

THE HYGIENE SUNLIGHT.

Its Wonderful Value in the Case of Epidemics and Consumption.

The beneficial influence which sunlight has upon man is specially noticeable in his physical life, his temperament, his mental elasticity and energy.

The direct visible effect of sunlight on the body is the color of the skin. But sunlight does not only effect the exposed parts of the body, but those as well that are covered by clothing.

This explains why men and animals who live in warm climates have darker skins than those of northern zones. In 1868 Chlebuikoff experimented in this line and found that a white man's hand which was exposed for a certain length of time to the direct rays of the sun was badly blistered.

Lack of sunlight is especially harmful to children, and scrofula as well as all diseases which emanate from an excessively slow process of assimilation are directly attributable to lack of sunlight.

Captain Amery of the schooner Origin reported that while on an outward voyage from England the vessel was attacked by a swordfish, whose sword penetrated the hull and broke off as the fish attempted to withdraw it.

Many a Slip 'Twixt Cup and Lip. The subjoined announcement actually appeared in a suburban paper of the German capital.

We never knew a woman who believed in taking ice cold baths in the morning and sleeping with the windows open who didn't have a husband who catches cold if he sits near a keyhole.—Aitchison Globe.

Artificial Humidity.

The introduction of an artificial humidity into the English spinning and weaving mills by the injection of steam has not been attended by the satisfactory results anticipated.

As in all mills the atmosphere is excessively dry, impregnated with dust and small particles of cotton, and consequently injurious to health, the system most urgently advocated by many is the vaporizing of water.

Senator Morgan of Alabama is 69, Senator Teller of Colorado is 63, Senator Hawley of Connecticut is 67, and his colleague, Orville Platt, is 63.

The power of my imperial master," replied the chancellor, "ends at the threshold of my wife's drawing room."

The finger nails are so influenced by the employment of the person that they are but unreliable indices. As a rule, however, those which are short and broad indicate a tendency to criticism and pugnacity and a disposition to argue, with love of power.

The oetric duty, so familiar to all in Paris, is an import precisely similar in principle and practice to the customs duty paid on goods entering a foreign country.

A humorist in Japan who jested all his life told his friends when he was dying that his body was not to be washed after death, but was to be taken at once to the family temple to be cremated.

A serious error. "I stole a woman's new \$25 bonnet coat," said the retired burglar, "but you can bet your life if ever I go into the business again I won't steal another one."

Spectrized wood. Spectrized wood, by the green and blue and violet blaze of which you can sit and talk in the twilight and see visions and dream dreams, is heavily charged with just the copper salts and other fluids that shipwrecked timbers have in their veins.

BISMARCK'S DEPOSITION.

A New Story of How the Ex-Chancellor Bearded the Royal Lion.

The German nation never tires of stories relating to the removal of Prince Bismarck from the chancellorship of the empire. Many which have been circulated within the last few years have been found to be without foundation.

Prince Bismarck, according to Blum, answered the messenger, whose name is not given, "Tell the emperor, please, that I do not allow any one to interfere with my domestic affairs."

The prince added that he had only remained in office because he had promised Emperor William I to serve his grandson also.

Snabbing a Tailor.

Mr. Shears, a wealthy New York tailor, while lurching at Delmonico's the other day perceived Sam Clamwhooper, who never pays his bills, busily engaged at a dinner fit for a king.

"That's where you are off, Mr. Shears. I don't pay for anything. I get all these delicacies on a lingering credit, just as I got these clothes from you on credit. Don't you, Mr. Shears, in your pride and self conceit, imagine that you are the only man to whom I owe money. I owe lots of money to men who put on twice as much style as you do—men who have got as many dollars as you have cents. Because I owe you money you must not imagine that socially you are my equal."—Texas Sittings.

Electricity as a Sanitary Agent.

Electricity in addition to its other manifold uses is a sanitary agent. When Professor Tyndall was experimenting with atmospheric dust in his researches on the origin of the lowest forms of life, he found that an electric discharge passed through a dusty atmosphere purified it by causing the minute particles to settle.

All That Ailed the Watch. My watch has been making the entire 24 hours in 23 minutes one day and the next day would be four hours behind when the sun went down.

A Serious Error. "I stole a woman's new \$25 bonnet coat," said the retired burglar, "but you can bet your life if ever I go into the business again I won't steal another one."

No Duke.

A newspaper called The Rocky Mountain Cyclone has just appeared, with the following editorial explanation: "We begin the publication of The Rocky Mountain Cyclone with some phew difficulties in the way. The type phounder from whom we bought the outfit phor this printing outfit phailed to supply any phis or cays, and it will be phour or phive weexs before we can get any."

Satisfied.



