

TORTURE IN DREAMS.

Physical Changes Caused by Intense Suffering in Nightmares. "I read with great interest," writes a correspondent of the Indianapolis News...

Mining in Southern California.

San Francisco Chronicle: Gold was first discovered in San Diego county in 1869 by a woman, who found some nuggets in Coleman creek...

Catarrah Can't be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrah is a blood or constitutional disease, and in order to cure it you have to take internal remedies...

ELIAS & WHITNEY.

Favorite Livery and Feed Barns. Good rigs always on hand and furnished on short notice. Private boarding of horses and stock a specialty...

NEW LIVERY STABLE.

Jay Smith Sole Proprietor. Corner Ferry and Liberty streets, N. E. cor from Chemekete hotel, Salem, Or.

New Express Wagon.

WILLIAM HOLCOMB. Has started a new express wagon and is now ready to deliver baggage to and from the depot, and to any part of the city...

\$500 Reward

FOR AN ACQUIRABLE CASE OF HEALTH. Le Richieu's Golden Balsam No. 1 Cures Chancres, first and second stage...

1890 Harper's Weekly.

ILLUSTRATED. Harper's Weekly has a well-established place in the leading newspaper in America...

HARPER'S PERIODICALS.

PER YEAR: Harper's Weekly \$1.00 Harper's Magazine \$1.00 Harper's Bazar \$1.00 Harper's Young People \$1.00

1890 Harper's Bazar.

ILLUSTRATED. Harper's Bazar is a journal for the home giving the latest information with regard to fashions...

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SALEM BANKS.

First National Bank. SALEM, OREGON. WM. N. LADUE, President. DR. J. REYNOLDS, Vice President. JOHN MOIR, Cashier.

GENERAL BANKING.

Exchange on Portland, San Francisco, New York, London and Hong Kong bought and sold. State, County and City warrants bought. Farmers are cordially invited to deposit and transact business with us.

The Capital National Bank

SALEM - - - OREGON. Capital Paid up, \$75,000 Surplus, \$10,000. R. S. WALLACE, President. W. W. MARTIN, Vice-President. J. H. ALBERT, Cashier.

LOANS MADE

To farmers on wheat and other marketable produce, consigned or in store, or other in private granaries or public warehouses.

COMMERCIAL PAPER

Discounted at reasonable rates. Drafts drawn on New York, Chicago, San Francisco, Portland, London, Paris, Berlin Hong Kong and Calcutta.

Cheap Money.

MONEY to lend at low rate upon farm mortgage and city property. No delay after good title shown by abstract.

Conservatory of Music

Of the Willamette University, Salem, Oregon, the most successful Music School on the Northwest Coast. Conservatory of Music, under the direction of Prof. Z. M. PARVIN.

Something New.

NEW STORE! NEW GOODS!! NEW PRICES!!! The variety store lately opened in Dr. Row and a brick on Court street, has just received a large invoice of variety goods, including...

CHRISTMAS GOODS.

HOLIDAY GOODS AND 5 AND 10 CENT GOODS. We have an endless variety of Fine Holiday Goods, and many more than you can buy for a nickel or a dollar.

DEAR GIRLS!

Take no Tally from any young man, but if they offer you a nice Box of Heltenbrand's Square Chocolate Creams, made only by his Patent Process, take them, and tell them to come again, for they are superior to any made in the United States.

Fine Watch Repairing

by C. A. BURBANK. No. 317 Commercial Street. Sealed Proposals. SEALED PROPOSALS are invited by the Marion County Improvement Company for furnishing 4000 feet for the construction of the Salem and Silverton Steam Motor Railway and Salem Bell Line.

Through Tickets

To all ports SOUTH and EAST CALIFORNIA. For full information regarding rates, apply to the Company's agents, J. J. HARRIS, Ass't. G. P. and Pass. Agt., 417 Broadway, N. Y.

FOR MEN ONLY!

POSITIVE CURE for all cases of Gonorrhea, Syphilis, and all other venereal diseases. Dr. J. W. HARRIS, 417 Broadway, N. Y.

The Mormon Elders' Book

For sale by J. W. HARRIS, 417 Broadway, N. Y.

NEW HARDWARE STORE!

WILLAMETTE UNIVERSITY. Chas. Pugh, Proprietor. (Successor to Bellinger & Co.) HARDWARE. A complete line always in stock.

