Citizen—So you think of locating here? Physician—Yes. I thought some of practicing among you.

Citizen—See here, young man, there's a good opening here for a man as understands his biz, but we don't want no practicing, or experimenting—doctoring's what we want!

Many times women call on their family physicians, suffering, as they imagine, one from dyspepsia, another from heart disease, another from liver or kidney disease, another from nervous exhaustion or prostration, another with pain here or there, and in this way they all present, alike to themselves and their easy-going and indifferent or over-busy doctor, separate and distinct diseases, for which he prescribes his pills and potions, assuming them to be such, when, in reality, they are all only symptoms caused by some womb disorder. The physician, ignorant of the cause of suffering, encourages his "practice" until large bills are made. The suffering patient gets no better, but probably worse by reason of the delay, wrong treatment and consequent complications. A proper medicine, like Dr. Pierce's Favorite Prescription *directed to the cause* would have removed the disease, dispelled all those distressing symptoms, and instituted comfort instead of prolonged misery.

It's the only medicine for the weaknesses, irregularities and painful derangements peculiar to women, sold by druggists, under a **positive guarantee** that it will give satisfaction in *every case*, or price paid for it will be promptly refunded.

DR. PIERCE'S PELLETS regulate and cleanse the liver, stomach and bowels. One a dose. Sold by druggists. 25 cents a vial.

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C. B. KNIGHT, Eclectic Physician, office 127 Court street, Salem Oregon. Pulmonary diseases a specialty.

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JOHN A. CARSON, Counsellor and Attorney-at-Law. Member of the Bar of Ontario, Canada. Office 102 State street, Salem, Oregon.

PRATT & HUNT, attorneys at law, Salem, Oregon. Office over Barr's jewelry store, State street.

J. J. SHAW, Attorney-at-Law, Salem, Oregon. Office first door to the left at head of stairs in the rear of Ladd & Bush's bank.

TILMON FORD, attorney at law, Salem, Oregon. Office up-stairs in Patton's block.

J. A. APPLEGATE, attorney at law. Friers block, Commercial and State streets, Salem, Or.

W. P. WILLIAMS, STENOGRAPHER and Typewriter. Office with Capital city R'y. Co., 115 State St.

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A. M. CLOUGH, Undertaker, Embalmer and Cabinet Maker, 107 State St., Salem.

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P. J. LARSEN, Manufacturer of all kinds of vehicles. Repairing a specialty. Only the best work turned out. Shop 45 State street, next door to Scriber & Pohle.

F. O. BAKER, Collection, Commission and Street Car Advertising Agent. Collections made at reasonable rates. Goods sold on commission. Advertisements inserted in street cars at bedrock rates. 268 Commercial St., Salem, Ore.

SOCIETY NOTICES.

KNIGHTS OF PYTHIAS.—Regular meeting on Tuesday night of each week at 7:30 p. m.
J. O'DONALD, C. C.
W. H. H. WATERS, K. of R. and S.

OLIVE LODGE No. 18, I. O. O. F., meets in Odd Fellows' Hall up stairs. Corner Commercial and Ferry streets, every Saturday at 7:30 p. m.
J. L. MITCHELL, Secretary. I. A. MANNING, N. G.

G. A. R.—Sedgwick Post, No. 10, Department of Oregon, meets every Monday evening at the hall over the Oregon Land company's office. Visiting comrades are cordially invited to attend.
D. C. SHERMAN, Post commander.
S. A. RANDLE, Adjutant.

A. O. U. W.—Protection Lodge No. 2, A. O. U. W., Salem, Oregon. Meets each Wednesday evening at its hall in State Insurance block, corner Commercial and Chemeketa streets. Visiting and Sojourning brethren invited. S A RANDLE, M W
IRA EMS, Recorder.

$1 WILL BUY A LOT

Of goods at our store! We carry a full line of groceries, feed, crockery, glassware, cigars, tobacco and confectionery.

