dred-and froze-to-death.

There was frost and snow

every month of the year in

the New England states and

in much of Europe. In June a

heavy snow-fall and freeze

killed many lambs and

thousands of birds, and all

They did have a hot spell in

late June but shifted to

another hard freeze by July

4th. The cold continued until

mid September, when a few

mild days preceded a deluge

In London the Times

termed 1816 a "baneful

year" and in Sweden, people

prayed all summer for just

enough warmth to save the

Scientists later tended to

blame the dust from a great

volcanic explosion in the

Dutch West Indies which

happened in 1915, which

screened the sun rays suffi-

ciently to prevent needed

heat from getting through

and caused that terrible

Some good came of the

whole thing. There was a

great migration to the middle west the following year, a

direct result of the hard times

So cheer up, folks. Sum-

mer is coming, and we can

hope for and expect, a hot

Called Nancy Sheffield for

news and her husband.

Layman, said she was out

bottle-feeding a little pig she

drove to Harper recently to

visit her sister, then found

she had gone to Crane with

her daughters to a basketball

game, so they visited with

her husband, Mr. Ray

Mrs. Stella Newell is

staving with her daughter

and son-in-law, Mr. and Mrs.

Ben Payne, in order to

recuperate from an illness.

She lives in Nampa and had

been hospitalized there.

Mr. and Mrs. Robert Shaw

got at the sale.

Winters, instead.

the spring gardens.

of winter snow.

crops.

summer.

of 1816.

Sage of Nu Acres

By Lyn Dohner

January Farmerette meet-

ing was called off due to

illness in the area. Aches and

pains in my bones seemed to

say old age was coming on

kind of suddenly. Would sit

down of an evening to relax

and find myself giving little

involuntary shivers. George,

in his longjons, didn't feel a

washed windows and ad-

mired the snow and ever-

greens and suddenly realized

we really needed that plastic

sheeting up to shut out the

cold. Hated to diffuse that

lovely scenery; but tiny

breezes were seeping in

around the windows, and

sucking up all the furnace

So, George got busy and covered both the big living

room windows on the inside,

taping the plastic to the

window frame. Now it is

consistantly warm in here

and, in time the aches and

pains will go away and I can

kick the aspirin habit. And

maybe by next fall we can get

a pair of storm windows with

nice clear glass to see

just staying in and keeping

warm this winter. She has a

new bulb catalogue and

wondered what we were

planning for summer plant-

ing. Told her summers are

always too busy to get

winter and longing for summer, already. Did you

know that in 1816, summer

just didn't come around?

They called it eighteen-hun-

Mrs. Darrell English visited

Darrell at the hospital Tues-

day afternoon. Kevin and

Toshia Thomas visited Mrs.

Ken Clary while they were at

Mr. and Mrs. C. K. Smith

are rejoicing over a new great-granddaughter born

Monday to Mr. and Mrs.

Mr. and Mrs. Don Roberts,

Mrs. Dyre Roberts, Mrs.

Alan Bennett, Mr. and Mrs.

Varner Hopkins and Mrs.

Noel Tuppeny attended the

funeral of Mrs. Dorothy

Knapp in Roswell Friday

Mr. and Mrs. Mike Sillonis

Gary Smith of Boise.

the hospital.

afternoon.

Most everyone is sick of

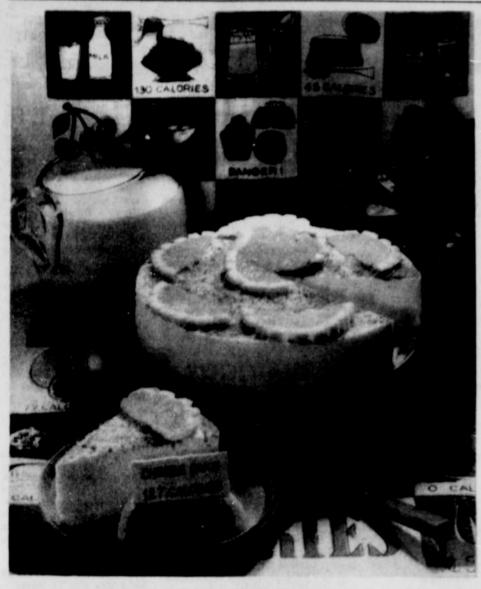
anything done!

