medicine cures you when sick; If it makes wonderful cures everywhere, then beyond all question that medicine possesses merit.

That is just the truth about Hood's Sarhundred times, but in thousands and thousands of cases. We know it cures, absolutely, permanently, when all others fail to do any good whatever. We repeat

# Sarsaparilla

Is the best -in fact the One True Blood Purifier.

Hood's Pills billousness. 25 cents.

HOT WEATHER RECIPES.

Same Cold Delicacies Recommended by a Salem Lady,

Ices form very delicious summer county has seen for years." ice cream and water ices.

from attempting the making of fancy | would be 25 bushels. ices by a fear of failure, and the mistaken idea of their expense. While following recipes will be found pleas-

of water, the juice of one lemon, and turn into the freezer. When partly frozen stir in an Italian meringue, made by whipping together to a very stiff froth the whites of three eggs and three tablespoonfuls of powdered until ready to use.

BISQUE ICE CREAM.

Roll a quarter of a pound of macafrozen add, the sifted cakes add a teaspoonful each of vanilla and caramel, beat the whole until smooth. Drain the water from the tub, repack in salt and ice. Remove the dasher, cover the freezer, and let stand three hours to mellow.

CHOCOLATE PARAFIT. and freeze three hours. Coffee or tween hand engines. fruit juice may be added in place of the chocolate if desired.

ORANGE MARMALADE ICE.

son or lawn party.) Make a quart of building in that place. plain custard, when cool, add a cup of orange marmalade, the juice of a emon, and a teaspoonful of current elly. Turn into a freezer and freeze. When thick, remove the dasher, cover the freezer and set aside until smooth

FRUIT SOUFFLE. Cover half a box of gelantine with old water and let soak one hour, add

half a cupful of hot water and stir until dissolved. Mix a pound of sugar and a pint of strawberry, orange or emon juice until a syrup is formed. Beat yolks of six eggs, and add to the syrup, turn into a tin pan, set on ice, train the gelatine into it and stir antil it begins to thicken. Stir in ightly and quickly a quart of whipped ment is also greatly shortened, the mother strengthened and built up, and an abundant secretion of nourishment for the child promoted. If pack in salt and ice and freeze two as hard as ice cream.

OUT-DOOR PARTIES.

For out of door entertainments cold shes, such as Sandwiches, relishes, ulads, frozen dishes and iced drinks may be used. Hot dishes may be served, but it is difficult to do so aceptably. The following menus are fair samples of what may be given:

MENU NO. 1. Galantine of Chicken Lobster Salad Cold Cheese Souffles Mayonaise Sand-

Fruit Punch Ice Cream Fancy Cakes MENU NO. 2.

Claret Cup

ellied Meat Sweetbreads au Montpel hicken Salad Iced Savory Souffle Sandwiches Frozen Fruits Fancy Cakes

VERY SHORT CROPS.

Grain, Fruit, Hope, and Everything is

Oregon will probably come nearer Maintains the confidence to a failure of crop this year than of the people in Hood's Sarsaparilla. If a ever before in its history. Farmers everywhere are discouraged, and the outlook is very blue. There will not be half a crop of frult or hops, and very low prices for the latter. Vegetables of all kinds will be light, and late potatoes and tubers of all kinds have a poor show. It now looks as though the potato crop would be very saparilla. We know it possesses merit light, as there is but little prospect of because it cures, not once or twice or a rain. Showers would bring help for tubers, but it is too late for grain, unless it were to make feed. Potatoes, however, can be saved by dilligent cultivation, and the farmer who has a crop of late potatoes in the ground, can well afford to cultivate them, for they may bring him some good money.

Ex-County Judge T. L. Davidson, who is a practical farmer, estimates early sown grain and winter oats at a two-thirds crop, but thinks spring grain cannot possibly produce over

A correspondent of the Eugene Guard says: "On account of the continued lack of rain all crops are short. Late sown grain will be a failure and gardens the poorest Lane

deserts. In order, however, to have Reports from Sherman county are them acceptable, they must not only to the effect that wheat is suffering be prepared with care, but served with from the continued hot weather, and pleasing variety, the appetite natur- farmers do not expect the average ally tiring of the sameness of plain yield of the county will be more than 124 bushels to the acre. A month Many housekeepers are deterred ago they expected the average yield

The Scio Press says as nearly as we can learn, not more than one-fifth the preparation of some frozen desert of the usual hop acreage of this localmay be beyond the skill of ordinary ity has been cultivated. Many people cooks, there are many others that can who hitherto have laid in their stock be made at home with quite as little of groceries by means of picking hops, trouble and cost as plain cream. For will this fall have to look to other

> The Ashland Tidings reports the blackberry crop will soon be on in

A correspondent in the West Side cation, rain there are poor prospects for grain, garden and other crops.

