HINTS FOR EMERGENCIES.

How to Act in Cases of Accident and Sudden Illness.

Sir W. Moore, late Surgeon-General with the Government of Bombay, has a paper in the Hospital on "The Immediate Treatment of Accident and Sudden Illness," in which he states that only the other day he was passing Kensington Gardens, when he observed an old man being supported by two other persons, and encouraged to cling to the railings, so as to maintain an upright posture. A glance showed what was the matter with the old man. He had been struck by cardiac failure, or serious apoplexy, or that variety of the malady in which the face is pale, and the circulation of the blood failing. His pulse was feeble and intermittent, and there was evident paralysis on one side of the body. Now, what ought to have been done in such a case? The poor old man should have been laid on right side full length, his collar should have been opened, he should have been allowed plenty of fresh air, and his legs, feet and hands should have been well rubbed. Then, when the first shock of the malady had passed away, he ought to have been carried, still in the recumbent posture, to the nearest hospital. Again, another instance. Only a few days back, in the Hammersmith road, two boys were knocked down by a cab. One escaped with little injury, the other got concussion of the brain. He was almost senseless, speechless, cold and pallid. The same plan ought to have been pursued as in the case of the old man; but instead of this, the boy was surrounded by a dense crowd of inquisitive people, and one good but mistaken Samaritan was supporting the injured youth in an upright position on his knee. After a time the poor boy was dragged away on his legs, being well shaken and jostled in the process. Yet a third instance. In Hyde Park, one recent Sunday, a person was taken in an epileptic fit. One bystander wisely ran for water; others carried the epileptic to a bench, on which he was seated. Now, in epilepsy there is a great struggling, the limbs are convulsed, and the tongue is very liable to be protruded between the teeth and severely bitten. This accident should be guarded against by placing something, as a small piece of soft wood, too large to slip into the mouth, between the teeth; and the person should be simply prevented injuring himself in his struggles until the fit passes away. But nothing of the kind was attempted; the consequence being that the tongue was bitten, and the limbs of the epileptic were bruised against the hard wood of the bench on which he was seated and held. Had he been placed on the soft grass and left alone he would have injured himself less.

The following are rules which may be safely adopted in cases of accident and sudden illness. Place the person on the ground or floor lying toward the right side, and with the head raised to the level of the body by a pillow, folded coat or other soft substance. Then unbutton or split open any clothing pressing upon the neck or chest. The face and chest should be sprinkled with cold water, and some cold water may be given to drink if the power of swallowing remains. Wine, brandy or other liquor should not be hastily given without evidence of their being needed. Examine the head and limbs separately. The prominent parts of the limbs may be examined with very little movement of the body. If it is necessary to move a person after any injury, especially of the head, the person should be carried while lying down. He should not be allowed to sit upright in a vehicle or to walk. See that the person is allowed plenty of fresh air. The history of the accident should be obtained, and when sending for a surgeon the message should be as clear as possible, and, if practicable, a written one.

The most common maladies which occur suddenly to people in the streets of large towns are apoplectic and epileptic attacks, maladies depending on heart affections, and drunken fits, although, perhaps, the latter should not be classed under the head maladies. But it is necessary to distinguish apoplexy and epilepsy from "dead drunk," as it is called, and also poisoning by opium. Apoplexy is known from epilepsy by the puffing or snoring breathing which occurs in the former malady. In epilepsy there is no struggling of the limbs, the eyes are turned up under the lids, so that the whites only are visible, and the person generally falls down with a loud cry, none of which are the symptoms of apoplexy. Apoplexy is to be distinguished from affections due to the heart, because in the latter maladies the symptoms are very similar to fainting. The person is pale, unconscious, with feeble pulse, scarcely perceptible breathing, white lips and a death-like expression of countenance; while in apoplexy, though the person is unconscious, there is snoring or puffing breathing, and the face is often drawn to one side. Apoplexy is best distinguished from the effects of spirituous liquors by the history of the case, which may probably be one of drinking. Secondly, by the smell of liquor in the person's breath; although this is not a certain sign, for some one may, in mistaken kindness, have given the person struck with apoplexy some kind of liquor. Thirdly, in the "drunken fit," the size of the pupils of the eyes is equal, while in apoplexy one is often larger than the other. By the pupils of the eyes is meant the round space in the center of the dark part of the eye. Fourthly, the person "dead drunk" may generally be roused, when he babbles incoherently, while from apoplexy the person can not be roused. Lastly, if any movements occur in drunkenness they will be of the limbs, whereas movement is usually restricted to one side of the body in apoplexy. From poisoning by opium apoplexy is best distinguished by the history of the case: by the smell of opium in the breath; by both pupils of the eyes being very small and contracted; by the fact that the patient may be roused, although he does not then babble as in the drunken fit, but immediately goes to sleep again.

