WOMAN'S WORLD.

SOME GOOD ADVICE TO MOTHERS UPON A VITAL SUBJECT.

Hints to Women Bathers-Justice For the Summer Oirl-Women and the Supreme Court-Mary Hallock Foote-Changed Dresses at the Roors.

There are many parents who seem to have no realizing sense whatever of the proper diet for children. They give acm whatever they happen to have at hand, or, what is much to the same purpose, anything they cry for. The infant nortality of the country is something awful, when one considers it. Hundreds of thousands of children die every year, many of them from the effects of injulicious feeding alone.

In hot weather children should be arefully watched and never permitted to touch asticles of food that are at all nestionable. A little perfectly ripe ruit, either with a little gruel or other nitable diet, should be given. If a shild is at all delicate or the digestion ems to be at fault, cooked fruit may be given. This is eminently safe and always relishable. Use as little sugar as any be in order to render the sauce palatable, and carefully select the kind to he given. Cooked strawberries and blackborrics, with the seeds strained ont, are excellent and may be eaten freely. Raspberries are usually safe to rive without cooking, provided they are rfectly ripe and thoroughly washed. Very acid fruits are not to be given to ung children. The reason for this is at, being largely on a milk diet, the nd in the fruit makes a thick, tough card in the stomach, which, in many ses, it is impossible to digest. Oranges agree with a great many persons, ad although they are almost universaly recommended for children the utmost are should be observed as to whether hey disagree, for there is probably no form of indigestion so distressing as that produced by oranges. Pineapple as upon some persons a somewhat simiar offect, only usually less severe.

There are many persons who are opposed to the use of meats, especially in ot weather. It is, however, safe to say hat properly made soups and a small bit of well cooked meat cut into tiny. shreds and thoroughly masticated can to no harm to delicate children and often produce the happiest results.

There is in many vegetables an element that, in itself harmless when it xists in the digestive organs in any nantity yet furnishes nutriment for a adly germ. This germ will not ourish unless this substance is present. egetables of various sorts are specialproductive of this element; therefore best authorities on cholera and kindred diseases have found it necessary to restrict the use of certain vegetables in extremely hot weather. Whatever is given, however, must be thoroughly cooked and should be kept as completely excluded from outside air as possible. f children are feverish, cross and unmanageable, it is well to try a diet of ginten bread and carefully prepared roth or soup. The meat should be perfeetly fresh and cooked a long time. Vegetables may be added, but should to strained out before the soup is served. Milk, if there is any doubt about it whatever, should be sterilized before using. All ntensils used for cooking She was admitted Feb. 2, 1885. Then

ural element is not water after a drench- 's very becoming slate colored cape. The ing shower. Be warned by these hum- Princess Beatrice of Battenberg's cosble members of creation and betake tume was of solt cream material strapyourselves directly from the waves to ped over the shoulder with deep red the dressing room,-New York World, banks. The Princesses Victoria and

shows too little restraints in her beha-

vior, but that she does not fall into

Yet if they understood how much re-

erve, restraint and a rigorous self con-

trol do for a woman in public and pri-

vate, how quickly it wins a respect which passes into admiration, and an

warmer, the American summer girl

Women and the Supreme Court.

Week, "although eight women now

have the right to practice before the

supreme court, no woman has ever

availed herself of that right in a prac-

the 15th of February. John M. Glover

of Missouri introduced the bill in the

reported it to the house from the com-

mittee Feb. 21, 1878, and it passed the

to 87.

court bar.

lacks.-Philadelphia Press.

before.

the winds.

the midst of strangers.

Mand of Wales were dressed alike in Justice For the Summer (liel, palest cream, tritained with blue; bon-The American girl is showing her inets to match. The Duchess of Saxeamazing address and aptitude at a thou- Coburg-Gotha's gown was of dark steel sand spots by the seaside and mountain blue silk, with a running pattern of this summer, as in a score of summers pluky sprays.

There were a large-number of Amer-As the "summer girl," she has her ican visitors present, all gorgeously arrattling fire of criticism to face, but the rayed in purple and fine linen .- New astonishing thing is not that she makes York Commercial. a few blutiders in her social code or

English Women's Bonnets. A private letter from England deworse pitfalls and cast all restraint to clares that women there are wearing

their bonnets and hats perched on the Of the thousands and tens of thouback of the head, where they look for sands of American girls whose behavior all the world as if they were likely to amazes and whose beauty charms by fall off any moment. This is especially every beach and on every hillside, the true of the small bonnets, of which Enggreat mass have seen little or nothing of lish women are so fond, and they are any but the unrowest social conditions worn hanging on the cushion of hair, in village, town or the restricted circle which is gaining steadily in favor. It of a small city house until they find isn't probable that the fashion will themselves in a big hotel leading a life | reach here for two seasons yet, as it of numitigated publicity and living in takes about that time for a style in millinery or hairdressing to get to this coun-Most of these girls have had no social try. experience. Their mothers have had as