T. BURROWS,
No. 226 Commercial St., Salem.

Morgan & Mead,
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All work done with promptness and dispatch. Only the best men are employed.

T. H. HUBBARD,
—Agent for—
Cyclone Separators, Russell Engines and Saw Mill Machinery,
Residence 293 Commercial St., Salem, Ore. 6-5m

Capitol Home Addition

is beautifully located in East Salem, south of the Electric Railway line, near the power house. Large lots, 50x150 feet. Good soil. For sale by

T. H. WILSON, Owner,
216 State Street, - - Salem.

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ONE OF THE LARGEST ESTABLISHments in the State. Lower rates than Portland. Largest stock Legal Blanks in the State, and Upper discounts. Send for price list of job printing, and catalogue of legal blanks. E. M. WAITE,
Steam Printer Salem, Oregon.

TACOMA'S SERVANT GIRLS.

A Claim That They Will Not Stand Monotony.

WHY SOME LEAVE THEIR PLACES.

Various Reasons Given for This Restless Tendency--Where the Girls Come From.

Globe: The question of securing good household help in Tacoma is, as in every other city, an interesting one. How to find a good domestic and how to keep her, even when relations apparently in every way satisfactory have been established between her and her mistress, comparatively few seem to know.

A year or so ago it was suggested by several prominent citizens of Tacoma that several trained servant girls be induced to come to Tacoma from Scotland, and several offers of steady employment were made in anticipation of the time when girls should arrive. The plan was all formulated and progressing finely when it dawned upon the gentlemen that their scheme would be a direct violation of alien contract labor law, and the matter had to be given up.

As a rule, help is scarce in Tacoma, and good girls command from $20 to $30 per month, and are sure of permanent positions if they suit.

To the question as to whether girls who do domestic work are prone to change their positions frequently a local employment agency said to a News reporter to-day:

"Good girls, as a general thing, stay a long time in a place. But even they sometimes make but a short stay. And the fact that a girl has stayed a long while in one place does not necessarily imply that she will stay at the next. I had a lady come here for a girl not long ago, and gave her what seemed to be a very good girl, who had been three years in her last place. The lady was delighted with the girl—while she was at the office. The girl took the place, and in just two weeks she was back looking for another position. She made three or four trials before she finally found a place where she seemed to fit. And there is a great deal in that. The girl and the mistress must be congenial to a certain extent, and the one will get better treatment and the other better work. But the trouble is often that the girl is lazy or the mistress is trifling and hard to suit. Then the girl will probably make short stays. Just now this class of lazy girls are alleging the heat and out of their places they go. Especially are they likely to do this if they have homes to which they can go. If in the country so much the better, for they are always glad to welcome an extra pair of hands in the summer in the country.

"One cause that does a great deal to vacate places in housework is the influence of the factory or shop girl. As a general thing she considers herself above a 'hired girl,' but if she does deign to stoop so low as to associate with her it is time to begin looking for another girl. The factory girl paints her life in glowing colors as compared with the drudgery of housework, and the first thing you know the house girl becomes a factory girl.

Then another cause of the girl leaving places is the finical manner of mistresses. You will find some women who are so particular that nothing a girl does is proper. They are always complaining and nagging at the girl. The result is before they know it the girl puts on her hat and sails out. Then the women complain that they can never keep their 'help.'

"Some women seem to look upon the girls as persons who are not to receive even the same food as the family. Any delicacies are set aside as not for the girl to eat unless they are stale or in some other way undesirable. Now this sort of a thing a girl will not tolerate, nor do I blame her. Locking up the the sugar, coffee, and so on, also tends to lessen the attractions of the place for the girl. It casts a reflection on them to have things kept under lock and key.

