



Favorite Foods



By "Odie" Anderson



I first made Paper Bag Pie several years ago using Purple Plums, or, as we always called them when I was a youngster "Prunes."

The paper bag keeps the prune juice from running over in the oven. The crust browns nicely in the bag. Other fruit pies may be baked in a paper bag also including apples, apricots, peaches, and cherries.

PAPER BAG PURPLE PLUM PIE

4 cups (about) prepared purple plums
9 - inch pastry shell, unbaked
1/2 cup granulated sugar
1/4 cup flour
1/4 teaspoon each salt and nutmeg
1 tablespoon lemon juice
Remove seed from purple plums and cut each half once crosswise. You will need about two pounds of the fresh purple plums. Combine with the fil-

ling's dry ingredients. Mix well. Ladle into the pastry shell. Add lemon juice.

TOPPING

1/2 cup flour
1/2 cup granulated sugar
1/2 teaspoon cinnamon
1/2 cup (1 stick) butter

To prepare the topping, cut the butter into the dry ingredients to size of small peas, using pastry blender or two knives. Sprinkle over the filling to cover top. It will be rounded up but will settle as the plums cook.

Slip the pie into a heavy brown paper bag large enough to cover the pie loosely. Fold open end over twice, fasten with paper clips or use stapler. Place on a large cookie sheet for easy handling. Bake in a 425 degree (hot) oven for 1 hour. Remove from oven. Let "rest" a few minutes to give the juice time to stop boiling.

Remove pie from bag. Place on cake rack until ready to serve. Best served warm but not

bad at all even chilled. You may like to top each slice with vanilla ice cream, whipped cream or a dollop of thick dairy-sour cream. Or pass a plate of nippy natural Cheddar cheese.

I first tasted this frosting at the fair last year. (I was judging) and noticed how smooth and velvety it was. I also noticed how well it held its shape and its delicate flavor. I finally found the recipe again when an excellent cook recommended it as her favorite.

VELVETY FROSTING

5 tbsp. flour
5 tbsp. sugar
1 cup milk

Mix the flour and sugar thoroughly and add the milk. Pour into a saucepan and cook over medium heat until thick-stirring constantly. Cool.

Cream together:
1 cup sugar
1 cup margarine
Add sugar and margarine mixture, 1 tbsp. at a time to the first mixture, while beating with an electric mixer. Beat until consistency of whipped cream. Frosts one large cake.

SPEAKING TO THE CONSUMER

TLC FOR PJ'S. Launder your child's flame-resistant nightwear with tender loving care. Otherwise you may damage the flame-resistant finish in the fabric. Follow manufacturer's directions. Do not wash with soaps or non-phosphate detergents, which build up a film on the fabric that masks the chemicals used in making the fabric flame-resistant.

If you do not want to use phosphate-based detergents, the Consumer Product Safety Commission recommends the use of "heavy-duty" liquid detergent. In either case, follow washing and drying directions on the care label to maintain flame-resistant qualities.

Reduces Lighting To Save Energy

The State Highway Division will shut off half of all its highway lights in the state in an effort to conserve energy, Fred Klabeo, administrator-state highway engineer, said today.

More than 6,900 individual luminaries now light Oregon's freeways, rest areas, state highways and bridges. About 3,500 will be shut off as part of Governor Tom McCall's directive to all state agencies to cut down on energy consumption.

The Highway Division's reduced illumination program is expected to save one million kilowatt hours per month.

Klabeo said that the limited lighting will not affect highway safety. Lights will be shut off at more than 125 locations throughout the state, but "at those locations where lighting is essential to motorist safety, we will only reduce the number of lights, not eliminate illumination altogether," he said.

The energy conservation move will save the Highway Division about \$100,000 a year. "And we can use it," noted the highway chief. The Division is agonizing over a severe budget crunch caused in part by a decrease in gas tax income to the Highway fund this summer. Klabeo said gasoline sales to Oregon highway users were down 2-1/2 million gallons in June compared to June, 1972.

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