

EVERY EVENING EXCEPT SUNDAY. Capital Journal Publishing Company, INCORPORATED

TERMS OF SUBSCRIPTION DAILY: One year, by mail, \$6.00

WEEKLY: One year, by mail, \$1.50

Entered as second-class matter at the Salem, Oregon, Postoffice, June 21, 1888.

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THE CIGARETTE HABIT.

The CAPITAL JOURNAL'S news columns yesterday contained the sad information that a young man at Philomath was lying in a critical condition, the result of the excessive smoking of cigarettes.

Pertinent to these deplorable facts we remark that the growing evil of cigarette-smoking by boys is one which ought to be counteracted in every possible way.

The use of tobacco in any form is bad enough, and it is a constant wonder why every boy smokes at least once in his life.

Dr. William A. Hammon says it is a poison to your boys. Excessive smoking will sow the seeds of disease which will develop in later years.

Now let the old chronic growlers dry up. Could any desire better weather in December? Just think of it; no snow, hills green, hundreds of plows running all over the country.

We have dilated at considerable length and on sundry occasions upon the remarkable fertility of our soil and its ability to retain moisture

A DEPLORABLE TRUTH.

There are more young men in the penitentiaries in the country learning trades than there are outside of them. The principal cause of this is that we are educating our young men for idle gentlemen, trying to make lawyers, preachers, doctors and clerks out of material that is needed for blacksmiths, carpenters, machinists and other honest "hewers of wood and drawers of water."

The phonograph, that wonderful invention about which the world has read for years, and for which it has waited so long, is at last ready for the world's practical use. The old phonograph, made for exhibition only, which could only squeak, has been seen in years gone by, but now the modern perfected instrument has arrived, ready to enter at once into business and social life.

In Atchison, Kansas, is a girl named Kittie Everest, who was offered the choice of giving up her lover or losing \$100,000. She refused, and said she would not give him up for \$1,000,000.

In Oregon the first year fruit trees send their roots deep into the damp ground, and on this account it does not require any irrigation to give them a start.

Delicate women who complain of a tired feeling, pains in the back and loins, desire to sleep, dizziness, painful or suppressed menstruation, will find in Oregon Kidney Tea a faithful friend.

St.ander. A lady presented herself to St. Philip de Neri one day, accusing herself of being given to slander.

"Do you frequently fall into this fault?" inquired he. "Yes, father, very often," replied the penitent. "My dear child," said Philip, "your fault is great, but the mercy of God is still greater; for your penance, do as follows:—Go to the nearest market, and purchase a chicken just killed, and still covered with feathers; you will then walk a certain distance, plucking the bird as you go along; your walk finished, you will return to me."

"Ah," said Philip, "you have been very faithful to the first part of my orders; now do the second part, and you will be cured. Retrace your steps; pass through all the places you have traversed, and gather up, one by one, all the feathers that you have scattered."

"But father," exclaimed the poor woman, "that is impossible. I cast the feathers carelessly on every side; the wind carried them in every direction; how can I recover them?"

"Well, my child," replied he, "so it is with your words of slander; like the feathers which the wind has scattered, they have been wafted in many directions; call them back now, if you can. Go, and sin no more."

Highland, Clackamas, Co. Or., Mar. 23. I have suffered with a disease of the kidneys for 6 or 7 years and for the last two months have been laid up with a pain in my back. A friend sent me a sample of the Oregon Kidney Tea, and having used it one week I can do a good day's work. I have derived more benefit from it than all the medicines I have ever taken.

MATE AND ROUSTABOUT.

HOW FREIGHT IS HANDLED AT ST. LOUIS' WHARVES.

Scene at the River Front—A Steamer's Crew—Qualifications of a Mate—Life of a Roustabout—Punching the Slow and Lazy.

Statistics for last year's commerce in St. Louis shows the arrival of 2,361 boats and 1,273 barges at, and the departure of 2,328 boats from, this port, and the receipt of 867,045 tons and the shipment of 637,060 tons of freight, all exclusive of the immense tonnage transferred by ferry, and yet the river has lost interest, and by many is entirely forgotten.

The time has been when the river front was lined with steamers, nose to the wharf, while now they can crowd in so as to load from the side, but the scene now is none the less active. The wonder is just as great now where the great piles of freight are stowed away, and there is just as much commotion in loading and unloading.

A large steamer's crew is composed of a captain, two mates, two engineers, two strikers, six firemen, a watchman, three clerks, a steward and ten to twenty assistants and a dock force of twenty to forty. Of these the mate alone has to push and hammer when time is valuable, except on extraordinary occasions and except in the quiet of his own precincts, where only the boards of the boat and those people for whom his words are intended will hear them.

