

Perfect Baby Health
ought to mean glowing health throughout childhood, and robust health in the years to come. When we see in children tendencies to weakness, we know they are missing the life of food taken. This loss is overcome by



Scott's Emulsion
of Cod Liver Oil, with Hypophosphites, a fat-food that builds up appetite and produces flesh at a rate that appears magical.

Almost as palatable as milk.
Prepared by Scott's & Borne, N. Y. All Druggists.

THE GREAT HUDYAN

Constipation, Bloating, Indigestion, Nervousness, Headache, Pain in the back, Loss of sleep, Weakness, and all the ailments that result from a sluggish liver and bowels.

Over 2,000 private endorsements. Prematureness means impotency in the first stage. It is a symptom of general weakness and barrenness. It can be stopped in 30 days by the use of Hudyan.

The new discovery was made by the Specialists of the old Hudson Medical Institute. It is the strongest vegetable made. It is very powerful, but harmless. Sold for \$1.00 a package or 6 packages for \$5.00 (in plain sealed boxes). Written guarantee given for a cure. If you buy six boxes and are not entirely cured, six more will be sent to you free of all charges.

Send for circulars and testimonials. Address: HUDYAN MEDICAL INSTITUTE, Junction Stockton, Market & Ellis Sts. San Francisco, Cal.

THE GREAT HUDYAN
Constipation, Bloating, Indigestion, Nervousness, Headache, Pain in the back, Loss of sleep, Weakness, and all the ailments that result from a sluggish liver and bowels.

Mexican Mustang Liniment

for Burns, Caked & Inflamed Udders, Piles, Rheumatic Pains, Bruises and Strains, Running Sores, Inflammations, Stiff joints, Harness & Saddle Sores, Sciatica, Lumbago, Scalds, Blisters, Insect Bites, All Cattle Ailments, All Horse Ailments, All Sheep Ailments,

Penetrates Muscle, Membrane and Tissue Quickly to the Very Seat of Pain and Ousts it in a Jiffy. Rub in Vigorously.

Mustang Liniment conquers Pain, Makes Fleas of Fleas well again.

Nerve Tonic
Blood Builder

Dr. Williams' Pink Pills for Pale People
Solely Prepared by Dr. J. C. Williams, Pink Pills for Pale People, Small, Pink, Oval, 25 Cents a Bottle, 50 Cents a Bottle, 1.00 a Bottle, 2.00 a Bottle, 4.00 a Bottle.

GHOSTS OF THE SEA.

SAILORS DREAD TO SEE THE SHIPS THAT NEVER SAILED.

An Old Salt Tells of His First Experience With a Phantom Ship—While a Terrible Hurricane Howls It Rides Easily With All Sails Set.

"These tales of the ships that never came back are sad enough, but it's the ship that never went out, the ghosts of the sea, that give the sailor man a creepy feeling when he meets them out where the waves are rolling high and the winds are singing funeral songs."

The speaker was Mate Bob Alling, who has followed the sea as boy and man for nearly 50 years. Surrounded by a group of interested listeners in the public room of the Sailors' Happy Home in South street, Mate Bob, as all the sailors call him, was telling stories of strange sights that he has witnessed at sea. Alling is now mate of a coastwise fishing schooner, but in the old days he sailed in some of the largest trading ships and the strongest whalers that ever sailed out of an American port flying the stars and stripes.

"As I said, boys," the old man went on, "it's the ships that never went out from any port that a sailor never forgets when he sees one of them. We may remember the ships that went out and never came back for a time if we had a shipmate aboard, but we can forget. But there's no forgetting a ghost of the sea."

"It was back in the early fifties that I saw my first sea ghost, and today I can shut my eyes and see it just as plain as I could see it then. I was a sailor on a fishing schooner, and we were catching cod off the coast of Newfoundland. We had been out ten days and were almost ready to start for home with a full cargo when a nasty off shore breeze came on late one evening. We stood out to sea, for there was a heavy fog along with the wind. It was a stiff and steady blow, so we rode the waves under bare poles during the night, waiting for daylight and the fog to lift before shaping our course for home.

"All through the night we sent up rockets at intervals and kept the ship's bell going, because we could not see ten feet ahead at times on account of the fog. But it was nearly morning before we heard or saw an answering signal to warn us that another vessel was near."

