

DIETETICS

CHATS ABOUT MEN.

Worth, the Parisian dressmaker, works hard and regularly, putting in ten hours a day at his desk.

Governor Russell, of Massachusetts, has been warned that unless he quits smoking his voice will quit him.

Dr. Vaughan, the successor to Cardinal Manning as archbishop of Westminster, has had five brothers in the Roman Catholic priesthood, while several of his sisters are nuns.

Dr. Robert Borse, the new Prussian minister of education, now sixty years old, has been in the public service ever since he took his degree of doctor of laws in the Heidelberg university.

Senator Plumb used to be the greatest newspaper reader in congress, his place in that respect is now partly filled by Senator Palmer, of Illinois, who pays great attention to journals and journalism.

David Gray, the Harvard senior who wrote the "Hasty Pudding Club" play this year—the brightest production of the series, it is said—is a Buffalo man, and a son of the late poet-editor of that name.

Imbert de St. Amand, who has a two-fold celebrity in Paris as a literary man and music critic, is a bachelor of forty-five, and a very clever and brilliant talker.

Samuel Lane, of Gardiner, Me., now an octogenarian, has been a justice of the peace for fifty consecutive years. Governor Fairchild gave him his first commission and Governor Burleigh has just given him his seventh.

When a friend asked Edward Everett Hale the other day for the secret of keeping young at seventy he said that one should never work after 3 o'clock in the afternoon and should sleep at least ten hours in every twenty-four.

Baron Hirsch has been blackballed by the Jockey club at Vienna in a manner quite as decided and as unpleasant as his blackballing by the Paris Cercle.

The baron is the most generous of all the great financiers of his day. But he is said to have "the evil eye"—in other words, he is a hoodoo.

Bourke Cockran is said to have a habit of juggling a bunch of keys so loudly while some other congressman is deluging the house with rhetoric that there is said to be a suggestion of the tinkling cymbal about it which tends to disconcert the man who is speaking.

BEHIND THE SCENES.

Harrigan is going to revive some of his "Mulligan Guard" plays.

Richard Mansfield's physician has ordered him to shelve "Dr. Jekyll and Mr. Hyde."

It is announced that Miss Olea Bull, daughter of the violinist, has been engaged to support Miss Julia Marlowe.

Tolstoy's eldest son has just made his first public appearance as a composer with a symphonic poem, which is highly spoken of in the Russian papers.

The application of Mrs. McKee Rankin for alimony in her suit for divorce has been refused by the San Francisco court, who thinks she is in a position to support herself.

An episode in Thackeray's "Pendennis" has been dramatized as "The Worldling" by Fitzgerald Murphy. It deals with the incident of young Arthur Pendennis' love for the fascinating Fotheringay, the actress.

The wife of J. H. Stoddard, of A. M. Palmer's company, died recently at her home in New York. She was formerly Mrs. Conover, and was a member of the Wallack company, but she had not been on the stage in several years.

J. M. Hill has purchased a comic opera called "The Fencing Master" by music by Reginald de Koven, book by Harry B. Smith. Marie Tempest has been engaged at \$600 a week, and George Sweet, the baritone, will also be in the cast.

No theater in New York at present equals the proposed building in East Fifty-ninth street. The cost will be about \$400,000, and the house will have vast promenade foyers, spacious lobbies, an open court and halls for the exhibition of paintings and armor, and seating room for 1,500.

TURF TOPICS.

From Frou. 2-25-94, the champion yearling pacer, has five winning heats inside of 2:30 to her credit.

The only world's race record now held by the Electioneer family is the 2:30 1/2 of Bell Bird as a yearling.

More than 10,000 performers took part in races and contests against time last year. Over 1,200 race meetings were given.

Palo Alto, 2:08 1/2, is doing remarkably well and his actions warrant the opinion that he will this year reduce the present record.

It is estimated that Marcus Daly has lost about \$100,000 in colts at his breeding farm in Montana. Five-sixths of the colts foaled died immediately after birth.

Captain Middleton, the well known English amateur rider who was recently killed during the Kineto races, acted as pilot for the empress of Austria when she hunted in Ireland.

