

# FOOD BUDGETS GET A BOOST HERE

## GROUND BEEF



FORMERLY  
GROUND CHUCK  
**88¢**  
lb.

- ROUND BONE USDA CHOICE \$1.29 lb.
- SWISS STEAKS 98¢ lb.
- BONELESS CUBES OF LEAN MEAT
- BEEF STEW
- HYGRADES A BREAKFAST TREAT \$1.59 lb.
- LINK SAUSAGE
- KING \$1.29 lb.
- CRAB LEGS
- SLAB \$1.98 lb.
- BACON
- BULK \$1.49 lb.
- SAUSAGE
- PATTI JEANS \$1.19 ea.
- GAME HENS LARGE 20 oz. SIZE
- ARMOUR'S REG. OR GERMAN \$1.09
- RING BOLOGNA 12 oz. RING

# M&W

## MARKET

Home of  
USDA CHOICE  
BEEF... Plus

THIS AD EFFECTIVE:  
THURSDAY, FRIDAY AND SATURDAY  
STORE HOURS: 8 A.M. TO 9 P.M. WEEKDAYS  
9 A.M. TO 6 P.M. SUNDAYS

## CHUCK ROAST



7-BONE  
USDA CHOICE  
**89¢**  
lb.

- ARMOUR'S ALL BEEF OR 12 oz. 89¢
- HOT DOGS ALL MEAT PKG.
- PIERCES SEASONING BACON 3 lb. PKG. \$2.69 ea.
- BANQUET WAXED CHEESE LOAF 2 1/2 lb. LOAF \$3.49 ea.

## CHUCK STEAKS



USDA CHOICE  
**78¢**  
lb.

- CONCENTRATED ALL LAUNDRY \$2.99
- DETERGENT 9 lb. 13 oz.
- TOP JOB 28 oz. 79¢
- COMET CLEANSER 21 oz. 3/\$1.00
- SPIC & SPAN 54 oz. \$1.19
- MR CLEAN 28 oz. 89¢
- PERSONAL SIZE
- IVORY SOAP 8/\$1.00

### DAIRY PRODUCTS

- ROYAL DANISH IMITATION SOUR CREAM PT. 2/\$1.00

- SMOKED FINNIE HADDIE \$1.69 lb.
- FRESH FROZEN 1/2 OR WHOLE \$1.69 lb.
- WHOLE SALMON
- SMALL SIZE FRESH OYSTERS 10 oz. JAR \$1.29
- SMOKED PIECES AND TIPS
- KIPPERED SALMON \$1.29 lb.

- FLUFFO SHORTENING 3 lb. CAN \$1.39
- WESTERN FAMILY SUGAR 25 lb. BAG \$6.39
- FOLGER'S INSTANT COFFEE 10 oz. \$2.29
- LIPTON TEA BAGS 100 CT. PKG. \$1.39
- 10 FLAVORS
- ROYAL GELATIN 3 oz. PKG. 6/\$1.00
- SALTE' SEA 6 1/2 oz. 3/\$1.00
- CLAMS CHOPPED OR MINCED 4/\$1.00
- KRAFT MAC. & CHEESE DINNERS 6 1/2 oz. \$1.09
- MARS FUN SIZE BAG CANDY BARS 12 TO 16 oz. \$1.09
- WESTERN FAMILY APRICOT NECTAR 46 oz. 59¢
- SUNMAID SEEDLESS RAISINS 32 oz. \$1.29
- KRAFT SALAD BOWL SALAD DRESSING 32 oz. 89¢
- AUNT JEMIMA PANCAKE FLOUR 5 lb. \$1.29
- MOUNTAIN VALLEY HONEY 5 lb. \$3.19
- PRESTONE ANTI FREEZE GAL. \$3.29
- KLEENEX FACIAL TISSUE 280 CT. 59¢

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|---|--|
| HORMEL CANNED HAM<br>HONEY GLAZED<br><b>\$5.98</b><br>3 lb. | PETER PAN PEANUT BUTTER<br>28 oz.<br><b>\$1.19</b> |
| FRESH CORN<br><b>89¢</b><br>DOZ.                            | BUTTERNUT SQUASH<br><b>4/\$1.09</b>                |

EXP. 10-11-75

W/COUPON

BETTY CROCKER LAYER CAKES **2/\$1.00**

17c COUPON W/O COUPON 2/\$1.17

GOOD AT M&W MARKET-NYSSA

EXP. 10-11-75

W/COUPON

FOLGER'S COFFEE ALL GRINDS **\$3.39**

3-lb. CAN W/O COUPON \$3.69

GOOD AT M&W MARKET-NYSSA

- PURE ORANGE JUICE 48 oz. BOTTLE **69¢**
- VALLEY DAIRY BUTTER SOLID PACK **89¢** lb.

- JUMBO LOCAL CAULIFLOWER **69¢** HEAD
- NEW CROP YELLOW ONIONS **12¢** lb.
- FRESH NECTARINES **3/\$1.00**

## AVOCADOS

JUMBO

# 3/\$1

- ### FROZEN FOODS
- SWANSON 5 VARIETIES TV DINNERS 10 1/2 oz. 59¢
  - VAN DE KAMPS HALIBUT FILLETS 24 oz. \$2.79
  - AUNT JEMIMA BLUEBERRY REGULAR BUTTERMILK WAFFLES 10 oz. 2/\$1.00
  - WESTERN FAMILY CORN OR PEAS 10 oz. 4/\$1.00
  - LYNDEN FARMS 4 lb. PKG. SHOESTRING POTATOES 69¢

## GRAPEFRUIT

FLORIDA PINK

# 8/\$1

- FRESH CALIFORNIA DATES **69¢** lb.
- FRESH CRANBERRIES **39¢**

## LETTUCE

FRESH CRISP HEADS

# 4/\$1

- RADISHES AND GREEN ONIONS **3/39¢**
- POTATOES 10 lb. **59¢**
- LARGE No. 1 YAMS **29¢** lb.
- FRESH MUSHROOMS **98¢**