"I was on the early morning watch, and about half an hour before daylight I made out a signal light a short distance ahead on our port bow. It was a strange light, a pale blue in color, and it flashed up and down at irregular intervals. The fog was still thick, and it was impossible to tell how near we were to the vessel.

"I called the mate on deck and pointed to the strange signal light. He looked at it a long time, and with a shake of his head, said he could not make it out at all. The lights showed that the vessel could not be far away, so we changed our course a little, and then fired a gun. There was no answer, and we fired again and again with the same result.

"By and by I saw that the mate was very grave and queer looking. He was pacing back and forth on the deck, not minding the cold, misty rain that was falling, and all the time he kept his eyes fixed on that queer looking bluish light that flashed up out of the fog and darkness ahead. At last I made so bold as to ask the mate what he thought of it.

"It's a ghost!" he said, looking at me with a pitying look.

"A ghost?" says I.

"Yes, a ghost of the sea. Wait till the fog lifts. You may see it then."

"The fog lifted a bit when daylight came, and then I saw the ghost, as the mate said I would.

"Rising grim and white out of the fog and waves that were rolling high, I saw a full rigged ship of queer design. The wind was blowing half a gale, but not a mast or pole of the ghost ship bent an inch, and not one of the broad white sails seemed to strain at the ropes.

"The phantom was close on our port bow, and as the fog cleared away we had a splendid view from her water line to the top of her masts. With the waves pitching and rolling mountain high, and the wind howling around our poles, the ghost ship was riding out the storm as steadily as a painted ship on a painted canvass sea.

"Every man on board crowded on deck, and while they had to hold on to the railing to keep from being washed overboard they stood and gazed at the phantom ship as long as it was in sight. Some of them that were a bit religious-like made the sign of the cross, and others tried to say a bit of a prayer. The fact is that every man on board thought the phantom ship a warning of death.

"The captain went below and drank hot grog till he was that reckless no ghost had any terrors for him. Then, as the wind went down a bit, he ordered us to make sail and bear down on the phantom ship.

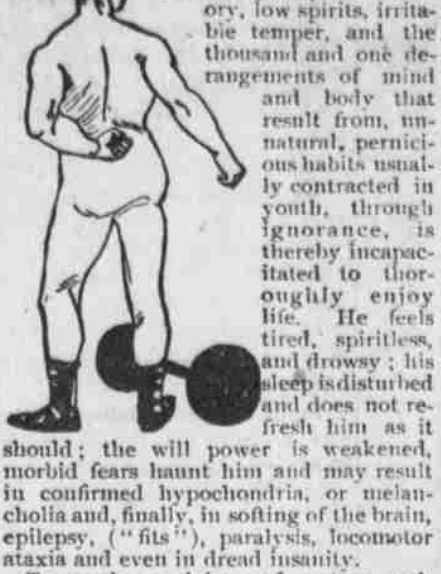
"Up went our sail in a jiffy, and we flew along before the wind, but we could get no nearer the phantom ship. Suddenly we saw the white ghost ship lurch forward, her sails trembled for an instant, and then she seemed to sink straight down into the sea. Ten seconds from the time we saw the first quiver of her sails the ship had vanished, and we never saw her again.

"During the day the storm went down, and putting about we made port in safety. But when that schooner sailed for the fishing banks again it was with an entirely new crew from the captain to the cabin boy. Not a man who saw the ghost ship from her deck would sail on that schooner again.

"Such is the old saying told to the ghosts of the sea as warnings of danger. The men who see one of them will never sail again on the same ship if they live to see port."—New York Dispatch.

PHYSICAL STRENGTH,

cheerful spirits and the ability to fully enjoy life, come only with a healthy body and mind.



The young man who suffers from nervous debility, impaired memory, low spirits, irritable temper, and the thousand and one derangements of mind and body that result from unnatural, pernicious habits usually contracted in youth, through ignorance, is thereby incapacitated to thoroughly enjoy life. He feels tired, spiritless, and drowsy; his sleep is disturbed and does not refresh him as it should; the will power is weakened, morbid fears haunt him and may result in confirmed hypochondria, melancholia and, finally, in striking of the brain, epilepsy, ("fits"), paralysis, locomotor ataxia and even in dread insanity.