To prove that it is only necessary to ittle. Their men folk are away. On took at the Alpine, Tyrol or English the instant they have to adjust a code of walking hat, as it is called, which has village behavior to gregarious condi-, been adopted this summer by New York tions and a free contact which would be women. Three years ago similar shapes trying to one of experience. They make were seen in all the London shops, but olunders and do much that is foolish, not more than half a dozen American but their blunders are for the most part women would bring them home. It has trivial and their folly mere playfulness taken ever since for the style to get here. which rarely brings them int) harm.

A Word Against Suffrage.

The most of the advocates of woman suffrage in the United States are women who, from the very circumstances of their lives, hardly know for what they admiration which ripens into something clamor. They are not usually the womon who have been thrown into most would add the only charrs she now | contact with the world. The little local suffrage clubs here and there, if analyzed without prejudice, will be found to consist of the woman physician, the "As a matter of fact," says Once a women who have not married and are victims of a "conserved longing" which they hope to satisfy by intellectual pursuits, and women disappointed in marriage. It is to me the "beating of the

tical way. The law admitting women to bird against the bars" to see these womsupreme court practice was passed in en long so ardently for woman's suf-1879 and signed by President Hayes on frage, because I fear that it will not give them what they need, but be a burst balloon when once possessed.house Nov. 5, 1877. Benjamin Butler Womankind.

Rudyard Kipling's Wife.

house the same day. The vote was 169 On Jan. 18, 1892, Mr. Kipling was married at All Souls' church, in Lon-"The law says that 'any woman who don, to Caroline Starr Balestier, a sister shall have been a member of the highest of C. Wolcott Balestier, the American court of any state or territory or of the novelist who died abroad in 1892, and supreme court of the District of Columwith whom Mr. Kipling wrote in colbia for the space of three years and laboration. Mrs. Kipling is small and shall have maintained a good standing slender, with dark brown eyes and hair, before such courts, and who shall be a She was educated in Rochester, where person of good moral character, shall, she was born. Mr. and Mrs. Kipling on notice and the production of such have one child, a daughter, born in December, 1892. Since their marriage record, be admitted to practice before the supreme court of the United States." the supreme court of the United States.' Mr. and Mrs. Kipling have made their Mrs. Lockwood was eligible immediate-ly after the passage of the law, and she have built a charming country house, gave due notice, and on the 8d of March, which, from its mountainous situation, has been named "Crow's Nest, "-La-1879, was admitted to the supreme dies' Home Journal. "No other member of her sex was ad-

Women Rule In New Zcaland. Woman continues to pursue her con-

mitted to the supreme court for nearly six years. Mrs. Laura DeForce Gordon bildren's food ought to receive the followed Mrs. Ada Bittenbender of Nethe age of 21 are legally qualified to braska Oct. 15, 1888; Mrs. Carrie B. vote at parliamentary elections. A lady, Kilgore of Pennsylvania Jan. 8, 1890; Miss Yates, is the duly elected mayor of Life. 4, 1890; Mrs. Lelia R. Sawtelle of Mas-

I Seturnet.

Mrs. Kincley-Is it cone that you've changest enissimations? Mrs. Bings-Yes; my old one was taking in all classes. Mrs. Kingley-But I ordered a gown from her not long ago. Mrs. Bings-So she said. -Cloak Re-

Making a Change. Bingo-I just had a smaller sofa put

into the parlor than the one I had. Kingley-What was the matter with the old one? Didn't your wife like it? Bingo-Yes, but my daughter didn't -Truth.



Idle Ike-Walk right by dat feller ellin shoestrings widout noticin 'im. Lazy-Luke-Why? Idle Ike-Cuz he ain't recognized by our set no more. Lazy Luke-How's dat? Idle Ike-Dis is de third time dat man's been caught tryin ter earn his livin,-Brooklyn Life.

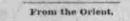
Comfort.

