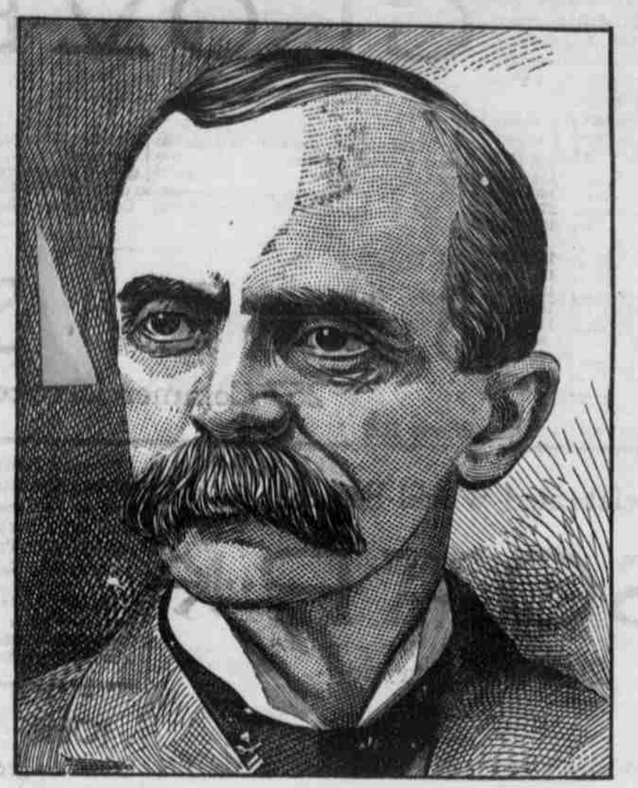
ANOTHER COLLEGE PRESIDENT.

Finds in Paine's Celery Compound the Greatest of All Remedies.



President Charles Dole is not the first great college president or great educator who has been outspoken in praise of Paine's celery compound.

The detailed and convincing testimonial of President Cook of the National Teachers' Association, is fresh in the public mind.

One of the foremost educators in America, Principal L. L. Camp of the Dwight School, New Haven, has called Paine's celery compound the greatest invigorator in existence.

Such men as State Treasurer Colvin of New York, Mr. Carlisle's private secretary, Mayor McShane of Montreal, Rev. Fr. Ouellet' Commodore Howell, ex-Minister to Austria, John M. Francis, Edmund Russell, and a host of others whose character and learning are recognized by the world, have publicly stated that when they were sick it was Paine's celery compound that made them well.

Thousands of equally responsible, though perhaps less widely known, men and women, whose word in their own cities and towns is as good as the best in the land, have testified to the merits of this, the greatest of all remedies.

Enough consistent, trustworthy testimony, always of the highest character, is today in every one's possession to convince any doubter if one exists of the remarkable power of Paine's celery compound to make the sick well again.

President Dole was born in 1843. He graduated from Norwich University in the class of 1869, and became professor of political science in the univesity. In 1895 he was unanimously elected president, to succeed ex-Secretary of State Hon. George Nichols. He has held, as the public good required, nearly all the public offices in the gift of his townsmen. In a recent letter, he says:

"I have used Paine's celery compound for several years, and find it an excellent remedy for nervous exhaustion, especially that caused by long continued mental work."

The use of Paine's celery compound is soon followed by an increase in the quantity of active, ruddy blood, quick in its rounds.

Dyspepsia, neuralgia, and rheumatism are routed from the body. Diseases due to deranged, under-fed nervous tissues are rapidly cured, and good spirits, hopefulness, and an eagerness to get well take the place of melancholy, low spirits, morose temper and the fear of approaching calamity, that are the shadows of a run-down nervous system.

Nerve-tired, despondent, enfeebled persons again enjoy living after their feeble, shrunken nerves have been fed by a grand restorative like Paine's celery compound.

Sleeplessness, usually due to an abnormally excited, overworked, but unded-fed brain, vanishes with the coming of a rich tide of nourishing blood.

Paine's Celery compound purifies the blood, restores the nervous system with energy, and hurries along the replacing of worn-out, diseased parts, by healthy, active tissues.