To reach, re-claim and restore such unfortunate to health and happiness, is the aim of the publishers of a book of 136 pages, written in plain but chaste language, on the nature, symptoms and curability, by home-treatment, of such diseases. This book will be sent sealed, in plain envelope, on receipt of this notice with ten cents in stamps, for postage. Address, World's Dispensary Medical Association, Buffalo, N. Y.

For more than a quarter of a century physicians connected with this celebrated institution have made the treatment of the diseases above hinted at their specialty. Thousands have consulted them by letter and received advice and medicines which have resulted in permanent cures.

Sufferers from premature old age, or loss of power, will find much of interest in the book above mentioned.

THE RENT WAS NOT RAISED.

A Woman Showed Herself Too Smart For Her Landlord.

They met in a street car, and the woman with a golf cap remarked: "I see you still have the same house."

"Yes, and at the same rent," remarked the woman with the ostrich boa.

"But I thought your landlord had decided to raise it?"

"He did, but somehow I didn't expect to move, though Tom gave up the house at once. You see, I really can't afford to have any more bric-a-brac smashed in moving wagons. I've lost enough already to stock a department store."

"So you have decided not to move?"

"Not quite, dear. You see, I told the landlord that I was sorry to move, but we really couldn't afford a higher rent, and that I myself would gladly give the house to intending tenants. Then I set every room in order and waited."

"Well, I really thought that the first woman that came would take it. I praised the closets and told her what awful neighbors we had and—"

"But I thought you didn't want to?"

"No, dear, but just as she was leaving I casually mentioned the fact that two persons had died of typhoid fever in the next house above and one two doors below. She seemed somewhat agitated, and when I called out the landlord's address after her she didn't seem much interested."

"But, Maggie, you know that was '—"

"Some time ago? Yes, but I never could remember dates, and the people die."

"Well, did she?"

"Never went near. The bedrooms were too small for the next people, and the next ones were delighted, but thought the rent rather dear. Then I remarked that immediately after luncheon I intended to run around and engage that lovely little house in the next square at a lower rent. They carelessly asked which house, and I noticed that they turned that corner."

"How could you? Well, did she?"

"Well, you know, it was cheaper, and if they had taken our house I should have been obliged to rent that, for it was near enough to have my bric-a-brac carried."

"Your landlord told me that Swell-styles intended to take it."

"They did, but after Mrs. Swellstyles and I had gone over it I said, 'Your children all look so healthy that I think the house will just suit you, but mine, you know, are rather delicate, and the least hint of sewer gas alarms us.' She turned pale, and I knew at once that not even the prior mantle would induce her to take it."

"And the landlord?"

"Oh, he came around that evening and said that as we were such good tenants he had decided not to raise the rent. Tom was so surly that."

"No wonder," snaped her friend.

"This is our stopping place. Come and have a cream soda. I feel faint!"—Chicago Tribune.

TODAY'S MARKETS.

Prices Current by Telegraph—Local and Portland Quotations.

SALEM, January 4, 4 p. m.—Office DAILY CAPITAL JOURNAL. Quotations for day ahead up to hour of going to press were as follows:

WHEAT MARKET.
BUTTER MARKET.
LIVE CATTLE MARKET.
SHEEP MARKET.
PORK MARKET.
CORN MARKET.
HAY MARKET.
GRAIN MARKET.

Wheat—No. 1, 1.15; No. 2, 1.10; No. 3, 1.05; No. 4, 1.00; No. 5, 95c; No. 6, 90c; No. 7, 85c; No. 8, 80c; No. 9, 75c; No. 10, 70c; No. 11, 65c; No. 12, 60c.

Butter—Best, 18c; extra, 19c; fancy, 20c; creamery, 25c; cheese—10 to 15 cts.

Farm smoked meats—Bacon 10 cts; hams, 11; shoulders, 7.

Potatoes—25c.

Onions—2 cents.

Apples 30c bu.

Pears—In trade, 25c bu.

LIVE POULTRY.
Country—Hens, 6c; roosters not wanted; old ducks not wanted; young 10c; 7; young chickens, 6c.

Turkeys, 8c.

