



THUDI



GROAN!

SPORT

Football Practice Begins With Grunts, Groans, Thuds

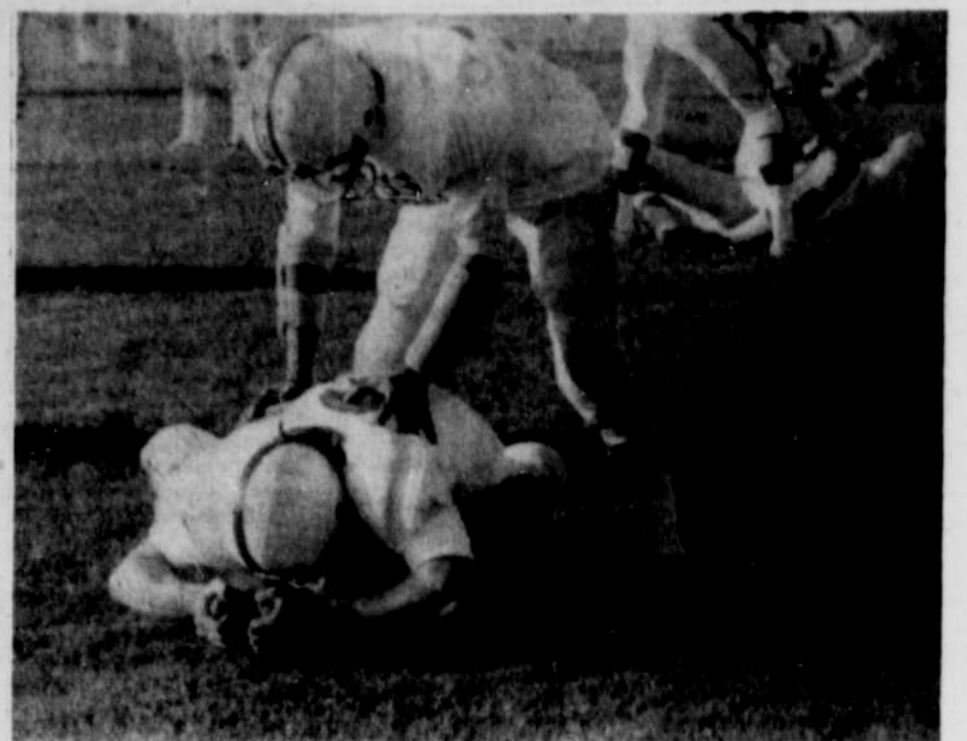
With huffs and puffs, grunts, groans and thuds, regular football practice began Monday for the Nyssa Bulldogs. It was their first day in uniform and from the moans and groans it was easy to tell that some players were not yet in shape.

They began their practice with calisthenics. The pictures show two exercises—one for loosening tight back

and neck muscles and the other for stretching tight hamstrings and calf muscles. There is no question that out-of-shape and poorly-stretched muscles are responsible for many football injuries.

The large picture shows a slightly rougher exercise—its called hitting. Coach Art Bullock says that's the name of the game. In this exercise, half the running backs

execute a running play—on this occasion it was the "triple 38" an option play—and the other half try to knock down the ball carrier with foam pads. While they ran this play Bullock stood alongside and yelled, "Keep your legs moving! Don't put your head down so low, you can't see where you're going!" Occasionally this was heard: "Good job."



GRUNTI

NHS Calendar Of Events

August 30 - First Day of School, classes dismissed at noon with buses leaving at 12:20 p.m.
September 3 - Football, Nyssa at Ontario, 8 p.m.
September 6 - Labor Day, No school
September 9 - Football, Payette JV at Nyssa, 4 p.m.

Bowling Meeting

The Nyssa Women's Bowling Association will not have a meeting August 26 as was previously reported, here.



1976 CHEV MONTE CARLO

V-8, automatic transmission, power steering, power brakes, air conditioning, radio, vinyl top, 11,000 miles. Stock #BE-235 **\$5976**

1976 LTD

2 door, V-8 engine, automatic transmission, power steering, power brakes, air conditioning, radio, vinyl top, tinted glass. Stock #MR-37A **\$5876**

1975 GRANADA

4-door sedan, V-8 motor, automatic transmission, power steering, radio, tinted glass. Stock #BE-211 **\$4676**

1975 LTD WAGON

V-8 motor, automatic transmission, power steering, power brakes, air conditioning, radio, tinted glass. Stock #BE-231 **\$5176**

1975 F-250 4x4 PICK-UP

V-8 motor, 4 speed, power steering, power brakes, radio—Ranger—Stock #Tr-199A **\$5476**

