EVENING CAPITAL JOURNAL.

VOL. 5.

SALEM, OREGON, MONDAY, JUNE 20, 1892.

"TO-DAY'S NEWS TO-DAY."

NO. 145.



PRACTICAL COOKING.

ABSOLUTELY PURE

n Englishwoman Teaching Working People Economical Cooking. About 200 women and girls are now which she cooks is an ordinary open

and cookery rather than costly ingre-dients; for the demonstrator never for gets that the chief object of the school is to teach poor women how to provide nutritious food for their families at the least possible cost. Soups are a great feature of this class,

pupils being shown how to make upward of twenty different kinds-all savory, nutritious and inexpensive. During the lesson the cost of each thing

potatoes properly—a difficult feat in its way. At the same time great efforts are made to induce people to use lentils. peas, beaus, rice and macaroni.

Proof is afforded them, too, that many of the so called weeds which grow wild are delicious in soups and salads. In her lectures Miss Gordon lays the greatest emphasis on the necessity for variety in food, insisting that the most wholesome

Before Starting on a Journe A person usually desires to gain a formation as to the most desirable take, and will purchase tickets via that will afford him the quickest service. Before starting on a trip cago or any point East, yon should yourself with a map and time table Wisconsin Central Line. The tw on this route are vestibule and are to with Pullman's latest Drawing Roc ers, elegant Day Conches and Din of latest design, built expressly for vice, and are exquisite in furnish convenient and comfortable in ment and as comfortable in ment and as comfortable in they have no superior in comfort gance. The dining car service is p ed by all the most elegant ever ated, and is operated in the inter of patrons.

Baking

Fast trains vin the Wisco Lines leave Minneapolis dall; and 625 p. m., and St. Pan ind 7:15 p. m., making favor ion with all trains from the

Southwest. For tickets, maps, pampi intormation apply to G. F. A and T. A., Minnespolis, Min C. Fond, General Passenge Agent, Chicago, Ill.

Summons

in the Circuit Court of the State gon for the County of Marion,

of the

o A. C. Brey, the defe In the name of the S ereby required to a complaint filed ag entitled suit, on lay in June, 1892, to the being the first and C. E. Hodson for the sum o gather with interest thereon as ien per cent, per annum irom 9, 1882, less the following paymen forwit: \$140 November 0, 1883, \$ ber 0, 1884; \$30 August 20, 1889; \$ 1887; \$56,50 December 12, 1888; 20, 1889; \$47,25 May 5, 1891; \$60 Oo also that planniff have judgme said defendants for \$150 as atto in this will, and that plantiff in this suit, and uts of this decree for the foreclosure at ou and all of the above r you and all of the above n ants, of the morizara proper in plaintiffs' complaint, tow Uonal * E. χ_{i} being the *. χ_{i} and lote I and 2 of section 25 w. w. M. and the fractional w. χ_{i} of section 30, T. 8, s. R. 2 cept 10 acres off of the east all tional w. χ_{i} of the w. χ_{i} of the section 30 in the form of a 1 extending acress said land. extending across said is in all of this conveyance less 1% acres off of joi John Wittschem, All of in Marion county, State of sheriff of Marion county,

strator teaches her pupils not only how to cook beef and mutton in every imagder them and each of thems or any subsequent to said mortgage on an isse, either as purchasers, incumb or other Wise may be berreel and fo of all rights, chain or equity of rede in the said premises and every part and that the plaintiff may have ju and execution against the said def U.E. Hodson and A. L. Hodson for ficiency which may remain after a all the proceeds of the sale of said p properly applicable to the satisfies said judgment. Third, that the y or any other party to the suit, may a purchaser at said sale, that the execute a certificate of sale to the possession of the said premises pro of the sheriff's certificate of sale and that the expiration of the ti-redemption, that the sheriff ex-deed to the purchaser of sale to the ine plaintiff may have such other ther relief in the premises as to the may seem meet and equilable. Y further take notice that this sum served on you by publication in the TAL JOURNAL, of Shalem, Marion Oregon, by order of Mon. R. P. Bols of the above entitled count, made inable way, but how to make a great variety of puddings, omelets, scones and cakes, as well as every kind of sick-She teaches them, too, that most diffi-cult of arts-how to season what they

make. At the close of each demonstra

A Year Without a Summer.

