## Nervousness

Cannot be permanently cured by the use of opiates and sedative compounds. It is too deeply seated. It is caused by an impoverished condition of the blood, upon which the nerves depend for sustenance. This is the true and only natural explanation for nervousness. Purify, enrich and vitalize the blood with

## Hood's Sarsaparilla

and nervousness will disappear. Hood's Sarsaparilla will give vitality to the blood and will send it coursing through the veins and arteries charged with the life-giving, strength building qualities which make strong nerves. If you are nervous, try Hood's Sarsaparilla and find the same relief of which hundreds of people are telling in their published testimonials. Get

**Hood's** and Only **Hood's**

Because Hood's Sarsaparilla is the only True Blood Purifier prominently in the public eye today. Sold by all druggists.

**Hood's Pills** cure habitual constipation. Price 25c. per box.


### A TRUE REPUBLICAN.

Hon. Joseph A. Wilson in Corvallis Gazette: We find today in the Willamette valley a condition of things which makes it almost impossible for the producers to live and meet their obligations. Why is this? Some will say it is because they have no market for their produce. Others say it is because there is no price for what they raise, which amounts to the same thing as no market. Others say that interest is too high.

Now all of these people will admit that there is a great inequality between the rate of interest that is contracted for and the possibilities of making it out of the soil. No one will deny that. All agree that in the first place these debts ought not to have been contracted. But that being contracted they should be paid as agreed upon. This inequality between the possibilities of the productive energies of the soil and the prevailing rate of interest is a subject for wise and prudent legislation.

Perhaps, in order to understand what is best in this direction one has to take into consideration more than the state legislature and the lawful rate of interest. I do not pretend here to indicate what is the thing to do. But we all know that where there is an inequality so great there must be an adequate remedy. And that remedy must be coming out of the people themselves.

It seems to me that this is the point of divergence between the Populist idea and the older political ideas which we have been following for some years. I do not want to be understood as having any Populist leanings, for such is not the case, but that makes no difference so far as this matter goes, because this is in relation to principles and not to individualities, and while I can respect the Populist who has left a party because he has despaired of ever seeing it become pure and subservient, I the more respect those patriotic citizens who remain in their parties and fight to the last breath for clean and pure party methods, and for candidates who have the courage of their convictions, and who can rise with the need of the times and apply the remedy the people demand, and insist that others shall do likewise.

As we approach the coming elections, it is well to look carefully to the kind of men we send to the conventions, the kind of principles they put into the platforms, the kind of candidates they nominate for the offices, particularly the legislative offices, which have to do with the making of laws, and the ministerial offices which have the enforcement of them. We need men of courage and prudence. Men who will do just what the laws make it their duty to do, and men who will do just what the people electing them to office tell them to do. Men who have no principles, or those who are afraid to speak them out like men, for fear of offending some voter, I imagine the people do not want.

There are questions coming up before the next legislature, which require careful and prudent treatment. We want good men there. The congress which is in sad need of a political emetic, will be affected by our votes. We need wise, and above all, honest men there. Ministerial officers should be chosen with care and regard to their fitness and their willingness to keep politics from interfering with their duty. Outside of those offices I care not how much politicians trade and scramble; but those offices all affect the people and their rights and interests, and as I am one of those people, those are the offices I want to see filled with the right kind of men.


## MANLY VIGOR

ONCE MORE in harmony with the world, 2000 completely cured men are singing happy praises for the greatest, grandest and most successful cure for sexual weakness and lost vigor known to medical science. An account of this wonderful discovery, in book form, with references and proofs, will be sent to suffering men (sealed) free. Full manly vigor permanently restored. Failure impossible.

ERIE MEDICAL CO., BUFFALO, N.Y.