In Japan horse racing is given at church festivals, which are held in May. The track is about one-third of a mile, and the furnishings are magnificent. Admission is from one to two cents.

It is stated that a horse can live twenty-five days without eating solid food, merely drinking water, seventeen days without eating or drinking, and only five days when eating solid food without drinking.

HUMOR

POOR LITTLE FELLOW.

But He Raised Enough Money to Buy What He Wanted.

A pale faced, half starved boy came into a Main street restaurant about 7:30 o'clock last night. He carried a few papers under his arm.

He looked cold. His shoes were out at the toes, and his stockings had holes in both knees. He had no overcoat, and he stood shivering at the door for a moment, as if undecided what to do. Then he walked timidly over to the cashier and said, "Please, mum, kin I see if anybody wants t' buy a pooper?"

The cashier was about to refuse, when the little fellow spoke again: "Please, mum, kin I see if anybody wants t' buy a pooper?"

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There were tears in his voice, and the cashier relented. She gave him a penny and bought a paper herself, and then told him to go to the tables if he wished.

The little fellow took off his cap and tucked it under his arm. He walked down between the tables and said in a weak little voice: "Pooper! Anybody want ter buy a pooper?" There were not many responses to this appeal, and he began a personal canvass. Stopping at a table where a middle aged man and his wife were eating, he said: "Please, sir, wouchee buy a pooper? Me fadder'll lick me 'f I don't sell all these, an dey ain't no chaunst on de street. Please, sir, buy one, wouchee?"

"Buy a paper, John," said the woman, and the man gave the boy 10 cents and took one of the little bundles.

Then he went to the next table, and the next, and the next and all down the room. He told his tale of woe so well that before he had reached the end of the room he had sold every one. He had a handful of small change, and he pulled his cap on his head and started for the door on a run.

"What a pity it is," said the middle aged woman, "that fathers are so brutal and that such small children have to toil so hard to support them in idleness!"

The small boy bolted out of the door and straight across the street. Here another small boy met him. "Hey, Chimmie," said the second small boy, "did t' work?"

"Betcher life," replied the first small boy exultantly, "an I got 'nuff t' buy two seats in de gallery fer d' minstrels."

—Buffalo Express.

From a New Point of View.

"I see by the papers, Miss Dovecote," said young Spooner, "that there have never been so many newly wedded couples at the English lakes as at present."

"Indeed, Mr. Spooner," said Miss Dovecote. "How perfectly stupid it must be to others! I can't imagine one looking at a more foolish sight than a collection of engaged honeymoon brides. I couldn't stand it."

"Not if you were one of them, Miss Dovecote?"

"Mr. Spooner! Sir!"

"I—I—I mean, Miss Dovecote—Arantina—dearest—will you go to the lakes with me?"

"Oh, Mr. Spoon—Alonso—this so—so sudden—so unex— Yes, Alonso, I will."

Behind.

The dissemination of ideas is slow. The light of learning and genius travels at a snail's pace.

It was in the year 1893, A. D., that a maid of Athens stood with her fellow in a drug store of her town.

"What will you have?" he asked.

"Milk shake," she rejoined enthusiastically.

And this is a town that was once described as "the eye of Greece, mother of art, native to famous wits."—Detroit News-Tribune.

A Long Siege.

"I'm ready now," called Mrs. Swizzles down the balustrade to her husband, who had been waiting half an hour to start for the theater. "I'm ready, all but my hat."

"Well, tell, Maria," shouted back Mr. Swizzles as he stretched himself out at full length on the sofa and composed himself for a nap. "tell Maria to wake me at 9 o'clock anyway."—Chicago Tribune.

Coming Down With the Dust.

"You had boy, you have made a greense spot on the new sofa with your bread and butter," said Mrs. Fizzlepop to her son Johnny.

"Never mind, ma, you can sit on it when there is company in the parlor," replied little Johnny.—Texas Siftings.

A Strategic Boy.

"You had boy, you have made a greense spot on the new sofa with your bread and butter," said Mrs. Fizzlepop to her son Johnny.

The Joke Was on Him.

There is a little story that the Saunterer heard a few days ago that is not so bad in its way.

