

Gloom

Of ill health, despondency and despair, gives way to the sunshine of hope, happiness and health, upon taking Hood's Sarsaparilla, because it gives renewed life and vitality to the blood, and through that imparts nerve strength and energy to the whole body. Read this letter:

"Hood's Sarsaparilla helped me wonderfully, changed sickness to health, gloom to sunshine. No pen can describe what I suffered. I was deathly sick, had sick headaches every few days and those terrible tired, dependent feelings, with heart troubles so that I could not get up and down stairs without clasping my hand over my heart and resting. In fact, it would almost take my breath away. I suffered so I did not care to live, yet I had much to live for. There is no pleasure in life if deprived of health, for life becomes a burden. Hood's Sarsaparilla does far more than advertised. After taking one bottle, it is sufficient to recommend itself." Mrs. J. E. SMITH, Beloit, Iowa.

Hood's Sarsaparilla

Is the One True Blood Purifier. All druggists sell. Prepared only by C. I. Hood & Co., Lowell, Mass.

Hood's Pills cure all liver ills, biliousness, headache, 30 cents.

State Field Day.
The entries from the different colleges are as follows:

100-YARD DASH.
Oregon Agricultural College—H. W. Kelley, F. L. Colvig, W. F. Keady, Don Ray.
University of Oregon—F. M. Templeton, W. Overholt, L. Higgins, M. Davis, H. Rosenberg.
Pacific College—Hugh Nelson.
Pacific University—A. Caples, C. Bradley, T. Tongue.
Willamette University—R. L. Guiss, R. W. Williams, C. W. Livesay.

880-YARD RUN.
O. A. C.—A. Wood, F. E. Hague, B. F. Burnett, R. Golden.
U. of O.—J. N. McFadden, C. Bishop, A. Merryman, O. Vanduyne, E. R. Bryson.
P. C.—Rob Bryant, S. T. Stanley, Walter Macy, H. T. Cash, Roy David, P. U.—H. P. Hansen, T. Tongue, L. Reuter.
W. U.—C. Brown, S. S. Aschenbrenner, G. C. Miller, R. Davis, M. Brownell.

220 YARD HURDLE.
O. A. C.—R. Golden.
U. of O.—F. M. Templeton, D. Kuykendall, W. White.
Pacific College—D. P. Price, C. B. Wilson, Leon Kenworthy, O. J. Hodson.
P. U.—J. W. Connell, F. Luelling, P. E. Bauer.
Willamette—A. L. Shulse, A. G. Wilson, L. McClure, A. F. Bittner, C. G. Murphy.

PUTTING SHOT.
O. A. C.—D. H. Bodine.
U. of O.—E. Shattuck, H. S. Templeton, W. Gverholt, L. Gilleland, J. Edmunson.
P. U.—H. Leinenweber, A. Caples, C. Bradley.
Willamette—C. V. Fisher, I. P. Callison, W. P. Babcock.

POLE VAULT.
O. A. C.—F. E. Hague.
U. of O.—E. Shattuck, T. Wester, E. Church, D. Kuykendall.
Pacific College—Luther Baker, Walter Macy, H. S. Britt, Will Round.
P. U.—C. Bradley, P. E. Bauer, F. Luelling.
Willamette—F. Scott, A. F. Bittner, H. G. Hibbard.

120-YARD HURDLE.
U. of O.—D. Kuykendall, W. White, M. Davis.
Willamette—R. T. Guiss, H. G. Hibbard, A. F. Bittner.

HAMMER THROW.
O. A. C.—D. H. Bodine, Clyde Phillips.
U. of O.—H. Templeton, E. P. Shattuck, L. Gilleland, J. Edmunson.
P. U.—H. Leinenweber, S. Walker, C. Bradley.
W. U.—I. P. Callison, J. Van Winkle, W. P. Babcock.

440 YARDS RUN.
O. A. C.—F. H. Crawford, B. F. Burnett.
U. of O.—C. W. Keene, V. V. Johnson, R. Coleman, S. N. McFadden, R. Hurley.
P. C.—C. B. Wilson, H. T. Cash, D. P. Price, W. G. Allen, Roy David.
P. U.—H. Hansen, H. Hartley, I. W. Connel, A. Caples.
W. U.—R. W. Williams, C. W. Livesay, M. Brownell, C. Brown, L. McClure.

HIGH JUMP.
O. A. C.—H. W. Kelley.
U. of O.—W. Overholt, L. Gale, M. Davis, J. Newsome.
P. C.—O. J. Hobson, O. L. Price.
P. U.—F. Luelling, J. W. Connell, T. Tongue.
W. U.—A. G. Wilson, J. R. Byars.

220 YARD DASH,
O. A. C.—F. L. Colvig, W. F. Keady, F. H. Crawford, H. W. Kelley.
U. of O.—H. Rosenberg, M. Davis, C. Bishop, C. W. Keene, L. Higgins, P. C.—Hugh Nelson, Frank Newman.
P. U.—A. H. Fells, C. Beauvais, D. Geiger.
W. U.—R. L. Guiss, R. W. Williams, C. G. Murphy.