### CALL FOR CONVENTION.

A Republican convention for the state of Oregon is called to meet in the city of Portland, on Thursday, April 9, 1896, at 11 o'clock a. m., for the purpose of nominating candidates for the presidental electors and state and district offices, except congressmen, and of electing four delegates-at large to the Republican national convention, and to transact such other business as may properly come before the convention. The convention will consist of 237 delegates chosen by the several counties as follows:

| | | | |
|---|---|---|---|
| Baker | 5 | Lane | 10 |
| Benton | 5 | Linn | 10 |
| Clackamas | 12 | Lincoln | 3 |
| Clatsop | 7 | Malheur | 3 |
| Columbia | 5 | Marion | 19 |
| Coos | 4 | Morrow | 3 |
| Crook | 3 | Multnomah | 48 |
| Curry | 2 | Polk | 8 |
| Douglas | 9 | Sherman | 3 |
| Gilliam | 3 | Tillamook | 3 |
| Grant | 5 | Umatilla | 9 |
| Harney | 2 | Union | 8 |
| Jackson | 7 | Wallowa | 3 |
| Josephine | 4 | Wasco | 7 |
| Klamath | 2 | Washington | 11 |
| Lake | 3 | Yamhill | 9 |

The same being one delegate-at-large from each county and one delegate for every 200 votes and for every fraction over one-half thereof cast for the Republican candidate for governor at the election held in this state on June 4, 1894.

The committee reccomends that the primaries be held on Saturday, March 21, and the county conventions on Saturday, March 28, 1896, unless otherwise ordered by the proper county committees.

All voters in favor of the Republican principle of protection to American industries and American labor the upbuilding of a home market, a sound financial policy and a patriotic enforcement of the Monroe doctrine are cordially invited to unite with us.

GEORGE A. STEEL, Chairman.
WILLIAM KAPUS, Secretary.

Portland, Or., Feb. 5, 1896

DISTRICT CONVENTION.

A Republican convention for the first congressioual district, of the state of Oregon, is hereby called to meet in the city of Albany on Tuesday, April 7, 1896, at 3 p. m. for the purpose of nominating a candidate for congress and two delegates to the national Republican convention. The convention will consist of 122 delegates to be chosen by the several counties, as follows:

| | | | |
|---|---|---|---|
| Benton | 5 | Lake | 3 |
| Coos | 4 | Lincoln | 3 |
| Curry | 2 | Linn | 10 |
| Clackamas | 12 | Marion | 19 |
| Josephine | 4 | Polk | 8 |
| Jackson | 7 | Tillamook | 3 |
| Douglas | 9 | Washington | 11 |
| Klamath | 2 | Yamhill | 9 |
| Lane | 11 | | |

The same being one delegate at large for each county, and one for each 200 votes, or fraction over one-half thereof, cast for the Republican governor at the election held June 4, 1894.

The committe recommends that the primaries and county conventions be held in accordance with the recommendation of the state central committee.

THOS. H. TONGUE, President.
J. A. WILSON, Secretary.

### The Reform Party.

Mr. J. C. Richardson of Eugene writes about the late Populist convention in Lane county: "I have attended political conventions more or less, frequently, for many years, but never before did I see the equal of the late populist convention held in this city last Friday. I am very sorry for the state of things. I hoped the people would come to the front this time, and that they could have a chance to get some relief, but now prospects are more than hopeless, and this state of things may truly be laid at the door of a very few of the leaders. Spaugh and a few others acted as if they thought a few of their populist brethren had the whole democratic party in their arms and was going to drag them head and horns into the populist party, and that would bring ruin ahd destruction to everything. One might have been made to think from their actions that since they left the democratic and republican parties there was nothing left but a mass of corruption."

The Republican county committee was a harmonious and liberal body of men.

Republicans believe in fair, pure primaries.

## WHY IT CIRCULATES

### Phenomenal Demand for a Weekly Newspaper.

### IT ADVOCATES POPULAR MEASURES

### Characteristic Letters From All Kinds of People.

The phenomenal circulation of the WEEKLY CAPITAL JOURNAL in all the postoffices of Western Oregon causes a great deal of comment, and needs some explanation. Orders keep pouring in by every mail, and while names are struck off the list as soon as a subscription expires the additions surpass the expirations.