"Johanna," said Mr. Dolan, who had been thinking earnestly, "it do seem loike 'twould be four ef we c'd doine a la carte, loike th' rich folks in th' hotel.²

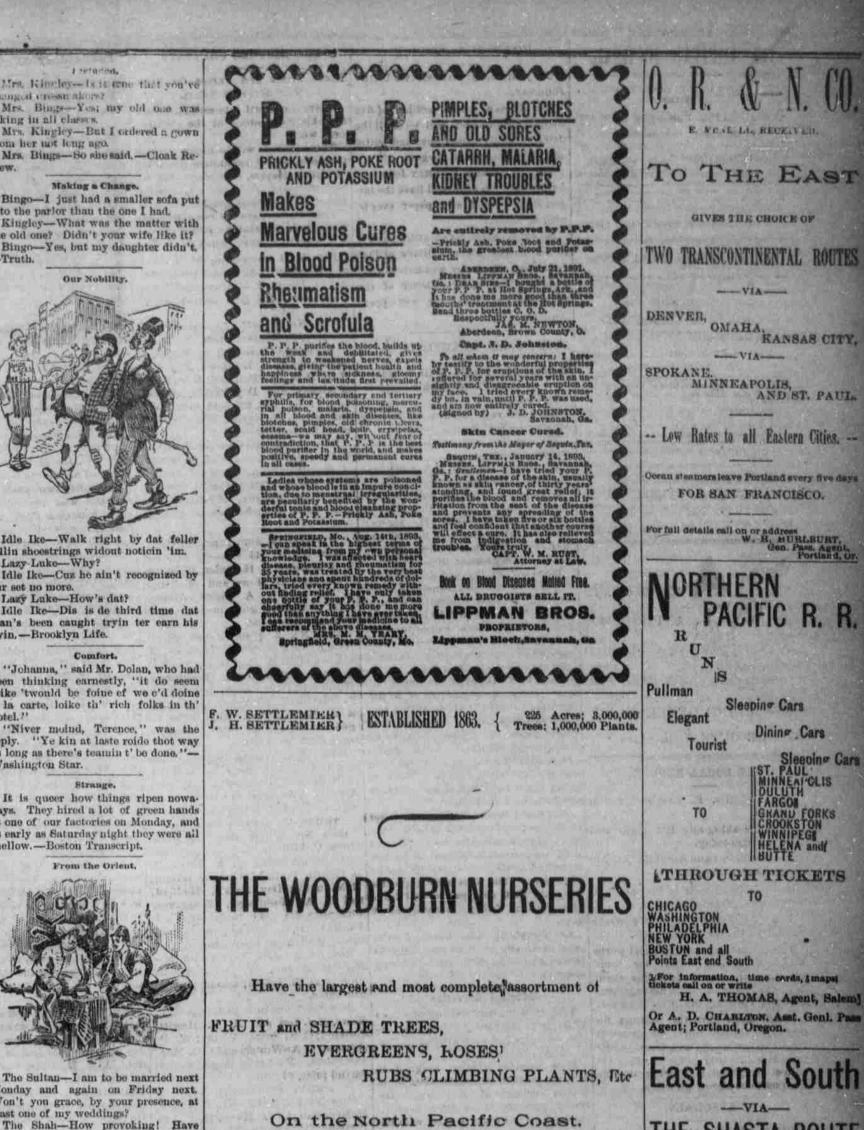
"Niver moind, Terence," was the reply. "Ye kin at laste roide that way as long as there's teamin t' be done."-Washington Star.

Strange.

It is queer how things ripen nowadays. They hired a lot of green hands at one of our factories on Monday, and as early as Saturday night they were all mellow.-Boston Transcript,







Monday and again on Friday next. quering way in New Zealand. All the Won't you grace, by your presence, at ladies of that colony who have attained least one of my weddings? The Shah-How provoking! Have

should be allowed as to their perfect anliness. Few people realize that a Mrs. Clara S. Foltz of California March dish of milk standing in a tainted icemas enough to poison an entire family. , while the robust constitutions of Kane of Chicago May 26, 1890." ox may in a few hours collect disease ults may be able to regist the poison, licate children succumb to it.

It is not necessary that a child's diet extremely varied. It is much better restrict it during the hot season to rtain articles that are known to be sey of digestion and to make dietetic all her recent stories. Her art education periments at other seasons of the year, was chiefly acquired at Cooper instiperiments at other seasons of the year, they are made at all.—New York and the method of so many aspiring odger.

Hints to Women Bathers.