PORTLAND QUOTATIONS.
Flour—Portland, \$2.40; Walla Walla, \$2.65; graham, \$2.15; superfine, \$2.00 per barrel.

Oats—White, 25@26c; milling 27@28c; grey, 25@27c rolled, in bags, 25.75@26.00; barrels, \$6.00@6.25; cases, \$3.75.

Potatoes—4c@4.5c per sack; sweet, 2c per lb.

Hay—Good, \$9@10 per ton.

Wool—valley, 8@9c.

Mittuff—Bran, \$13.50@13.80; chop feed, \$15 per ton; chicken wheat, 75c per cental.

Hops—Dull, 4@7c.

Hides—green, salted, 60 lbs. 3c. under 60 lbs., 2@3c; sheep pelts, 10@20c.

DAIRY PRODUCE.
Butter—Oregon fancy creamery, 25@27c; fancy dairy, 20@22c; fair to good, 15@17c; common, 12c.

Cheese—Oregon 10@11c per pound; Young American, 11@12c; Swiss Imp., 28@30c; Dom., 14@18c.

Eggs—Oregon, 25c per dozen.

Poultry—chickens, mixed coops, \$1.75 @2.00 per dozen; ducks, \$3.00@4; geese, 57; turkeys, live, 11@12c.

Best Top-tears, 25@26c per lb; fair to good steers, 20@21c; cows, 18@20c; dressed beef, 13@14c.

Mutton—Best sheep, \$1.75@2; choice ewes, \$1.60@1.65.

Hogs—Choice, heavy, \$4.50@4.75; light and feeders, \$4; dressed, 6c per lb.

Veal—Small, choice, 6c; large, 3@4c per pound.

SALE FRANCISCO MARKET.
Wool: Oregon Eastern choice, 8c @10c; do inferior, 5@6c; do valley, 10@12c.

Hops—Quotable at 5@8.

Potatoes—Early Rose, 30@35c in sacks; Burbanks, 40@50c per sack.

Oats—Milling, 95@97c.

How's This!
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & Co., Props, Toledo, O. We the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by him.

West & Truss, Wholesale Druggists, Toledo O., Waiding, Kinnear & Marvin, Wholesale Druggists, Toledo, Ohio. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75c per bottle, sold by all druggists. Testimonials free.

The World's Fair
Can not remain such without the blooming look and radiant complexion which health alone imparts. Park's Tea, by clearing the blood of impurities, makes the complexion regain the lines of youth. Sold by Lunn & Brooks.



PALPITATION OF THE HEART.

Shortness of Breath, Swelling of Legs and Feet.

"For about four years I was troubled with palpitation of the heart, shortness of breath and swelling of the legs and feet. At times I would faint. I was treated by the best physicians in Savannah, Ga., with no result. I then tried various remedies, without benefit. Finally I tried

Dr. Miles' Heart Cure
also his Nerve and Liver Pills. After beginning to take them I felt better. I continued taking them and I am now in better health than for many years. Since my recovery I have gained 45 pounds in weight. I hope this statement may be of value to some poor sufferer."

J. E. SOYNER, West Station, Ga.

Dr. Miles' Heart Cure is sold on a guarantee. If it does not cure your heart trouble, you may return it for a full refund. Write to Dr. W. C. Miles, Little Rock, Ark.

FORCED TO TAKE A TITLE.

Its Acquisition Forbidden by Law.

CONTRARY TO THE CONSTITUTION.

How It Has Been Fastened on a Newspaper.

The Constitution of the United States forbids the acquisition of titles.

In the far west not much respect is paid to titles. Nearly every man is a "Colonel" or an "Honorable."

It is so little thought of that many men prefer to be called plain John Smith, Til Ford, Jo Simon.

But titles are sometimes conferred by accident, and become a really good handle to catch hold of. In that case the people catch on and use the handle right freely and properly.

A CURIOUS CASE.
A stack of letters is received at this office in every mail and while many of them are printed in large letters "The One Cent Daily, Salem Oregon," a great many are written and there is a great variety of ways of writing it. Here are some of the forms:

"1 ct. D., Salem, Or."
"1ct. DAILY, Salem, Or."
"ONE CENT DAILY, Salem, Or."
"THE ONE CENT DAILY, Salem, Or."
"THE ONE CENT DAILY JOURNAL, Salem, Or."
"THE GREAT ONE CENT DAILY JOURNAL, Salem, Or."
"THE HONORABLE ONE CENT DAILY JOURNAL, Salem, Or."