During the extraordinary year of 1816, according to the best records, January and February were warm and springlike. March was cold and stormy. Vegetation had gotten well along in April, when real winter set in. Sleet and snow fell on seventeen different days in May. and Maine. July was cold and frosty; ice formed as thick as window panes in every one of the New England states.

August was still worse; ice formed nearly an inch in thickness and killed nearly every green thing in the United States and in Europe. In the spring of 1817 corn which had been kept over from the crop of 1815 sold for from five to ten dollars a bushel, the buyers purchasing for seed. On May 10, 1835, snow fell to the depth of a foot in Jamestown, Va.

Caged Snakes and Their Food. Many persons suppose that the crea tures introduced alive into the dens of huge monsters suffer tortures of terror and fear. We have often observed the whatever, sometimes even giving the plainest demonstrations that they were governed by quite other emotions.

On one occasion we recollect noticing a rabbit runring about beside and over the coils of a huge python. When ex-actly opposite the head the serpent moved it slightly and projected its tongue several times. The rabbit took no notice of this, and a little afterward began to try and nibble the skin of the python's body .-- Quarterly Review.

A Menagerie on an Avalanche. The warm suns are starting the usual nowslides and avalanches in the Cascade and Olympic mountains, says a dispatch from Seattle, Wash. From Sultan City, a mining camp in the Cas-cades, a curtous sight is reported. The men at work in the Silver Top tunnel heard a noise, and rushing out found a vast snowslide coming down the moun-tain, not 300 yards away. In the middle tain, hot soo yards away. In the middle of a mass of snow ten rols wide by a quarter of a mile long were five bears and fourteen mountain gosts. The ava-lanche plunged over the cliff, and the whole menagerie except one bear was buried in the debris.

Andrewski Articke Moritick is hereby given that the mm and by the Hon. County Court of Mar-ord by the Hon. County Court of Mar-ord by the Hon. County Court of Mar-ord and the Hon. County Court of Mar-ord and the Hon. County Court of Mar-ord and the Hon. County Court of Mar-and the Hon. County Court of Mar-ord addition to Halem, properly verif-within six months from this date, and persons knowing themselves indebted within six months from this date, and persons knowing themselves indebted within six months from this date, and persons knowing themselves indebted within six months from this date, and persons knowing themselves indebted within the Martin and Martin and Martin April 2, 1992 Barra R. HAMARM, Attorney for Adm strix. SIMMONS

of the above entitled court, made at the bers at Salem, Marion county, Orego April 21, 1892, ordering and directing the said summons be published therein one week for six consecutive weeks. S.T. RICHARDSON, 4-28-71 Attorney for Plaint

Executrix Notice.

REGULATOF SYMPTOMS OF LIVER DISE. Loss of appetite; bad breath; that i the mouth; tongue coated; pain un shoulder-blade; in the back or side mistaken for rheumatism; sour a with flatulency and water-breach; i tion; bowels hax and costive by headache, with dull, heavy son restlesances, with sensation of hav something undone which ought i been done; fullness after eating temper; blues; tired feeling; yells poarance of skin and eyes; distingen Not all, but always some of the cate want of action of the Liver. SYMPTOMS OF LIVER DE

A Safe, Reliable Re that can do no harm and has ne

Take Simmons Liver Re —AN EFFECTUAL SPECIF Malaria, Bowel Comple Dyspopala, Sick Head Constipation, Hitto Ridney Affections, J Mental Depression, A PHYSICIAN'S OPINI "I have been pressions, Market Bigger Been pressions, Sick Mental Depressions, Sick Mental Depression

"I have been practicing undi-ears and have never been able to in compound that would, like legitator, promptly and effects ver to action, and at the same ti (weaken) the digestive and anis D. M. HINTON, M. D., Wath ONLY GENUIN

Has our # Stamp in rad on from of

J. H. Zeilin & Co., Philadely