

Favorite Foods



By "Odie" Anderson



When my family visits I try to vary the menus so that the children remember what "grandma cooks" and also to stay within the food budget. (We're lucky if we can these days.)

Among other dishes I served Cinnamon Rolls and Parkerhouse twice and then on the last evening we had Tuna Ring with Cheese (two good protein foods.) Everyone (there were eight of us) declared the Tuna Ring a winner.

TUNA RING WITH CHEESE

- 1 egg
- 2-6 1/2 ounce cans tuna drained
- 1/2 cup onion, chopped
- 1/2 cup shredded sharp Cheddar Cheese
- 1/2 cup parsley, cut up
- 1 tsp. celery salt
- 1/4 tsp. pepper
- 2 cups biscuit mix
- 1/2 cup cold water

to a soft dough, knead 5 times on floured cloth-covered board. Roll into rectangle 15x10 inches. Spread with tuna mixture.

Roll up, beginning at long side with sealed edge down, shape into ring on greased baking sheet, pinch ends together. With scissors make cuts 2/3 of the way through ring at 3/4 inch intervals. Turn each section on its side to show filling. Brush top with remaining egg. Bake 25 to 30 minutes. Serve with hot Cheese Sauce. 6-8 servings.

CHEESE SAUCE

- 1/4 cup butter or margarine
 - 1/4 cup biscuit mix
 - 1/4 tsp. salt and 1/4 tsp. pepper
 - 1 3/4 cups milk
 - 1 cup shredded Cheddar Cheese
- Melt butter or margarine over low heat. Blend in baking mix, salt and pepper. Cook over low heat, stirring until smooth and bubbly. Remove from heat, stir in milk. Heat to boiling, stirring constantly. Boil and stir for one minute. Stir in cheese until melted. Serve hot.

SPEAKING TO THE CONSUMER

MAIL ORDER PROBLEMS. Complaints about mail order companies rank second only to complaints about cars, reports the Office of Consumer Affairs. Writers complain that they do not receive merchandise for which they have paid, or they do not receive a refund when they return unsatisfactory merchandise.

If you have a mail order problem, here are steps to take: Write the company, addressing your letter to the president. Or call the company, if your order is worth the expense of a long-distance telephone call.

If a letter or call doesn't bring results, Direct Mail Advertising Association (DMAA) will try to solve your problem if it involves one of its 1600 member companies. DMAA address is 230 Park Ave., New York, NY 10017. Or contact the Office of Consumer Affairs, Washington, D. C. 20201.

WHO ARE YOU? A driver's license is the identification of a person requested for cashing a check. But if you have no license, what then?

It is now possible to obtain an identification card that can be used instead of a driver's license. Request it from the Motor Vehicles Division, 1905 Lana N.E., Salem 97303.

NEWELL HEIGHTS ITEMS

BY DALE WITT PHONE 372-2183

NEWELL HEIGHTS - Mr. and Mrs. Alfred Simpson were Sunday dinner guests of Mr. and Mrs. Marion York and family in Vale.

Johanne and Ronda Ward spent the weekend with Mrs. Rollo Fenn.

Leroy Churchill of Vale was a Sunday dinner guest of his mother, Mrs. Rollo Fenn and attended church with her Sunday evening.

Mrs. Sally Judd and Mr. and Mrs. L. J. Kenney of Ontario and Mr. and Mrs. John Downer of Taft, California were Sunday dinner guests in the M. L. Judd home.

Terri Hill spent from Wednesday until Tuesday with her grandparents, Mr. and Mrs. Vernon Ward in Caldwell, while her parents were on a fishing trip to Henry's Lake.

Mrs. Jack Earnest and Susie of La Grande came Tuesday to visit her parents, Mr. and Mrs. R. D. McKinley. Mrs. Hugh Eddy and children of Caldwell came Wednesday and were guests in the McKinley home that day and overnight.

Thursday evening Mrs. Jack Earnest of La Grande was called home due to the fire in that area. She is Disaster chairman. Susie remained for a longer visit.

Mr. and Mrs. W. C. Van DeWater and son Kent of Big Bend were guests at a birthday dinner honoring Mrs. Van DeWater Wednesday evening at the home of her sister, Mrs. Dale Witt. Mr. and Mrs. Carl Begeman of Kingman Colony were also dinner guests.

Mrs. Dale Witt called on Mrs. L. C. McDermott Thursday morning and called on Mrs. Harriet Turner Saturday afternoon.

Mrs. Lynn Sprague and two sons of Salt Lake City, Utah spent Sunday with her husband's parents, Mr. and Mrs. Leroy Sprague.

Bud McDermott of Caldwell called on his mother, Mrs. L. C. McDermott Thursday morning and told her his son cut his leg quite badly with an electric saw. Her daughter, Mrs. Nellie Eason of Caldwell, visited her mother that afternoon.

Pat Lindville and daughters of Seattle, Washington came Tuesday to visit his parents, Mr. and Mrs. Don Lindville. They will return to Seattle Monday morning.

Mrs. Dale Witt received a letter from her pen pal, Mrs. Helena Woodward in Cape Town South Africa last week. She said they are having their winter there now. She was sitting in front of the fireplace. She is from Portugal and her husband from Australia. They have six children.

