

Wheat Germ Bread Rises To Occasion



Instant blend dry yeast and wheat germ make bubble loaf.

Wheat Germ Bubble Ring

- 2 packages instant blend active dry yeast
- 1/4 cup sugar
- 1 teaspoon salt
- 3/4 to 4 cups flour
- 1 cup warm milk (110-115 deg.)
- 1/2 cup plus 2 tablespoons butter
- 2 eggs
- 1 cup vacuum packed wheat germ*
- 2 tablespoons chopped pecans
- Butterscotch Sauce
- *regular or sugar & honey

No one will mind sticky fingers to sample this sensational wheat germ bubble ring. When you cut into it or break it apart you'll see light and tender bubbles of yeast bread perfectly moistened with a golden butterscotch glaze. But it is the hearty texture and fresh natural flavor of the wheat germ that makes this excellent bread stand out from the rest. One taste and you'll agree with the expert testers that it is a great coffee cake to enjoy anytime.

This home baked, made from scratch recipe is done with ease, efficiency and some great convenience products. One, of course, is kretschmer wheat germ. The bread is formulated so you may use either regular or wheat germ with sugar & honey. These handy cereal products are ready to use directly from the jar. All-natural Red Star instant blend dry yeast also is a great help to the baker. It goes right in with the other dry ingredients—no need to dissolve first in liquid. This type of granular yeast has excellent keeping qualities and the sealed package insures freshness for dependable baking every time.

There's nothing tricky about the wheat germ yeast bread for all its wonderful flavor and handsome appearance. Just follow the directions for shaping the dough and forming the ring. And be sure to sprinkle the extra wheat germ and pecans in the bottom of the baking pan—this makes the delicious topping when the bread is turned out upside down.

Breads and baked goods of all kinds are a favorite use for both regular wheat germ and wheat germ with sugar & honey. Along with other helps like natural instant blend dry yeast and well tested, up to date recipes it's easy to turn out great results.

Combine undissolved yeast, sugar, salt and 1 1/2 cups flour in mixer bowl. Add warm milk and 1/2 cup softened butter. Beat with electric mixer at medium speed 2 minutes, scraping bowl occasionally. Add eggs, 1/4 cup wheat germ and 1/2 cup flour. Beat at high speed one minute. With wooden spoon, gradually stir in just enough additional flour to make a soft dough which leaves sides of bowl. Turn onto floured surface. Knead 5 minutes or until dough is elastic. Place in oiled bowl, turning dough to coat. Cover. Let rise in warm, draft free place about 1 to 1 1/2 hours or until doubled. Turn dough onto floured surface. Divide in half. Shape each portion into a 12-inch roll. Slice each roll into 12 (1-inch) pieces. Melt remaining 2 tablespoons butter in 10-inch tube pan. Sprinkle with 2 tablespoons wheat germ and pecans. Arrange 12 pieces of dough in pan. Pour over half Butterscotch Sauce. Repeat dough and sauce layers. Sprinkle with remaining 2 tablespoons wheat germ. Cover. Let rise in warm place about one hour or until doubled. Bake in 350 deg. oven 35 to 40 minutes until golden brown. Cool in pan 5 minutes. Invert onto serving plate. Makes 1 (20-inch) ring.

Butterscotch Sauce: Heat to boiling 1/2 cup butter, 1/2 cup chopped pecans, 1/4 cup water and 1 cup brown sugar (packed). Cool to lukewarm.

Medicare Deductible Raise January 1

Beginning January 1977, a person who goes to the hospital under Medicare will be responsible for the first \$124 of his hospital bill. The present deductible of \$104 will remain in effect for Medicare hospital admissions during the rest of 1976. In announcing the new \$124 deductible, James B. Cardwell, Commissioner of Social Security, noted that the law requires an annual review of hospital costs under Medicare and an adjustment of the portion of the bill for which a Medicare beneficiary is responsible, if these costs have risen substantially. The law provides a formula for determining the amount of any adjustment in the deductible amount.

