



Nervous

Sleepless, no appetite and very much run down, was the condition of my husband. Since taking Hood's Sarsaparilla he has wonderfully improved, and he now eats and sleeps well; in fact, he is all right.

Hood's Sarsaparilla

We esteem very highly, "MRS. MARY CONROGAN, 1040 Cedar St., Pueblo, Colorado.

Hood's Pills cure all liver ills, biliousness, headache, etc.

WHAT IS POETRY?

It is Music in the Cathedral of the Human Heart.

Poetry is music in the cathedral of the heart. Deep in the human breast there towers a noble structure. It stands apart from the beaten paths of the mind in a silent, hidden valley. The ordinary thoughts and passions hurry past the portal and know it not. They have not learned the "open sesame." Ego himself, ruler of the kingdom of the intellect, does not know the sacred spot. It is the mission of his life to find it, and having once found it he cannot remember the route by which he journeyed. He cannot return to it at will. Fate guards the way and rarely grants an entrance, yet every man at some time of his life happens upon it, and the fortunate reach it often. Though they are blindfolded by the way, their eager feet learn to tread the labyrinth. They are the poets of mankind, whose fancy gives sight to their feet.

At some unexpected moment a fair guide points the way, the doors swing open, and man enters the cathedral of his heart. Sometimes it is a strain of music of searching, thrilling sweetness that points the way. Sometimes it is a royal sunset. Sometimes it is a rapt and self forgetting prayer. Sometimes it is the hand of love, but oftentimes it is gaunt sorrow. It is a stately temple. Its dome is as broad as the heavens, toward which the many fingered spires point. Its windows make of each sunbeam a rainbow. Its aisles are silent. Its priest is peace. With hushed heart and reverential step man enters and is at rest. All that is material of him he leaves behind. Quiet and beauty possess his soul, and he floats in an inspiring dream. He listens, and now for the first time falls on his instant ear an occasional note in the harmony of the universe.

Half lost in distance, he hears the chorus of the morning stars, the birds, the waterfall, the trees. He feels a beauty and a purpose in the universe the mind cannot conceive. He feels above, about, within him a majestic kingdom to which his soul is kin. Almost he grasps the secret of creation. For one swift instant exaltation draws aside the dark, impenetrable curtain that has led skeptic man. "There is the end," he sees beyond a marvel too great for his still human mind. It passes, but it leaves with him awe, peace, hope. He feels that somewhere there is a celestial key that makes of the puzzle of life a kingdom where all is harmony, perfection, satisfaction. The great organ of his soul, tuned into speech by the master hand of beauty, bursts into melody. And this is poetry.—Exogance.

See Wood and Bennett.

Ex-Congressman Ben Wood tells a characteristic anecdote of his first meeting with James Gordon Bennett, the elder.

Mr. Wood took an active part in local politics before he was of age. One day he was introduced, as he thought, by a newspaper reporter, and after the fashion of those days sought personal satisfaction by giving the reporter a physical castigation. Mr. Bennett in The Herald took the matter up and roasted Mr. Wood editorially. The next day the latter went to the editorial office, firmly resolved to beat Mr. Bennett too. He found the editor at his desk, and thrusting a copy of the morning paper under his nose said:

"I want to know who wrote that article, sir."

Mr. Bennett laid down his pen, and looking up at him curiously and benignly asked:

"Are you Ben Wood?"

"Yes, sir. That is my name."

"Well, Wood, how old are you?"

"I am nearly 20."

"Indeed," rejoined Mr. Bennett, with the broad Scotch accent. "Well, Mr. Wood, don't you think it a great thing for a man as young as you are to be dignified and advertised by a notice in the editorial page of The Herald? My dear sir, I congratulate you."

Mr. Wood was taken aback with this new view of the thing. The two men had a friendly chat, and the man who came in angry went away in high good humor and with the editor's blessing.—New York Mail and Express.

Dangers of the Switch.

"Aren't you ready yet?"

"I couldn't find my hair."

"We'll miss the train. Switches always seem to delay traffic."

Bucklen's Arnica Salve.

The best Salve in the world for Cuts, Bruises, Sores, Ulcers, Salt Rheum, Fere's, Eczema, Tetter, Chapped hands, Chilblains, and all Skin Eruptions, and positively cures Piles or no pay required. It is guaranteed or your perfect satisfaction or money refunded. Price 25 cents a box. For sale by Fred A. Legg.

ANNUAL ROSE SHOW

Of the Salem Floricultural Society for 1896.

PREMIUM LIST.

1. Best collection of tea roses, not less than 12 varieties, \$5.
2. Best collection of tea roses, 6 varieties, \$3.
3. Best collection of tea roses, 2 varieties, \$1.
4. Best collection of not less than 12 varieties of teas in bud, \$5.
5. Best collection of 6 varieties of buds, teas, \$3.
6. Best collection of hybrids, \$3.
7. Best specimen of rose bush in bloom, pot grown, and introduced in 1894-'95, \$3.
8. Best specimen of rose bush in bloom, pot grown, and introduced in 1894-'95, \$1.50.
9. Best collection of moss roses, buds, \$2.
10. Best collection of Polyantha roses, \$1.
11. Best collection of pink roses, not less than 5 varieties, \$2.
12. Best collection of yellow roses, not less than 5 varieties, \$2.
13. Best collection of red roses, not less than 5 varieties, \$2.
14. Best display of Banksian roses, \$1.50.