IT IS THE CHEAPEST

Weekly in the state. One year $1.00, six months 50 cents, three months 25 cents. At this low price all can afford to take an Oregon Weekly, and these hard times they naturally take the cheapest. It is too cheap to do without it, and conducted on the cash in advance basis, they know they will not have a bill run on them.

THE PEOPLE WANT IT.

The people will not pay cash in advance for a paper unless they want it and appreciate it. THE WEEKLY is as popular as THE ONE CENT DAILY which is conceded to be the most popular daily in Western Oregon. A man brought in a silver half dollar the other day and ordered it for two months. He said: "I can't get work this winter. I can get along without one meal a day. But I can't get along without THE ONE CENT DAILY. These long, cloudy, rainy, winter days it comes a welcome messenger to cheer the whole family." The people feel the same way about the WEEKLY.

FROM NETARTS BAY.

comes a cheering letter from a subscriber at Netarts, Oregon who encloses a dollar and writes:

"DEAR EDITORS: THE JOURNAL has the true Republican ring about it. I wish that every paper in the country would advocate the peoples cause as THE JOURNAL does. I will do all I can for THE JOURNAL

W. C. O'HARA,

A Republican of the school of Abraham Lincoln."

Mr. O'Hara is not afraid to sign himself an Abraham Lincoln Republican and THE JOURNAL feels proud to be considered a champion of Abraham Lincoln Republicanism.

FROM MAINE TO TEXAS.

Come orders for THE $1 WEEKLY JOURNAL. Silver dollars are sent. John Holm, Luling, Texas, sends us a big dollar of the daddy in a common envelope. It is one of those "In God We Trust," dollars, coined in 1893, good enough for any American, and good enough for any newspaper. THE JOURNAL is the only silver Daily and Weekly in Oregon. THE JOURNAL is the only Daily and Weekly in Oregon that fights the whole gold bond humbug and stands for the right of the American people to buy their bonds. It demands Republican legislation for the American people instead of for the corporation, the trusts, the bondholders and syndicates.

ORDER THE JOURNAL.

Circulate the DAILY and WEEKLY. Stand by the cause of good goverment for the masses and sound American principles. We will pay extra postage on silver. Don't send stamps.

There is no law but political custom and usage to regulate primaries at a general election in Oregon.

With 15 candidates for assessor, the Republican county convention will simply select the most competent.

The people want congressmen who are protectionists, bimetallists, and anti-monopolists.

Ford and Geer were both earnest observers of the proceedings Saturday.

**Old Fashioned**—compound cathartic pills, "blue pills," calomel or other mercurial preparations, should not be used in these days of enlightened medical science, when it is so easy to get a purely vegetable pill in concentrated form, sugar-coated, in glass vials, at any store where medicines are kept.

Dr. Pierce was first to introduce a Little Pill to the American people. Many have imitated them, but none have approached his "Pleasant Pellets" in true worth, or value, for all laxative and cathartic purposes.

**Once Used, they are Always in Favor.**

Assist Nature a little now and then, with a gentle, cleansing laxative, thereby removing offending matter from the stomach and bowels, toning up and invigorating the liver and quickening its tardy action, and you thereby remove the cause of a multitude of distressing diseases, such as headaches, indigestion, or dyspepsia, biliousness, pimples, blotches, eruptions, boils, constipation, piles, fistula and maladies too numerous to mention.

If people would pay more attention to properly regulating the action of their bowels, they would have less frequent occasion to call for their doctor's services to subdue attacks of dangerous diseases.

That, of all known agents to accomplish this purpose, Dr. Pierce's Pleasant Pellets are unequaled, is proven by the fact that once used, they are always in favor. Their secondary effect is to keep the bowels open and regular, not to further constipate, as is the case with other pills. Hence, their great popularity, with sufferers from habitual constipation, piles and indigestion.