The matrimonial bee gets into the girl's bonnet sometimes and then of course, you lose her. But for that you don't or rather, shouldn't blame her, if she only marries some decent fellow and not some worthless vagabond, who will expect her to marry for love and wash for a living. In some cases they prosper and in a little while set up an establishment and keep a girl of their own. But it has been remarked as a strange thing that those very women who have been hired girls themselves are the ones who are the hardest on the girls and expect the most of them. They do not seem to have any remembrance of the toil and hardships of their own lives as girls."

"Where do most of the girls come from?"

"Most of the girls employed at housework are country girls, or are from the east or newly over from the older countries. The city girl seems to breath in with the city air the idea that housework is degrading, and she generally goes to the factory or store for employment. The country girl is better brought up, and is not so offensively independent as her city sister. Yet they sometimes insist upon being looked upon as equals socially of the family in which they are employed. I have a case in mind of a girl who wanted to be allowed to eat at the table with the family. She was a good girl and in order to keep her the mistress was inclined to yield. She spoke to her husband about it, however, and he objected to it so very decidedly that she was forced to tell the girl that she could not eat with the family, whereat the girl picked up her boxes and bags and left.

"There is at least one man in Tacoma who has none of these scruples. He has his servant girls sitting out on the front porch with his family in the evenings, and treats them in every way as if they were members of the family. But there are not many such cases. The girl generally understands that while she may be equal, or even the superior, of her mistress mentally, yet custom compels the observance of certain rules and conventionalities, from which there is seldom any escape."

"That a girl gives satisfaction in one place is no reason that she will do the same in another. Often the girl was obliged to unlearn what was taught her in a former place. When a girl comes to me and speaks of going somewhere on trial, I lecture her. If she keeps of the same mind I refuse to recommend her.

"It takes fully a month for mistress and maid to get used to each other's ways. More patience on the part of the ladies and more application on the part of the girls are necessary."

Highest of all in Leavening Power.—U. S. Gov't Report, Aug. 17, 1889.

Royal Baking Powder

ABSOLUTELY PURE

FATHER, LEAD ME.

Lead me, O my father, lead me,
All along this desert way;
And with heav'nly manna feed me,
As I journey, day by day.
Let thy glorious presence lighten
All the darkness of the way,
Til this earthly life shall brighten
Into endless, purfect day.

Thou art rich in grace and blessing;
All the stores, of heav'n are thine:
And in thee all good possessing,
I rejoice that thou art mine.
Tho' my pilgrim may be dreary,
And my journey hard and long,
Thou canst make it bright and cheery,
And all jubilant with song.

Keep my heart from sad repining,
With the joy that is in thee:
And, amid the darkness shining,
Let me still thy presence see.
So my life shall tell the story
Of thy faithful loving care,
Till I see thee in thy glory,
And thy heav'nly Kingdom share.

—REV. H. B. HARZLER.

BRUTALITY OF MODERN SPORTS.

Sermon of Rev. Louis Albert Banks, at St. John's M. E. Church.

At St. John's M. E. Church, Broadway, South Boston, last evening, the pastor, Rev. Louis Albert Banks, delivered the sixth in his series of discourses on social topics, his theme being "The Extravagance and Brutality of Modern Sports." Mr. Banks chose for his text Prov. xvi., 22: "A merry heart doeth good like a medicine," and Acts. xvi., 28: "Do thyself no harm."

"Paul, who was the author of the second scripture," said the speaker," "was, at the time of its utterance, a very happy illustration of the first proverb, showing the value of a cheerful heart in the most trying experiences. The man who could have 'a good time' in spite of the midnight dungeon and binding fetters carried something about with him that was worth having. The bible does not set itself against amusement or innocent helpful sport. Men and women need and must have some kind of recreation. We carry in ourselves, by the very charter of our creation, the right to pleasure from many sources. We are as certainly equipped for enjoyment as for labor. The human body is constructed like some delicate musical instrument which may be pitched to a thousand joyous tunes. The eye, the ear, the mouth, indeed every organ and sense are so many windows through which we may enjoy the beauties of the world. Christianity does not undertake to quench this desire for recreation, but to control and direct it into safe and healthful channels.

