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That depends upon the liver. If the liver is inactive the whole system is out of order—the breath is bad, digestion poor, head dull or aching, energy and hopefulness gone, the spirit is depressed, a heavy weight exists after eating, with general languor and the blues. The liver is the housekeeper of the health; and a harmless, simple remedy that acts like nature, does not constipate afterwards or require constant taking, does not interfere with business or pleasure during its use, makes Simmons' Liver Regulator a medical perfection.

I have tested its virtues personally, and know that for dyspepsia, biliousness, and all the troubles that result from an inactive liver, it is the best medicine ever known. Have tried forty others, and none of them gave me the relief that this temporary relief, but the Regulator not only cures, but keeps the liver healthy.

H. H. Jones, Macon, Ga.

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nothing new when we state that it pays to engage in a permanent, profitable business. The business we offer, that returns a profit for every day's work. Such is the business we offer the working class. We teach them how to make money, and we guarantee every one who follows our instructions faithfully the making of \$500.00 a month. Every one who takes hold now and works will surely and speedily increase their earnings; there can be no question about it; others who work are doing it, and you, reader, can do the same. This is the best paying business that you have ever had the chance to secure. You will make a good thing of it if you will give it a trial at once. If you grasp the situation, and act quickly, you will directly find yourself in a most prosperous business, at which you can surely make and save large sums of money. The results of only a few hours' work will often equal a week's wages. Whether you are old or young, man or woman, it makes no difference; do as we tell you, and success will meet you at the very start. Neither experience or capital necessary. Those who work for us are rewarded. Will not write to you for full particulars, free? E. C. ALLEN & CO., Box No. 400, Augusta, Me.

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Month.	South.	North.
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8:15 a. m.	Lv. Portland Ar. Salem	7:30 p. m.
11:15 p. m.	Lv. Salem Ar. Portland	8:00 p. m.

Above trains stop only at following stations north of Roseburg, East Portland Oregon City, Westport, Salem, Albany, Tangent, Shasta, Halsey, Harrisburg, Junction City, Irwin, and Corvallis.

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6:30 p. m. Lv. Portland Ar. 10:00 a. m. 7:30 p. m. Lv. Salem Ar. 7:30 a. m. 8:00 p. m. Lv. Albany Ar. 10:00 a. m.

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THE EVENING JOURNAL

A DAILY NEWS.

A Girl's Room in Which a Few Things Were Very Strange.

"Show me a girl's room and I'll tell you what manner of woman she is," is an old saw in the woman's book of character study, and the other day, when I entered into a room with any other in the universe, it needed no oracle to announce to the writer that it was the room of a lady with ideas and originality, the happy faculty of making the best of things, and an artist by instinct, if not by profession. The first thing to attract attention was a wonderfully sunny window, with a wash curtain of thin yellow silk covered with the soft gray shadows of dancing vine leaves.

The window had an unpleasant outlook, and the silk for its decoration had been carried to a veranda, where a vine made the shadow of its graceful leaves upon the floor. She had laid the silk down where the shadows were most perfect, and then had fixed them forever with soft gray water colors and gathered it in her window sash. Beneath the window she had arranged a little seat with a yellow cushion, and draped across the window pole and down one side the window a curtain of striped grenadine—white, with yellow and delicate olive—in the curtain. Beside it was a revolving bookstand filled with magazines and new books. A white fur rug stretched out in front, and on this were more cushions, the heavy ones of which form a seat.

Another thing to attract attention was one of the gayly colored Gnyanquil hammocks draped across one circle of the room, making, with its fringes and tassels, a brilliant decoration. Some one had given the hammock to the woman who didn't see a veranda from one summer to the next. But she had ideas if she didn't have the veranda, so she put up books in diagonal corners of the room and suspended the hammock with there when she wanted to forget how busy she was. When not in use more books simply draped the bright netting against the wall. And last of all was noticeable the dressing table, which was made after the old duchess fashion, ample and low enough for its possessor to utilize restfully sitting in the low white chair which stood before it. The table was made of a wooden frame, which she herself designed, the top peddled, covered with pale green silk, and then with dotted muslin. All about was frilled a curtain of the silesia, with the muslin over it, a fluted frill at the bottom, another at the top.