Every city has men and women who praise Paine's celery compound in their homes, talk about it to their neighors, and rely on it in all cases of threatened or actual sickness.

All persons who keep abreast with the achievements of the day know the remarkable strengthing effects Paine's celery compounnd can bring about where the brain or nerves need refreshing, restoring, and regulating. Thousands of persons have been convinced of the power of Paine's celery compound to make them strong and well.

A WOMAN'S LETTER.

Urging Consideration of Seldom Discussed Subjects.

The leading magazines are very generally devoting a great deal of space to biographies of eminent men who have passed out of life's arena. Each one, from Napoleon and George Washington down, has received his share of recognition. The last, and by no means the least, under discussion, is Abraham Lincoln, surely the most deserving of all. Napoleon was great, but not in so worthy a way. So also was Washington. But the latter is not so deserving of eulogy as Lincoln. Washington arose to meet a crisis, while Lincoln made his own. Washington, for all his support of freedom, was at heart an aristocrat, in many ways. He was brought up in the faith, and there were many of its customs to which he always adhered. Lincoln was a child from the people, and when grown was a man for the people, were they rich or poor, black or white. There was no circumstance and no issue that he would not face. Past events worried him but little. It was for future welfare and good that he labored, and living issues that he favored, nor was there the slightest shrinking from any.

Recently one of our most noted public men eulogized Lincoln at great length, but that same man has not the courage to openly advocate the principles of Lincoln.

Here is the key-note of many failures. Many of us will discuss some long past event or some great man and debate certain questions and advocate certain principles, but when it comes down to exercising real grit and boldly taking a stand upon any important issue of today, we are not in evidence. Our actions are very much on the same principle of our show of patriotism on the Fourth of July. On that day there is a great display of patriotic fervor—the next day it has greatly diminished, and the next there's none of it to be found—the last firecracker has been exploded.

The times and the people, in order to preserve truly American customs and characteristics, demand more decision of character, earnestness of purpose and independence of action. We need not to rely so much upon the opinions, wishes or dictates of others as upon our own convictions of what is necessary and right. We can't please all. Let us not pay so much heed to what is called public opinion in important matters. Let us not seek to hide our own shortcoming under a cloak of praise of the noble attainments of someone else. Had Lincoln listened to dissenting voices would he have gained his noble object? Calmly indifferent to whether all were pleased or not, he pursued energetically, the course which he was convinced was the correct one. And blessed is the name of Lincoln!

The question arises; is it advisable to devote so much time and space to those who are not now among the strugglers. It is advanced that their example is an incentive to those who read of their deeds. But do some not need to listen to a discussion of certain principles of honor and wisdom In order to appreciate the endeavors, trials and successes of men of the past?

Methinks I hear some women remark that if the women could have a finger in the political pie, they would step boldly forth and outline and insist in the adoption of plans whereby it might be greatly improved in quality.

Some of you would, my dears; and some of you would be just as much in need of "sand" and "backbone" as your brothers. There are all sorts of men, and the assortment of women is fully as varied. Some of you would make good politicians. (Please accent the first word, "good," in that phrase.) I know of at least one such. She understands every question of the times. Nothing new arises that she does not thoroughly inform herself regarding both sides of it; then she forms her own opinions without masculine aid. And when this is done, she is ready for an argument with any man, and she never loses her temper while so engaged. She is not a "new woman," and she does not take "long steps" in any respect. Fact is, she is too small, for she weighs only 95 pounds. She has four children, and does all her own housework and sewing. She is distinctively feminine, and one reason why she accomplishes so much is that she does not spend hours denouncing mistaken or unwise men and women.

Some of us—in fact, many—have much to learn, both about ourselves and others. One of the highest attainments possible is to thoroughly understand oneself. We see some one commit some foolish or criminal act, and we denounce him, while at the same time we are ignorant of the circumstances which caused him to commit the deed, and don't know what we'd do ourselves in a similar position.

There are serious questions which all of us must not shrink to confront, embracing many features, and some day soon we'll consider some of them. Let us do so bravely, with only the thought that there is the principle of duty involved. MARION.