"But from the Puritan extreme, which would suppress all amusements, we are theatened with anarchy in the world of recreation, which, instead of recreating, would destroy both body and soul. The tendency to brutality in the public popular sports of the last few years cannot be but a serious reflection to any thoughtful mind. The decline of Roman greatness, the precursor of her disintegration and ruin was signalized by bloody and cruel games. Reverence for life is one of the surest indications of civilization. Sensitiveness to the feelings or sufferings of another is the highest type of human life. But we have whole circles of society to whom the prize ring represents the highest ideal of human enjoyment. The newspapers have columns every day served up for their delectation. I hold in my hand clippings of the past week or so in different parts of the country giving accounts of men who beat each other into painful wounds, in some cases into insensibility, for the sport—the so-called recreation—of other men. One of the saddest of facts is that the enjoyment of this brutal amusement is not confined to the ignorant and vicious classes only, but these brutal human mills are attended by many men who are supposed to be creditable members of society. When the big brute Sullivan went over to England the Prince of Wales did him the honor to call upon him and pay him the courtesy of a private audience. The most honored educator in America would not have been so favored by the heir of England's throne. What a window this is into the heart of society, showing how much of brutality, fierce and wolfish, is still shut under the hatches of moral and legal restraint. The Pall Mall Gazette says the police can put down prize fighting, but the prize fighting cult, the worship of the man with a 16-inch biceps as the ideal man, remains as strong as ever. It is against that spirit of brutality that all good men and women must set themselves. One of the most significant illustrations of this brutal tendency may be seen in the college and popular games of the time. I hold in my hands the clippings of two weeks that show, in the record of ball games alone, one boy fatally shot, one youth whose neck was broken, one nose broken, and scores of fingers, scalp wounds and blackened eyes.

"The recent outrage committed by some of the students of Harvard college is an illustration of this spirit and the remark of one of the young men at the mass meeting of students hit the mark exactly—'that if the public sentiment in the college had not been very low such an outrage would have been impossible.'

"As this tendency to brutality in sports increases, extravagance increases as well. A successful base ball pitcher commands a salary as large, or nearly so, as the governor of the commonwealth, and through the summer season commands more attention from the public press. The national game is becoming in many respects a great gambling hell, where pools are sold as at a horse race. Yachting has become one of the common sports in which large amounts of money have been spent.

"Now, I do not speak as the enemy of out-door amusements. I speak only in warning against that extravagance which means harm, and in many cases overthrow. The great purpose of life, after all, is not merely to 'have a good time,' but to build up a noble character and to honestly serve one's age. The danger to young people especially, is that they will get an extravagant idea of the importance of what is, after all, only incidental to the serious and important mission of humanity."

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295 Commercial Street.

BILL OF FARE.

Ice Cream	10c, 15c and 25 cents
Coffee, Tea or Chocolate and Cake	10 cents
Milk and Milk	10 cents
Plate of Soup	10 cents
Hot Cakes, Coffee or Tea	15 cents
Beefsteak and Eggs	25 cents
Pork Chop and Eggs	25 cents
Mutton Chop and Eggs	25 cents
Venison and Eggs	25 cents
Sausage and Eggs	25 cents
Ham and Eggs	25 cents
Fresh Oysters any style	25 cents

25 Cent Regular Dinner Served From 11 to 2 O'Clock.

A nice variety of vegetables, etc., etc. Also tea, coffee or milk with all 25 cent meals without extra charge.

Choice Cigars, Imported and Domestic, always on hand.

Pork Hams, Shoulders and Eggs	50 cents
Tender Loin Steak and Eggs	50 cents

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156 Commercial Street.

House and carriage painting, sign writing, paper hanging, decorating, wall tinting and kalsomining. All work done first class. Carriage painting a specialty, charges moderate.

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THE YAQUINA ROUTE.