The mirror was one of the old fashioned kind, with the upper half a picture, the lower half a glass. There were painted cupids in the picture and the muslin draped down each side of it. On the table were most delicate china trays with ivory brushes laid with a tiny cipher of silver on the back, and china powder boxes and hairpin boxes and all the paraphernalia of the toilet in china receptacles, with one or two bits of silver polished to the last degree of brightness. One couldn't help loving the woman after one glance at the toilet table, which was the daintiest ever arranged, except the one from which it was copied, and which they will show you still in the apartment of Mme. de Remusat. The bed was of brass, with white hangings over the foot and green linings, and with an old fashioned valance of muslin beneath its counterpart of white, with green ribbons threaded in and out of its open work border.—New York Sun.

Something New in the Girl Line.

There is a girl in San Francisco who can cure headaches—cure them without a bit of medicine. She just lays her hand on the aching head and that settles the whole matter. There's something peculiar about the girl's hands. They are white and shapely and very nice to look at, but to touch—ugh! they're as cold as ice. More than that, they are always dripping wet, these strange hands. It's an eerie thing to see a handsome, healthy girl lift her hands and let an icy dew fall from the tips of her fingers. She can do that any time she wants to, and never feels the least annoyed at the awe of the beholders.

She is a tall, handsome young woman, who has never been ill in her life. She is easy checked and bright eyed. She works in a big, hot factory downtown, and she can cure any girl in the place of headache or any kind of pain. She doesn't go through strange evolutions or weird incantations. She just pushes back her sleeves and lays her wet hands on the aching head. The patient feels a queer, creepy, shivery sensation crawling down her back. The cold hands move slowly across the forehead of the sufferer; the throbbing pain stops; the twitching of the eyelids ceases; and the headache is gone.—San Francisco Examiner.

We Are Constantly Changing.

Life consists of a series of changes of time, and the human economy is simply, as far as its material part is concerned, a machine and primarily depends on food as the most important factor in keeping it working order. When it is said that we commence to die as soon as we are born it is of course means that certain parts of the body immediately begin to perish; their existence is ephemeral; they come, go, are replenished and decay. They are the dying parts of that system of life which may last a little while, but which must eventually yield to the inexorable laws of nature.

The nails, the hair, etc., are observable as instances of this decay. The same rule applies to every other organ and tissue of the body, though it is not palpable to the naked eye. The skin is always peeling. The food that is taken in the one hour nourishes the system and ejects that which was taken the hour before.—New York Advertiser.

A Young Woman's Nervous

Miss Florence McMeekin, a young schoolteacher, living in Chicago with her mother and brothers, about a clock one morning recently was awakened and was horrified to find a man's eyes peering down into her room. She endeavored to rise, but the burglar held her down, and tried to kiss her. "If you make any noise, I'll kill you," he said. Miss McMeekin called out to her mother and brother, and they rushed to her aid. The burglar fled, and the family was relieved.

By this time the young lady's screams had aroused the house, and hearing people moving in adjoining rooms he bolted through the door. Miss McMeekin sprang out of bed in her nightgown, and without shoes or stockings followed the burglar. Down stairs went the intruder, with Miss McMeekin after him, three steps at a time, yelling like a Comanche and awakening the whole house. Through an open window bolted the now terrified intruder, the young lady just missing his coat tails as he went through after him. In the yard she caught him, but he broke away and dashed down Peoria street. At Jackson boulevard he turned west, and for two blocks the young lady followed him. Then her strength gave out, and she desisted.

Her brothers, who had been awakened by her cries, had followed, and throwing a shawl around her carried her home. When the family examined the house they found the burglar had taken twenty dollars in money, and then visited Miss Florence's room. Here, after taking a pair of diamond earrings, he determined to add to his crimes by stealing a kiss. A year ago, while on her way home one evening, a thief snatched Miss McMeekin's pocketbook and ran. After chasing him four blocks she seized and held him until help arrived.—St. Louis Globe-Democrat.