That's a queer title for a newspaper to get isn't it? About the last on earth, anyone would think of!

"THE HONORABLE!"

Just think that over, what it means in connection with journalism.

Honorable with itself.
Honorable with its readers.
Honorable in its politics.
Honorable with its contemporaries.

Honorable in all its dealings.
Honorable towards other communities.
Honorable towards every human being.

That's what a newspaper should be.

Perhaps?
Perhaps what?
Perhaps this is all a lie.
Maybe it is.

But the people keep on addressing their letters
THE ONE CENT DAILY,
Salem, Or.

In every mail come orders with the money. It is true the amounts are small. But they aggregate enough to pay our paper bills, to pay Mrs. Jones her rent, to pay our employees, to pay the Water Company for power to run our press, to pay the Electric Light Co. for lights in the office, to pay for ink, to pay the cabbage head editor who worries the Statesman and Oregonian so.

We don't know what would become of them if we had real live editors like they've got, instead of just a common dutch cabbage head.

But the orders keep coming for **THE ONE CENT DAILY.**
25 cents in silver for a month.
50 cents in silver for two months.
\$1.00 in silver for 121 days. (Do not send stamps.)
We can't stop them sending in the orders.
But we can and do stop **THE ONE CENT DAILY** when you time is out. No papers sent but what you pay for.
HOFER BROS., Publishers.
Salem, Or.

Capital National Bank,
OF SALEM.
Transacts a general banking business.

W. L. DOUGLAS
\$3 SHOE
IS THE BEST FIT FOR A KING.
\$5. CORDOVAN.
\$4.50 FINE CALF & KANGAROO.
\$3.50 POLICE, 3 SOLES.
\$2.50 WORKINGMEN'S.
\$2.10 BOYS SCHOOL SHOES.
LADIES' BEST DONGOLA.
SEND FOR CATALOGUE.
W. L. DOUGLAS, BROCKTON, MASS.

NORTHERN PACIFIC R.R.
Pullman Sleeping Cars
Elegant Tourist Dinin' Cars
TO
ST. PAUL
DULUTH
FARGO
GRAND FORKS
CROOKSTON
WINNIPEG
HELENA and BUTTE

CHICAGO
WASHINGTON
PHILADELPHIA
NEW YORK
BOSTON and
PORTLAND and South
Pittsburgh and all stations from
Portland to Chicago.
For full details call on or address
G. M. POWERS,
Local Ticket Agent

THOMAS, WATT & CO.,
AGENTS,
265 Commercial St., Salem, Or.
Or A. D. CHARLTON, Asst. Genl. Pass Agent; Portland, Oregon.

CHICAGO.
Milwaukee & St. Paul R. R.
Travelers "make a note on it!"
This Great Railway System Connects
ST. PAUL and OMAHA
With all transcontinental lines, giving direct and swift communication to all points on the WESTERN and SOUTHERN PORTS AND THE WORLD.
ONLY LINE!!!

WISCONSIN CENTRAL LINES
Two Fast Trains
Daily
Electric Lighted and Steam Heat
Ventilated trains of elegant sleeping, parlor, dining and buffet cars, with
Free Reclining Chairs,
Making the service second to none in the world.
Tickets are on sale at all prominent railroad ticket offices.
For further information ask the nearest agent, or address
C. J. EDDY, General Agt.
W. CASEY, Trny. Pass Agt.
PORTLAND Or

Oregon Pacific Railroad Co.
CHAS. CLARK, Receiver.
Connecting with
STEAMER "HOMER,"
Between
YAGUINA AND SAN FRANCISCO
Homer leaves for Francisco Aug. 10th and returns Yaguina Aug. 24th and about every 10 days. Freight is stored pending dates without notice.
For freight and passenger rates apply
CHAS. J. HARKINS, Genl. Agt.,
Yaguina, Or.
CHAS. CLARK, Receiver,
Portland, Or.

