

# WE'RE WORKING HARDER THAN EVER

## TRYING TO KEEP FOOD PRICES DOWN!

FULL CUT ROUND  
USDA CHOICE

### STEAK



**\$1.29**  
lb.

MILD CHEDDAR  
CHEESE

**\$1.39**  
lb.

ARMOUR'S  
KOBASE  
SAUSAGE

1 lb. **\$1.39**  
pkg.

PENNYWISE  
RING  
BOLOGNA

12 oz. **69¢**  
PKG.

WESTERN FAMILY  
SLICED  
BACON

1 1/2 lb. **\$2.29**  
PKG.

WILSON'S  
KNOCK  
WURST

**\$1.29**  
lb.

HYGRADES  
LUNCH  
MEAT

**89¢**  
PKG.

# M&W MARKETS

Home of  
USDA CHOICE  
BEEF... Plus



PRICES  
EFFECTIVE:  
JAN. 22, 23, 24  
STORE HOURS:  
WEEKDAYS  
8 TO 8  
SUNDAYS  
9 TO 6

COUPON  
BETTY CROCKER  
HAMBURGER  
HELPER  
25c COUPON  
8 oz.  
W/COUPON  
**2/\$1**  
EXP. 1-24-76

COUNTRY PRIDE  
FAMILY PACK

### FRYERS



LEGS &  
THIGHS  
**69¢**  
lb.

**49¢**  
lb.



FRESH  
MUSHROOMS

**89¢**  
lb.

LETTUCE  
ROMAINE,  
RED LEAF

**4/\$1**

SLICING  
TOMATOES

**49¢**  
lb.

SWEET & JUICY  
MINNEOLAS

**29¢**  
lb.

BEAN  
SPROUTS

**29¢**  
lb.

RADISHES &  
GREEN ONIONS **3/39¢**



FRESH  
ZUCCHINI

**29¢**  
lb.

ARMOUR'S SKINLESS  
12 oz. PKG.

### WIENERS



CHEESE  
OF THE WEEK  
KRAFT'S  
AMERICAN  
PIMENTO  
SWISS  
**\$1.29**  
12 oz.

**79¢**  
lb.

NON FOODS

Hazel eyes  
PRESTONE  
Gal. **\$3.29**

WESTERN SHORE  
FACIAL TISSUE  
200 CT. **3/\$1**

FROZEN FOODS

ORE-IDA  
POTATOES  
HASHBROWNS  
2 lbs. **2/\$1**  
OBRIENS  
1 1/2 lb.

HALIBUT  
FILLET  
8 oz. **99¢**  
VAN DE  
CAMPS

ORANGE  
JUICE  
WHOLE  
SUN  
12 oz. **2/89¢**

BIG VALLEY  
IQF FRUITS  
6 VARIETIES  
20 oz. **79¢**



SALAD  
AVOCADOS  
**6/\$1**

CUCUMBERS  
OR PEPPERS  
**2/29¢**

PROGRESSO TOMATO SAUCE <b>7/\$1</b> 8 oz.	MOUNTAIN VALLEY HONEY <b>\$3.39</b> 5 lbs.	FISHER BISKIT MIX <b>59¢</b> 40 oz.	WESTERN FAMILY SUGAR <b>\$2.19</b> 10 lbs.	PACIFIC CHUNK TUNA 7 oz. <b>43¢</b>	BANQUET PEARS <b>2/\$1</b> 29 oz.	CUT MACARONI HOLSUM 4 lb. BAG. <b>\$1.39</b>
DELMONTE FRUIT COCKTAIL <b>2/79¢</b> 16 oz.	DELMONTE SAUERKRAUT <b>4/\$1</b> 16 oz.	DELMONTE SPINACH <b>4/\$1</b> 16 oz.	DELMONTE STEWED TOMATOES <b>3/\$1</b> 16 oz.	24 oz. WESSON OIL <b>79¢</b>	THRIFTY PACK WALNUT MEATS Golfs 16 oz. <b>99¢</b>	SKIPPY 7 in 1 DRY DOG FOOD <b>\$2.99</b> 25 lbs.