Special premiums will be offered for the finest display of the following named varieties of roses.

Marchal Niel, Viscountess Folkestone, Papa Goutier, Catherine Mermet, Sunset, Marie Van Houtte, La France, Jacqueminot, Riene Marie Henriette, Wm. Allen Richardson, Homer Baroness Rothschild, Bride, La Marque, Madame Alfred Carrier, Malmesbury, Madame Joseph Schwartz, Docteur Pasteur, Madame Welche, Isabella Grey, James Sprunt (bush or climbing), Perle des Jardins (bush or climbing), Nephotes (bush or climbing), 50c each.

Finest display of roses from any point in Oregon outside of Marion county, \$5.

Premiums on other flowers than roses:

1st. Finest display of pansies, \$2.

2d. Finest display of pansies, \$1.50.

1st. Finest display of sweet peas, \$1.50.

2d. Finest display of sweet peas, \$1.

Largest number of varieties of native Oregon ferns, \$1.50.

Best collection of wild flowers, gathered by a child under 14 years of age, each variety arranged separately, 1st, \$2.50; 2d, \$2.

Collection of twenty varieties of wild flowers named correctly, \$1.

Persons not wishing to enter for premiums are invited to display their roses at the fair.

RULES.

The rules, adopted by the society for governing the fair are as follows: 1—The superintendent shall have general charge of the rose show.

2—Judges shall be appointed by the executive committee, and all judgment not covered by rules or published action of the executive committee shall be referred to that committee.

3—Exhibits not at the door by 1 p. m. on the first day of the show will be deemed from competition. Exhibits will be received from 8 a. m. till 1 p. m.

4—All flowers must be handed to the superintendent or assistants at the door, and subjected to their arrangement.

5—Receptacles for premium flowers will be furnished by the superintendent, but flowers for display may be arranged by the owner.

6—All flowers entered for premiums must be distinctly named, if incorrectly named, they will be excluded from premiums.

7—Names of flowers cannot be changed after they are entered.

8—No inferior plant or flower to receive a premium.

9—No entry of one variety shall consist of more than three specimens, at least one to be full blown.

10—All plants must be owned by the exhibitors and have been in their possession at least three months before the show, and all but flowers must be grown by the exhibitors.

11—Plants and flowers cannot be removed until the close of the exhibition except by permission of the superintendent.

12—No flowers shall be entered for more than one premium.

13—All flowers must be labeled with name before entering.

HARD TIMES FACTS.

GOOD READING FOR THE FAMILY CIRCLE.

Every reader of THE JOURNAL should look up the list of premiums given absolutely free with this paper. The WEEKLY JOURNAL at \$1 a year is the cheapest paper on the Pacific coast, yet with it we give yearly subscriptions to any of the following valuable publications, each known to the world as a standard in its field:

The Toledo Blade,
The Queen of Fashions,
Womankind,
The Farm News,
The Child Garden.

These valuable publications are each worth a \$1 a year, yet we give you your choice, one year free, for a \$1.50 subscription to THE JOURNAL, either the DAILY for six months or the WEEKLY for eighteen months. See the list, and don't neglect to profit by it.

Don't be deceived into paying for so-called premiums offered with high priced papers at a slight advance. Remember THE JOURNAL is the cheapest newspaper on the Pacific coast, and it gives you high grade remittances without additional charge.

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Quickly, Thoroughly, Forever Cured.

Four out of five who suffer from nervousness, mental worry, attacks of "the blues," are but paying the penalty of early excesses. Victims, reclaim your manhood, regain your vigor. Don't despair. Send for book with explanation and proofs. Mailed (sealed) free.

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for Infants and Children.

THIRTY years' observation of Castoria with the patronage of millions of persons, permit us to speak of it without guessing. It is unquestionably the best remedy for Infants and Children the world has ever known. It is harmless. Children like it. It gives them health. It will save their lives. In it Mothers have something which is absolutely safe and practically perfect as a child's medicine.

Castoria destroys Worms.

Castoria allays Feverishness.

Castoria prevents vomiting Sour Curd.

Castoria cures Diarrhoea and Wind Colic.

Castoria relieves Teething Troubles.

Castoria cures Constipation and Flatulency.

Castoria neutralizes the effects of carbonic acid gas or poisonous air. Castoria does not contain morphine, opium, or other narcotic property. Castoria assimilates the food, regulates the stomach and bowels, giving healthy and natural sleep.

Castoria is put up in one-size bottles only. It is not sold in bulk. Don't allow any one to sell you anything else on the plea or promise that it is "just as good" and "will answer every purpose."

See that you get C-A-S-T-O-R-I-A.

The fac-simile signature of

Dr. H. H. H. H.

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Children Cry for Pitcher's Castoria.

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one of these handsome POSEY PORE BOXES. They are given free with each box of powder.

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