Mrs. Henpeck—Take that down again and I'll show you how to put it up right. You never did understand such matters anyway, and—



Mr. Henpeck (as the pipe suddenly comes down)—Well, there! I hope you're sooted now.—Chicago Mail.

General Rusk's Prayer.

More than a score of times during his illness General Rusk asked to have the Lord's Prayer recited. Only the day before he died his eldest daughter, Mrs. Craig, had at his request knelt at his bedside and joined in the prayer with him, and when they had concluded the sick man said, "Charity, let us repeat it," and together the father and daughter again earnestly sent up that petition for guidance and comfort.—Milwaukee Wisconsin.



JAMES H. WAITE, Manager of Waite's Celebrated Comedy Co., Premier Jugg and Circus.

Dr. Miles' Medical Co., Elkhart, Ind. You will remember the condition I was in five years ago, when I was afflicted with a combination of diseases, and thought there was no hope for me.

DR. MILES' NERVE AND BRONCHIAL CURE. I feel like going to them and saying, "Get Dr. Miles' Nerve and Bronchial Cure. It cured me."

THOUSANDS CURED BY DR. MILES' PILLS. 50 DOSES 25 CTS. Sold by D. J. Fry, Salem, Oregon.

DR. GUNN'S ONION SYRUP FOR COUGHS, COLDS AND CROUP. GRANDMOTHER'S ADVICE. In raising a family of six children, my wife and I used a good deal of Dr. Gunn's Onion Syrup.

Women and Opera Glasses.

Two women drop in at a matinee. Coming in that way they are without glasses. "Shall we take one of these theater glasses, dear?" "Yes. Drop a dime in, and the thing opens. Have you the change?" "No. I only have five cents."

His Idea of It. "William Flint," said the teacher, "I have kept you in after school hours as a punishment for whispering. You may return to your seat and write a composition on springing."

VIGOR OF MEN. Entirely, Quickly, Permanently Restored. NERVOUSNESS, DEBILITY, and all the train of evils flowing therefrom.

Thoroughbred Poultry for Sale. I have the following first-class thoroughbred poultry for sale at prices stated; created ready for shipment, on order to pay express charges.

PROFESSIONAL AND BUSINESS CARDS. P. R. DAWY, D. O. G. BINGHAM, DAWY & BINGHAM, Attorneys at Law.

WEST SIDE DIVISION, BETWEEN PORTLAND AND CORVALLIS. DAILY (EXCEPT SUNDAY).

THROUGH TICKETS. To all points in the Eastern States, Canada and Europe can be obtained at lowest rates from W. W. SKINNER, Agent, Salem.

OREGON PACIFIC RAILROAD CO. CHAS. CLARK, Receiver.

SHRIVER'S ORCHESTRA. Persons wishing to engage music for the holidays or any other occasion will do well to see us.

A LADY'S TOILET. Is not complete without an ideal COMPLEXION POWDER.

POZZONI'S. Combines every element of beauty and purity. It is beautifying, soothing, healing, healthful, and harmless, and when rightly used is invisible.

BALD HEADS!

What is the condition of yours? Is your hair dry, harsh, brittle? Does it split at the ends? Has it a lifeless appearance? Does it fall out when combed or brushed? Is it full of dandruff? Does your scalp itch? Is it dry or in a heated condition? If these are some of your symptoms be warned in time or you will become bald.

From Terminal or Interior Points the Northern Pacific Railroad. To all Points East and South.

TOURIST Sleeping Cars. ELEGANT DAY COACHES. A continuous line connecting with all lines, affording direct and uninterrupted service.

East and South THE SHASTA ROUTE. Southern Pacific Company. CALIFORNIA EXPRESS TRAIN—RUN DAILY BETWEEN PORTLAND AND S.F.

Dining Cars on Ogden Route. PULLMAN BUFFET SLEEPERS. Second Class Sleeping Cars. Attached to all through trains.

THROUGH TICKETS. To all points in the Eastern States, Canada and Europe can be obtained at lowest rates from W. W. SKINNER, Agent, Salem.

OREGON PACIFIC RAILROAD CO. CHAS. CLARK, Receiver.

SHRIVER'S ORCHESTRA. Persons wishing to engage music for the holidays or any other occasion will do well to see us.

A LADY'S TOILET. Is not complete without an ideal COMPLEXION POWDER.

POZZONI'S. Combines every element of beauty and purity. It is beautifying, soothing, healing, healthful, and harmless, and when rightly used is invisible.

Electric Lights. On Meter System. The Western Light and Power Company has great expense have equipped their Electric Light plant with the most modern apparatus and are now able to offer the public a better light than any system and at a rate lower than any city on the coast.