Effie Nielsen said she is

heat.

through.

Looked out the clear, fresh



Great Cheese Cake Only 127 Calories Per Serving

Milk Belongs in Low Calorie Menus

Need to shed a few pounds? Slenderizing menus planned around milk and other foods from the basic four are wholesome, well balanced and tasty besides. If it surprises you to think of milk as a diet food, consider its excellent nutritional value. Milk is our best source of calcium as well as an excellent source of protein, riboflavin, vitamin A and other important nutrients. Just two glasses of whole milk (containing 150 calories each) supply 35% protein, 45% riboflavin and 55% calcium of the recommended daily dietary allowances. It's easy to see why milk and made from milk products belong in any sensible diet plan.

For interest and variety other dairy products can be substituted for milk in well-balanced, low cal menus. For instance, the calcium found in one 8-ounce glass of milk can be replaced by one cup of plain yogurt or 11/4 cups cottage cheese. Milk and other dairy foods used as ingredients have the same nutritional value as when served as is.

FLUFFY LIGHT CHEESE CAKE (127 calories per serving)

2 envelopes plain gelatin % cup sugar

teaspoon salt

eggs, separated

cup milk cups small curd cottage cheese

tablespoon lemon juice

1 teaspoon pure vanilla extract

1 tablespoon toasted wheat germ Combine gelatin, ½ cup sugar, salt, egg yolks and milk. Stir over low heat until gelatin is dissolved. Whir cottage cheese, lemon juice, vanilla and 1/2 cup gelatin mixture

together in electric blender until smooth. Stir in remaining gelatin mixture and lemon peel. Chill until it begins to thicken. Whip egg whites until foamy. Continue beating, gradually adding remaining 1/4 cup sugar. Fold into cheese mixture. Turn into 8-inch springform pan. Sprinkle top with wheat germ. Chill until firm. Carefully remove pan sides. Garnish with orange slices. Makes 10

Low Calorie Diets Start With Milk

Low calorie diets built around the basic four food groups need not be boring. It's a matter of being imaginative in the way you put foods together so to the eye your meals look like ones you'd eat if you weren't watching calories. Take this delicious low calorie soup for instance...just 140 calories per serving but looking like twice the number. Thinly sliced fresh mushrooms are sauteed in a minimum amount of butter, seasoned to perfection and simmered in nutritious milk

DELICATE MUSHROOM SOUP (140 calories per serving)

I pound fresh mushrooms, thinly sliced

2 cups milk

4 teaspoons freeze dried shallots

1/2 teaspoon oregano 1/2 teaspoon salt

1/8 teaspoon pepper

family Thursday afternoon.

were Sunday morning coffee

guests of Mr. and Mrs. Luit

Mr. and Mrs. R. D.

McKinley and Mr. and Mrs.

John Fahrenbruch had din-

ner at the Rodeway Inn

Mrs. Dick Kriegh accom-

panied Mrs. Vernon Flock of

Ontario to Cottage Grove,

Oregon, Wednesday to a

meeting on "Purchase Con-

tract." They returned on

Tuesday evening, Mr. and

Mrs. Leon Chamberlain went

to Grandview to see the

of Homedale were Sunday

dinner guests of Mr. and

McKinley attended the Po-

tatoe Banquet at the Eastside

Cafe in Ontario Monday

Mr. and Mrs. Woodrow

Weyerman and two children

have purchased the former

Cornelius Barton home from

Irvin Topliff and moved in the

Sunday dinner guests of

Mr. and Mrs. Gene Simpson

were Mrs. Ida Fenn, Mrs.

Darryl Simpson and Mrs.

Jeanie Fenn and girls of

Mrs. Leon Chamberlain.

Mr. and Mrs. Tunis Garner

Mr. and Mrs. Klaas Laan

Saute mushrooms with butter, stirring often over medium heat about 6 minutes. Add milk, shallots, oregano, salt and pepper. Bring to boil. Reduce heat and simmer 20 minutes, stirring occasionally. Ladle into bowls. Top each serving with 1 tablespoon yogurt. Makes 4 servings.

Newell Heights Items

Stam.

Sunday.

Saturday.

evening.

past week.