OREGON PACIFIC RAILROAD

And Oregon Development company's steamship line, 225 miles shorter, 20 hours less time than by any other route. First class through passenger and freight line from Portland and all points in the Willamette valley to and from San Francisco.

TIME SCHEDULE. (Except Sundays).

Leave Albany	1:00 P M
Leave Corvallis	1:40 P M
Arrive Yaquina	5:30 P M
Leave Yaquina	8:45 A M
Leave Corvallis	10:55 A M
Arrive Albany	11:20 A M

O. & C. trains connect at Albany and Corvallis.

The above trains connect at YAQUINA with the Oregon Development Co's Line of Steamships between Yaquina and San Francisco.

SAILING DATES.

STEAMERS.	FROM YAQUINA
Farallon, Friday	June 27
Willamette Valley, Tuesday	July 1
Farallon, Sunday	" 6
Willamette Valley, Thursday	" 10
Farallon, Tuesday	" 15

STEAMERS.	FROM SAN FRANCISCO
Willamette Valley, Friday	June 27
Farallon, Tuesday	July 1
Willamette Valley, Sunday	" 6
Farallon, Thursday	" 10
Willamette Valley, Tuesday	" 15

This company reserves the right to change sailing dates without notice.

N. B.—Passengers from Portland and all Willamette Valley points can make close connections with the trains of the YAQUINA ROUTE at Albany or Corvallis, and if destined to San Francisco, should arrange to arrive at Yaquina the evening before date of sailing.

Passenger and Freight Rates always the Lowest. For information apply to Messrs. SUMMAN & CO., Freight and Ticket Agents 200 and 202 Front st., Portland, Or., or to

C. C. HOGUE, Act'g Gen'l Frt. & Pass. Agt., Oregon Pacific R. R. Co., Corvallis, Or.
C. H. HASWELL, Jr. Gen'l Frt. & Pass. Agt. Oregon Development Co., 30 Montgomery st., San Francisco, Cal.

Remember the Oregon Pacific popular summer excursions low rate tickets are now on sale from all valley points to Yaquina and return.

C. C. HOGUE,
Act. G. F. and P. Agent.

THE

WISCONSIN CENTRAL LINES
NORTHERN PACIFIC RAILROAD CO. LEASED

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Fast Trains with Pullman vestibuled drawing room sleepers, dining cars and coaches of latest design, between Chicago and Milwaukee and Ashland and Duluth.

Through Pullman vestibule drawing room and colonist sleepers via the Northern Pacific railroad between Chicago and Portland, Or.

Convenient trains to and from Eastern, Western, Northern and central Wisconsin points, affording unequaled service to and from Waukesha, Fond du Lac, Oshkosh, Neenah, Menasha, Chippewa Falls, Eau Claire, Harvey, Wis., and Ironwood and Bessemer, Mich.

For tickets, sleeping car reservations, time tables and other information, apply to agents anywhere in the United States or Canada.

S. K. AINSLIE,
Gen'l Mgr., Milwaukee, Wis.
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SALEM LAND COMPANY

—Incorporated 1889---Capital Stock $30,000.—

POSTOFFICE BLOCK, -- -- SALEM, OREGON.

Citation.

In the county court, for the county of Marion, State of Oregon.

In the matter of the estate of Carl Gilbert, deceased. } Citation.

To Katharina Gillman, Margaretta Schamun and all of her heirs of said deceased, known or unknown, and all persons interested in said estate, GREETING:

In the name of the state of Oregon, you are hereby cited and required to appear in the county court of the state of Oregon, for the county of Marion, at the court room thereof, at Salem, in the county of Marion on Monday, the 4th day of August, 1890, at 11 o'clock in the forenoon of that day, then and there to show cause if any they have why an order should not be made authorizing and empowering the administrator to sell the following described real property belonging to said estate, to wit:

Beginning at the s. w. corner of Sec. 31 in township 8 s. R. 2 west of the Willamette Meridian and thence running north along the west line of said section 11.75 chains; thence south 89° 45' east parallel with south line of aforesaid section 65.06 chains; thence south 11.75 chains; thence north 89° 45' w. following the south line of aforesaid section 65.06 to the place of beginning, containing 76.44 acres of land situated in section 31 T. 8 S. R. 2 W., of the Willamette meridian.