If all that has been advanced can not be held in recollection the condensed rules may certainly be remembered, viz.: First, in all cases of accident or sudden illness let the person lie down, and do not assist him to maintain the upright posture; secondly, let him have plenty of fresh air; thirdly, unloose all clothing round the neck and chest; fourthly, convey the patient, still in the recumbent position, to the nearest hospital. Stretchers for this purpose ought to be available at known points, or at least at every police station.

Conscience and Kreutzers.

Maria Theresa, of Austria, was greatly addicted to gambling, and played for exceedingly high stakes. The court functionaries did all in their power to overcome this passion, but to no purpose. They finally appealed to the Empress's confessor, who induced the imperial gamester not to give up cards, but to play for only a copper kreutzer a point. The cunning Empress, however, ordered her jeweler to make her 100 kreutzers in a peculiar manner so that each one could be opened in the middle and a ducat inserted. The two pieces were put together so that only the initiated knew that they were not what they seemed. Thus the Empress kept the letter of the confessor's demand and at the same time enjoyed the excitement in which she delighted.

ROYAL

BAKING POWDER

Absolutely Pure.

This powder never varies. A marvel of purity, strength and wholesomeness. More economical than the ordinary kinds, and cannot be sold in competition with the multitude of low test, short weight alum or phosphate powders. Sold only in cans. ROYAL BAKING POWDER CO., 106 Wall, N.Y.

A. SEDGWICK,

NO. 99 STATE STREET,

HAIR CUTTING AND SHAVING!

All kinds of hair work, hair charms, gold charms, switches, puffs, bangs, anything you may desire in hair line.

Hair Work Always on Hand.

He has everything in the hair line for ladies. Give him a call and he will fill your order.

OVER 6,000,000 people believe that it pays best to buy Seeds of the largest and most reliable house, and they use

Ferry's Seeds

Earliest Cauliflower in existence.

D. M. FERRY & CO. are acknowledged to be the Largest Seedsmen in the world.

D. M. FERRY & Co's Illustrated, Descriptive and Priced SEED ANNUAL For 1889 Will be mailed FREE to all applicants, and to last year's customers without ordering it. Invaluable to all. Every person using Garden, Field or Flower Seeds should send for it. Address

D. M. FERRY & CO., Detroit, Mich.

—Call and See—

T. J. CRONISE.

Salem's Popular Job Printer,

AT HIS NEW QUARTERS IN THE State Insurance Building, Cor. Commercial and Chemekete streets 10-1tf

For the Public Good.

It is an indisputable fact that the handsomest vestibule trains that are now run on the American continent are those on the Burlington route, leaving from Union depot in Denver, also St. Paul, immediately on arrival of all through trains from the west. The first and second class coaches are magnificent, the reclining chair cars saturb, the Pullman sleepers extremely luxuriant, and as for the meals that are served in those palace Burlington dining cars—yum yum. The next time you go east to Kansas City, Chicago or St. Louis, if you mention to the ticket agent that you want your ticket to read from Denver or St. Paul over the Burlington route, you will get it, and you will always be glad of it.

If you go via the Northern or Canadian Pacific, the elegant vestibule trains of The Burlington Route, between St. Paul and Chicago, or St. Louis, will carry you along the eastern shore of the Mississippi river for a distance of 350 miles, amidst scenery that cannot be surpassed; or, if you go via the Oregon Short Line or Southern Pacific, and your ticket reads via The Burlington Route from Cheyenne or Denver, you will pass through all the thriving cities and towns located in what is popularly known as the Heart of the Continent. For further information apply to A. C. Sheldon, General Agent, 85 First street, Portland, Oregon. 4-19d&wtf

$50. HORSES. $50.