A cockney had gone to a fire, and he proceeds to tell another cockney about it: "Oh, dat was a daisy fire, and right in de midst of it a chap came to the third story winder an leans out an yells."

"Save me, save me!"

"We looks up at him, an we yells. 'Jump, yer bloomin idiot!' 'But he wouldn't jump. He just hangs there a-yellin. 'Save me, save me!' 'Dem we calls to him again: 'Jump, jump, yer bloomin galoot! We've got a blanket.' 'Den he jumped. An I thought we'd die a-laughin. We didn't have no blanket.'—Boston Budget.

A Close Call.



Anna Matilda (who has just made a purchase)—If it likes cocoanut candy an smells it in my pocket, I am lost.—Brooklyn Life.

A Benefactor of His Species.

During the recent drought I sat in the train opposite a gentleman who seemed to be haunted by a fixed idea. He never tired of repeating how great a blessing it would be for humanity if artificial rain could be produced. "You see," he excitedly remarked, "I have already tried everything. The plan of going up in a balloon and sending down a shower with a watering can failed, because we have no means of transport to lift sufficient quantities of water into the air. Further, a fountain, rising at least 300 feet into the air and scattering jets of water in all directions, came too expensive. Cannons to perforate the clouds and make them explode are not yet invented, and are, in fact, useless when there are no clouds about."

"Excuse me," I interrupted. "You wish to become a benefactor of the human race, and more especially the agricultural population. You are a landed proprietor, I presume?"

"No," he replied, "an umbrella maker!"—Bantles Allerlei.

Strictly Business.

"I—I hardly know what to say, Mr. Browncliff," said the agitated young woman who acted as assistant postmaster and grocer's clerk at the little village of Beaville. "I—I wasn't expecting anything of this kind."

"That's all right, Miss Frankie," responded Mr. Browncliff, traveling salesman for Pullen & Gummitt's candy factory. "That's all right. You can just consider it a square offer. I have a good house and lot, \$2,000 in the bank, I'm getting a handsome salary, I am a good judge of girls, and you're the one I want to marry. I've got just five minutes to make my train, Miss Frankie," he headed hurriedly, looking at his watch, "and I'll be round again in exactly 80 days for your answer with a full line of samples. Save your orders for me and think over what I've said, and I haven't another second to spare. Goodby, dear!"—Chicago Tribune.

In Doubt.

Down into the senate restaurant the other morning a couple of visitors strolled.

"I'll take a bottle of Apollinaris," said one.

"Yes, sir," said the negro waiter.

"I'll take an absinthe frappe," said the other.

"Sir?" said the waiter.

"I said that I would take an absinthe frappe!"

"Yes, sir! Yes, sir! Yes, sir! Hot or cold?"—Washington Post.

His Sense of Duty.

"But why don't you settle down? Why do you tramp, tramp, tramp forever?"

"It's dis way, ma'am. I'm under orders. In de battle of Antietam my commandin' officer says 'forward march,' an we started. Den he an all de officers was killed, an no one er commanded us to halt. I marches on, an forever, ma'am, from a sense of duty."—Harper's Bazar.

His Scruples.

"Can you lend me \$5?"

"I'd like to," answered the careful man, "but I haven't anything less than a \$20 bill."

"Can't you break it?"

"You see a \$20 bill simply amounts to a promise to pay by the government."

"Well?"

"And I hate to break a promise."—American Industry.

Sympathetic.

"What are you reading, Johnny?" inquired the boy's father.

"A sea story about a man who was wrecked on a cape."

"Read it aloud, Johnny. I can sympathize with him. I have just been wrecked on a sealakin cape myself."—Washington Star.

A Good Reason.

"So Brown married the pretty little girl he was so in love with?"

"Yes, but there are often days that he doesn't speak a word to her."

"It is jealousy, I suppose he?"

"No. She does all the talking."—Chicago Inter Ocean.

Marriage Would Cure Him.

Mr. Gumppe—That boy will never be good for anything until he marries.

Mrs. Gumppe—I suppose not.

Mr. Gumppe—No. He's got to get over the habit of hanging around the house.—New York Weekly.