MILE RUN.
O. A. C.—A. Woods, H. H. Veath, R. Golden, B. F. Burnett.
U. of O.—H. Bellinger, C. Templeton, E. R. Bryson, R. Hurley, H. Inwall.
Pacific College.—H. T. Cash, Walter Macy, S. T. Stanley.
P. U.—H. P. Hansen, R. Reuter, W. U.—S. S. Aschenbrenner, R. B. Wilkins, Ed. Carter, H. G. Hibbard, M. Miller.

BROAD JUMP.
O. A. C.—F. E. Hague, Walter Harrison, Robert Golden.
U. of O.—L. Higgins, E. Church, E. P. Hayes, C. Whipple, D. Kuykendall.
Pacific College.—O. J. Johnson, Will Round.
P. U.—C. Bradley, F. Luelling, P. E. Bauer.
W. U.—C. W. Livesay, C. G. Murphy, R. T. Guiss.

MILE WALK.
O. A. C.—M. M. Cooper, C. T. Colt, Levi Rusk.
U. of O.—L. M. Travis, H. A. Inwall, C. Narregeen, I. DeLashmitt, O. Hemenway.
Pacific College.—H. T. Cash, G. T. Colson.
P. U.—H. P. Hansen, H. Leinenweber.
W. U.—J. R. Byars, I. H. Van Winkle.

BICYCLE RACE.
O. A. C.—Bruce Burnett, A. Wood, Clyde Phillips.
U. of O.—R. Stearns, A. Livermore, R. S. Bryson.
Pacific College.—O. K. Edwards, H. S. Britt, O. L. Cox.
W. U.—Z. Riggs, C. G. Murphy, W. O. Ogle, F. Moore, B. Richardson.

Ninety Per Cent.
Of all the people need to take a course of Hood's Sarsaparilla at this season to prevent the rundown and debilitated condition which invites disease. The money invested in half a dozen bottles of Hood's Sarsaparilla will come back with large returns in health and vigor of body and strength of nerves.
Hood's Pills are easy to buy, easy to take, easy to operate. Cures all liver ills. 25c.

State Treasurer's Sixteenth Notice.
STATE OF OREGON, Treasury Dept., SALEM, May 28, 1896.
Notice is hereby given that there are funds on hand with which to redeem all outstanding state warrants endorsed by me "presented and not paid for want of funds" between the dates of October 8, 1895 and the date of this notice, with the exception of warrants drawn on the swamp land fund, and that all such warrants, properly endorsed, will be paid upon presentation at this office, interest thereon ceasing from, and after, the date of this notice.
PHIL METSCHAN,
State Treasurer.

FUTURE EVENTS.
June 12-13—Prof. Bristol's educated horses.
May 23—Local field day, University and Y. M. C. A., Salem.
May 29—County canvass by Republican candidates at Salem.
June 1—General election.
June 6—Intercollegiate Oregon field day, Salem.
June 10—Republican national convention, St. Louis.
June 16—Annual reunion of Oregon pioneers, Portland.
July 7—Democratic national convention, Chicago.
July 22—National Populist convention, St. Louis.



That hideous and deathly demon of sickness—constipation, is an easy enough thing to cure if you take the right medicine. Constipation is one of the commonest things in the world. It is really one of the most serious things. Fully nine-tenths of all the ordinary sickness of mankind is due to this one cause. If you place an obstruction in the gutter, it will stop the flow of water, and gradually a mass of poisonous, putrefying matter will accumulate. That is exactly what happens in the digestive organs when constipation begins. Poisonous matter accumulates and is forced into the blood. It goes all over the body and causes all sorts of symptoms. A few of these are dizziness, flatulency, loss of appetite, palpitation, headaches, lence, heartburn, palpitation, headaches, distress after eating, biliousness and eruptions of the skin. These things are unpleasant, but they are not serious. The serious things come afterward. Doctor Pierce's Pleasant Pellets are for the cure of constipation. They are tiny, sugar-coated granules, easy to take, mild and efficient in their action. One is a gentle laxative, two a mild cathartic. There is nothing else in the world like them. There is nothing "just as good," although lying and unscrupulous druggists may sometimes tell you so for their own profit. Do you want to lose your health so that the druggist can get rich?

The People's Common Sense Medical Adviser, in plain English, or Medicine Simplified, by J. C. Felt, M. D., Chief Consultant, Physician to the Invalids' Hospital and Surgical Institute, Buffalo, N. Y., 322 pages, illustrated, 25c. Sent paper-bound, 35c. Sent in a neat, pocket-sized, illustrated, 25c. Sent in a neat, pocket-sized, illustrated, 25c. Sent in a neat, pocket-sized, illustrated, 25c.

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for Infants and Children.

MOTHERS, Do You Know that Paregoric, Bateman's Drops, Godfrey's Cordial, many so-called Soothing Syrups, and most remedies for children are composed of opium or morphine?

