

Nervousness

Cannot be permanently cured by the use of opiates and sedative compounds. It is too deeply seated. It is caused by an impoverished condition of the blood, upon which the nerves depend for sustenance. This is the true and only natural explanation for nervousness. Purify, enrich and vitalize the blood with

Hood's Sarsaparilla

and nervousness will disappear. Hood's Sarsaparilla will give vitality to the blood and will send it coursing through the veins and arteries charged with the life-giving, strength building qualities which make strong nerves. If you are nervous, try Hood's Sarsaparilla and find the same relief of which hundreds of people are telling in their published testimonials. Get

Hood's and Hood's

Because Hood's Sarsaparilla is the only True Blood Purifier prominently in the public eye today. Sold by all druggists.

Hood's Pills cure habitual constipation. Price 25c. per box.

VALLEY LOCAL NEWS.

MEDFORD MONITOR.

Walter Lippincott returned to school at Portland Thursday.

Mrs. Fannie Birdsey, of Gold Hill, was in Medford Monday.

Judge Hanna was a passenger to Grants Pass Sunday evening.

Little Fletcher Pentz is seriously ill with an attack of pneumonia.

Attorney Wm. Colvig went to Grants Pass Sunday evening on legal business.

W. C. Aldrich delivered a popular lecture to a large audience at the opera house Monday evening.

Lawson Bradley returned to Eugene Sunday evening, vacation at the state university being ended.

Miss Stevenson, of Eugene, who has been spending the vacation with her aunt, Mrs. E. P. Geary, returned home Saturday evening.

D. H. Miller is spending a few days at Portland attending a meeting of the Democratic state central committee.

Editor E. J. Kaiser, of the Ashland Record, gave us a pleasant call Saturday. He was accompanied by his brother Leonard, of Yreka, who is making him a short visit.

Miss Dee Ankeny and Clarence Reames, of Jacksonville, who have been spending the holidays at home, returned to Eugene Saturday evening, to resume their studies at the university.

W. E. Baxter and family who have been residing here for several months left Sunday evening for Gold Hill.

ALBANY DEMOCRAT.

J. M. Dunivin, of the Stayton mills, has been in the city this week.

Mrs. Dr. Kitchen, of Stayton, has been in the city the guest of her parents Hon. and Mrs. Jason Wheeler.

Hon. H. B. Miller, of Eugene, brother of F. J. Miller, was in the city Wednesday on his way to Salem to meet with the regents of the O. A. C.

Al. Erwert, son of H. Erwert, of this city, arrived in Albany on Wednesday on a visit to his parents, after an absence of nine years.

J. R. Wilson and Frank Kitchen, Sr., returned Wednesday from Portland.

Mr. and Mrs. D. C. Schell went to Portland Wednesday, where Mr. Schell will receive treatment in the hospital for his paralysis. During their absence their residence on Calapooia street will be occupied by Mr. and Mrs. Chandler Bloom.

EUGENE GUARD.

N. S. Dubois went to Salem Wednesday on a short visit.

J. P. Curren, the Cottage Grove P. M., was in the city Wednesday.

S. R. Williams made Harrisburg a business visit Wednesday.

C. A. McMahon, of Thurston, has removed to Crook county to reside.

Mrs. Hillegas, wife of Representative Hillegas, is lying at the point of death at Goshen.

Miss Etta Preston returned home Wednesday, after a visit as far south as Roseburg.

Hon. G. McKinley, of Michigan, well known, is now en route on a visit to Eugene and vicinity.

Rev. Barkley, of Marion county, ex-member of the state legislature, passed down the road Wednesday morning.

Roseburg Review. Mrs. Grace Osburn has returned from Eugene, accompanied by Miss Mae Awbrey, who will assist her in the store. Morris Osburn left last night for his home at Fairview.

Dr. W. Kuykendall returned Wednesday from Salem, where he had been to lecture before his class in gynecology in Willamette University.

Wednesday was the seventy-seventh birthday of our friend, A. Goldsmith. He is hale and hearty and the GUARD wishes him many returns of the day.

J. S. Medley has resigned as justice

of the Cottage Grove district. John W. Baker has been appointed to the vacancy.

ROSEBURG PLAINDEALER.

G. W. Winniford, of Oakland, was in the city Wednesday.

Mr. W. S. Britt and wife, of Riddle, were in the city Wednesday.

A. R. Ozoff, of Scottsburg, and J. D. Maxum, of Eckley, Coos county, were Roseburg visitors Wednesday.

The honorable county court is now in session, commissioners C. H. Maupin and W. L. Wilson present.

Dr. J. H. Hawkins, of Drain, Chas. H. Billings, of Rogue River, and F. W. Hayes, of West Fork, were in the city Wednesday.

The funeral of J. A. McCallister at Drain Wednesday, was largely attended by brother Masons, five of whom went from this city, viz: J. B. Cawfield, W. M.; J. I. Chapman, N. T. Jewitt, S. Caro and D. Patterson. Mr. McCallister was a very highly citizen of Drain as the attendance of citizens at his funeral fully attested.