Queer Actions of South American Birds

The singular waltzing, wing spurring and long topped jactances were a queer kind of meeting. They usually go singly or in pairs, but occasionally, in response to a call by one of them, all who are within hearing leave off feeding and fly to one spot, where they walk about with their beautiful wings erect or half open, or waved up and down with a slow and measured motion.

With these two species both sexes join in the display, but that of the spur winged lapping is altogether peculiar, inasmuch as it takes place with three individuals only. These birds live in pairs, and at intervals during the day or on moonlight nights one bird will leave his mate and fly to another pair a short distance away. These will receive the visitor with signs of pleasure.

First going to meet him, they place themselves behind him and all three march rapidly, uttering special notes. Then they stop; the leader stands erect with elevated wings uttering loud notes, while the other two, with pulled out plumage, standing side by side, stoop forward till the tip of their beaks touch the ground, and with a low, murmuring sound remain for some moments in the strange posture. Then the visitor goes back to his own mate and mate, and later on they receive a visitor which they treat in the same ceremonious manner. They are said to be so fond of this form of visiting that they indulge in it all the year round.—Minneapolis Tribune.

Susceptibility to Drafts.

It is strange the difference there is in people about sitting in a draft of air. Some persons can sit in a draft and not suffer the slightest inconvenience, while others would catch their death of cold in a few minutes. Why is this? It cannot be wholly due to the relative strength of the individual, nor solely to the conditions of particular organs of the body. Judging from observations it would seem that, other things being equal, those who have the best capillary circulation are the ones least likely to suffer. But this, again, depends upon certain other conditions. A person who has a very feeble pulse, showing low vitality, cannot have a good circulation in the capillaries. The surface is easily chilled, hence the danger of taking cold.

But you will see another individual with a strong pulse, good vitality, who is apparently as susceptible to drafts as the one who is feeble. The cutaneous circulation is sluggish, owing to normal conditions. It may be the one least likely to suffer, but it may be the one most likely to suffer. The surface is easily chilled, hence the danger of taking cold.

An Electric Light Pole Device.

An excellent means of facilitating the labors of workmen who are mainly employed in ascending high lamp pillars has been provided in a newly invented electric pillar ladder. The object of the invention is to do away with the necessity of the carrying of long ladders or movable pins by workmen. By a turn of the key at the base of the pillar a rod or chain is raised, which causes steps to shoot out on either side of the pillar. These form a safe and strong ladder, and they can be withdrawn within the pillar when no longer required by a reverse turn of the key. The steps can be renewed or taken out, but only by those in charge, and all danger from tampering by mischievous or malicious persons is obviated. If necessary the inside gearing may be dispensed with, and the man in charge can slide out the steps as he ascends and close them in descending. The steps are so weighted that they will remain either in the closed or open position.—Chicago News-Record.

No Repentance.

"One day," writes "A. B.," "my brother went to buy a bushel of buckwheat for sowing. He found the man of whom he was to buy the grain away, but his wife was at home, and she undertook to make the sale. She got a sack measure, and they went to the granary. There the woman filled the measure twice, poured it into the bag which my brother held open and then was going to tie the bag and take the pay for a bushel. 'But, Mrs. F.," said he, 'it takes four pecks to make a bushel.' 'Oh, does it?' said she. 'Well, you see, I never had any experience in measuring grain before I was married. I always taught school.' Boston Transcript.

Instant Told Her.

As William bent over her fair face he whispered, 'Darling, if I should ask you in French if I might kiss you, what would you answer?' She, summoning her scanty knowledge of French, replied, 'Billet doux!'—Boston Globe.

Curiosity Gratified.

"Travel on this road pretty often," inquired the passenger with the long, slender, pointed nose. "Yes," replied the sleepy looking passenger on the same seat. "Come to town most every day, I reckon?" "Yes."

"In business of some kind, like as not?" "No, I work for another man." "Try goods business?" "No, Wet goods."

Love's Sacrifice.

Little Bertha—Will you always love me? Will you never forget me? Little Eddie—I guess not. It was only yesterday that I got a licking from dad on your account.—Texas Siftings.

SIX SPASMS A DAY.