UNION PACIFIC
Overland Route
WORLD'S PICTORIAL LINE
Through Pullman Palace Sleepers, Free Reclining Chair Cars from
PORTLAND to CHICAGO
Our trains are heated by steam and lighted by Patent Light.
Time to Chicago, 95 days.
Time to New York, 45 days.
Which is many hours quicker than all other routes.
For rates, time tables and full information apply to

BOISE & BARKER
Agents, Salem
R. W. BARKER, Genl. Agent, Dist. Pass. Agt., 125 Third St., Portland.

O. R. & N. C.
E. MCNEILL, RECEIVER.

To The East
GIVES THE CHOICE OF
TWO TRANSCONTINENTAL ROUTES
GREAT UNION
NORTHERN RY. PACIFIC R.
Via
-- Low Rates to all Eastern Cities.

East and South
THE SHASTA ROUTE
Southern Pacific Company.
CALIFORNIA EXPRESS TRAIN—RUN DAILY
THRU PORTLAND AND S. P.

Dining Cars on Ogden Route
PULLMAN BUFFET SLEEPERS
—AND—
Second Class Sleeping Cars
Attached to all through trains.
West Side Division, Between Portland and Corvallis.
DAILY (EXCEPT SUNDAY)
Portland to Corvallis, 11:00 a.m.
Corvallis to Portland, 6:00 p.m.
At Albany and Corvallis coaches with meals of Oregon Pacific Railroad.

THROUGH TICKETS
To all points in the Eastern States, Canada and Europe. Rates for 10 days, 15 days, 20 days, 25 days, 30 days, 35 days, 40 days, 45 days, 50 days, 55 days, 60 days, 65 days, 70 days, 75 days, 80 days, 85 days, 90 days, 95 days, 100 days, 105 days, 110 days, 115 days, 120 days, 125 days, 130 days, 135 days, 140 days, 145 days, 150 days, 155 days, 160 days, 165 days, 170 days, 175 days, 180 days, 185 days, 190 days, 195 days, 200 days, 205 days, 210 days, 215 days, 220 days, 225 days, 230 days, 235 days, 240 days, 245 days, 250 days, 255 days, 260 days, 265 days, 270 days, 275 days, 280 days, 285 days, 290 days, 295 days, 300 days, 305 days, 310 days, 315 days, 320 days, 325 days, 330 days, 335 days, 340 days, 345 days, 350 days, 355 days, 360 days, 365 days, 370 days, 375 days, 380 days, 385 days, 390 days, 395 days, 400 days, 405 days, 410 days, 415 days, 420 days, 425 days, 430 days, 435 days, 440 days, 445 days, 450 days, 455 days, 460 days, 465 days, 470 days, 475 days, 480 days, 485 days, 490 days, 495 days, 500 days, 505 days, 510 days, 515 days, 520 days, 525 days, 530 days, 535 days, 540 days, 545 days, 550 days, 555 days, 560 days, 565 days, 570 days, 575 days, 580 days, 585 days, 590 days, 595 days, 600 days, 605 days, 610 days, 615 days, 620 days, 625 days, 630 days, 635 days, 640 days, 645 days, 650 days, 655 days, 660 days, 665 days, 670 days, 675 days, 680 days, 685 days, 690 days, 695 days, 700 days, 705 days, 710 days, 715 days, 720 days, 725 days, 730 days, 735 days, 740 days, 745 days, 750 days, 755 days, 760 days, 765 days, 770 days, 775 days, 780 days, 785 days, 790 days, 795 days, 800 days, 805 days, 810 days, 815 days, 820 days, 825 days, 830 days, 835 days, 840 days, 845 days, 850 days, 855 days, 860 days, 865 days, 870 days, 875 days, 880 days, 885 days, 890 days, 895 days, 900 days, 905 days, 910 days, 915 days, 920 days, 925 days, 930 days, 935 days, 940 days, 945 days, 950 days, 955 days, 960 days, 965 days, 970 days, 975 days, 980 days, 985 days, 990 days, 995 days, 1000 days.

J. J. HARKINS,
HORSE SHOEING.
Sole and double sole of all styles of shoes, made to order. Also repairing and re-soles. Satisfaction guaranteed. 125 Third St., Portland, Or.