Makes the Blood Pure

This is the secret of the cures by Hood's Sarsaparilla. Read this:

"I am so glad to write that I am now in perfect health and it is all because Hood's Sarsaparilla made my blood pure. My health broke down with troubles peculiar to women, my nervous system was shattered and I had to take my bed. The physician said there was little hope for me. A neighbor told of wonderful cures by Hood's Sarsaparilla and I decided to try it. When I had taken 3 bottles, I could sit up and now I am perfectly well and strong.

Hood's Sarsaparilla

has done all this for me." MRS. C. F. FADERER, La Platta City, Colorado.

Hood's Pills cure habitual constipation. Price 25c. per box.

WHY IT CIRCULATES

Phenomenal Demand for a Weekly Newspaper.

IT ADVOCATES POPULAR MEASURES

Characteristic Letters From All Kinds of People.

The phenomenal circulation of the WEEKLY CAPITAL JOURNAL in all the postoffices of Western Oregon causes a great deal of comment, and needs some explanation. Orders keep pouring in by every mail, and while names are struck off the list as soon as a subscription expires the additions surpass the expirations.

IT IS THE CHEAPEST

Weekly in the state. One year $1.00, six months 50 cents, three months 25 cents. At this low price all can afford to take an Oregon Weekly, and these hard times they naturally take the cheapest. It is too cheap to do without it, and conducted on the cash in advance basis, they know they will not have a bill run on them.

THE PEOPLE WANT IT.

The people will not pay cash in advance for a paper unless they want it and appreciate it. THE WEEKLY is as popular as THE ONE CENT DAILY which is conceded to be the most popular daily in Western Oregon. A man brought in a silver half dollar the other day and ordered it for two months. He said: "I can't get work this winter. I can get along without one meal a day. But I can't get along without THE ONE CENT DAILY. These long, cloudy, rainy, winter days it comes a welcome messenger to cheer the whole family." The people feel the same way about the WEEKLY.

FROM NETARTS BAY.

comes a cheering letter from a subscriber at Netarts, Oregon who encloses a dollar and writes:

"DEAR EDITORS: THE JOURNAL has the true Republican ring about it. I wish that every paper in the country would advocate the peoples cause as THE JOURNAL does. I will do all I can for THE JOURNAL.

W. C. O'HARA,

A Republican of the school of Abraham Lincoln."

Mr. O'Hara is not afraid to sign himself an Abraham Lincoln Republican and THE JOURNAL feels proud to be considered a champion of Abraham Lincoln Republicanism.

FROM MAINE TO TEXAS.

Come orders for THE $1 WEEKLY JOURNAL. Silver dollars are sent. John Holm, Luling, Texas, sends us a big dollar of the daddy in a common envelope. It is one of those "In God We Trust," dollars, coined in 1893, good enough for any American, and good enough for any newspaper. THE JOURNAL is the only silver Daily and Weekly in Oregon. THE JOURNAL is the only Daily and Weekly in Oregon that fights the whole gold bond humbug and stands for the right of the American people to buy their bonds. It demands Republican legislation for the American people instead of for the corporation, the trusts, the bondholders and syndicates.

ORDER THE JOURNAL.

Circulate the DAILY and WEEKLY. Stand by the cause of good goverment for the masses and sound American principles. We will pay extra postage on silver. Don't send stamps.

Free Pills.

Send your address to H. E. Bucklen & Co., Chicago, and get a free sample box of Dr. King's New Life Pills. A trial will convince you of their merits These pills are easy in action and are particularly effective in the cure of Constipation and Sick Headache. For Malaria and Liver troubles they have been proved invaluable. They are guaranteed to be perfectly free from every deleterious substance and to be purely vegetable. They do not weaken by their action, but by giving tone to stomach and bowels greatly invograte the system. Regular size 25c. per box. Sold by Fred A. Legg, druggist.

HARD TIMES FACTS.

GOOD READING FOR THE FAMILY CIRCLE.

Every reader of THE JOURNAL should look up the list of premiums given absolutely free with this paper. The WEEKLY JOURNAL at $1 a year is the cheapest paper on the Pacific coast, yet with it we give yearly subscriptions to any of the following valuable publications, each known to the world as a standard in its field:

The Toledo Blade,
The Queen of Fashions,
Womankind,
The Farm News,
The Child Garden.

