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W. H. BYARS Editor

Australia has no wheat for export, but the Argentine Republic will have about 8,000,000 bushels of wheat for export this spring.

President Harrison is the fourteen lawyer to hold the executive chair of the nation. He is also the fourteenth of pure Anglo-Saxon blood.

In New York city, according to a prominent merchant of that place, 7,000 book-keepers are looking for work, which they would gladly do for \$10 a week.

A new rival to coffee is "Mus-saenda," or wild orange, a plant producing a purple fruit. About 24,000 acres of this plant are now being cultivated in the island of Reunion.

Speaker Carlisle is said by the Washington papers to be in danger of a physical breakdown. The excitement of the past few days has overtaxed his nervous system, and he has been ordered to take a long rest. His health is never robust.

Mrs. Eaton, one of President Harrison's sisters, wore at the inaugural ball a lace shawl which belonged to her grandmother, the first President Harrison's wife. She also wore a locket once the property of Mrs. Benjamin Harrison of revolutionary fame.

Prof. W. Ramsay suggests that color-blindness is probably a defect of the brain instead of the eye. It is analogous to the dullness which prevents a person from distinguishing an octave's difference between two musical notes, though both notes are heard, there being no deafness.

Four hundred and one women wearing Hading veils shook hands with Mrs. Cleveland at her reception. As the last one passed by the fair hostess started her by saying in an audible tone: "Four hundred and one." She had been counting the veils as they were carried past, and unthinkingly gave the number of the last one aloud.

Charles E. Bonner of Montana was an office boy in New York twenty-three years ago. Not liking that business very well he borrowed money, went to Missouri, and finally to the great Northwest. He has since paid back the loan and is now worth \$4,000,000. Most of this was made in mines and mining stocks.

L. B. Eaton, a wealthy and eccentric farmer of Steuben county, Indiana, who died recently, left 1000 acres of land to be used in ten-acre lots as homes for friendless women of good character over 35 years of age. He also provided for the erection of a cottage on each ten-acre lot, and for a permanent endowment or maintenance fund from the proceeds of the sale of other property.

Having tried the effects of the concentrated extract of Oregon Kidney Tea, we cheerfully bear witness to its beneficial agency in addition to the digestive organs. It is simply, safe and sure; it is easily taken and restores healthy vitality to the organs it is intended to operate upon with assured success.

S. J. McCormick, Editor Catholic Sentinel, sold by D. W. Matthews & Co. It is generally conceded by physicians that about one-half of the population of the United States are suffering from indigestion and dyspepsia. Harried eating and improper mastication and insalvation of food are the principal causes.

Wright's Hop, Celery and Chamomile Bitters is what you are looking for if you want a preparation that will tone up your system, give you an appetite, and improve the digestive organs. Sold by H. W. Cox.

HEALTHFULNESS OF SOILS.

Extended observations indicate that the sanitary condition of a locality depends on the amount of water contained in the ground. The years in which there has been a large quantity of ground-water present have invariably been the healthiest years, while those in which there has been a smaller quantity have invariably been the unhealthiest periods.

HOW SHALL WE SLEEP?

Whether one position in sleep is better than another may be an important question, but it does not seem to have been authoritatively settled that any particular position is the best to adopt. Sleeping on the right side is more common than on the left, and sleeping on the back is comparatively rare. Evidence has been found to show that sleeping on the left side favors bronchitis, and sleeping on the right side appears to increase a tendency to constipation. It has been strongly urged that health and longevity are best secured by lowering the head and raising the feet, though some nervous affections require a partially erect posture.

THE WANE OF INTELLECT.

The mind, on which man so prides himself, develops and expands until the age of about forty, and then declines. Decay is the inexorable law of nature. Sad is the fading away of a brilliant mind at the approach of dissolution, but sadder than death is it when the brain perishes before the body. "How often, alas, we see," says Holmes, "the mighty satirist tamed into oblivious imbecility, the great scholar wandering without sense of time or place among his shelves, taking his books one by one from the shelves and fondly patting them: A child once more among his toys, but a child whose to-morrows come hungry, and not rull-handed—come as birds of prey in the place of the sweet singers of morning. We must all become as little children if we live long enough; but how blank an existence the wrinkled infant must carry into the kingdom of heaven if the power that gave him memory does not complete the miracle by restoring it!"

THE ORGANIC CYCLE.

The idea of the indestructibility and ceaseless change of matter leads to curious reflections. When an animal body decomposes whether the process occupies four years, or even four thousand years,—any one of these periods being quite possible,—those elements which assume the gaseous form mingle at once with the atmosphere, and are taken up from it without delay by the ever open mouths of vegetable life. By a thousand pores in every leaf the carbonic acid which renders the atmosphere unfit for animal life is absorbed, the carbon being separated and assimilated to form the vegetable fibre, which, as wood, makes and furnishes our houses and ships, is burned for our warmth, or is stored up under pressure for coal. "All this carbon has played its part, and many parts, in its time, as animal existences from mound up to man. Our mahogany of to-day has been many negroes in its turn, and before the African existed was integral portions of many extinct species. And twenty thousand dinners, shall be broken up from pure debility and assigned to the fire, thence it will issue into the atmosphere once more as carbonic acid, again to be devoured by the nearest troop of hungry vegetables—green peas or cabbages in a London market-garden, say—to be daintily served on the table which now stands in that other table's place, and where they will speedily go to the making of 'lords of creation.' And so on, again and again, as long as the world lasts."

The Highest Water-Fall.

A recent traveler in New Zealand describes the great Sutherland water-fall. "The water," he says, "dashes over the cliff in three grand leaps, and constitutes about one-half of the entire volume of the Arthur river. The first leap is over a dizzy cliff into a rocky basin 815 feet below. Jumping forth again, it makes another leap of 751 feet and then goes tumbling and leaping in one wild dash of 338 feet into the pool at the foot of the precipice. The total height is 1,905 feet, making the water-fall the highest yet discovered. When the sun is shining rainbows of all sizes hang over the fall, and the effect is indescribably beautiful."—San Francisco Examiner.

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