Also beginning at the N. W. corner of Simeon Smith's donation land claim, Not. 1130, claim No. 37, and thence running north 16.65 chains to the N. W. corner of Sec. 6, T. 9 S. R. 2 W; thence south 89° 45' E. along the north line of said sec. 6, 61.58 chains; thence s. 14° 30' E. 16.94 chains to the N. E. corner of said claim No. 37; thence along the north boundary of aforesaid claim No. 37, 66.20 chains to the place of beginning, containing 105.34 acres of land being a part of Sec. 6, T. 9 S. R. 2 W. of the Willamette meridian.

Also beginning at the N. E. corner of Simeon Smith's donation land claim Not. 1130, No. 37, and thence running N. 89.45 W. on the N. boundary of claim No. 37 48.48 chains to a point in the angle of the county road leading from Salem to Jefferson via Parrish's Gap; thence south 87° 65' E. along the center of the county road 24.89 chains; thence S. 61° 30' E. along the center of said road 22.09 chains to the angle where the center of said road intersects the east boundry of said claim No. 37; thence N. 14° 30' W. along claim line as east boundry of claim No. 37 and west boundary of the Daniel Delany donation land claim No. 60, 14.27 chains to the place of beginning, containing 18.22 acres of land and being a part of Simeon Smith's D. L. C. Not. 1130, claim No. 37, situate in Sec. 6 T. 9 S. R. 2 W. of the Willamette meridian. There being in all of the premises hereby conveyed 200 acres of land situated in Marion county, state of Oregon, subject to the following reservation or agreement, to wit:

"It is agreed that the grantors of said Carl Gilbert, deceased, shall have a right of way one rod wide along the east side of said premises, to get stock to water from said grantors remaining premises and when said right of way is used by the grantors as aforesaid the grantees to be allowed to use an equal amount of grantors premises between road and said right of way."

WITNESS, the Hon. T. C. Shaw, Judge of the county court, of the state of Oregon, for the county of Marion, with the seal of said court affixed, this 23 day of July, 1890.

Attest: F. J. BABCOCK, Clerk.
(SEAL) D. C. SHERMAN, Deputy.

Eugene City Bonds for Sale.

NOTICE is hereby given that under the provisions of an act of the legislature of Oregon entitled, "An act to incorporate the City of Eugene and to repeal all acts and part of acts in conflict herewith," filed in the office of the secretary of state, February 20, 1889, the common council of the city of Eugene will issue and dispose of the bonds of said city at par value of from $50.00 to $500.00, in denominations of from $50 to $500 as the purchaser may desire, payable 30 years after date of issuing the same, with interest thereon at the rate not to exceed 5 per cent per annum, payable semi-annually.

Sealed proposals to purchase said bonds will be received by the undersigned at Eugene, Oregon, until September 1st, 1890, and all proposals received will be opened and considered on the 8th day of September, 1890, and said bonds will be disposed of to the person or persons making the best offer or offers therefor.

The common council reserves the right to reject any and all proposals. By order of the council.

May 21st, 1890. B. F. DORRIS,
Recorder for the City of Eugene.

JAY C. SMITH,

(Successor to Gaines Fisher)

—PROPRIETOR OF—

"THE CLUB STABLES."

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Specialty of Spectacles, and repairing Clocks, Watches and Jewelry.

PUBLIC SALE

of Shorthorn cattle at Whiteaker, Oregon, on July 19th, 1890, next, at 1 o'clock p. m., namely: Rose, a shorthorn cow of the best milk strain; color, red. One yearling heifer, Red Beauty, dam Rose, sired by a Polk bull. One bull calf, Neptune, No. 4 Farm Register, dam Rose, sired by a registered bull. Terms of sale—Twelve months credit with approved security at 6 per cent. interest.