These valuable publications are each worth a $1 a year, yet we give you your choice, one year free, for a $1.50 subscription to THE JOURNAL, either the DAILY for six months or the WEEKLY for eighteen months. See the list, and don't neglect to profit by it.

Don't be deceived into paying for so-called premiums offered with high priced papers at a slight advance. Remember THE JOURNAL is the cheapest newspaper on the Pacific coast, and it gives you high grade premiums without additional charge

The Eugene Broad-Axe is now about the best Republican paper up the valley, when it comes to showing up business in the Populist party.

It looks as though Tilmon Ford would have a strong following for congress in Marion, Linn and Clackamas, and Warren Truitt in Polk.

Lots of speeches against bimetallism, but arguments for the single gold standard are strikingly scarce.

CALL FOR CONVENTION.

A Republican convention for the state of Oregon is called to meet in the city of Portland, on Thursday, April 9, 1896, at 11 o'clock a. m., for the purpose of nominating candidates for the presidental electors and state and district offices, except congressmen, and of electing four delegates-at large to the Republican national convention, and to transact such other business as may properly come before the convention. The convention will consist of 237 delegates chosen by the several counties as follows:

Baker	5	Lane	10
Benton	5	Linn	10
Clackamas	12	Lincoln	3
Clatsop	7	Malheur	3
Columbia	5	Marion	19
Coos	4	Morrow	3
Crook	3	Multnomah	48
Curry	2	Polk	8
Douglas	9	Sherman	3
Gilliam	3	Tillamook	3
Grant	5	Umatilla	9
Harney	2	Union	8
Jackson	7	Wallowa	3
Josephine	4	Wasco	7
Klamath	2	Washington	11
Lake	3	Yamhill	9

The same being one delegate-at-large from each county and one delegate for every 200 votes and for every fraction over one-half thereof cast for the Republican candidate for governor at the election held in this state on June 4, 1894.

The committee reccomends that the primaries be held on Saturday, March 21, and the county conventions on Saturday, March 28, 1896, unless otherwise ordered by the proper county committees

All voters in favor of the Republican principle of protection to American industries and American labor, the upbuilding of a home market, a sound financial policy and a patriotic enforcement of the Monroe doctrine are cordially invited to unite with us.

GEORGE A. STEEL, Chairman.
WILLIAM KAPUS, Secretary.

Portland, Or., Feb. 5, 1896

DISTRICT CONVENTION.

A Republican convention for the first congressioual district, of the state of Oregon, is hereby called to meet in the city of Albany on Tuesday, April 7, 1896, at 3, p. m. for the purpose of nominating a candidate for congress and two delegates to the national Republican convention. The convention will consist of 122 delegates to be chosen by the several counties, as follows:

Benton	5	Lake	3
Coos	4	Lincoln	3
Curry	2	Linn	10
Clackamas	12	Marion	19
Josephine	4	Polk	8
Jackson	7	Tillamook	3
Douglas	9	Washington	11
Klamath	2	Yamhill	9
Lane	11		

The same being one delegate at large for each county, and one for each 200 votes, or fraction over one-half thereof, cast for the Republican governor at the election held June 4, 1894.

The committe recommends that the primaries and county conventions be held in accordance with the recommendation of the state central committee

THOS. H. TONGUE, President.
J. A. WILSON, Secretary.

Catarrh in the Head.

Is due to impure blood and cannot be cured with local application. Hood's Sarsaparilla has cured hundreds of cases of catarrh because it purifies the blood and in this way removes the cause of the disease. It also builds up the system and prevents attacks of pneumonia, dsphtheria and typhoid fever.

Hood's Pills become the favorites cathartic with every one who tries t

The congressional contest lies between Hermann and a Marion county man.

The Aumsville Record is much improved as a local paper.