Following are the officers of the newly instituted lodge: Exalted Ruler, Fred Page-Tustin; exalted loyal knight, A. Selzman; exalted lecturing night, K. L. Miller; secretary, Hermann Marks; treasurer, Will Madison; trustees, A. C. Marsters, F. C. Coffman and E. L. Parritt; tyler, W. H. Jamieson; chaplain, Geo. M. Brown; and esquire, C. L. Hadley.

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Try Electric Bitters as a remedy for your trouble? If not, get a bottle now and get relief. This medicine has been found to be peculiarly adapted to the relief and cure of all Female Complaints, exerting a wonderful direct influence in giving strength and tone to the organs. If you have loss of Appetite, Constipation, Headache, Fainting Spells, or are Nervous, Sleepless, Excitable, Melancholy or troubled with Dizzy Spell, Electric Bitters is the medicine you need. Health and Strength are guaranteed by its use. Fifty cents and \$1.00 at Fred A. Legg's Drug Store.

HARD TIMES FACTS.

GOOD READING FOR THE FAMILY CIRCLE.

Every reader of THE JOURNAL should look up the list of premiums given absolutely free with this paper. The WEEKLY JOURNAL at \$1 a year is the cheapest paper on the Pacific coast, yet with it we give yearly subscriptions to any of the following valuable publications, each known to the world as a standard in its field:

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The Queen of Fashions,
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The Farm News,
The Child Garden.

These valuable publications are each worth a \$1 a year, yet we give you your choice, one year free, for a \$1.50 subscription to THE JOURNAL, either the DAILY for six months or the WEEKLY for eighteen months. See the list, and don't neglect to profit by it.

Don't be deceived into paying for so-called premiums offered with high priced papers at a slight advance. Remember THE JOURNAL is the cheapest newspaper on the Pacific coast, and it gives you high grade premiums without additional charge.

The Salem Post should explain to its readers that the state officials entered into an electric light contract for ten years, pursuant to an act of the legislature of 1893, and that the last legislature nor any succeeding one for eight years to come can abrogate it or have they any control over the bills. It was one of Penoyer's last deals with the Portland ring.

TO PUT ON
needed flesh, no matter how you've lost it, take Dr. Pierce's Golden Medical Discovery. It works wonders. By restoring the normal action of the digestive organs and functions, it builds the flesh up to a safe and healthy standard—promptly, pleasantly and naturally. The weak, emaciated, thin, pale and puny are made strong, plump, round and rosy. Nothing so effective as a strength restorer and flesh maker is known to medical science; this puts on healthy flesh not the fat of cod liver oil and its filthy compounds. It restores every organ of the body to activity, purifies, enriches and vitalizes the blood so that the body feels refreshed and strengthened. If you are too thin, too weak, too nervous, it may be that the food assimilation is at fault. A certain amount of bile is necessary for the reception of the fat foods in the blood. Too often the liver holds back this element which would help digestion. Dr. Pierce's Golden Medical Discovery stimulates, tones up and invigorates the liver, purifies the blood, and the muscles, stomach and nerves get the rich blood they require.

Spent Hundreds of Dollars with no Benefit.
M. J. COLEMAN, of 11 Sargent St., Roseburg, Ore., writes: "After suffering from dyspepsia and constipation with untold agony for at least six months, I am more than pleased to say that after using Dr. Pierce's Golden Medical Discovery and Pleasant Pellets for one month, I was entirely cured, and to this I do not know, thank God, what ever a slight headache I have, I paid a doctor on Tremont St., Boston, in one day (for his advice only) the sum of \$200 with \$1.50 for medicine, and derived no benefit. I got more relief in one hour from your medicine, as far as my stomach was concerned, than from all the other medicine I used. If any person who reads this is suffering from dyspepsia or constipation and will use your medicine as I have done, he will never regret it."

ROSEBURG REVIEW. Mrs. Grace Osburn has returned from Eugene, accompanied by Miss Mae Awbrey, who will assist her in the store. Morris Osburn left last night for his home at Fairview.

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CASTORIA

for Infants and Children.

THIRTY years' observation of Castoria with the patronage of millions of persons, permit us to speak of it without guessing. It is unquestionably the best remedy for Infants and Children the world has ever known. It is harmless. Children like it. It gives them health. It will save their lives. In it Mothers have something which is absolutely safe and practically perfect as a child's medicine.

Castoria destroys Worms.

Castoria allays Feverishness.

Castoria prevents vomiting Sour Card.

Castoria cures Diarrhoea and Wind Colic.

Castoria relieves Teething Troubles.

Castoria cures Constipation and Flatulency.

Castoria neutralizes the effects of carbonic acid gas or poisonous air. Castoria does not contain morphine, opium, or other narcotic property. Castoria assimilates the food, regulates the stomach and bowels, giving healthy and natural sleep.

Castoria is put up in one-size bottles only. It is not sold in bulk. Don't allow any one to sell you anything else on the plea or promise that it is "just as good" and "will answer every purpose."

See that you get C-A-S-T-O-R-I-A.

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signature of

Chas. H. Fletcher

is on every

wrapper.

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the best 16 page illustrated fashion magazine of New York free for one year. The above prices are net cash, and the cheapest combination ever offered. The "Queen" is a high-class practical, home magazine.

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