Farming Implements

A complete line always in stock. M. Atch is brought here and for sale at the most reasonable prices. The best and latest improved machinery is always on hand.

A. E. STRANG,

No. 33 Commercial Street, SALEM, - - - OREGON. DEALER IN STOVES and RANGES. Plumbing, Gas and Steam Fitting. Tinware and Artistic Metal Work a Specialty.

GEORGE WILKINS'

NEW BUTCHER SHOP. On Liberty Street, across the bridge in North Salem. All kinds of meats kept on hand.

Just Received

At Charles Calvert's Millinery, Manufacturer of the finest lines of Millinery Goods, brought to Salem. All goods are of the latest design and have been brought direct from the Millinery Establishment of San Francisco.

For the Public Good.

I wish to employ a few ladies on a salary to make up any business at the ladies' rooms, Light, very handsome and healthy. Wages \$10 per week. Reasonable given for good work. For more particulars, apply to Mrs. M. W. HARRIS, 417 Broadway, N. Y.

THE YAUQUINA ROUTE.

OREGON PACIFIC RAILROAD. The Oregon Development Company's Steamship Line, 235 miles shorter, 30 hours less time than any other route. First class through passenger, tourist and second class. Pullman Palace Sleeping Cars, Pullman Dining Cars, meals free from Portland and Astoria to and from San Francisco.

MEMORY DISCOVERY.

Only Genuine System of Memory Training. Four Books Learned in one reading. Mind and adult greatly benefited. Great inducements to correspondence classes.

DR. JORDAN & Co.'s MUSEUM OF ANATOMY

731 Market St., San Francisco. Consultation free. Dr. J. W. HARRIS, 417 Broadway, N. Y.

Union Pacific R. R. Company

"OVERLAND ROUTE." Trains for the east leave Portland at 7:00 a.m. and 9:00 p.m. daily. The rate to and from Portland to the coast is \$10.00.

PULLMAN PALACE SLEEPERS.

Free Family Sleeping Cars run through Express Train to Omaha, Council Bluffs and Kansas City without charge. Divertments at Portland for San Francisco and other points.

Brick and Tile for Sale

MURPHY & DESART. 250 Commercial Street. The best of White Portland Cement, made in Oregon. For more particulars, apply to Murphy & Desart.

Reception Saloon

250 Commercial Street. The best of White Portland Cement, made in Oregon. For more particulars, apply to Murphy & Desart.

HOT OR COLD BLENCHERS

Manufactured by Murphy & Desart, 250 Commercial Street.

Recent discoveries in Pine Valley.

south of the Stonewall mine, have caused considerable excitement. A new camp, called Eureka, has been established, and there are at present 150 miners there, and a large quantity of good ore has been taken out.

Catarrah. Catarrah Deafness-Hay Fever-A New Home Treatment.

Sufferers are not generally aware that these diseases are contagious, and that they are due to the presence of living parasites in the lining membrane of the nose and eustachian tubes.

It was the voice of my employer and old friend—the man who had saved me from prison and who had given me a chance in the world. Great heavens! how I suffered. Cold blood—cut soon out on me, and the thought of my treachery was agonizing beyond human endurance.

FOR SALE.

FOR SALE OR TRADE for city property in Salem, fifty acres of land suitable for grain culture, eight miles south of Salem. Also two hundred acres best peach and for sale nine miles south of Salem.

BOARDING.

PRIVATE BOARDING—A few ladies or gentlemen can obtain a reasonable rate, good board with nicely furnished rooms in the first part of the city, right by the street cars, by calling at 367 Winter street, corner of Center street.

SOCIETY NOTICES.

K NIGHTS OF PYTHIANS.—Regular meeting on Tuesday night of each week at 7:30 p. m. J. O'DONALD, G. C. W. H. H. WATERS, K. of R. and G. C. S. L. V. LODGE No. 1, 10 G. F. meets in Odd Fellows' Hall upstairs, Corner Commercial and Ferry streets, every Saturday at 7:30 p. m. L. A. MANNING, Secretary.

PROFESSIONAL CARDS.

J. J. SHAW, Attorney at Law, Salem, Oregon. Office first door to the left of head of stairs in the rear of Ladd & Bush's bank.

TILMON FORD, attorney at law.

Member of the Bar of Ontario, Canada, 99 State street, Salem, Oregon.

JOHN A. CARSON,

Counselor and attorney at law. Member of the Bar of Ontario, Canada, 99 State street, Salem, Oregon.