Do not place too much trust in bats and strings. Re-enforce all fastens by safety pins. You will enjoy ir bath much better if not oppressed a conviction that when you leave the ny deep for the beach your stockings Ill be a wad of wet cloth around your

When the eventful moment arrives, when you are ready to open the door of ar bathhouse and appear before a crit-l company, you will probably be seized ith a distaste for your costume. You Il long, quite absurdly, but neverthestrongly, for long skirts and sleaves, comber at such crucial periods that ters will not be improved by delay. and that the best place in which to hide or abbreviated draperies is in the wa-not in front of the bathhouse door. Brown locks or golden done up in nettish knots are pleasanter to look on than oilskin caps. But salt water ys havon with coquettish knots. Unyou are prepared to follow every to illustration in black and white, and bath by a shampooing period of ter or less length, cover your crownglory with an unpicturesque cap. e woman who is "learning to a" is the recipient of much more aton than she who knows how to If the society and advice of men ear to you even in the vast deep, r quite master the gentle art of ming, but always be about to mas-

w yourself to be rescued more than less, that the bad weather would conon't venture beyond your depth and or twice during the season. It's tinne, started the next day in cloth and atie, of coarse, but even a romanthing can be done often enough to the race track, behold, the sun was abinno merely monotonous.

m't show your love of the water by ing in very long. It is a pleasant r, but to display it by remaining in war 20 minutes merely makes one's blue and one's complexion mottled. Is not prevenads the beach or lie in

something a solution of the Party

Mary Hallock Foote.

Mrs. Mary Hallock Foote, the artist author, is by birth a New Yorker, although since her marriage sho has resided in Boise City, the scene of nearly

literary and artistic, is by contract pledged, and which was then publish- the vast rooms of Dudley House,-Loning an illustrated article upon its contributors. Since that time Mrs. Foote has been obdurate to all appeals for her portrait, although she is besieged from

overy quarter. While never permitting her home duties to interfere with the natural exone of the greatest compliments ever paid her was that "she produced better color effects with a pencil than most art-

Changed Dreases at the Races.

ista did with a brush."-Philadelphia

Times

The fashionable women of England. it would seem, have plenty of time to think of dress. At Ascot recently there was a heavy downpour of rain one day, and some of the ladies, thinking, doubtsorge costames, but when they reached ing, and there was not a cloud in the

sky. So, with commendable promptiin very long. It is a pleasant tide, they talegraphed home for the re-to talk about, one's love of the inctantly surrendered gowns of the but to display it by remaining in morning and soon emerged like so many butterflies from so many chrysalides Some exquisite soilets were seen. The Princiss of Wales was costumed in black. She wore a cream lace ruff round and after your bath. You have seen black. She wore a crean lace ruff round on and other animals whose nat-

an important borough. Another lady, Miss Lillian Edgar, has recently been elected a member of the governing body of the University of Auckland, and by the last mail we hear of the ladies securing three out of the seven sents on a school board. Furthermore, one of the three ladies has been chosen as president of the board for the ensuing year.

-London Star. Not So Easy to Entertain Royalty.

Apparently the entertaining of royal-ty has its little disadvantages. When the Princess of Wales accepted Lady geniuses. For years after her success the Princess of Wales accepted Lady was assured Mrs. Foote refused to let a Dudley's invitation to her dance last curious public know anything of her personality. Even now but little is known of the woman, however general the chosen was sent to Mariborough is the appreciation of hor work. Her House, so many were struck off that only likeness has never appeared in print but 30 numarried girls were left, several of once, and that was only after long and the hostess' own near relatives being you-Hood's cures. argent persuasion on the part of the ruled out. The consequence was the magazine to which all her work, both ball was a failure, for the few guests invited could hardly find each other in

> dou Correspondent. An English Federal Club. There is a movement on foot in Lon-

don to start a woman's federal club. The promoter is a New Zealand lady now in London, and her desire is to espression of her genius, yet, after all, it tablish a club with branches in the is as one of the many happy wives and mothers of America that she prefers to be known. She has three charming cial imperial character, and in whatdaughters, the eldest of whom, although yet very young, already displays a marked artistic talent. Mrs. Foote's work has confined itself almost wholly plies this want on this side of the water.

> San Francisco women have requested the mayor to appoint a woman health inspector, offering to pay three months' salary, as an experiment. The mayor referred the request to the board of posith.

To keep your fruit jellies from mold-ing put an even half inch of sugar over the top after the jelly has cooled, and then cover the glass with thick paper that has been conted with white of egg.

Buttermilk is a most excellent rem-edy in cases of sickness due to irritable stomach, and also in the sickness and nanses incidental to mothers.

Throw a spoonful of sugar in the fire instead of a shovel of coal oil. The sug as is sofy and sure, and the coal oil is noither.

According to the last census, 94 out of overy 100 women marry.

WARDER THE ST I

weddings of my own for both dates.-

Du Maurier's Women.

Speaking of "Trilby," have you even noticed what an important part eye-brows play in Du Maurier's faces? No 145 different varieties of A matter how small the face, the eyebrow stands out as the most characteristic feature, -- Critic.

Rubinstein's first teacher was his mother, and his first concert tour as a virtuoso was made when he was net quite 10 years of age.

Tired, Weak, Nervous,

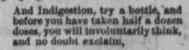
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