MYSTERIES!

The Nervous System the Seat of Life and Mind. Recent Wonderful Discoveries.

No mystery has ever compared with that of human life. It has been the leading subject of professional research and study in all ages. But notwithstanding this fact it is not generally known that the seat of life is located in the upper part of the spinal cord near the base of the brain and so sensitive is this portion of the nervous system that every needle will cause instant death.



Recent discoveries have demonstrated that all the organs of the body are under the control of the nerve centers, located in or near the base of the brain, and that when these are deranged the organs which they supply with nerve fluid are also deranged. When it is remembered that the spinal cord is the spinal cord will cause paralysis of the body below the injured point, because the nerve force is prevented, and the involuntary mechanism of the derangement of the nerve centers will cause the paralysis of the various organs which they supply with nerve force.

Two-thirds of chronic diseases are due to the imperfect action of the nerve centers at the base of the brain, not from a disease of the brain itself, but from a disease of the nerve centers originating in the spinal cord. In treating these diseases it is that they treat the organ rather than the nerve centers which are the cause of the trouble.

Dr. FRANKLIN MILLS, the celebrated specialist has profoundly studied this subject for over 20 years, and has made many his discoveries in connection with it, chief among them being the facts contained in the above statement. The great mistake of physicians in treating these diseases is that they treat the organ rather than the nerve centers which are the cause of the trouble.

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CONSTITUTIONAL GOVERNMENT.

81 B. C.—The Roman senate, originally 100 members, afterward 300, raised to 600 by Sulla, afterward to 900 by Caesar.

1150—The name parliament first applied to the French assemblies of state.

1173—Parliaments of Ireland began with annual meetings at Tara.

1205—First summons of barons by writ made by John and directed to the bishop of Salisbury.

1258—Twelve persons chosen to represent the commons in the English parliament.

1258—The mad parliament, an assembly of knights and burgesses, convened.

1265—Writs signed summoning knights, citizens and burgesses to parliament.

1265—General representation by knights, citizens and burgesses took place in the reign of Henry III.

1272—The ward parliament first appears in the laws of England.

1290—Parliament of Paris made the chief court of justice in France by Philip III.

1293—Great parliament held in Scotland at Scone by John Balliol.

1294—First regular English parliament held.

1302—The French parliament, formerly attending the king's person, fixed at Paris.

1302—States general first met in France to resist exactions of the pope.

1308—The English parliament became a legislative body.

1326—General assembly held in Scotland by Robert Bruce at Cumberkenneth.

1356—Diet of the German empire organized by edict of Charles IV, composed of three colleges—one of electors, one of princes and one of imperial towns.—St. Louis Globe-Democrat.

The Burglar Unmasked.

It was an agent for a big manufacturing concern who was talking.

"I once got out a poster," he said, "which started in, 'Keep your eye on this; a burglar is coming.' This I distributed broadcast in the towns in the northern part of the state. Among other places, it was hung conspicuously in a small grocery and dry goods store in one of the towns in that section.

"One morning the proprietor, when he opened up shop, found that my notice had been amended to read, 'Keep your eye on this; the burglar has come.' The correction was made in pencil marks.

"And sure enough the burglar had come. And he had carried off about \$600 in money and goods."—New York Sun.

An Indignant Advertisement.

One gets many a glimpse of tragedy and comedy from a perusal of the little advertisements, particularly those coming under the classification known in England as the "Agony Column." The following indignant announcement is taken from the London Times:

"Should this meet the eye of the lady who got into the 12:30 train at New Cross station on Friday, May 13, with two boys, one of whom was evidently just recovering from an illness, she may be pleased to learn that three of the four young ladies who were in the carriage are very ill with the measles, and the health of the fourth is far from what her relations would desire."—John Irving Roper's Lecture.

Young Mothers!

We Offer You a Remedy for the Various Diseases of the Life of Mother and Child.

"Mother's Friend"

Robt. Confinement of its Pain, Horror and Risk.