They absolutely *cure* sick headache, biliousness, constipation, coated tongue, poor appetite, dyspepsia and kindred derangements of the stomach, liver and bowels.

A free sample of the "Pellets," (4 to 7 doses) *on trial*, is mailed to any address, post-paid, on receipt of name and address on postal card.

Address for free sample, WORLD'S DISPENSARY MEDICAL ASSOCIATION, No. 663 Main Street, Buffalo, N. Y.



# CASTORIA

for Infants and Children.

THIRTY years' observation of Castoria with the patronage of millions of persons, permit us to speak of it without guessing. It is unquestionably the best remedy for Infants and Children the world has ever known. It is harmless. Children like it. It gives them health. It will save their lives. In it Mothers have something which is absolutely safe and practically perfect as a child's medicine.

Castoria destroys Worms.
Castoria allays Feverishness.
Castoria prevents vomiting Sour Curd.
Castoria cures Diarrhœa and Wind Colic.
Castoria relieves Teething Troubles.
Castoria cures Constipation and Flatulency.
Castoria neutralizes the effects of carbonic acid gas or poisonous air.
Castoria does not contain morphine, opium, or other narcotic property.
Castoria assimilates the food, regulates the stomach and bowels, giving healthy and natural sleep.
Castoria is put up in one-size bottles only. It is not sold in bulk.
Don't allow any one to sell you anything else on the plea or promise that it is "just as good" and "will answer every purpose."
See that you get C-A-S-T-O-R-I-A.

The fac-simile signature of Chas. H. Fletcher is on every wrapper.

**Children Cry for Pitcher's Castoria.**



## TICKETS TO ALL POINTS EAST

—VIA—

GREAT NORTHERN RAILWAY

## THE BUFFET CAR ROUTE.

*Service and Scenery Unequalled*

*Trrough Palace and Tourist Cars*

*Dining and Buffet Library Cars*

Trains leave Portland and Seattle daily for the East.
Tickets, reservations and baggage checked to all points.
For comfort in travel take the Great Northern.

BOZORTH BROS., Agents.

R. C. STEVENS, G. W. P. A., Seattle, Wash.
A. B. C. DENNISTON, C. P. & T. A., Portland, Or.



## Through Tickets TO THE EAST!

VIA THE

Union Pacific System.

Through Pullman Palace Sleepers. Tourist Sleepers and Free Reclining Chairs daily between

*PORTLAND to CHICAGO*

Our trains are heated by steam and lighted by Pintsch light.
Time to Chicago, 3 1-2 days
Time to New York, 4 1-2 days.
Which is many hours quicker than competitors.
For rates, time tables and full information apply to

*BOISE & BARKER,*
Agents, Salem, Or.

R. W. BAXTER, General Agent, 135 Third Street, Portland.
C. B. WINN, Dist. Pass. Agent Portland.

## OREGON CENTRAL

—AND—

## Eastern R. R. Company

[YAQUINA BAY ROUTE.]

Connecting at Yaquina Bay with the San Francisco & Yaquina Bay Steamship Co.

STEAMER "FARALLON,"

a 1 and first-class in every respect. Sails from Yaquina for San Francisco about every 8 days.

Passenger accommodations unsurpassed. Shortest route between the Willamette valley and California.

Fare from Albany or pointt west to San Francisco: Cabin, $12; steerage, $8; cabin round trip, good 60 days, $18.

For sailing dates apply to

H. L. WALDEN, Agent, Albany, Or.

CHAS. CLARK, Corvallis, Or.
EDWIN STONE, Manager, Corvallis, Or.
A. J. CHURCHILL, Local Agent, Salem.



Chichester's English Diamond Brand.

**PENNYROYAL PILLS**

Original and Only Genuine. SAFE, always reliable. LADIES ask Druggist for Chichester's English Diamond Brand in Red and Gold metallic boxes, sealed with Blue Ribbon. Take no other. Refuse dangerous substitutions and imitations. At Druggists, or send 4c. in stamps for particulars, testimonials and "Relief for Ladies," in letter, by return mail. 10,000 Testimonials. Name Paper. Chichester Chemical Co., Madison Square, Philada., Pa. Sold by all Local Druggists.