Rimrock game

Mrs. Norma Smith and

NEWELL HEIGHTS - Mr. and Mrs. Carl Begeman of Adrian and Valerie Smith were Sunday afternoon guests of Mrs. Dale Witt. Mrs. Begeman brought ice cream and cake to celebrate Valerie's birthday which was on Monday. She received some gifts to remember the occa-

Mr. and Mrs. Carl Lee Hill attended a card party Saturday evening at the home of Mr. and Mrs. David Hill.

Mr. and Mrs. Jim Phifer and Mr. and Mrs. Tom Okai were visitors in the Carl Lee Hill home after the basketball

game Friday evening. Terri Hill was a Friday overnight guest of Marcie Beckstead.

Mrs. Margarete Payne and Pauline King of Ontario were Sunday dinner guests of Mr. and Mrs. Bill Webb.

Mrs. Irvin Topliff was a Wednesday dinner guest of Wednesday Ross Mills was her parents, Mr. and Mrs. a supper guest of Mr. Fred Harry Warren in Parma. Burgess at Vale. They later Mr. and Mrs. Irvin Topliff attended the IOOF Lodge and Mr. and Mrs. R. D.

meeting. They also attended the pot luck dinner of the Senior Citizens in Vale the next day.

Mrs. Leon Chamberlain visited Mrs. Paul Butler and Megan Rochelle Monday evening.

Mrs. L. C. McDermott spent two days last week visiting fer daughter. Mr. and Mrs. Floyd Eason in Parma.

Audrie Astoreca and Carmen Astoreca of Sunset Valley visited their sister,

Police Report

Nyssa City Police are investigating a break-in at Grower's Produce which occurred Sunday. The only loss found was that a small amount of change had been

taken from a pop machine. Mario Soto, 23, Nyssa was arrested by Nyssa Police officers January 18 and charged with driving under the influence and driving with a suspended license. He appeared before Fred Robinson, municipal court judge and sentenced to fifteen days in the Malheur County Jail.

Paul Chavez, Sr., 52, Nyssa was also arrested on a DUIL charge on January 20. Bert Chavez, 38, Nyssa, was arrested on Tuesday evening and charged with driving

while suspended. Nyssa officers are also investigating the theft of a 1955 Chevrolet belonging to Phillip Gallegos. The automobile was taken from the parking lot of the Sugar Bowl, Tuesday evening and was recovered at the Nyssa Cemetery about 1 a.m. Wednesday. It had been stripped of wheels, back seat, tape deck, etc.

Ontario.

Thursday morning, Elsmore Fenn of Homedale called on Mr. and Mrs. Alfred Simpson.

Friday afternoon Mrs. Carl Fenn and Mrs. Alfred Simpson called on Mrs. Alta Gibson at the Owyhee Junction and Mrs. Alice Smith in her new home.

Sunset Valley News



Martin and family of Vale,

Mr. and Mrs. Larry cul-

bertson were among those who attended the Owyhee

Riding Club Banquet which

was held at the Eastside in

Ontario on Saturday evening.

Malheur Memorial Hospital

surgery on his arm which was

fractured several weeks ago.

He has returned home and

will be at home to friends

who wish to call while he is

this area attended the Co-op

Dinner held at the Oregon

Trail Grange Hall on Wed-

Shenk of Little Valley were

dinner guests on Saturday at

the home of Mr. and Mrs.

Mr. and Mrs. Douglas

Weaver of Buhl, Idaho have a

new baby girl who arrived on

January 18. She has been

named Kera Jo. Mrs. Wea-

ver is the former Kris Share.

Mrs. Weaver's grandparents

are Mr. and Mrs. Ira Price

and Mr. and Mrs. Chuck

Mrs. Elver Nielsen was a

visitor on Saturday afternoon

at the home of Mr. and Mrs.

Homer Whitman in Caldwell.

Knowles, Henry Mitchell,

Mrs. Walter Hillis, and Mr.

and Mrs. Ike Mitchell were

guests at a birthday dinner

on Sunday at the home of Mr.

and Mrs. Lewis Mitchell in

nonor of Mr. Lewis Mithcell's

Mr. and Mrs. Loren Hite

and Mrs. John Reffett were

dinner guests on Wednesday

at the home of Mr. and Mrs.