One hundred head of brood mares and young horses for sale. Forty or fifty colts expected in the spring Two fine horses, Clyde and Percheon stock, weight sixteen and seventeen hundred; have been with the band for the past three years. Original stock from the best quality of mares. For particulars address or see W. H. BYARS, Salem, Or.

w4t.

OREGONIAN RAILWAY CO.

(Limited Line.)

CHAS. N SCOTT, - - Receiver.

On and after Feb. 18 1889, and until further notice trains will run daily (except Sunday) as follows:

EAST SIDE.

Coburg Mail From Portland	STATIONS.	Portl'd Mail Tow'rd Portland
Lv. 11.30 am	PORTLAND P & W V	Ar. 4.40 p m.
Ar. 10.00	Foot of Jefferson St	
Lv. 2.15 p m	Ray's Landing,	Ar 1.80
" 2.28	St. Paul's,	" 12.47
" 3.16	Woodburn,	" 12.00
" 3.31	Townsend,	" 11.46
" 11.40	McKee,	" 11.40
" 3.53	Mt. Angel,	" 11.24
" 4.03	Down's,	" 6.14
" 4.16	Silverton,	" 11.00
" 4.35	Johnston's Mill'	" 10.20
" 4.39	Switzerland,	" 10.16
" 4.47	East Side Junct.,	" 10.07
" 5.30	Macleay,	" 9.46
" 5.56	Aumsville,	" 9.18
" 5.56	West Stayton	" 8.50
" 6.14	O P Crossing,	" 8.40
" 6.24	West Scio,	" 8.28
" 6.53	Crabtree,	" 8.00
" 7.20	Spiect,	" 7.31
" 7.29	Tallman,	" 7.22
" 8.03	Plainview.	" 6.48
" 8.37	Brownsville,	" 6.13
" 9.20	Rowland,	" 5.30
" 10.15	Coburg.	" 4.30
Ar p m	AR LV	Lv a m

Commution mile on sale

Tickets at two cents per at stations having agents.

Connection at Ray's and Fulquart Landing with Steamer "City of Salem" CHAS. N. SCOTT, Receiver.

General Offices, N W Cor. First and Pine. Portland, Oregon.

Proposals for Supplies.

The board of trustees of the Oregon State Insane Asylum hereby invite sealed proposals for furnishing at the asylum, near Salem, Oregon, the following supplies for the six months commencing July 1, 1889:

DRUGS.

2 lbs fluid extract cascara sagrada.
2 lbs fluid extract rhus aromatica.
1 lb fluid extract cimicifug rac.
2 lbs fluid extract ginger.
1 lb fluid extract ipecacuanah.
2 lbs fluid extract liquorice.
1 lb fluid extract senna.
2 lbs fluid extract cherry bark
2 lbs fluid extract arnica.
½ lb tannic acid.
8 lbs carbolic acid crystals.
2 lbs bromide of potash.
2 lbs iodide potash
1 lb iodide ammonia,
1 lb subnit bismuth, squibbs.
5 lbs gum camphor
1 lb pulv acacia.
10 lbs epsom salts.
1 lb pyro phosphate iron.
6 ozs concentrated nitrous ether.
8 ozs oil cloves.
2 ozs oil lemon.
2 ozs oil bay.
1-00 pil Aloin Co (McK. & R.)
200 pil manganese binox (McK & R 2 qr.
200 pil phosphorus 1-50 (Mc K & R.)
300 pil phosphorus 1-100
3 doz surgeons sponges.
1000 empty capsules, No 1
½ gross corks each Nos 1 to 6 XX extra long.
1 gross pill boxes, No 30.
1-3 gross ointment boxes 1 and 2 oz each.
⅙ gross 2 drachm vials.
1 gross 1 oz Phila ovals.
¼ " 2 " " "
¼ " 3 " " "
¼ " 4 " " "
¼ " 6 " " "
¼ " 8 " " "
5 gals port wine, Napa valley.
3 gals whisky, O K Cutter.
½ doz Davidson syringes, No 1.
½ doz black hard rubber syringes, ½ oz-
½ doz " " " " " 1 "
½ doz ear syringes
5 gals glycerine.
3 gals grape brandy.
5 gals sherry wine, No. 1.
5 gals alcohol.
5 bbls sal soda.
15 lbs Japan wax.
1 lb aq ammonia, conc.
1 lb cream of tartar, squibbs,
¼ lb resublimated iodine.
2 lbs rosin.
2 lbs gum asafoetida.
1 lb accetic acid.
2 lbs diluted phosphoric acid.
1 doz Phillip's cod liver oil.
30 ft rubber tubing, ½ inch.
50 filtering paper, 10 inch.
6 oz sulfonal.
2 doz bot's soluble hypodermic tablets, sulphate hyoscyamine, No 45, 1-60 gr, John Wyeth & Bro.
3000 powder paper, No 16
½ doz soft rubber catheters

