

## Favorite Foods

By "Odie" Anderson



Making mincemeat used to be a long, tedious, all day job when our forefathers made it. Consequently mincemeat was a real delicacy, and when served, was served at very special functions.

Bazaar time is here with its steamed puddings and mincemeat. Our Church members made ours and it was a breeze at the Allen Cannery with its apple peelers and choppers. This recipe came from one of the famous cooks of Payette.

### MINCEMEAT

- 5 cups ground beef
- 15 cups apples, peeled and diced
- 6 cups sugar
- 4 cups cider
- 2 1/2 cups suet, ground
- 1/2 cup vinegar
- 1 1/2 cups seeded raisins
- 2 1/2 cups seedless raisins
- 2 lemons, grated peel and juice
- 2 oranges, grated peel and juice
- 2 tsp. cinnamon
- 2 tsp. allspice
- 2 tsp. nutmeg
- 1 tsp. cloves
- salt to taste

Mix all ingredients in order listed and pour into large cooker at canner. Cook for 20 minutes stirring occasionally. Fill into 9-1 qt. cans and process.

Each can of mincemeat makes 2 2-crust pies and here's a good way to mix it.

### MINCEMEAT PIE

- Pastry for 2-crust pie
- 2 cups mincemeat
- 1 cup diced apples
- 1/2 cup raisins
- 1/3 cup grape or orange juice
- 1/4 tsp. grated lemon peel

Combine the above ingredients and pour into a 9" pie pan lined with pastry. Adjust top crust, cut steam vents and flute edges.

Bake in a hot oven (425 degrees) 40 to 45 minutes or until pastry is golden. Serves 6. To make it even more tasty top warm pie with vanilla ice cream.

Talk about quick and easy, this grape juice recipe is both. One of our grandson's drinks it as the its going out of style so we make a lot every fall. With the high cost of living, grapes will come into their own this fall.

### QUICK GRAPE JUICE

Wash 1 cup of Concord grapes; put into clean standard quart jar, add 1/2 cup sugar, fill to within 1/2 inch of top of jar with boiling water. Put on cap and screw the band tight. Place in canner and process 20 minutes in a boiling water bath. Remove from water and cool.

Our grape vines (I hope they don't all go to vine) are growing like mad. We'll soon have a lot of grapes to make juice and jelly.

For a summer drink you can't beat Grape Cooler. The grape juice may come from the frozen food section in your Food Market or your own freezer.

As soon as the leaves start to turn (and aren't they beautiful?) and the air is nippy, I start to think of October holidays. Halloween will soon be here with its ghosts, goblins

and cold nights. A hot drink is a welcome sight to any little "ghost" or "goblin" or teenager coming in after a football game.

### HALLOWEEN PUNCH

- 1/2 cup sugar
  - 1/2 cup water
  - 12 whole cloves
  - 2-2 inch pieces stick cinnamon
  - 1-46 ounce can orange juice
  - 1-18 ounce can grapefruit juice
  - 1 quart sweet apple cider
  - orange slices
  - whole cloves
- Combine sugar, water and spices in a saucepan; simmer 5 minutes and strain. Combine with fruit juice and cider. Reheat and serve hot from punch bowl, or serve cold with ice cubes.
- Garnish with orange slices studded with whole cloves. Makes 24 1/2 cup servings.

For years our family has made Popcorn Balls for those same ghosts and goblins and this year will be no exception.

### OLD-TIME POPCORN BALLS

- 5 quarts popped corn
- 2 cups sugar
- 1 1/2 cups water
- 1/2 tsp. salt
- 1/2 cup light corn syrup
- 1 tsp. vinegar
- 1 tsp. vanilla

Keep popcorn hot and crisp in a slow oven (250 to 300 degrees). Butter sides of saucepan. In it combine remaining ingredients except vanilla. Cook to hard-ball stage (250 degrees). Add vanilla. Pour slowly over hot popped corn stirring just to mix thoroughly. Butter hands lightly, shape balls. Makes 18 balls.

### CARAMEL POPCORN BALLS

- 2 1/2 quarts popped corn
  - 1/2 pound (28) vanilla caramels
  - 2 tsp. water
  - 1/2 cup water
  - 1/2 cup water
  - 1/2 cup water
  - 1/2 cup water
- Keep popcorn hot in slow oven. Melt caramels in water in double boiler, stirring frequently. Add salt. Place popped corn in large bowl and pour caramel sauce over; toss to coat well. Butter hands and shape popcorn into balls. Makes 10 balls.

### SPEAKING TO THE CONSUMER

**SAFER PRODUCTS.** The chief job of the new federal Consumer Product Safety Commission is to reduce unreasonable risk of injury from some 10,000 consumer products. This agency has the authority to require safety regulations for a wide range of products not now regulated by other agencies. The commission hopes that manufacturers will cooperate voluntarily to remove unsafe products from the market.

Consumer comments about products will be welcome. A regional office has been established in Seattle, Washington. The address is 909 First Ave., Seattle 98104.