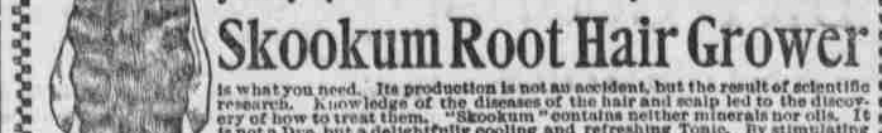
After using one bottle of "Mother's Friend" I suffered but little pain, and did not experience that weakness afterward usual in such cases. Mrs. ANNE CASE, Leitch, Mo.

See for terms, charges, price, on receipt of price. Sold by all druggists.

BRADFIELD REGULATOR CO. Sold by all druggists. ATLANTA, GA.

BALD HEADS!

What is the condition of yours? Is your hair dry, harsh, brittle? Does it split at the ends? Has it a lifeless appearance? Does it fall out when combed or brushed? Is it full of dandruff? Does your scalp itch? Is it dry or in a heated condition? If these are some of your symptoms be warned in time or they will become bad.



Skookum Root Hair Grower

It is what you need. Its production is not an accident, but the result of scientific research. Knowledge of the diseases of the hair and scalp led to the discovery of Skookum Root Hair Grower. It is not a dye, but a delightfully cooling and refreshing tonic. By stimulating the follicles, it stops falling hair, cures dandruff and grows hair on bald heads.

Keep the scalp clean, healthy, and free from irritating conditions, by the use of Skookum Root Hair Grower, which feeds on and destroys the hair.

If your druggist cannot supply you send direct to us, and we will forward prepaid, on receipt of price. Grower, \$1.00 per bottle; 4 for \$3.00. Box, 50c. For 12 for \$2.50.

THE SKOOKUM ROOT HAIR GROWER CO., 37 South Fifth Avenue, New York, N. Y.

T. J. KRESS. HOUSE PAINTING, PAPER HANGING, Natural Wood Finishing, Cor. 20th and Chemeketa Street.

Geo. Fendrich, CASH MARKET. Best meat and free delivery. 136 State Street.

J. E. MURPHY. Brick and Tile. Take It! EVENING JOURNAL, Only 2 cents a day delivered at your door.

Cattle Food in Maine. Maine cattle are living on browse in the absence of fodder. One man says he's seen them push against the trunk of a small tree, bend it over and then walk astride of it toward the top to keep it from springing back while they strip the leaves.

In the same state pigeons were once so thick in spots that droves of hogs were driven hundreds of miles to fatten on them, and they could be knocked over by the wagonload with sticks. Dr. Ezekiel Holmes wrote these stories 60 years ago. —New York Recorder.

Ludwig Barnay, the great German actor, after repeated releases, has so far recovered as to be able to reappear in "Hamlet" and in the new drama by Widman, "Jeusets von Gut und Bose."

Sir Arthur Sullivan was so much annoyed at the substitution of a female for a male Nanki Poo in the revival of "The Mikado" at the Unter den Linden theater, Berlin, that he tried to stop the performance.

VIGOR OF MEN

Easily, Quickly, Permanently Restored. WEAKNESS, NERVOUSNESS, DEBILITY,

and all the traits of evil temporarily or later excessive, the result of overwork, sickness, worry, etc. Full strength, development and tone given to every organ and part of the body. Simple, natural methods. Immediate improvement. No pain or inconvenience. 25c. per bottle. Book, examination and proceeds mailed (sealed) free.

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Thoroughbred Poultry for Sale. I have the following first-class thoroughbred poultry for sale at prices stated; crates ready or shippers, on order to pay by express. Address, care of FOUNDRY OFFICE, Postoffice B. C. K. 5010 R.

Several White Leghorn cocks, very fine, (50 per set) \$2.00. 1 Brown Leghorn cock, Croft strain, \$2.00. 1 Black Spanish cock, 4 to 5 months old, \$1.25. 2 Brown Leghorn H. Spanish, Ind. Games, L. Brown, egg, \$2.00 per setting. Send for catalog, 2c. holder.

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CONVICTS OF VETERANS—Summer Camp No. 5, Sons of Veterans, U. S. A. Meet & Wednesday evenings at 8 o'clock at the Grand Army Building. Visitors are cordially invited to attend.