Earnie Princehouse in On-

Study was held at the home

of Mr. and Mrs. Jim Langley

on last Tuesday. Mrs. Elver

Nielsen was the leader.

sen and Ken Abbe were

dinner guests at the home of

Mr. and Mrs. Ken Lorensen

Todd, Scott, Randy and

Lisa spent the weekend at the

home of their grandparents,

Mr. and Mrs. Jim Langley,

while their parents Mr. and

Mrs. Keith Langley, made a

Mr. and Mrs. Ken Abbe

and sons. Scott and Clint

were dinner guests at the

Ken Lorensen home on

business trip to Spokane.

Marcie and Mona Loren-

A Coffee Hour and Bible

Mr. and Mrs. A. T.

Mr. and Mrs. Dennis

Several of the families of

Jack Wood re-entered the

Culbertson.

recuperating.

Charles Glenn.

nesday.

Share

birthday.

on Sunday.

Monday.

SUNSET VALLEY - An Alfalfa Seed Growers meeting and no-host luncheon was served at the Oregon Trail Grange Hall on Thursday with several families attending from this area.

Eddie Lowtrip and son, Shawn of Eugene, Oregon spent the weekend with his mother, Mrs. Gabriel Astoreca. Mrs. Astoreca returned January 12 from a few months vacation which was spent in Brazil.

Carmen Astoreca returned on Monday from Brazil where she visited at the home of a former Foreign Exchange Student, who lived at the Astoreca home when she was here in the United States. Carmen's mother and her aunt Mrs. Harold Lenon returned with her. Carmen has registered at TVCC and is attending there at the

present time. Word has been received of the arrival on January 4 of a baby girl born to Don and Nancy Jones at a Portland Hospital. She has been named, Jennifer Marie. Her mother is the former Nancy Skogan, daughter of Pastor Arthur Skogan who resided in the Nyssa-Adrian area a few years ago.

Mr. and Mrs. Loren Hite were overnight guests Sunday at the home of Mr. and Mrs. Roy Osborn in Durkee,

Oregon. Mrs. O. P. Counsil was among the attendance at the Pleasant Hour Club meeting which was held on Monday at the home of Mrs. John Strickland.

Kingman Kolony News

Mr. and Mrs. Paul Gehrke were guests of Mr. and Mrs. Frank Rhodes for pinochle Saturday evening.

Reta Piercy of Ontario was a weekend guest of her parents, Mr. and Mrs. Carl Piercy.

Janene Kygar and Kathy Gibson were Sunday afternoon visitors in the Earl Kygar home. Mr. and Mrs. Mike Castro

and boys were Saturday evening dinner guests of Mr. and Mrs. Ed Nedrow. Mrs. Mike Castro, and

Mrs. Ed Nedrow visited Mr. and Mrs. Bob Powell and Mr. and Mrs. Mike Castro Sr. Sunday afternoon. Mr. and Mrs. Don Fox

were Sunday evening dinner guests of her brother Mr. and Mrs. Jim Chamberlain near

Mr. and Mrs. Ray Hinkle of Parma visited her sister. Mr. and Mrs. Myron Osborn

Saturday evening. Mr. and Mrs. Wayne Robb attended the Parma-Wilder basketball game Saturday evening. The game was held at Parma. Parma won the first game and Wilder the second.

Mr. and Mrs. Jerry Freitag and Connie of Nyssa were Sunday dinner guests in the

Jim Phifer home. The Church Session of the Adrian Community Church met at the Jim Phifer home

Wednesday evening. Mrs. Richard Callaham of Boise was a Monday visitor of Mrs. Charles Bowers.

Mrs. Charles Bowers and Mrs. Richard Callaham were Monday dinner guests of Mr. and Mrs. Marvin Bowers in

Mr. and Mrs. Jerry Fretag and Connie, Mr. and Mrs. Jim Phifer and Mrs. Charles Bowers visited Charles Bowers in the nursing home in

Vale Sunday afternoon. Mr. and Mrs. Herschel Thompson and Mrs. Ethel Thompson visited Mrs. Rex Walters in Boise Tuesday. She had just returned from the hospital.

Friday, Vera Webb of Adrian and Mrs. Bill Toomb attended an Executive Board meeting in Caldwell at the Presbyterian Church.