## NORTHERN PACIFIC R.R.

RUNS

Pullman Sleeping Cars,
Elegant Dining Cars.
Tourist Sleeping Cars

To St. Paul, Minneapolis, Duluth, Fargo, Grand Forks, Crookston, Winnipeg, Helena and Butte.

THROUGH TICKETS

To Chicago, Washington, Philadelphia, New York, Boston, and all Points East and South

For information, time cards, maps and tickets, call on or write

THOMAS, WATT & CO.

AGENTS,
265 Commercial street, Salem, Or.
A. D. Charlton, Asst. Gen'l. Pass. Agt., Morrison st., corner Third Portland, Or.

## O. R. & N. CO.

E. M'NEILL, RECEIVER.

TO THE EAST GIVES THE CHOICE

—OF—

Two Transcontinental Routes.

Via Spokane Minneapolis St Paul and Denver Omaha and Kansas City. Low rates to eastern cities.

OCEAN CITIES.

Portland—San Francisco.

Steamers leave Ainsworth dock. Portland, Feb. 7th, 12th, 17th, 22d 27th, and March 29th at 8 p m.

Fare—Cabin, $5; steerage, $2.50.

WILLAMETTE RIVER DIVISION.

Portland—Eugene.

Steamers Elmore and Ruth leave Salem for Eugene and Corvallis Saturdays, Sundays Tuesdays and Thursdays at about 5 p. m.

Leave for Portland Mondays, Tuesday, Thursdays and Saturdays at 6 a. m.

Lowest freight and passenger rates.

Round-trip tickets vero cheap.

Tickets sold and baggage checked through to all points without extra transfer charges.

For full details call on Boise & Barker, agents, Salem, Oregon, or address.

W. H. HURLBURT, Gen'l Pass. Agt. Portland, Or.

For full details call on or address

G. M. POWERS, Foot of Tradest. Local Agent

**Take Your Wife**

one of those handsome POZZONI PUFF BOXES. They are given free with each box of powder.



# FIVE PRIZES!!

FIVE PRIZES

THE

## CAPITAL JOURNAL

does not do a lottery business to swell its circulation; but in addition to giving value received, it gives its subscribers valuable premiums.

Now is the time to order your reading matter, and it will pay you to notice the following special offers.

Any one of the following five periodicals free, one year, to any subscriber of THE JOURNAL who pays $1.50 in advance for the daily, by carrier, three months, (50 cents a month) or by mail six months, (25c a month) or the weekly 18 months, ($1 a year.

## QUEEN OF FASHIONS,

the best 16 page illustrated fashion magazine of New York free for one year. The above prices are net cash, and the cheapest combination ever offered. The "Queen" is a high-class practical, home magazine.

## 'The Child Garden.'

The delightful Chicago children's magazine. Just the thing to read to the little ones of the home circle. It brings the kindergarten into the home. Song, games and story, Beautifully illustrated, $1 a year, Published by the Kindergarten Literature Co.

## THE FARM NEWS.

A practical farm paper, edited by a staff of experienced agricultural writers, contributed to by the best known agriculturists of the country. It contains what the farmer wants.

## "WOMANKIND!"

A handsome, attractive, home paper, to which every woman will give a hearty welcome.

## THE TOLEDO BLADE.

That great national newspaper, which is known to everybody.

## SAMPLE COPIES.

Of any of these publications can be had by calling at THE JOURNAL office or dropping us a postal card.

Any two of the above periodicals can be secured by paying $3 and taking THE JOURNAL twice as long as required to secure one.

When the extremely low price of THE JOURNAL is considered, this will be found the most liberal offer made by any paper on the coast.

## HOFER BROTHERS

EDITORS,

Salem, - Oregon.

5 - PRIZES!