W. W. HYNY,
G. W. HYNY.

$10,000 $10,000

—For Sale—

Ten Thousand Dollars

—worth of—

Fancy and Staple Groceries.

For prices and terms enquire of

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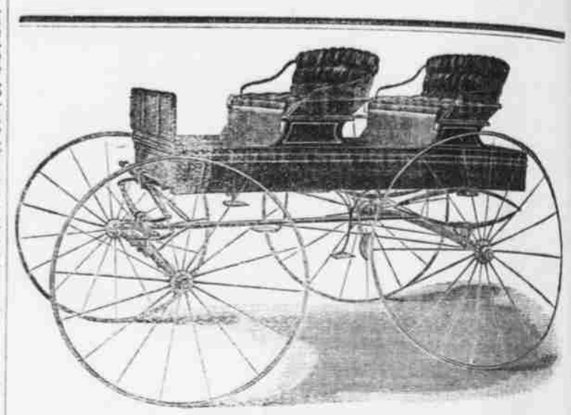
Goods delivered free to all parts of the city.



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Of the best standard makes. Prices are the lowest. Quality considered. All invited to call and examine them at 282—284 and 286 Commercial street.

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A Specific Remedy for Each Disease.

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DR. HILLER'S COUGH CURE. Cures Colds, Hoarseness, Coughs, Bronchitis, Pleurisy and Pneumonia; relieves consumption. Contains no Opiates. Cures Croup in 10 minutes.

DR. HILLER'S DIPHTHERIA AND SORE THROAT CURE. Prevents and cures Diphtheria. Will positively cure any sore throat in from 2 to 24 hours. Cures Quinsy in 3 days.

DR. HILLER'S FEVER CURE. Indispensable in all acute diseases attended with fever. Prevents and cures scarlet Fever, Scarlatina, and Measles. Mothers try it once.

DR. HILLER'S NERVOUS DEBILITY CURE. Cures Nervous Weakness, and Loss of Power. Never fails. Send for Private Circular to Hiller Drug Co., San Francisco, Cal.

DR. HILLER'S RHEUMATIC AND NEURALGIC CURE. Cures Rheumatism, Neuralgia, Gout, Lumbago, and Sciatica, by neutralizing the blood acids which cause them.

DR. HILLER'S TEETHING CURE. Aids the growth and development of children during the teething period, ensures painless teething and sound teeth, and prevents and cures Spasms, Rickets, Brain Troubles and Bowel Complaints. A blessing to mother and child.

DR. HILLER'S WHOOPING COUGH CURE. Prevents and Cures Whooping Cough.

Note.—With exception of Dr. Hiller's Hydrastine Restorative, Dr. Hiller's Rheumatic and Neuralgic Cure, and Dr. Hiller's Cough Cure, the above remedies are in Tablet form, and, if not obtainable from your druggist, will be mailed free, on receipt of price.

$1.00 per Package. Six Packages for $5.00.

These remedies are the result of 25 years of professional experience, and are guaranteed to cure when a cure is possible. Dr. Hiller's Separate book of Directions for home treatment, containing valuable instructions as to hygiene and diet, sent free.

HILLER DRUG COMPANY, SAN FRANCISCO, CAL., U. S. A.

For Sale by DAN'L J. FRY, Druggist, 225 Commercial St., Salem.

Kalsomining

PAINTING, PAPERING Etc. Done with neatness and dispatch by N. D. JONES. Shop up stairs over E. C. Small's store

Bids Received.