DRY GOODS

350 lbs yarn, all wool; 250 lbs white; 100 blue
2000 yds Canton flannel, Nashua XXX
500 yds Marselles, York M'f'g Co checks
500 yds Lonsdale fine sheeting, 36 in
200 yds Pequot fine sheeting, 9-4
1200 yards mariner's stripes (Amoskeag)
800 yds Pequot sheeting, heavy A, 36 in
1200 yds Pequot sheeting, heavy, 45 in
200 yds toweling, red and blue check.
800 yds calico, American full standard.
100 yds table oil cloth, white and heavy
60 doz spools white thread, No 36, Mile End
15 doz pairs suspenders
12 doz Turkey red handkerchiefs
6 doz spools black linen thread, No, 25

GROCERIES

6000 lbs Liverpool salt, fine
720 lbs tea, U S brand, Ponchong
900 lbs tobacco, Rapidan brand
160 lbs China starch
300 lbs soda crackers, extra fresh
200 lbs raisins, California layers.
100 lbs Germea Sperry's new process
12,000 lbs sugar; 7000 golden C, 5000 grain
500 lbs cheese, Cranston's, or as good
2000 lbs corn meal, Go'd Dust, fresh ground.
1200 lbs cracked wheat, fresh ground.
1200 lbs oat meal, fresh ground.
1300 lbs coarse hominy, fresh ground.
1440 lbs rolled oats (Cormack's patent).
300 lbs dried currants.
144 lbs carb soda, C and Co A and H brand.
100 lbs sago.
20 doz brooms.
18 doz cans oysters, Blue Points.
10 doz concentrated lye (American).
12 doz cans corn, Winslow.
1 doz Turkey dusters, 14 in.
5 doz dust brushes, Murphy and L & Co., 7 B.
2 doz small mirrors, 10x12 in.
300 gals syrup, extra Golden, American refined.
200 gals coal oil, 50 gal tanks. Pearl brand.
100 gals molasses, Orleans extra,
1 doz qts olive oil
25 gross matches, Metropolitan and Com Co.
12 boxes maccaroni, No 1.
12 boxes vermicilli, No 1.

COFFEE.

1800 lbs Costa Rica, 1st grade.
150 lbs Government Java.
75 lbs Real Mocha.
400 lbs Chicory.

SPICES.

200 lbs black pepper.
50 lbs cinnamon.
50 lbs ginger.
30 lbs allspice.
50 lbs mustard.
30 lbs cloves.
20 lbs mace.
10 lbs sage.
10 lbs unground cloves.
10 lbs unground cinnamon bark, fine.

CROCKERY.

18 doz tea cups, without handles, w 9.
18 doz saucers, W G.
40 doz bowls, 1 qt, W G
½ doz wash bowls, W G

VINEGAR.

400 gals pure cider vinegar, 40 gr

FLOUR

300 bbls best roller process, to be delivered as required

STATIONERY

10 boxes 404 Gillott's pens
2 boxes London Ine Pen Co, No 4 genuine
8 qts ink; 7 qts Arnold's, 1 qt Stafford's B B
8 doz Payson's indelible ink
6 reams letter paper, Live Oak

SOAP

2500 lbs Kirk's savon, or as good

PAINTS, OILS AND GLASS.