Another corespondent from the sugar. Mix well and finish freezing, same paper, from Oak Point says, fall grain but the late spring grain GARDEN HOSE, will hardly pay for harvesting.

C. B. Wade, cashier of the First roons and half a dozen stale ladys- National bank of Pendleton, says, ingers and rub through a colander. after a personal inspection of 75 wheat Put a pint of rich milk onto boil with fields in Umatilla county, and upon half a pound of sugar; stir for ten careful inquiry, that the damage to minutes. Take from the fire, add a the wheat crop in Umatilla county, pint of cream, let cool and freeze. done by hot weather, has been on the average, 50 per cent.

> Wheat harvesting will commence in Sherman county about August 3.

The fifth annual convention and tournament of the Oregon State Volunteer Firmen's association will be held in Astoria August 20, 21, and Add a cupful of boiled chocolate 22, under the auspices of the Astoria and half a cupful of powdered sugar fire department. Contests of various to a quart of thick cream. Whip to kinds will be held under the auspices cover securely, pack in ice and salt, cluding horse racing and contests be-

The Salvation Army of McMinnville has offered \$20 reward for the A dainty inexpensive ice for lunch- arrest of the party who defaced their



TOTHERS recovering from the illness at tending childbirth, or who suffer from the effects of disorders, derangements and displace-ments of the womanly organs, will find relief

permanent cure in Dr. Pierce's ite Prescription. Taken during Favorite Prescription. Taken pregnancy, the "Prescription"

MAKES CHILDBIRTH EASY by preparing the system for parturition, thus assisting Nature and shortening "labor." The painful ordeal of child-birth is robbed of its terrors, and the dangers thereof greatly lessened, to both mother and child. The period of confine-

THE MARRIED WOMAN be delicate, run-down, or overworked, it worries her husband as well as herself. This is the proper time to build up her strength and cure those weaknesses, or ailments, which are the cause of her trouble. Dr. Pierce's Favorite Prescription dispels aches and pains, melancholy and nervousness, brings refreshing sleep

And makes a new woman of her.

Mrs. Annam Lvon, of Lorraine, Jeferson Co., N.

Y. writes: "I had been suffering from ulceration and falling of the womb, for several years, or since the birth of my youngest child. I consulted all the physicians around here and they gave me up and sald there was no help for me.

At last, almost discourt and makes a new woman of her.



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for Infants and Children.

MOTHERS, Do You Know that Paregorie Bateman's Drops, Godfrey's Cordial, many so-called Southing Symps, and most remedies for children are composed of opinm or morphine?

Do You Know that oplant and morphine are stupefying narcotle poisons? Do You Know that in most countries Jruggists are not permitted to sell narcoties

without labeling them polsons? Do You Know that you should not permit any medicine to be given your child

unless you or your physician know of what it is composed? Do You Know that Castoria is a purely vegetable preparation, and that a list of Its ingredients is published with every bottle?

Do You Know that Castoria is the prescription of the famous Dr. Samuel Pitcher. That it has been in use for nearly thirty years, and that more Casteria is now sold than of all other remedles for children combined?

Do Von Know that the Patent Office Department of the United States, and of other countries, have issued exclusive right to Dr. Pitcher and his assigns to use the word "Castoria" and its formula, and that to imitate them is a state prison offense?

Do You Know that one of the reasons for granting this government protection was because Castoria had been proven to be absolutely harmless?

Do You Know that 33 average doses of Castoria are furrished for 33 cents, or one cent a dose? Do Von Know that when possessed of this perfect preparation, your children may

be kept well, and that you may have unbroken rest?

Well, these titings are worth knowing. They are facts, The fac-simile signature of Chart Hitchers. is on every

Children Cry for Pitcher's Castoria.

### housekeepers wishing to try such the avenues to supply the family larder. OREGON STATE NORMAL SCHOOL

MONMOUTH, OREGON.

BASPBERRY SHERBET.

Crush two quarts of raspberries with two pounds of granulated sugar: let it stand two hours and strain or rub through a sieve fine enough to retain the seeds. Add an equal quantity of water, the juice of one lemon, and

from Buena Vista says: The farmers near here say if they don't have some or W. A. WANN, Sec. of Faculty.

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then pack and put in a cool place same paper, from Oak Point says, Hardware, Stoves and until ready to use. LAWN SPRINKLER SALEM, OR.

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