CARE OF THE HAIR.

Some Sound Advice for Women Who Want Fine Locks.

Hair must be carefully cultivated to grow even in length, supple, silken and graceful in color, says a writer in the Pittsburgh *Dispatch*. Every thing is encouraging for the improvement of the hair, if time can be given it. The same treatment will not do for different kinds of hair by any means. Strong, stiff, naturally moist hair needs a weekly shampooing and daily and nightly brushing, with exposure to the morning and evening sun, which is a great stimulant to the hair. Thin, soft, dry hair needs tender care, but with either the first step toward improvement is thorough washing of the scalp and hair, which collects dirt its entire length.

To cleanse it the various alkalis, borax, ammonia, carbonate of potash and washing soda are used, and the strong hair will bear them, but they burn the life out of thin, dry hair. Most hair washes are used entirely too strong. Soap bark is really better than any thing I know, except the shampoo powder of "the fatal sisters," which leaves the hair luxuriously silky, instead of flying like thistledown. Pour two quarts of boiling water on a teaspoonful of soap bark, let it cool till pleasant, comb the hair smoothly from the face, part it and scrub down the parting with the shampoo brush like an exaggerated tooth brush, wetting the skin well with the decoction. It lathers well, and the whole head should be gone over, making twenty or more partings, the hair rinsed in plenty of clear water, combed and wiped smoothly, not rubbing it ferociously, and tangling it, which breaks it. The Venetian ladies drew their hair through a crownless hat, and let it stream over the brim to dry, and you may follow the example, sitting in the sun, if possible, an hour. Light is a great stimulant and preservative to hair, and it is well to open it when dry and let the wind blow through. The sun will cause the natural oil of the hair to flow—or the head may be held to the fire until the dry hair feels moist. A smart brushing night and morning, careful braiding before sleep, and an hour spent once a month clipping all forked ends, will insure a rapid growth of hair, if the general health is good without other treatment. If you want a stimulant at night rub a little oil of lavender in the roots of the hair with the shampoo brush. Do not irritate the scalp by hard brushing. Regular care is better than overdoing.

Thin, fragile hair is best cleansed with the yelk of a fresh egg, rubbed in the roots with the fingers, left on fifteen minutes and washed off in warm, soft water. The egg is nutritive as well as cleansing to the hair, and may be used twice a week, wiping the hair and drying in the sun. Then comb, and stroke the hair smooth with the palms of the hands, gently and briskly, fifty to one hundred times. This stroking is better than brushing daily. A gentle current of electricity applied to the scalp every other day is excellent for weak hair, and is nearest to a specific for baldness, partial or entire. To keep hair from falling nothing is better than the old-fashioned tincture of sage and rosemary, which, as no Northern gardener grows rosemary, I leave the druggist to prepare. The wild white sage of the Rocky Mountains has great virtue as a stimulant to the hair. These two pleasant herbs are worth all the rest of the pharmacopœia for the hair, lungs and nerves.

EXPENSIVE NEEDLES.

Reminiscences of the Days When Times Were Hard in the Confederacy.

From an article entitled "Hard Times in the Confederacy" in the *Century* we quote the following: "In August, 1864, a private citizen's coat and vest, made of five yards of coarse homespun cloth, cost two hundred and thirty dollars exclusive of the price paid for the making. The trimmings consisted of old cravats; and for the cutting and putting together, a country tailor charged fifty dollars. It is safe to say that the private citizen looked a veritable guy in his new suit, in spite of its heavy drain upon his pocket-book.

"In January, 1865, the material for a lady's dress which before the war would have cost ten dollars could not be bought for less than five hundred. The masculine mind is unequal to the task of guessing how great a sum might have been had for bonnets 'brought through the lines'; for in spite of patient self-sacrifice and unfaltering devotion at the bedsides of the wounded in the hospital, or in ministering to the needs of relatives and dependents at home, the Southern women of those days are credited with as keen an interest in the fashions as women everywhere in civilized lands are apt to be in times of peace. It was natural that they should be so interested, even though that interest could in the main not reach beyond theory. Without it they often would have had a charm the less and a pang the more. Any feminine garment in the shape of cloak or bonnet or dress which chanced to come from the North was readily awarded its meed of praise, and reproduced by sharp-eyed observers, so far as the scarcity of materials would admit.

"But fashion's rules were necessarily much relaxed in the Southern Confederacy so far as practice went when even such articles as pins brought through the blockade sold for twelve dollars a paper, and needles for ten, with not enough of either."

Illiteracy of Criminals.

The illiteracy of criminals is illustrated by Dr. Scouller, of the Illinois Reform School, thus: "While the State of Illinois has less than 6 per cent. unable to read and write, the commitments to the Reform School show nearly 25 per cent. unable to read and 70 per cent. unable to write. "What is your nationality?" we asked of a young man nearly 6 feet high. "Don't know." "Are you an American?" "Eh!" "Were you born in America?" "No. I was born in Shelbyville, Ill." The criminal is, above all, selfish and egotistical. He knows it all. He is incapable of being taught. Smartness is his curse. He is ever ready to sneer at others. Bragging is his unconquerable propensity. He commits crime because he is proud of it. Which suggests that the habit of ignorant egotism in parents tend to breed in children a criminal conceit and tendency to do whatever will make them notorious."

An Author of Means.

Alexander Dumas is one of the few modern authors possessing enough of this world's goods to live handsomely. He has a charming chalet near Dieppe, which is mantled by ivy and filled with pretty furniture and valuable pictures. Then he has a splendid house in Paris, which contains marvelous treasures of art. Dumas is now a strong and vigorous man, who bears his sixty-four years well, and with his keen eyes twinkling with wit and malice, his short brush-light mustache, robust appearance and erect stature, he gives one an impression that he is either a General on half pay or a retired planter.

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" 11.05	Townsend,	" 1.15
" 11.10	McKee,	" 1.10
" 11.25	Mt. Angel,	" 12.55
" 11.35	Down's,	" 12.32
" 12.10	Silverton,	" 12.20
" 12.30	Johnston's Mill'	" 11.15
" 12.35	Switzerland,	" 11.46
" 12.44	East Side Junct.,	" 11.38
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" 5.56	Ale	" 10.28
2.21	O P Crossing,	" 10.10
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" 3.13	Crabtree,	" 9.30
" 3.45	Spicer,	" 9.02
" 3.55	Tallman,	" 8.52
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8:00 a. m.	Lv.	Portland	Ar.	12:5 p. m.
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