20 gals Pioneer linseed oil
20 gals turpentine
150 pounds white lead, Pioneer
50 pounds putty
4 boxes glass, 16x20
4 " " 11x20
5 gals copal varnish
2 gals Japan dryer

MEATS

350 lbs per day, more or less, of beef and mutton, as required, in equal parts of fore and hind quarters

Samples may be seen at the office of the board of trustees, and goods must be in accordance therewith

Goods must come in original packages when possible

The board reserves the right to reject any, and all bids

Delivery of supplies will be required within ten days' notice of acceptance of bid

A copy of this advertisement mu t accompany each bid

The name of the class of supplies bid upon must be written on the envelope

Each bid must include all the items in the special class bid upon, and must give items and totals in full, with the exception of meat and flour

Auditing officers are prohibited by law from confirming accounts of purchases when the advertisement does not contain a full and complete description of the kinds of articles to be purchased

Bids will be considered at 10:30 a m on Tuesday, July 2, 1889

SYLVESTER PENNOYER,
GE. W. McBRIDE,
G. W. WEBB.
Board of Trustees.

WM. A. MUNLEY,
Clerk of Board.

GEORGE WILKINS'

NEW BUTCHER SHOP

On Liberty street, across the bridge in North Salem. All kinds of meats kept on hand. 6-20tf

BRIGHTEN YOUR HOMES

By papering and decorating your residence. For material go to Kirk's Variety Store, who carries the latest styles and patterns in Wall Paper, Borders and Decorations. Paper trimmed free of charge. A fine line of

BABY CARRIAGES

always on hand, besides a large assortment of new goods too numerous to mention

WM. SARGEANT,

Variety Store, Commercial St., Salem.

LITTLE WOMEN

are as a rule, possessed of happy dispositions but when these sweet dispositions, become soured and irritable, in consequence of the long train of distressing features peculiar to female complaints, they are then not companionable to say the least, It is the duty, not only of little women, but of all women so afflicted, to bring about the subjection, and immediate removal, of these painful maladies. This is easily accomplished by the use of Dr. Pierce's Favorite Prescription, the great specific for "female weakness." It is a positive cure for the most flowing, painful menstruation, unnatural suppressions prolapsus or falling of the womb, weak back, "female weakness," anteversion, retroversion, bearing-down sensations, chronic congestion, inflammation and ulceration of the womb, inflammation, pain and tenderness in ovaries, and kindred ailments. All druggists.

THEIR BUSINESS BOOMING.

Probably no one thing has caused such a great revival of trade at Daniel J. Fry's Drugstore as their giving away to their customers so many free trial bottles of Dr. King's New Discovery for Consumption. Their trade is simply enormous in this very valuable article from the fact that it always cures and never disappoints. Coughs, Colds, Asthma, Bronchitis, Croup, and all throat and lung diseases quickly cured. You can test it before buying by getting a trial bottle free, large size $1. Every bottle warranted.

LOST IN THE STORM.

One of our local editors clipped from a leading magazine extracts from a vivid description of a western blizzard which we have taken the liberty to publish and at the same time suggest to H. H. Warner & Co., the proprietors of the celebrated Warner's Safe Cure, the feasibility of taking therefrom an extract for the introduction of one of their telling advertisements. The following is the description:

"At the close of a dark day in January a solitary horseman wends his way across the open prairie in one of our western territories. He passes at long intervals the lone cabin of the hardy frontiersman. Two or three old settlers, of whom he has inquired the way, have warned him that a storm is approaching, and one of them, with true western hospitality, urges him to find shelter in his cabin for the night. But he declines the proffered kindness and urges his tired horse forward. * * * The sky grows suddenly dark. * * * He decides to seek shelter. * * * The storm increases in its fury. * * * The rider dismounts to warm his fast chilling limbs. * * * Can scarcely breathe. Blindness comes on. Drowsiness steals over him. The end is near. * * * He is lost in the blizzard."

There is no doubt that the terror which seizes the bewildered traveler is similar to that which overcomes one when he learns that he is suffering from an advanced Kidney Disease, and is informed that he is in the last stages of Bright's disease. At first he is informed that he has a slight kidney affection. Later he begins to feel tired. Slight headache. Fickle appetite. Failure of the eye-sight. Cramp in the calf of the legs. Wakefulness. Distressing nervousness. Rheumatic and neuralgic pains. Occasionally pain in the back. Scanty, dark colored fluids, with scalding sensation. Gradual failure of strength.