The mate must have a clear, cool head, and be a man of some executive ability. Even in an outburst of passion, he must keep his wits about him. He is at something of a disadvantage in not always having the same force to do his work, and thus in not knowing his men's capacities, for even day laborers have such things as capacities.

The roustabout generally seems to have a happy life, and he possibly has. There is no reason to doubt appearances, except the idea one not accustomed to it would have in anticipating it. In port and off duty he is a painter, generally—that is, he does a great deal toward making things in his vicinity lurid, by "making Rome howl!"

A wealthy passenger looking over the rail and seeing the colored deck hand leaning on the capstan, smoking a pipe, naturally wonders what pleasures the world has for him. The deckhand turns and looks up, and the passenger is surprised that his face bears as contented a smile as his own, and probably more so.

Your modern epicure is now inclined to elevate his nose at the suggestion of ice cream, and will satirically observe that it is merely "frozen trash" for very young women.

STATE OF OHIO, City of Toledo } Lucas County, S. S.

Frank J. Cheney makes oath that he is the senior partner of the firm of F. J. Cheney & Co., doing business in the city of Toledo, county and state aforesaid, and that said firm will pay the sum of one hundred dollars for each and every case of catarrh that cannot be cured by the use of Hall's Catarrh Cure.

Sworn before me and subscribed in my presence, this 6th day of December, A. D. '88.

A. W. GLEASON Notary Public.

Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send for testimonials, free.

Idaho means "gem of the mountains." It is Indian.

A Natural Product of California.

It is only found in Butte County California and in no other part of the world. We refer to the tree that produces the healing and penetrating gum used in that pleasant and effective cure for consumption, bronchitis, asthma and coughs, Santa Able the King of Consumption.

Luciamute is a corruption of La Camas—"the camas."

TO CONSUMPTIVES.

The undersigned having been restored to health by simple means, after suffering several years with a severe lung affection, and that dread disease consumption, is anxious to make known to his fellow sufferers the means of cure.

Siskiyou is a Chinook jargon word and means "bob-tailed horse."

Wonderful Cures.

W. D. Hoyt & Co., Wholesale and Retail Druggists of Rome Ga., say: We have been selling Dr. King's New Discovery, Electric Bitters and Bucklen's Arnica Salve for four years.

Malheur is of French origin and means "the ill-fortune river."

Personal.

Mr. N. H. Frothington of Mobile Alabama writes: I take great pleasure in recommending Dr. King's New Discovery for Consumption, having used it for a severe attack of Bronchitis and Catarrh.

Rickreal is a corruption of La Creole (French) meaning "the Creole."

Digest and be Jolly.

Did ever anyone see a jolly dyspeptic? We know not. What natural cheerfulness is proof against the almost ceaseless annoyance of chronic indigestion? People whose stomachs are constantly disturbed exhibit the utmost peevishness and nervous irritability.

La Coquille, Coos county, is also of French origin and means "the shell."

Track laying continues and the end of the track is near Badbanks, some four miles above Dan Smith's.

An Abolition Cure.

The ORIGINAL ABIETINE OINTMENT is only put up in large two-ounce tin boxes, and is an absolute cure for old sores, burns, wounds, chapped hands, and all skin eruptions.

NEW ADVERTISEMENTS.

Advertisement for Boots and Shoes, featuring an illustration of a boot and the text "BOOTS SHOES" and "H O O T S H O E S".

Advertisement for WM. BROWN & CO. Dealers in Leather and Findings! CASH PAID FOR Wools, Hides, Pelts and Furs.

Advertisement for Fruit Farms of Ten to Forty Acres!!! CONVENIENT TO TWO RAILROADS. These lands are not offered at enhanced prices.

Advertisement for The Very Best Land For Fruit Growing!!! ONE HOURS DRIVE FROM SALEM. The canneries of SALEM, WOODBURN and ALBANY are at easy of access.

Advertisement for S. W. Thompson & Co. FOR CHRISTMAS PRESENTS. NOTHING IS NICER THAN FINE WATCHES, JEWELRY, SILVER WARE, SPECTACLES, Etc.

Advertisement for THE BEST STOCK OF STOVES IN THE CITY IS AT R. M. WADE & CO'S 282 to 286 Commercial Street, SALEM. Garland Stoves, Charter Oak Stoves, Brighton Range AND MANY OTHER LEADING STYLES.