Bids will be received up to Saturday, July 19, 1890, at 2 o'clock p. m. by the board of directors of school district No 24, Marion county, at the office of the school clerk, Salem, Or., for the ventilating and heating by hot air of the East Salem school building and the proposed North Salem school building. The contractor to furnish plans and specifications for the same. The contractor will also be required to furnish bonds in the amount of the contract to guarantee the heating of the buildings to a temperature of 70° Fahr., inside the buildings when the temperature is at zero outside.

The furnaces will be needed in the buildings September 1, 1890.

The board of directory reserve the right to reject any and all bids.

F. M. SMITH,
E. M. WAITE,
A. E. STRANG,
Directors.

School Desks.

Bids will be received by the school directors, of school district, No. 24, Marion county, Oregon, on Friday, August 1, 1890, at 1 o'clock p. m., for furnishing 50 or more desks for North Salem school building, bidders to present specimens of their desks with bid. The right to reject any and all bids is reserved.

F. M. SMITH,
E. M. WAITE,
A. E. STRANG,
Directors.

County Normal Institute.

THE SECOND annual session of the Marion county normal institute will be held in the city of Salem, beginning Monday, August 11th, 1890, and will continue three weeks. It is expected that all teachers and those intending to teach in the schools of Marion county will be present and assist in the work. Classes will be organized in all branches taught in the common schools. Competent assistants will be employed.

J. W. YODER,
County School Superintendent.

1,500 MILES.

But She Got It.—A Sample of Letters Daily Received.

Only those who have tried it can know what it is that prompts one to send 1,500 miles for it to get it again. Here is another of many such instances:—

DEAR SIRS: I send $5, for which please return a half dozen of your vegetable sarsaparilla. I have moved here from Sierra City, Cal. I took three bottles before leaving, hence I send all the way back to California for more. It was just before I left Sierra City, about a year ago, that I began to feel my kidneys weak. My back was very yellow, and I was all pains and aches, especially under my shoulders and in my head. The doctor said it was my liver, and gave me some medicine which relieved me somewhat. One of my neighbors happened in and told me she had started to take Joy's Vegetable Sarsaparilla, and advised me to try it. I did, and with such good effect that I now feel like a new being. I have persuaded one of my neighbors here to take it, so part of this is for her and part for myself.

MRS. GEO. DELBRIDGE,
Butte City, Montana.

The reader, who has not tried it, has no idea what the vegetable juices in this remedy will do for disordered systems.

A Small Army.

Over 500 people are employed with John Robinson's great exhibition in its various departments. The show travels on its own train of sixty-four cars, and requires eight sleeping cars for its employes. Wednesday, July 30th is the date of this exhibition at Salem.

Alice Atherton the Popular Actress.

Says, E. S. Holden: During the prevailing cold weather I have suffered from severe cough. I am pleased to state that I recieved great relief from the use of your Ethereal Cough Syrup. ALICE ATHERTON.
San Francisco, Feb. 10 1879.
Large size $1.00, small 50 cents. For sale by all Druggists.

A Cure for Sick Headache.

This distressing complaint is due to an inactive or sluggish liver or constipated bowels which deranges the stomach and disturbs the nervous system causing dizziness and an oppressive dull pain in the head, often so severe as to prevent any rest or sleep. One of Dr. Guinn's Improved Liver Pills will relieve you of all the pain and misery and a few more doses will correct the liver and stomach and regulate the bowels. While these pills are small, easily taken, and mild and gentle in their action there is no medicine mand that will so effectually cure sick headache. 25 cents a box. Sold by Smith & Steiner.

WOOD CHEAP.—Call on Geo. D. Goodhue 86 State street, if you want to lay in your winter supply of wood. Extra inducements to buy now, as low as any farmer dare sell. Don't put it off; you may be too late.

How to Cure Nervousness.

A body with a nervous temperament will make known its wants through its natural medium—the nervous system. If it fails to receive proper nourishment the nerves will be the first to cry out. Dr. Hiller's Hydrastine Restorative ensures perfect nutrition to those who take it, and a perfectly nourished body cannot be nervous. For sale at D. J. Fry's.