

The Oregon Press Monopoly

Will not treat the restoration of silver fairly. It will not tell the people the truth. It dare not. Take a fair paper that gives the people's side as well as the Wall street side.

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Help our country by circulating the only Associated Press Daily in Oregon that advocates

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as the watchword of the people of Oregon?

Subscribe for the Capital Journal!

Daily thirty days for a silver quarter. Each issue a complete history of the day and a galling gun of arguments for the people's cause.

READ! READ! READ!

The people are charged with ignorance by the gold press. This is a false charge. Wherever the cause of free coinage of gold and silver 16 to 1 is more discussed and best understood it is most popular and strongest with the people.

Sixty Days for 50 Cents.

If you can't talk or write for silver read and mark articles and send them to your neighbors and friends—sixty lot shot for 50c. Cheapest political ammunition in the country. Send a silver quarter or half dollar and try it. The people must be educated and it is your duty to help do this work for humanity.

WE DON'T WANT GOLD

alone, but we want both gold and silver. There is not gold enough in our country to pay one-twentieth of the debts owing in this country. If you want repudiation advocate the single gold standard. It means contraction of our currency, destruction of values, and repudiation. Investigate and you will be convinced.

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