Fair and beautiful—the woman who keeps at a distance the complexion beautifiers, paints and powders, which soon ruin the face. A healthy glow to the skin, a face without wrinkles, and sparkling eyes, will be yours if you keep the system and the special internal organs in good condition. The young girl, or woman, often grows pale, wrinkled and thin, eats little, everything wearies her, she complains of herself as aching and sore and as sleeping poorly. Often she is troubled with backache, or a tender spine, with a bearing-down weight in the abdomen, or at periods she may be irregular, or suffer extreme pain from functional derangements.

Dr. Pierce, chief consulting physician to the Invalids' Hotel and Surgical Institute, of Buffalo, N. Y., in his long and active experience, met many cases of this kind, for which he used a prescription which was found to cure such difficulties permanently in *ninety-eight per cent.* of all cases. Having proven so successful, Dr. Pierce put his "Favorite Prescription" on the market, and it is to-day sold more largely than any other medicine for the ills of woman.

For all functional derangements, displacements, ulceration, inflammation, and the catarrhal drain from the lining membranes of the special internal organs of women, Dr. Pierce's Favorite Prescription reaches the origin of the trouble, and corrects it.

MRS. CRIM.

MRS. MARY CRIM, of *Frankfort, Franklin Co., Ill.*, writes: "A few years ago I took cold, which resulted in female trouble, and affected my whole system. About a year ago, I took chills, had one or two a month; they were very weakening. Had pains in my sides, more frequently in left side; gradually grew worse until, finally, I had to take to bed. I had a bad cough and couldn't rest. I commenced taking your medicine, took it about four months, taking seven bottles of Doctor Pierce's Favorite Prescription and five of his "Golden Medical Discovery." My weight has increased, and I feel better and stouter than I have for years."

CASTORIA

for Infants and Children.

MOTHERS, DO YOU KNOW that Paregoric, Bateman's Drops, Godfrey's Cordial, many so-called Soothing Syrups, and most remedies for children are composed of opium or morphine?

Do You Know that opium and morphine are stupefying narcotic poisons?

Do You Know that in most countries druggists are not permitted to sell narcotics without labeling them poisons?

Do You Know that you should not permit any medicine to be given your child unless you or your physician know of what it is composed?

Do You Know that Castoria is a purely vegetable preparation, and that a list of its ingredients is published with every bottle?

Do You Know that Castoria is the prescription of the famous Dr. Samuel Pitcher. That it has been in use for nearly thirty years, and that more Castoria is now sold than of all other remedies for children combined?

Do You Know that the Patent Office Department of the United States, and of other countries, have issued exclusive right to Dr. Pitcher and his assigns to use the word **"Castoria"** and its formula, and that to imitate them is a state prison offense?

Do You Know that one of the reasons for granting this government protection was because Castoria had been proven to be **absolutely harmless?**

Do You Know that **35 average** doses of Castoria are furnished for **35 cents,** or one cent a dose?

Do You Know that when possessed of this perfect preparation, your children may be kept well, and that you may have unbroken rest?

Well, these things are worth knowing. They are facts.

The fac-simile signature of *Chas. H. Fletcher* is on every wrapper.

Children Cry for Pitcher's Castoria.

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Tickets, reservations and baggage checked to all points.
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STEAMER "FARALLON,"

a 1 and first-class in every respect. Sails from Yaquina for San Francisco about every 8 days.

Passenger accommodations unsurpassed. Shortest route between the Willamette valley and California.

Fare from Albany or point west to San Francisco: Cabin, $12; steerage, $8; cabin round trip, good 60 days, $18.

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Steamers leave Ainsworth dock. Portland, Feb 7th, 12th, 17th, 22d 27th, and March 29th at 8 p m

Fare—Cabin, $5; steerage, $2 50.

WILLAMETTE RIVER DIVISION, Portland—Eugene.

Steamers Elmore and Ruth leave Salem for Eugene and Corvallis Saturdays, Sundays Tuesdays and Thursdays at about 5 p. m.

Leave for Portland Mondays, Tuesday, Thursdays and Saturdays at 6 a. m.

Lowest freight and passenger rates.

Round-trip tickets very cheap.

Tickets sold and baggage checked through to all points without extra transfer charges.

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one of those handsome POSSUM PUFF BOXES. They are given free with each box of powder.