## Potato and Onion Harvest Looks Good

**POTATO AND ONION HARVEST:** Potato and onion harvests are well on their way in Malheur County with yields of both crops looking good. Early Norgold potatoes yielded from 15 - 18 tons per acre with some reports up to 20 tons near the latter part of digging. Onions are ranging from 700 - 1200 sacks per acre depending on variety and field conditions. (In tons per acre, this would be 17.5 to 30 tons.) The quality of the Norgolds and onions, so far, have been very good. The weather up through September 18 has been good for the curing of onions and with any break, farmers should be able to put a top quality onion into storage.

The Oregon Crop and Livestock Reporting Service indicates that onions in the Idaho-Eastern Oregon area are forecast to be up 8% over last year and the Western Oregon crop up 20%.

They also show an acreage figure for Idaho-Eastern Oregon of 10,500 acres this year as compared to 9200 acres last year. Western Oregon acres are the same as last year so the 20% increase is in better expected yields.

Harvest of Russet potatoes is just getting underway and from early indications seem to be good, however, the quality is off some due to high temperatures in July and August. The Russet potato needs to have uniform water and moderate temperatures to produce a high quality potato. Total acreage of potatoes in the county are estimated to be a little over 18,000 acres. This compare with an estimated acreage of around 12,500 acres last year.

### Kingman Kolony

BY DALE WITT  
PHONE 372-2183

**KINGMAN KOLONY** - Mrs. Ralph Lewis and family of Apple Valley, Mr. and Mrs. Mitch Anderson and boys of Vale and Mr. Conant were Sunday dinner guests of Mr. and Mrs. Willis Conant.

Ralph and Dale Phifer of La Grande and Mr. and Mrs. Jim Phifer were guests at a potluck dinner at the home of Mr. and Mrs. Charles Bowers Sunday.

Sunday afternoon callers in the Al Thompson home were Mr. and Mrs. Lee Dall and son of Nyssa, and Mrs. Robert Long and Mrs. Gladys Thomas of Adrian.

Mike Osborn, who is in the Navy at Long Beach, California came home Wednesday on a 20-day leave.

Mr. and Mrs. Lawrence Miller, Robert and Valdeen of Big Bend and Mr. and Mrs. Robert Edmondson of Nyssa visited Mr. and Mrs. Wayne Robb Friday evening.

Mr. and Mrs. Earl Kygar and family and Guss Sillonis spent the weekend deer hunting at Westfall. Guss Sillonis and Jay Kygar each got a 2-point deer.

Mr. and Mrs. Carl Begeman were six o'clock dinner guests of Mr. and Mrs. Klyne Cheney and family in Sunset Valley Monday evening. The Begemans had seen the three children but had not seen their month old son Brian. The Chaneys have purchased the Begeman home and plan to move there at a later date.

## TVCC Continuing Education Classes Listed

The Treasure Valley Community College of Continuing Education will offer classes in the following subjects this fall:

**Printmaking** - will meet in the Art Building from 1:00 p.m. to 4 p.m., Tuesdays and Thursdays.

**Drawing** - will meet in the Art Building, Tuesday and Thursday evenings from 7 p.m. to 10:00 p.m.

**Women's Physical Fitness** - meet in the college gymnasium Tuesdays, from 7 p.m. to 10 p.m.

**Girl's Gymnastics** - for ages 8 through 18, meet in college gymnasium, from 7:00 p.m. to 9:00 p.m., Thursdays.

**Accelerated Reading Course** - meets one hour in group session on Tuesday, 11:00 a.m.; 7:00 p.m.; or 3:00 p.m. on Thursday. Also must arrange lab time with your instructor. For further information contact Mrs. Sharp at the College's Learning Center.

**Personal Development** - will meet Wednesdays from 6:40 p.m. to 9:30 p.m. in C-21 of the Administration Building.

**First Year Japanese** - will meet on Monday, Wednesday and Thursday evenings, 7:30 p.m. to 8:50 p.m. in C-24 upstairs in the Administration Building.

**Two Pre-School Art Classes** - meet Tuesdays at 10:00 a.m. to 11:30 a.m. and Fridays at 1:00 p.m. to 2:30 p.m.

**Tailoring Men's Clothes** - will meet Mondays from 8:00 p.m. to 10:00 p.m. in the St. Paul's Lutheran Church.

**Simple Separates with Knit and Stretch (Basic)** - will meet on Mondays in St. Paul's Lutheran Church, 6:00 p.m. to 8:00 p.m.

**Sewing for Beginners** - will meet on Tuesdays 10:00 a.m. until noon at St. Paul's Lutheran Church.

**Interior Decorating II (Floral Arrangement)** - will meet on Tuesdays from 7:00 p.m. to 9:00 p.m. in the Natural Science Lab in the Administration Bldg.

**Food for your Family (Chinese Cookery)** - will meet on Tuesdays; 7:00 p.m. to 9:30 p.m. in the Home Economics room at the Ontario Jr. High School.

**Family Finance and Money Management** - will meet Tuesdays and Thursday evenings from 7:30 p.m. to 9:30 p.m. in room N-5 of the Tech-Lab Building.

**Interior Decorating II (Upholstery)** will meet Mondays and Thursdays from 7:30 p.m. to 10:00 p.m. in the Ontario Women's Clubhouse.