1975 F-100 4x4 PICK-UP

V-8, automatic transmission, power steering. Stock #BE-234. **\$5576**

1974 FORD F-250 PICK-UP

V-8, automatic transmission, power steering, power brakes, radio—Explorer—Stock #BE-232. **\$4276**

1974 GMC 1/2 TON 4x4 PICK-UP

V-8, automatic transmission, power steering, power brakes, radio. Stock #TR-205A **\$4776**

1973 CHEV 3/4 Ton 4x4 PICK-UP

V-8, automatic transmission, power steering, power brakes, radio. Stock #TR-191A. **\$4376**

1973 DODGE VAN PICK-UP

V-8 motor, automatic transmission, power steering, power brakes—200 Series—Stock #FR-79B **\$3776**

1973 LTD 4-DOOR SEDAN

V-8, automatic transmission, power steering, power brakes, air conditioning radio. Stock #BE-223A **\$2976**

1971 TORINO—500 2-DOOR HARDTOP

V-8, automatic transmission, power steering, radio. Stock #FR-99B **\$1976**

Don't Forget—
Friday afternoon at 5 p.m. KSRV
will be drawing the winner's name
in the great car give-away on our
Show Room Floor—Plan to attend—

Ron Moffis Nyssa Representative
Phone 372-5189

FORD

Gentry Ford Sales, Inc.

100 North Main
Salem, Oregon

Malheur County Fair Results

BOOTH AWARDS

Garden: Special Award - Owyhee Garden Club.
Flowers: Daisy - Nancy Meacham, Nyssa, 2nd; Daisy Gloriosa - Nancy Timmerman, Nyssa, 1st; Everlasting Straw Flowers - Mrs. G. Stam, Nyssa, 1st; Marigolds - Joe Perez, Jr., Parma, 1st; Bertha Perez, Parma, 2nd; Marigolds, large - orange, Bertha Perez, Parma, 2nd; Petunias - single, Dorothy Corn, Nyssa, 2nd; Zinnias, large dahlia, Jr. 2nd, Brian Taylor, Nyssa; Zinnias Cactus - Joe Perez, Jr., Parma, 1st; Bertha Perez, Parma, 2nd; Small Zinnias - Joe Perez, Jr. Parma, 1st; Begonias - Jr. Bertha Perez, Parma, 3rd; Oddities - Mrs. G. Stam, Nyssa, 1st; Mary Staples, Nyssa, 2nd.
Dahlias - Semi-cactus, Joe Perez, Jr. Parma, 1st; Gladys Newbill, Nyssa, 2nd; Formal Decorative - Gladys Newbill, Nyssa 1st. Formal Decorative - Gladys Newbill Nyssa, 3rd. Miniature Dahlias - Joe Perez, Jr., Parma 1st. Gladiolas - White, Mrs. G. Stam, Nyssa, 1st; Cream or Picotee, Gladys Newbill, Nyssa 2nd; Crimson, Brandi Olsen, Nyssa, 2nd; Lavender, Gladys Newbill, Nyssa, 1st; Smokey, Mrs. G. Stam, Nyssa, 1st; Marge King, Nyssa, 2nd; Ruffled, Mrs. G. Stam, 2nd.
Roses - Floribunda - Mrs. G. Stam, Nyssa, 1st. Hybrid Tea, yellow to orange, Mrs. G. Stam, Nyssa, 1st; Alida Van DeWater, Parma, 2nd. Bicolor, Mrs. G. Stam, Nyssa, 1st.
Hanging Plants - Cactus, small, Brenda Olsen, Nyssa, 1st. Dish Gardens - All cactus, Brandi Olsen, Nyssa 1st. Bicentennial Spirit, Mrs. G. Stam, Nyssa, 1st.
The Old Homestead - (best arrangement) Mrs. G. Stam, Nyssa, 2nd. Modern Meditation, Mrs. G. Stam, Nyssa, 2nd. Snapdragons, senior, Mrs. G. Stam, Nyssa, 1st.

