

Dr. King, the eminent medical writer, in a learned dissertation on the national constitution of the human body, says:

"The great quantity of cathartic pills, etc., which are taken by the people of this country are produced by a general expectation. True, the physic unloads the bowels, but in so doing it also weakens the system, and the inclination is, that instead of removing continuance, it aggravates it, leaving the bowels in a more torpid state than before."

Joy's Vegetable Sarsaparilla was designed to fill just such a contingency as the doctor's arrangement anticipates, viz. instead of being a powerful medicinal purgative, it is a tonic and a stimulant, which, by its pleasant and gentle stimulating properties, is certain to obtain a relief in constipation that it has been given away to hundreds, not to be paid for unless it was of positive benefit. It replaces constipation almost in an instant, and with a natural, easy, and healthy action. In cases of chronic purgatives, it can be taken indefinitely with perfect safety.

For exchange, a 320-acre farm near Salem, for business property in the city. Inquire at JOURNAL office.

RESIGNED.—We are informed that Supt. Lane, of the asylum, has tendered his resignation to the board of asylum commissioners, composed of Governor Pennoyer, Treasurer Webb and Secretary of State McBride, to take effect January 1st, 1891. It is not known what action will be taken. There is a strong contingent of democrats who demand Dr. Lane's removal at an early day. It is believed that his action was had with reference to this latter fact.

"Softly fades the twilight ray,"
but J. G. Wright's bargains beat the ray;
they don't fade.

hotel from DeLin & Holman, under-
takers, Portland, about noon to-day.
"A man has committed suicide who
is supposed to be a resident of Salem.
Particulars by mail." THE JOURNAL
desirous of obtaining something more
definite, applied the telegraph, but
this is all that has been received so
far: "About noon a man whose name
could not be learned committed sui-
cide at the Hotel Portland, by
shooting himself in the head." The
question arises, who is he? Salem
residents are not addicted to com-
mitting suicide.

T. H. WILSON, Owner, **H. C. & J. H. PORTER,**
420 State Street, Salem, Real estate agents, Astoria, Or. 66-1m
J. W. CRAWFORD, Administrator of said estate