> DR. WILLIAM R. BOND, D.D.S. GENERAL DENTISTRY

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News From Big Bend

Mr. and Mrs. Chuck Oregon were guests on Sunday evening at the home of Mr. and Mrs. Larry

on Thursday evening and on Friday underwent further

Darrell English entered the

were Sunday dinner guests of Sunday afternoon.

A group of neighbors and

Parma called on Mrs. Don Roberts Tuesday evening.

Extension Study Group met with Mrs. Wilma Higgins in Parma Tuesday afternoon. Mrs. Dyre Roberts assisted her. The lesson "Convenience Foods" was given by Mrs. Verl Bishop. Nine ladies attended.

Mrs. Creola Betts.

Mrs. Mae Hickox of Wilder passed away in Caldwell, Monday. Services were Wednesday at the Wilder Cemetery. The V. V. Hickox family were residents of Big Bend in the early years of the Wade Community, living where the Gus Sillonis' live. A few of the old time families will remember them.

Mrs. Stan Thomas and

and Mrs. L. E. Robbins

visited Mr. and Mrs. Cecil

Clyde Bowers spent Satur-

day at the Don Bowers home

in Parma. He was helping

Don to finish the basement of

Clyde and Nell Bowers

visited Ted and Dorothy

Bowers, Sunday afternoon.

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Friday, 10-12 Saturday,

They were dinner guests.

Evans in Apple Valley.

their new home

Activities In Arcadia

By Nell Bowers Tuesday afternoon, Mr. ARCADIA - Believe it or

not, this is two days in a row that we have seen the sun!!! The Arcadia Sunshine Club will meet with Nell Bowers on Friday, January 30.

Nell Bowers called at the L. Robbins home, Tuesday of last week. George and Betty Boyack

and their daughter Nancy spent the weekend with Betty's parents, Mr. and Mrs. Otis Bullard.

Mr. and Mrs. Don Bullard and family were dinner

guests, Sunday, at the Otis Bullard home. Mr. Simerson visited Tues-

day evening with Otis and Pearl Bullard.

Jim and Karen Carroll visited his parents, Mr. and Mrs. Henry Carroll, Sunday evening.

Mr. and Mrs. Mike Petterson and family were supper guests of Neil and Ruth Petterson, Saturday evening.

Brig and Kerma Olsen went to Boise, Saturday, to visit Brig's brother, Mr. and Mrs. Cecil Olsen. The Cecil Olsens have moved into a new home. Mr. Olsen is head of the Hot Lunch Program for Idaho.

announces the opening of an office for

302 Good Avenue Nyssa 372-3538 (In the former office of Dr. J.R. Cundall)

BIG BEND - Mr. and Mrs. Leonard Howes returned home from Roy, Utah. Thursday where they attended the funeral services for her oldest sister, Mrs. Myrtle Burningham on Tuesday. Mrs. John Packwood and

Mrs. Dyre Roberts attended Presbyterian Women's Association meeting at the Adrian Church parlor Thursday after-Mrs. Winifred Bennett

spent last week in Marsing with Brenda and Mark Wood. Mr. and Mrs. Don Roberts visited Mr. and Mrs. Joey Olenik in Parma Saturday

Caldwell Memorial Hospital Sunday afternoon where he underwent surgery Monday. Mr. and Mrs. Jim Carroll and girls of Sunset Valley

Mr. and Mrs. Dyre Roberts. Mrs. Darrell English and Mrs. Dyre Roberts called on Mr. and Mrs. Leonard Howes

relatives gave Mr. and Mrs. Gene White a surprise house warming Saturday evening. Attending were Mr. and Mrs. Dick Bennett, Mr. and Mrs. Dallas Chaney, Mrs. and Mrs. Stan Hoden Mrs. Georgia Hoden, Mrs. Joan Turner, Mr. and Mrs. Ray White of Kingman Kolony, Joe White of Boise and the daughter of Whites and her family of La Grande. The evening was spent playing cards.

Mrs. Darrell English and Mrs. Dyre Roberts called on Darrell English at the Caldwell Memorial Hospital Monday afternoon. Later they visited Mrs. Florence Hender. lider at the Nampa Convalescent Center.

Mrs. Lyle Holverson of

The Big Bend Home

Mr. and Mrs. Varner Hopkins were Boise visitors Tuesday where they called on

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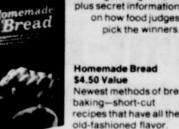


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