

The Tea Health Commandment. 1. Thou shalt not have no other food than at meal time.

ROYAL BAKING POWDER Absolutely Pure. This powder never varies. A marvel of purity, strength and wholesomeness.

Trucks and Drays. MORGAN & MEAD

Are now provided with fine new drays and trucks and are prepared to do all business in that line in the best of shape.

The BUYER'S GUIDE is issued March and Sept. each year. It is an encyclopedia of useful information for all who purchase the luxuries or the necessities of life.

T. J. CRONISE. Salem's Popular Job Printer.

AT HIS NEW QUARTERS IN THE State Insurance Building, Cor. Commercial and Chemekete streets.

For the Public Good.

It is an indisputable fact that the hand-somest vestibule trains that are now run on the American continent are those on the Burlington route, leaving from Union depot in Denver, also St. Paul, immediately on arrival of all through trains from the west.

\$50. HORSES. \$50.

One hundred head of brood mares and fifty young horses for sale. Forty or fifty colts expected in the spring.

OREGONIAN RAILWAY CO. (Limited Line.)

CHAS. N. SCOTT, Receiver. On and after June 21 1889 and until further notice trains will run daily (except Sunday) as follows:

Table with columns: From Portland, To Portland, Stations, Time. Includes routes to Woodburn, Madras, and other local destinations.

Notice of Cancellation of County Warrants.

State of Oregon, County of Marion, ss: Notice is hereby given that in accordance with said Act to require county warrants to be cancelled...

The Oregon Fruit Dryer. It is Easy to Operate and Economical in Fuel. Awarded first premium at the Oregon State Fair in 1887, '88, '89, '90, and at the California State Fair in 1887, '88, and the San Joaquin county Fair in 1887, '88, '89, '90.

LITTLE WOMEN are as a rule, possessed of happy dispositions but when these sweet dispositions become soured and irritable, in consequence of the long train of distressing features peculiar to female complaints...

THEIR BUSINESS BOOMING. Probably no one thing has caused such a great revival of trade at Daniel J. Fry's Drugstore as their giving away to their customers so many free trial bottles of Dr. King's New Discovery for Consumption.

HOUSEHOLD SHOULD BE WITHIN

DR. SIMMONS' LIVER REGULATOR. A FAMOUS BATTLE-GROUND. On the banks of the Tippecanoe, a small stream which enters the Wabash River in Indiana, was fought the terrific battle of Tippecanoe.

The majority of the ills of the human body arise from a diseased liver. Simmons' Liver Regulator has been the means of restoring more people to health and happiness by giving them a healthy liver than any other agency on earth.

VIVID WRITING.

A little descriptive piece entitled "Over the Guns," from the Detroit Free Press, of which we give a paragraph, reminds us that great advertisers, like H. H. Warner & Co., proprietors of Warner's celebrated Safe Cure, might get a hint from it.

"Shoot to the right or left, over the guns or under them. Strike where you will, but strike to destroy. Now the hell surges down, even to the windows of the old farm-house—now back under the apple trees and beyond them. Dead men are under the ponderous wheels of the guns, mad devils are slashing and shooting across the barrels. No one seems to know friend from foe. Shoot, slash, kill and—"

"But the hell is dissolved. The smoke is lifting, shrieks and screams grow fainter, and twenty or thirty living men pull the dead bodies away from the guns. Three hundred dead and wounded on the single acre. They tell of war and glory. Look over this hell's acre and find the latter." And in just as deadly a strife, though noiseless, are men falling at our right and left to-day. Is it war? Yes, war of the blood. Blood loaded with poison through imperfect kidney action. And is there no power to stop this awful slaughter? Yes, Warner's Safe Cure, a tried specific, a panacea that has brought life and hope to hundreds of thousands of dying men and women.

Weekly Capital Journal!

Has Been Enlarged And Greatly Improved and Now Is The CHEAPEST NEWSPAPER IN OREGON!

THE BEST FAMILY NEWSPAPER IN MARION COUNTY!

Read Our Reduced Terms! WEEKLY, one year, \$1.00. WEEKLY, six months, \$0.75.

Now Read Our Discount for Cash. WEEKLY, one year, \$1.00. WEEKLY, six months, \$0.50.

Our Old Subscribers. THIS IS NOT A SPECIAL OFFER. But a solid, permanent reduction. We have come to stay.

TO ONE AND ALL. We say, send us your names. If you want to take advantage of our "one third off for cash," and are not where you can get postal notes of other convenient method of remitting, send us your name and state that you will remit at first opportunity.

THE YAQUINA ROUTE.

OREGON PACIFIC RAILROAD. And Oregon Development Company's steamship line, 225 miles shorter, 20 hours less time than by any other route.

TIME SCHEDULE, (Except Sundays): Leave Albany 1:00 P.M. Leave Corvallis 2:00 P.M. Arrive Yaquina 3:00 P.M.

SAILING DATES. STEAMERS, FROM YAQUINA. Willamette Valley, Saturday Aug. 3. Willamette Valley, Tuesday Aug. 13.

Remember the Oregon Pacific's popular summer excursions to Yaquina. Low rate tickets are now on sale, good every Wednesday and Saturday from Albany, Corvallis and Philomath.

Overland to California

Southern Pacific Company's Line. THE MOUNT SHASTA ROUTE.

Table with columns: Time between Salem and San Francisco, Between Portland and S. F., California Express Train—Run Daily.

PULLMAN BUFFET SLEEPERS. TOURIST SLEEPING CARS. For accommodation of second class passengers attached to express trains.

West Side Division, Between Portland and Corvallis: DAILY—(EXCEPT SUNDAY).

Through Ticket. To all points. "OUTH and EAST" CALIFORNIA.

For full information regarding rates, maps, etc., apply to the Company's agent, Salem, Oregon, G. P. ROGERS, Asst. G. P. and Pass. Ag't R. KOHLER, Manager.

Oregon Railway and Navigation COMPANY. Columbia River Route. Trains for the east leave Portland at 7:30 am and 9:30 pm daily.

ELEGANT PULLMAN PALACE CARS. Now in arrears are urged to take advantage of our big discount, by settling old accounts and joining the grand throng of one dollar subscribers!

THE \$100 REWARD. \$100. The readers of the JOURNAL will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages and that is catarrh.

Free of Charge and With no Change. Connections at Portland for San Francisco and Eugene for San Francisco. For further particulars address any agent of the company or A. L. MAXWELL, G. P. & T. A. C. J. SMITH, Gen'l. Manager, Portland.