**Advanced Ceramics** - will meet Thursday afternoons at 1:30 p.m. in the Community College Art Building.

For further information about the above classes contact the Office of Continuing Education, 889-6493.

## APPLE VALLEY ITEMS

BY FRANCES SMALLEY

**APPLE VALLEY** - Mr. and Mrs. James Correll of Bremerton, Washington were guests of Mrs. Nell Correll Wednesday-Friday. They had been on a vacation trip and were on the way home.

Mrs. Mayme Stout and Norma of Boise were Sunday afternoon guests of Mr. and Mrs. C. L. Fritts.

Mr. and Mrs. Rex Nichols, Jodie and Jay were guests Saturday and Sunday of Mr. and Mrs. Don Fritts at Hermiston, Oregon.

The Nazarene Young Women's Bible Study Class met in the Dwight Seward home on Tuesday.

Mr. and Mrs. Kenneth Saunders were Tuesday evening guests in the Dwight Seward home.

Mr. and Mrs. Albert Miller moved the past week into their new trailer home.

Mr. and Mrs. Dwight Seward, Mr. and Mrs. Burton Smith of Ontario and Mrs. Hugh Pierce and children of Boise attended the Sunday afternoon Open House at N.N.C. Chapman Hall in Nampa. They later took Gary Seward and his roommate Jerry Wilson out to dinner at Sir Richards. It was Gary's birthday anniversary.

Mrs. Jim Bale of Caldwell and Mrs. Laura Bale visited on Friday with Mrs. Leo Montague at Nu Acres.

Mrs. Laura Bale, Mrs. Darlene Gullette of Payette and Mrs. Chuck Bale visited in Boise Saturday with Mrs. Monte Howard and Mr. and Mrs. Fred Swanson.

Mrs. George Sawhill of Flint, Michigan visited Saturday-Tuesday with Mr. and Mrs. William Knox.

## HELPFUL TIPS FOR MOVING

### TURN YOUR 'TREASURES' INTO CASH

Ever hold a garage sale? It's fun. Especially if you're moving and want to rid yourself of unneeded clothing, furniture, and those odd pieces which never seemed to fit into your decorating plans.

Before you move, take a complete inventory of all of the things in your house and decide what you don't need. Such things as the mounted moose head Uncle Joe gave you, the clothes the kids outgrew last year, or the ice skates that no longer fit anyone in the family are the kinds of items you can sell.

Gather everything together, put pairs with pairs and attach price tags. What's a fair price? Some garage sale experts claim that one-third or one-fourth of the original price of an item will move these "treasures" out of your garage depending, of course, on the age and condition of each item.

For a free folder on how to "Hold A Garage Sale" and make a few dollars doing it, call your nearest United Van Lines' agent.

Tracy and Rhonda Griffin were weekend guests of Mr. and Mrs. George Griffin.

Mr. and Mrs. Gene Honey, Mrs. Gary Griffin, Tracy and Rhonda and Mr. and Mrs. Sam King were Sunday evening dinner guests of Mr. and Mrs. George Griffin.

## TV Association For Handicapped

Nick Eddy, Ontario, gave a slide presentation of this summer's camping program for handicapped young people held during July at Victory Cove, the Nazarene Church campground near McCall. He appeared on the program at the September meeting of the Treasure Valley Association for Handicapped and Retarded Children, Inc., when they met recently in Ontario. Mr. Eddy had photographed the various activities of the campers and counselors, primarily featuring the young people from this Treasure Valley area. He commented that seventeen of the forty-eight campers in attendance at the camp sponsored by the Civitan organizations were from this area. Eddy also commented that these slides are available for showing to other civic organizations who may be interested in learning more about this special camping program.

Don Micky, director for TVO, Inc., also appeared on the program speaking briefly about the activities being conducted to locate a suitable building for the sheltered workshop and other prospects of the program. Community help will be appreciated if you know of a suitable building that may be available for the workshop activities.

During the business meeting, conducted by president Irma Baker, Ontario, Barbara Beck reported on the programs and activities of the social center for the handicapped young people of the area. One of the current

projects is a partnership business venture with the Ontario FFA in the Green Thumb farming operation, which is currently involved with the harvesting and marketing of tomatoes and cantalopes. Anyone interested in purchasing the produce may do so at the Green Thumb stand near Ontario or contact Barbara Beck at 889-3480 mornings only. Proceeds from this business venture will be used for the social center. It was also mentioned that community support will be greatly appreciated in helping with donations for the social center in order to make the program available and more beneficial to more handicapped persons.

Martha Christeson director of the Mary Kay School reported that the students are thoroughly enjoying the swimming session held once each week at the Payette pool.



The greatest number of children produced by mother is 69, by Madame Fyodor Vassiliev, a Russian. In 27 confinements, she gave birth to 16 pairs of twins, 7 sets of triplets, and 4 sets of quadruplets!

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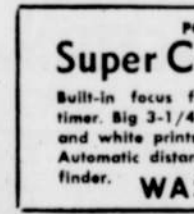


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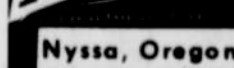
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