OPEN CLASS FOODS

Junior - Class VI, Cookies Drop, Julie Atagi, Nyssa, 3rd; shaped cookies, Terry Hill, Nyssa, 1st. Other - Andrea Wenke, Nyssa, 1st. Cupcakes from scratch, Andrea Wenke, Nyssa, 2nd. Gloria Lorenson, 3rd. Two crust pie-berry - Gloria Lorenson, 1st. Yeast breads, white flour - Carol Atagi, Nyssa, 2nd. Baking powder biscuits - Carol Atagi, 1st. Coffee cake - Carol Atagi, 1st. Nut bread - Carol Atagi, 1st. Novelty layer, Carol Atagi, 1st. Zucchini cake - Alida Van DeWater, Parma 1st. Petit fours - Harriet Lorenson, Nyssa, 1st.
Intermediate - white bread, Jan Osborn, Adrian, 2nd. Whole wheat or mixed, Jan Osborn, Adrian, 3rd. Cinnamon Rolls - Libby Miller, Parma, 1st. Decorated cup cakes - Gloria Lorenson, Nyssa, 1st and 2nd. Cookies-drop, Gloria Lorenson, Nyssa 2nd. Cupcakes from scratch - Libby Miller, Parma 2nd. Fudge - Libby Miller, 1st. Peanut brittle - Libby Miller 2nd. Two crust pie-tree fruit-Jeff Moffis, Nyssa, 1st.
Cookies-bar - Harriet Lorenson, Nyssa 1st; Carol Ann Atagi, Nyssa 2nd; Drop - Carol Ann Atagi, Nyssa 2nd; Shaped cookies - Nancy Timmerman, 1st; Cupcakes from mix - Carol Ann Atagi, 1st; Cupcakes from scratch-Carol Ann Atagi, 2nd.
Doughnuts raised - Carol Ann Atagi, 1st; Cake - Carol Ann Atagi, 1st; Fudge - Carol Ann Atagi, 2nd; Jenny Hill, Nyssa 3rd; Carol Ann Atagi, Nyssa 3rd; Peanut Brittle - Carol Ann Atagi, Nyssa 3rd; Creative bread-Carol Ann Atagi, Nyssa, 2nd; Creative Cake - Carol Ann Atagi, 1st.
Open Class Beef Cattle
Bulls, 6 mo. & Over-Grand Champion Clayton Cramer, Ont. Reserve Grand Champ, Julie Ross, Jordan Valley.
FFA-Rabbits: Junior Doe - Stanton Munn, Nyssa 3rd; Stacy Garner, Nyssa 3rd;

Junior buck - Stacy Garner, Nyssa 3rd; Stanton Munn, 3rd; Senior doe - Stacy Garner 2nd; Stanton Munn, Nyssa 3rd; Senior-buck - Stanton Munn, 3rd.
FFA Farm Mechanics-Shop projects-implement trailers, Tom Okai, Adrian Chapter 1st; Stock Trailers - Monty Culbertson, Adrian Chapter 1st (champion) Adrian Chapter Exhibit 2nd; Utility Trailers - Steve Conant, Nyssa 1st; Large Metal Projects - Johnny Simpson, Nyssa 1st; Scott Osborn, Adrian 2nd; Lonny Bennett, Adrian 3rd; Stock Racks - Sam Makinzie, Adrian Chapter 2nd; Small Wood Objects - Brent Ishida, Adrian 2nd; Samll Metal Projects - Brent Ishida 1st; Paul Shenk, Adrian Chapter 2nd.
RABBITS
Showmanship-blues - Daria Smith, Parma; Shelene Stephenson, Adrian; Rodney Cook, Nyssa.
New Zealand White - junior buck 4 to 6 mo. - white - Rodney Cook, Nyssa; Senior buck, over 8 mo. white, Roger Hawk, Nyssa; Pre-junior doe up to 3 mo. red - Shelene Stephenson, Adrian; Junior doe 4 to 6 mo. grand res., Kelly Potter, Adrian; red - Karin Smith - Parma; Intermediate doe 6 to 8 mo. blue - Kelly Potter, Adrian; Karen Smith, Parma; senior doe 8 mo. Shelene Stephenson, Adrian; Rodney Cook Nyssa; Intermediate buck, 6 to 8 mo. white - Stacy Garner, Nyssa.
Other breeds - junior doe, 4 to 6 mo. red - Shelene Stephenson, Adrian; intermediate buck, 6 to 8 mo. red - Shelene Stephenson, Adrian.
SHEEP
Hampshire - mature ewe, older than 18 mo. Tami Cameron, Adrian 3rd.
Crossbred - ewe lamb, less than 9 mo. old Tami Cameron, Adrian 1st;