Commissioner Cardwell said the increase in the deductible results from continuing increases in hospital costs. He pointed out that hospital costs have been increasing over twice as fast as the overall cost-of-living and said that these inflationary increases in hospital costs are largely responsible for the 19 percent increase in the inpatient hospital deductible. The hospital deductible amount, Commissioner Cardwell explained, is intended to make the Medicare beneficiary responsible for expenses approximately equal to the average cost of one day of hospital care. At the present time, the average hospital stay under Medicare costs about \$1,600.

Mr. Cardwell said that when the hospital deductible amount changes, the law

requires comparable changes in the dollar amounts that a Medicare beneficiary pays toward a hospital stay of more than 60 days, or a posthospital extended care stay of more than 20 days.

When a Medicare beneficiary has a hospital stay of more than 60 days, he will pay \$31 a day for the 61st through the 90th day, up from the present \$26 per day. Should a beneficiary wish to draw on his "lifetime reserve" days, the extra 60 hospital days a beneficiary can use when he needs more than 90 days of hospital care in a benefit period, he will pay \$62 for each reserve day used, instead of the present \$52 per day.

If he has a posthospital stay of over 20 days in a will pay \$15.50 per day toward the cost of the 21st day through the 100th day, up from the present \$13 per day.

About 24.7 million persons are covered by hospital insurance under Medicare in 1976 and this number will increase to 25.3 million persons in 1977. The cost of Medicare hospital insurance is expected to increase from \$13.6 billion in 1976 to \$16.1 billion in 1977.

For additional information about Medicare you may call, write, or visit your local social security office. The Ontario, Oregon social security office is at 2024 SW 4th Avenue, Ontario, Oregon. The phone number is 503-889-3146. The hours are from 9:00 a.m. to 4:00 p.m. Collect telephone calls will be accepted from residence of Malheur County

Idaho Power Hits New High Monday

Idaho Power Company says its winter hourly peak load soared to a new high Monday for the third consecutive work day as record customer growth and a sudden turn-on of heat combined to increase electric demands by 167,000 kilowatts over last winter.

Between 8-9 a.m., with residential and commercial customers simultaneously preparing for another day's housework, business and plant production, the company's load mushroomed to a total of \$1,528,000 kilowatts (kw).

"That was a 12% increase over our 1975-76 winter peak of 1,361,000 kw," says L. E. Garlinghouse, assistant vice-president for power operations, "and was substantially greater than our projections of usage indicated."

Garlinghouse reports that Monday's 167,000-kw increase in the winter peak was 22,000 kw greater than the 1976 increase in the company's summer peak load,

which rose by 145,000 kw to a new level of 1,960,000 kw last June 28.

The company official traces the new winter peak to 1) the greater number of customers Idaho Power now serves compared to a year ago and 2) a "dramatic" climb in heating use during the hour period when temperatures plummeted below the zero-degree mark.



CPR TRAINING was recently included as part of the GED program offered through ORO in Nyssa. Thanks to the joint efforts of ORO and TVCC, many people are able to complete

their high school equivalency tests and several have gone on to college.

ORO Help People Find Themselves

A year ago, Oscar Mosqueda was just another high school dropout and a college degree was something other younger, people received. Today, the 30 year-old Nyssa resident is a drafting major at TVCC and a degree seems to be well within his reach.

Mosqueda is a prime example of how Oregon Rural Opportunities (ORO) and Treasure Valley Community College combine their resources to increase the education and the earning ability of a significant number of area residents.

He began his renewed educational adventure by working toward his high school equivalency (GED) tests through ORO. Under this program, the state-wide agency assists the student financially and TVCC provides the instructors and the supplies through its Adult Basic Education Program.

After completing his GED in June, Mosqueda enrolled at TVCC. He will be starting

his second quarter winter term. The ORO project is two years old and generally has between 30 and 40 people completing their GED requirements at any given time. Five of them, including Mosqueda, have gone on to college.

It is a staggered-start operation, with some people just beginning the program and others a day or two away from graduation. One who recently completed her GED requirements was Bertha Mosqueda, Oscar's wife.

As they do for all who complete the requirements, the ORO staff provide a little celebration, complete with cake. This one was German chocolate, Bertha's favorite.

The proud husband was on hand for the festivities and it was difficult to tell which of them was more pleased with her accomplishment.