Do You Know that opium and morphine are stupefying narcotic poisons?
Do You Know that in most countries druggists are not permitted to sell narcotics without labeling them poisons?
Do You Know that you should not permit any medicine to be given your child unless you or your physician know of what it is composed?
Do You Know that Castoria is a purely vegetable preparation, and that a list of its ingredients is published with every bottle?

Do You Know that Castoria is the prescription of the famous Dr. Samuel Pitcher. That it has been in use for nearly thirty years, and that more Castoria is now sold than all other remedies for children combined?

Do You Know that the Patent Office Department of the United States, and of other countries, have issued exclusive right to Dr. Pitcher and his assigns to use the word "Castoria" and its formula, and that to imitate them is a state prison offense?

Do You Know that one of the reasons for granting this government protection was because Castoria had been proven to be absolutely harmless?

Do You Know that 35 average doses of Castoria are furnished for 35 cents, or one cent a dose?
Do You Know that when possessed of this perfect preparation, your children may be kept well, and that you may have unbroken rest?
Well, these things are worth knowing. They are facts.

The fac-simile signature of *Sam. H. Pitcher* is on every wrapper.
Children Cry for Pitcher's Castoria.

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HAY TOOLS, BICYCLES, SALEM, OR.
GARDEN HOSE, LAWN SPRINKLERS, BICYCLES, SUNDRIES.

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Eastern R. R. Company

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Sails from Yaquina every 8 days for San Francisco, Coos Bay, Port Orford, Trinidad and Humbolt Bay.
Fastest route between the Willamette valley and California.
Fare from Albany or point west to San Francisco: Cabin, \$6; steerage, \$4; to Coos Bay and Port Orford, cabin \$6; to Humbolt Bay, cabin \$8; round trip, good 60 days, special.

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Steamers "Albany" and "Wm. M. Hoag," newly furnished, leave Salem daily, except Saturdays, at 11 a. m., arriving at Portland the same day at 3 p. m. Returning boats leave Portland same day as above at 6 a. m., arriving at Salem at 3 p. m.
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J. C. MAYO, Supt. River Division,
M. P. BALDWIN, Local Agent, Aliona Dock "Salem."

To St. Paul, Minneapolis, Duluth, Fargo, Grand Forks, Crookston, Winnipeg, Helena and Butte.
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FOR 1896.



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A practical farm paper, edited by a staff of experienced agricultural writers, contributed to by the best known agriculturists of the country. It contains what the farmer wants.

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GLANCE AT THIS MAP.
Of the "Chicago, Milwaukee and St. Paul Railway and note its connection with all transcontinental lines at St. Paul and Omaha, and remember when going east that its trains are lighted with electricity and heated by steam. Its equipment is superb. Elegant Buffet, library, smoking and sleeping cars, with free reclining chairs. Each sleeping car is equipped with an electric reading lamp, and its dining cars are the best in the world. Other lines are longer than this, but none are shorter, and no other offers the above luxurious accommodations. These are sufficient reasons for the popularity of "The Milwaukee." Coupon ticket agents in every railroad office will give you further information, or address:

C. J. EDDY, General Agent,
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O. R. & N. CO.
E. McNEILL, RECEIVER.
TO THE EAST GIVES THE CHOICE
—OF—
Two Transcontinental Routes.

EAST AND SOUTH

—VIA—
Shasta Route.

Southern Pacific Co.

California Express Train—Run daily between Portland and San Francisco.

South	North
8:50 p. m. Lv. Portland ar. Portland	11:00 p. m. Lv. Portland ar. Portland
10:45 a. m. Lv. Portland ar. Portland	1:00 p. m. Lv. Portland ar. Portland

Above trains stop at East Portland, Oregon City, Woodburn, Salem, Turner, Madras, Jefferson, Albany, Albany Junction, Tangent, Shedd, Halsey, Harrisburg, Junction City, Eugene, Creswell, Drain, and all stations from Roseburg to Ashland, inclusive.
ROSEBURG MAIL DAILY.

SALEM PASSENGER.

South	North
8:30 a. m. Lv. Portland ar. Portland	4:40 p. m. Lv. Portland ar. Portland
11:00 a. m. Lv. Portland ar. Portland	7:20 p. m. Lv. Portland ar. Portland
5:20 p. m. Lv. Portland ar. Portland	8:00 a. m. Lv. Portland ar. Portland

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4:45 p. m. | Lv. Portland ar. Portland
7:25 p. m. | Lv. Portland ar. Portland

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GLANCE AT THIS MAP.

Of the "Chicago, Milwaukee and St. Paul Railway and note its connection with all transcontinental lines at St. Paul and Omaha, and remember when going east that its trains are lighted with electricity and heated by steam. Its equipment is superb. Elegant Buffet, library, smoking and sleeping cars, with free reclining chairs. Each sleeping car is equipped with an electric reading lamp, and its dining cars are the best in the world. Other lines are longer than this, but none are shorter, and no other offers the above luxurious accommodations. These are sufficient reasons for the popularity of "The Milwaukee." Coupon ticket agents in every railroad office will give you further information, or address:
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