Any of the above symptoms signify Kidney Affection, but he is told that he is all right. His physician treats him for symptoms and calls it a disease, when in reality it is but a symptom of Kidney trouble. He may be treated for Rheumatic or Neuralgic pains, heart affection, or any other disease which he is most susceptible to. Finally the patient has puffing under the eyes, slight bloating of the ankles and legs. His physician may inform him that it is but the accumulation of blood in his ankles for want of proper exercise.

The bloat continues and reaches his body.

Then he is informed he has dropsical troubles, and is tapped once or twice. He notices it is difficult to breathe owing to irregular action of the heart, and finally is informed that he has a slight attack of Bright's Disease. Soon his friends are notified that his is an advanced case of Bright's Disease, and that he can live but a short time. His honorable and dignified physician asks for counsel. It is too late. Still he sticks to the old family physician, and the physician knows and has known from the beginning that the patient has been stricken with death for months, for he knows full well that the profession acknowledge they have no remedies for the cure of Kidney Disease.

At last the patient suffocates—is smothered—and dies from dropsical trouble. Or perhaps the disease may not take the form of a dropsical tendency, and the patient dies from apoplexy, paralysis, pneumonia or heart trouble. Or it may take the form of blood poisoning. In each form the end is the same. And yet he and his friends were warned by the proprietors of the celebrated remedy known as Warner's Safe Cure, of the lurking dangers of a slight Kidney affection.

The newspapers have published the dangers. Columns of facts have been printed of men dying from advanced Kidney Disease or Bright's Disease. His friends and physician look around with horror and regret for seeming neglect, but he is lost. He did not heed the warning that a storm was approaching. He declined the proffered hospitality, and reckless went forward into danger. He struggled manfully for a time, but his strength failed, he grew gradually weaker and he was lost to the world. Not in a blizzard, but from the terrible malady which is almost daily occurring in every community, and which is doctored as a symptom instead of what it is,—a mortal disease unless properly treated.

Weekly Capital Journal!

Has Been Enlarged

And Greatly Improved and Now Is The

CHEAPEST NEWSPAPER IN OREGON!

THE BEST FAMILY NEWSPAPER

IN MARION COUNTY!

Read Our Reduced Terms!

WEEKLY, one year,------$1.50. | WEEKLY, six months,----$0.75

Now Read Our Discount for Cash

WEEKLY, one year,------$1.00. | WEEKLY, six months,----$0.50.

WAS THERE EVER ANYTHING EQUAL TO IT? NOW ROLL IN THE NAMES, AND TAKE ADVANTAGE OF OUR ONE-THIRD OFF FOR CASH.

Our Old Subscribers

Now in arrears are urged to take advantage of our big discount, by settling old accounts and joining the grand throng of one dollar subscribers!

THIS IS NOT A SPECIAL OFFER

But a solid, permanent reduction. We have come to stay

TO ONE AND ALL

We say, send us your names. If you want to take advantage of our "one third off for cash," and are not where you can get postal notes of other convenient method of remitting, send us your name and state that you will remit at first opportunity. This will ensure your being placed on the dollar list.

THE YAQUINA ROUTE.

OREGON PACIFIC RAILROAD

And Oregon Development company's steamship line, 225 miles shorter, 20 hours less time than by any other route. First class through passenger and freight line from Portland and all points in the Willamette valley to and from San Francisco.

TIME SCHEDULE, (Except Sundays):

Leave Albany - - - - - - - - - 1:00 P M
Leave Corvallis - - - - - - - - 1:40 P M
Arrive Yaquina - - - - - - - - 5:30 P M
Leave Yaquina - - - - - - - - - 6:45 A M
Leave Corvallis - - - - - - - - 10:35 A M
Arrive Albany - - - - - - - - - 11:10 A M

O. & C. trains connect at Albany and Corvallis.

The above trains connect at YAQUINA with the Oregon Development Co's Line of Steamships between Yaquina and San Francisco.

SAILING DATES.

STEAMERS.	FROM YAQUINA
Willamette Valley	Tuesday June 18
Willamette Valley	Wednesday June 26
Willamette Valley	Friday July 5

STEAMERS,	FROM SAN FRANCISCO
Willamette Valley	Thursday, June 13
Willamette Valley	Saturday, June 22
Willamette Valley	Sunday " 30

This company reserves the right to change sailing dates without notice.