Bertha's plans for the future? She's not sure at the

moment, but she is seriously considering following further in her husband's footsteps by working toward a degree at TVCC.

In addition, the local ORO office in Nyssa was recently informed that, beginning winter quarter, they will be able to provide a number of qualified students with scholarships for two-year college programs, such as those offered at TVCC.

These scholarships provide books, tuition, and supplies for people of any ethnic

background who are seasonal agricultural workers or their families.

"We feel the program has been a great success," says Joe Rodriguez, area manager. "The instructors have been outstanding, and the students respond well to them."

At the present time, 38 people are taking advantage of the GED program in Nyssa, which is offered both during the day and evenings.

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Social Security Farm Report Due Jan. 31

Farmers and crew leaders who hire farm workers have until January 31 to send 1976 wage reports and social security contributions to the Internal Revenue Service, according to Mr. Robert R. Peckham, social security branch manager in Ontario.

"A farm worker paid \$150 or more in cash wages by an employer in 1976 is covered by social security," Peckham said. "A worker who did farm work for an employer on 20 or more days during the year—figured on a time basis rather than a piece-rate basis—is also covered even if he is paid less than \$150 during the year."

Employers send in annual reports for farm employees on a form available at Internal Revenue Service offices. The form is mailed to farmers and crew leaders who have IRS employer identification numbers.

A farm crew leader is generally considered to be the employer if he supplies the workers to the farmer, pays them, and is not an employee of the farmer by written agreement.

If none of these requirements is met, Peckham said, "either the farmer or the crew leader may be the employer. The person with final control over the crew members who do the work is the employer."

The social security contribution is 5.85 percent of the employee's covered wages plus a matching amount paid by the employer. The maximum earnings amount that counts for social security—and on which contributions are paid, is \$15,300 for 1976.

"An employer must keep a record of farm employees' wages if it's expected they'll be covered by social security," Peckham noted. "The record must show the workers' names, their correct social security numbers, cash wages paid to them, and social security deductions from their pay."

Some farm employers have deposited their employees' social security contributions in banks and other approved depositories in 1976, according to Peckham. "Those employers have until February to file the annual wage report with the Internal Revenue Service," he said.

Social security contributions help build retirement, disability, survivors, and Medicare protection for over 2 million farm workers.

A free leaflet, "Social Security Information for Crew Leaders and Farmers," is available at any social security office.



BILL TENSEN, caught in a touchy moment, is seen gluing the spars into the wing of his aircraft.

Students Learn Space Science

Nyssa High School students enrolled in Mr. Sant's Space Science class are building their own model planes. Each student is also required to successfully fly his or her plane. The wing span on some of the planes this year totals about 6 1/2 feet, which is considerably larger than planes in the previous years.

The class is designed to learn about the theories of flight, and why different types of planes are more

maneuverable than others. Study of instruments, airfoil, nomenclature of control surfaces, structure of aircraft, and weather effects on the flight of planes are also included in this class.

Fred Stephen, a junior in Space Science commented, "This is a fun class and I think this is the best way to learn aerodynamics, by building model planes. Anyone who wants to study anything about planes or how they work should enroll in Space Science."

Oregon Motor Carriers Paid \$41 Million Tax

Oregon motor carriers paid more than \$41 million in weight-mile tax during 1976, up from \$37.5 million the year before, according to Oregon Public Utility Commissioner Charles Davis.

Amounts collected monthly for use of Oregon roads ranged from a high of \$3.79 million in November to a low of \$2.56 million in February. More than \$3.78 million was collected in December 1976, compared to only \$3.5 million in the same month the year before.

Davis attributed the rise in the amount of tax collected in 1976 to greater efficiency in collections, combined with heavier loads and an increase

Historical Society Meets Tonight

Opening the first of four lecture series at Treasure Valley Community College will be Dr. Louie Attebery, professor of English, American Literature and Folk Lore at the College of Idaho. The lecture will be Thursday, (tonight) in conjunction with the regular meeting of the Malheur Country Historical Society and is jointly sponsored by TVCC and the society.

Dr. Attebery will discuss fence types and folklore of the Snake River Country and will illustrate the talk with colored slides.

The meeting is slated for 8 p.m. in W-10 of the Weese Building.

in the number of miles traveled.