Dr. Miles Medical Co., Elkhart, Ind. GENTLEMEN: I never lose an opportunity to recommend Dr. Miles' Restorative Nervine to any person afflicted with nervous complaints. I have the assurance that it will not fail to cure them. When our boy was afflicted with this disease, he would have six or seven spasms a day. We tried many remedies, but nothing benefited him. Finally, we procured a bottle of Dr. Miles' Restorative Nervine, and after using it for a few days, he was cured. He is now a healthy boy, and his cure is complete. He is now three years old. Yours truly, J. H. HARRIS, Agent Pacific Express Co., Hastings, Nebraska, April 6th, 1902.

Dr. Miles' NERVINE.

MOST CERTAIN CURE FOR HEADACHE, NEURALGIA, NERVOUS PROSTRATION, DIZZINESS, SPASMS, SLEEPLESSNESS, DULLNESS, BLUES, AND OPIUM HABIT.

SOLD ON A POSITIVE GUARANTEE.

TRY DR. MILES' PILLS, 50 DOSES 25 CTS.

Sold by D. J. Fry, druggist, Salem.

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How a Bishop Received Trespassers.

The bishop of Exeter it seems was constantly annoyed by the intrusion of strangers into his grounds, and he had put up very stringent notices forbidding trespassers. One morning he was walking along in a meditative mood when suddenly two ladies broke through the shrubs and stood awkwardly enough confronting him. They stammered out some excuse, saying they did not know they were in private grounds.

His lordship made them a profound bow, pointed to the printed notice, adding, 'But perhaps you do not read; however, as you seem to have no scruples, pray go on, go along the paths, into the flower garden, across the lawn, enter the house, visit the drawing room, dining room and study, but let me recommend you not to penetrate into the bedrooms at this early hour, as the housemaids may not have done their work.' The intruders must have wished themselves in another diocese.—Temple Bar.

The Value of Great Telescopes.

I should like to call attention to the fact that the history of the great telescopes at Mount Hamilton and at Washington will serve to lay away finally a widely published opinion which we used to hear repeated every few weeks—namely, that great telescopes are of little use. The work of these two great telescopes (not to speak of many others) has conclusively shown their great superiority over less powerful instruments in every field of astronomy, in the observations of planets, nebulae, stars, comets, satellites, in spectroscopy, and also in these departments of astronomical photography for which they are adapted.

Smaller instruments have their appropriate fields, and in some of these they will always be more convenient than larger ones. But the great telescope, when properly used, is and always will be pre-eminent.—Professor Edward S. Holden in Forum.

A Comparative Examination of the Skulls of Savage and Civilized Races.

A comparative examination of the skulls of savage and civilized races shows that the increased brain development of the latter is always accompanied by a marked modification in the form and size of the jaws and teeth. This modification is usually spoken of as a degenerate condition.—New Review.

Love's Sacrifice.

Little Bertha—Will you always love me? Will you never forget me? Little Eddie—I guess not. It was only yesterday that I got a licking from dad on your account.—Texas Siftings.

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Made a record long years ago, which has never been beaten or approached. It has not to-day, a good second in popularity. Its peculiar and uniform excellence pleases the men of to-day as it did their fathers before them. Sold wherever tobacco is smoked.

BULL DURHAM

is a mild and pleasant stimulant which quiets the nerves and in no way excites or deranges the system. In this respect it is distinctive. It gives the most solid comfort with no unpleasant effects. Made only by

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CLEAN!

If you would be clean and have your clothes done up in the neatest and dressiest manner, take them to the

SALEM STEAM LAUNDRY

where all work is done by white labor and in the most prompt manner.

COLONEL J. OLMSTED.

Liberty Street

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ILLUSTRATED.

Harper's Magazine for 1892 will continue to maintain the universal standard of excellence which has characterized it from the beginning. Among the notable features of the year will be new novels by A. C. Benson, L. C. Burleigh, F. W. Woolson, and William Black. Short stories will be contributed by the most popular writers of the day, including Mary S. Wilson, Richard Harding Davis, and others. The illustrated descriptive papers will embrace articles on the South Sea Islands, the Hawaiian Islands, and the Philippines. The magazine will be published weekly, and will be the most interesting and valuable of its kind.

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