Yearling ewe, 9 mo. to 18 mo. Tami Cameron, Adrian 1st; mature ewe, older than 18 mo. Tami Cameron Adrian 1st; Mark Witty, Adrian 2nd; Brenda Sims, Nyssa 4th. Champion Female each breed ewe lamb, Tami Cameron; Grand Champion Tami Cameron; Yearling - Tami Cameron; Res. Grand Champ, Mark Witty; Mature - Tami Cameron, Mark Witty. Grand & Res. Grand Suffolks - Tami Cameron, Mark Witty; Mature - Tami Cameron, Mark Witty. Grand & Res. Grand Suffolks - Tami Cameron, Mark Witty. Over All Champ - Tami Cameron. Over all Res. Cham. - Tami Cameron. Crossbreds, Mark Witty; Showmanship - Novice, age 9 & 10 - blue - champ, Terri Hill, Nyssa; junior age 11 & 12 blue - Champ - Cindy Hoden, Adrian; Mark Witty, Adrian; red - Steve Smith, Parma; Sonia Moore, Nyssa; white - Brenda Sims, Nyssa; Danny Walker, Adrian.
Intermediate, age 13 & 14 blue - Tami Cameron, Adrian; red - Mike Moore, Nyssa; AGRICULTURE
Yellow Dent Corn - Kelly Mills, Nyssa 1st; white sweet Spanish onions - Junior Atagi, Nyssa 2nd; other onions - Brian Taylor, Nyssa 3rd; Russet Potatoes, Stanley Sisson, Nyssa 1st; Norgold russet potatoes - Harold Kurtz, Ny. 3rd; other red potatoes - Amanda Taylor, Nyssa 1st; Gloria Lorenson, Nyssa 2nd; Sugar Beets - Stanley Sisson, Nyssa 2nd; alfalfa-threshed grain & small seeds - Ida Packwood, Parma 1st; barley-spring - Fay Corn, Nyssa 2nd; beans, white - Ida Packwood, Parma 1st; Johnny Packwood, Parma 2nd; Kelly Mills, Nyssa 3rd; red clover - Ida Packwood, Parma 1st; strawberry clover - Ida Packwood, Parma 1st; oats - Fay Corn, Nyssa 2nd; Popcorn - Ida Packwood, Parma.

Threshed grain & small seed - soybean seeds, Ida Packwood, Parma 1st; threshed vegetable seeds; onions - Ida Packwood, Parma 1st & 2nd; sunflower - Ida Packwood, Parma 1st; Parsnip - Ida Packwood, Parma 1st; squash seed, Ida Packwood, 1st.
Sheaves: alfalfa for hay slices - Almos Osborn, Adrian 3rd; oats - Gladys Morton, Nyssa 1st; Mark Morton Nyssa 2nd. Wheat - Alice Nishitani, Nyssa 2nd; Dick Nelson Nyssa 2nd.
Farm Vegetables: carrots - Harold Kurtz, Nyssa 2nd; slicing cucumbers - Jeff Moffis, Nyssa 3rd; parsnips, Brian Taylor, Nyssa 1st; Amanda Taylor, Nyssa 2nd; zucchini squash - Don King, Nyssa 2nd; rhubarb - Nancy Meacham, Nyssa 1st; Violet Drydale, Nyssa. Tomatoes,

small red - Tonya Drydale, Nyssa 2nd; Wheat Sheave - unusual - James Stephen, Nyssa 1st.
Farm Fruits: Bartlett pears - Ida Packwood, Parma 2nd; Hale peaches, Maude Coulten, Parma 1st; other peaches - Don Somers, Nyssa 1st; Carl Morton, Nyssa 2nd; green grapes - Nancy Timmerman, Nyssa 2nd; Teresa Wood, Nyssa 2nd.
Bowling
The Housewife Bowling League will have a meeting September 1 at 1:30 in the Sugar Bowl to organize their teams. All interested women should attend. If unable to attend, call Ida Miner at 372-3496 or Marian Danford at 372-3525.

FISCHER'S MOBILE HOME PARK
The park with lots of personal service. All utilities available. Pure well water, no sulphur or chlorine. Street lights. Quiet. Off the highway. Laundry. Large lots priced at \$30.00 and up. Veteran's Administration approved. Phone 372-5218. 4-1fc

RON'S SHELL SERVICE
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Oregon State Fair 1976
Fair Hours 10am-10pm - Mon-Thurs. 10am-11pm - Fri, Sat, Sun.
Fair Admission Adult \$2.00 Children (6-12) .50 Students (13-17) \$1.25
GRANDSTAND ENTERTAINMENT
Jerry Lee Lewis Show 7:30 & 9:30, Sat. Aug. 28 \$5, \$4
Wolfman Jack Show 7:30 & 9:30, Sun. Aug. 29 \$4, \$3
Rick Nelson 7:30 & 9:30, Sat. Sept. 4 \$5, \$4
Bluegrass Show 8 pm, Sun. Sept. 5 \$3.50
Blood, Sweat & Tears 8:30 pm, Mon. Sept. 6 \$5 in advance, \$6 day of show
HORSE RACING DAILY

August 28 through September 6 Salem, Oregon
PRCA RODEO HORSE SHOW
\$5, \$4, \$2.50
Trick Riding Act Aug. 28 & 29, 7:30pm
Roy Rogers/Dale Evans Show Aug. 30 - Sept. 3 1:30 & 7:30pm
Mule Team Act Sept. 4-5, 7:30pm Sept. 6, 1:30pm