N. B.—Passengers from Portland and all Willamette Valley points can make close connection with the trains of the YAQUINA ROUTE at Albany or Corvallis, and if destined to San Francisco, should arrange to arrive at Yaquina the evening before date of sailing.

Passenger and Freight Rates Always the Lowest. For information apply to Messrs HULMAN & Co., Freight and Ticket Agents 200 and 202 Front st., Portland, Or. or to

C. C. HOGUE, Ac't Gen'l Frt. & Pass. Agt., Oregon Pacific R. R. Co., Corvallis, Or.

C. H. HASWELL, Jr. Gen'l Frt; & Pass. Agt. Oregon Development Co., 304 Montgomery st.; San Francisco, Cal'

Remember the Oregon Pacific's popular summer excursions to Yaquina. Low rate tickets are now on sale, good every Wednesday and Saturday from Albany, Corvallis and Philomath.

Yours truly,
C. C. HOGUE, A. G. P. Agent

Overland to California

—VIA—

Southern Pacific Company's Line.

THE MOUNT SHASTA ROUTE.

Time between Salem and San Francisco Thirty-six Hours.

CALIFORNIA EXPRESS TRAIN—RUN DAILY. BETWEEN PORTLAND AND S. F.

South.			North.
4:00 p. m.	Lv.	Portland Ar.	10:45 a. m.
6:44 p. m.	Lv.	Salem Lv.	7:53 a. m.
7:45 a. m.	Ar.	San Fran. Lv.	7:00 p. m.

LOCAL PASSENGER TRAIN — (DAILY EXCEPT SUNDAY).

8:00 a. m.	Lv.	Portland Ar.	3:45 p. m.
11:10 a. m.	Lv	Salem Lv.	12:52 p. m.
2:40 p. m.	Ar.	Eugene Lv.	9:00 a. m.

PULLMAN BUFFET SLEEPERS.

TOURIST SLEEPING CARS

For accommodation of second class passengers attached to express trains.

The S. P. company's ferry makes connection with all the regular trains on the East Side Division from foot of F stree Portland.

West Side Division, Between Portland and Corvallis:

DAILY—(EXCEPT SUNDAY).

7:30 a. m.	Lv.	Portland Ar.	6:20 p. m.
12:25 p. m.	Ar.	Corvallis Lv.	1:30 p. m.

At Albany and Corvallis connect with trains of Oregon Pacific Railroad.

Through tickets to all points south and east via California

EXPRESS TRAIN—(DAILY EXCEPT SUNDAY.)

4:50 p. m.	Lv.	Portland Ar.	9:00 a. m.
8:00 p. m.	Ar.	McMinnville Lv.	5:45 a. m.

Through Tickets

—To all points—

SOUTH and EAST

—VIA—

CALIFORNIA.

For full information regarding rates, maps, etc., apply to the Company's agent, Salem, Oregon.

E. P. ROGERS, Asst. G. F. and Pass. Ag't
R. KOEHLER, Manager.

Oregon Railway and Navigation

COMPANY.

"Columbia River Route."

Trains for the east leave Portland at 7:45 am and 9:30 p m daily. Tickets to and from principal points in the United States, Canada and Europe.

ELEGANT PULMANN PALACE CARS

Emigrant Sleeping Cars run through on express trains to

OMAHA
COUNCIL BLUFFS
and ST. PAUL

Free of Charge and Without Change.

Connections at Portland for San Francisco and Puget Sound points.

For further particulars address any agent of the company, or

A. L. MAXWELL, G. P. & T. A
C. J. SMITH, Gen'l Manager, Portland.

A WOMAN'S DISCOVERY.

"Another wonderful discovery has been made and that too by a lady in this country. Disease fastened its clutches upon her and for seven years she withstood its severst tests, but her vital organs were undermined and death seemed imminent. For three months she coughed incessantly and could not sleep. She bought of us a bottle of Dr. King's New Discovery for Consumption and was so much relieved on taking first dose that she slept all night and with one bottle has been miraculously cured. Her name is Mrs. Luther Lutz." Thus write W. C. Hamrick & Co., of Shelby, N. C. Get a free trial bottle at Daniel Fry's drug store.