PHYSICIAN AND SURGEON.

DR. MRS. DR. M. D. McCOY, physician and surgeon, has located and taken rooms over Squire Farrar's grocery store, Chronic diseases a specialty. Consultation free. 1241 1/2

W. P. WILLIAMS, STENOGRAPHER

and Typewriter Copyist. Will make reports of trials, etc.; copying on type writer accurately and neatly done. Office over A. T. Yantson's furniture store, Commercial street, Salem.

CHARLES C. CURTIS, M. D., Surgeon

and Homoeopathic physician. Office and residence, 155 Court street, in office formerly occupied by Dr. Hadden, Salem, Or. Office hours 8 to 9 a. m. and from 2 to 3 and 7 to 8 p. m. Diseases of the rectum and chronic diseases a specialty. Fifteen years experience. dw

ANDREW H. DIVEN,

PHYSICIAN AND SURGEON. Office hours: 9 to 11 a. m., 3 to 5 and 7 to 8 p. m. Office: Court street, next door east of Dr. Rowland. Residence, 301 Chemeketa st.

NOTICE.

NOTICE is hereby given that at a meeting of the stockholders of the CAPITAL JOURNAL Publishing Company, held on the 15th day of June, 1890, by unanimous vote the capital stock of the company was increased from Five Thousand to Ten Thousand Dollars. M. L. CHAMBERLAIN, Secretary.

Delinquent Tax Notice.

NOTICE IS HEREBY GIVEN THAT the delinquent taxes of the city of Salem for the year of 1889 is now in my hands for collection. All persons are hereby notified to settle up or I shall proceed to collect the several amounts by law. J. H. HARRIS, City Marshal and Tax Collector.

What a Life-Saver Says to Them and What They Say to Him.

"Why do good swimmers drown in the sea?" was asked by an Atlantic City correspondent of life-saving young Ed O'Brien, who has become somewhat famous along the coast there.

"I will tell you," he answered.

"The men who are good swimmers, and who drown while in bathing here, are freshwater swimmers. They are good swimmers in smooth water, but when they tackle the sea they are no good. A good many, when in the water, go out too far to show off. Then when it comes to swimming back they give out and go down. These freshwater swimmers have an idea that they must not get back on a straight line. They know nothing about tides or currents, and they strike out to get back to shore by the shortest route instead of finding out the current and swimming with it. The first thing they know they get into a wave that twists them all up. They don't know when to cut through it, and all of a sudden they lose their head, get out of wind, become scared and then comes the cry for help. A freshwater swimmer coming to any beach ought first to study the currents and tides before he ventures out. No one should venture out beyond the safety line unless he is thoroughly posted, no matter how good a swimmer he is in still water. If he knows the current and the tide thoroughly he will find it an easy matter to get back to shore in his own good time."

"What do you first say to a drowning man when you reach him?"

"I sing out to him as loud as I can that I have him safe. If I am in a boat I first ring him a rope. When I get a drowning man I always think of a life for a life. It is always best to keep a drowning man off from you until you have him quieted down. If an excited man gets the best of you in the water the chances are both of you will be lost."

"What is the first thing a saved man will generally say to you?"

"After he gets out and gets his wits back again, the first thing a man generally does is to smile, shake his head, and say 'that was a narrow escape, sure.' Then he'll thank me over and over again, and if he owned the world he'd give me four times of it to me. A good many have found me rewarded me liberally, but I have helped out some men who promised me much, but never kept their promises."

Some Striking Contrasts.

An English lady living temporarily in the United States notices that the house servants do a deal more work here than in the old country; yet that our servants are relieved of some work that is necessary there—the taking of hot and cold water to sleeping-rooms in some houses, and the care of a fire in every room by reason of no furnace in the cellar. She insists upon the superiority of stoves here over fire-places in England in cold weather, and says that the kitchen stove here burns much less coal than it does there. The use of bituminous coal in England is one cause of some of the domestic troubles. The independence of the domestic servants in America is another noticeable fact, as might be expected in a democratic country. As a sample of the greater conveniences here, the carpet sweeper is mentioned, with its dustless work, in place of a broom, which is solely used in England.

Not the Pig's Fault.

Wife—"The 25th of next November we will celebrate our silver wedding. Don't you wish we ought to kill the pig as I have a big one?" Husband—"Kill the pig? I don't see how the unfortunate animal is to blame for what happened twenty-five years ago."