Mrs. Bill Webb went to McCall Thursday and stayed over Friday. There she visited her mother, Mrs. Margaret Payne, Mr. and Mrs. Ted King, Norma King and Dr. Robert Payne and Don Payne from Klamath Falls. Dr. Payne and son Don are in the area now antelope hunting.

Mrs. Marie Moore visited Mr. and Mrs. K. I. Peterson Sunday afternoon.

Mrs. Leon Chamberlain went by bus to Bountiful, Utah Saturday evening to visit her father, Roland Stringham and other relatives. Cherrylee and Jed Chamberlain went Thursday by car to Bountiful. Friday they attended the graduation exercises at BYU. Cherrylee was one of the graduates. They all returned home on Sunday.

Mr. and Mrs. Irvin Topliff accompanied by their daughter and her husband, Mr. and Mrs. Charles Brady of Boise took a trip to Sumpter, Oregon, Sunday. It is an old mining town. They went through the museum and also the gold dredge. They came back by way of Unity and Vale.

Mr. and Mrs. M. L. Kurtz of Bouse, Arizona were Monday, August 13, morning callers of Mrs. Dale Witt. They were on their way to Boise to consult their eye doctor and visit relatives. They will be back in this area to visit friends later.

Mr. and Mrs. Ray Simpson went to Portland August 8 and returned August 15. Ray went

Department of Revenue Assesses \$2.5 Billion

The Department of Revenue has finished certifying centrally assessed property values totaling nearly \$2.5 billion dollars to Oregon counties for use in setting their tax rates.

County assessors are responsible for valuations of residential property, commercial property, etc., within their county. The Department of Revenue, however, assesses utility properties throughout the state and advises counties of those values. This is done primarily to assure a uniform assessment of major properties statewide.

The centrally assessed values are added to locally assessed values from which a tax rate is computed for each taxing district.

This year's total of \$2,475,-

953,888 certified to the counties is up nine percent over last year's \$2,270,866,132. Malheur County is up 5%, \$26,659,845 as against \$25,308,122 last year.

Columbia County registered the single largest jump from \$52.3 million to almost \$131 million—a 150 percent increase. Most of that increase comes from Portland General Electric Company's construction of its Trojan nuclear plant located there.

For many years Pacific Northwest Bell and its predecessor company, Pacific Telephone and Telegraph, held the distinction of being the taxpayer with the highest true cash value of utility property in the state. This year that position is occupied by Portland General Electric Company.

fishing, got his limit in salmon and got some sea bass. While there, they visited their daughter, Mr. and Mrs. Bill Holdt and sons at Vancouver and their son Mr. and Mrs. Raymond Simpson at Gresham. Mrs. Simpson brought home six gallons of black berries she picked.

Patty Meham and girlfriend Linda of McCall came Saturday to visit relatives and friends in this area.

Mr. and Mrs. Ray Simpson, Patty Meham and friend Linda were guests at the Gene Simpson home Saturday evening for ice cream and cake.

Mr. and Mrs. Marion York were Saturday morning callers in the Ray Simpson home.

Mr. and Mrs. Scott Gillette of Ontario stayed in the Ray Simpson home and took care of things while they were in Portland.

MALHEUR MEMORIAL HOSPITAL - A Report To The People

Gale Christensen, Administrator

Because a hospital's only product is service, salaries represent its largest single expense. In industry, special skills are generally required of no more than one out of six employees. In a hospital, the ratio is more than five out of six employees. These are persons for whom the hospital must compete with businesses, schools, clinics, government agencies and other health facilities.

Compare your hospital's share of costs for salaries and wages, 60%, other supplies equipment and building expenses, 40%. Those of industry are: salaries and wages, 25% and other expenses 75%. Your hospital deals entirely in services. There is no product involved as there is with industry. Nor is profit its primary motivation as in the case with commerce. Unlike a hotel it not only provides room and meals, but highly specialized drugs, nursing and technical aid. In short, the operation of your hospital cannot be compared with that of any other form of American enterprise.

Through continuous programs of research and education, your hospital is not only seeking new ways to cure the ailment, but to combat the cause. Increased emphasis is being placed on illness prevention.

Few fields see their equipment get more use, or become obsolete faster, than that of Medicine. So must each hospital continually seek to expand and update. Not for the sake of "appearances", but to provide itself with the best available tools obtainable, all too often only through the financial support of persons like yourself, these tools can literally spell the difference between patient life and death. Your hospital will provide care for all who need it, regardless of their color, religion or ability to pay. In order to do so, however, it must share this cost with persons who are able to pay. Again, persons like yourself.

Man has traveled the hidden highways of the ocean floor. He has scaled the ladders of space. Yet no greater challenge exists than that which the people of your hospital face each day. The challenge of life itself.

The doors of most businesses are open from 8 to 12 hours a day and 5 or 6 days per week. By contrast, the doors of your hospital never close. A large enough professional staff must be employed to keep its facilities available around the clock, seven days a week. How you can help:

1. Be aware of the contributions and challenges faced by your hospital. Inform others.
2. See that your hospital bills are paid promptly.
3. Remember your hospital when making financial contributions. Such gifts are tax deductible.
4. Be a volunteer. Support the work of your hospital with personal time and energy.
5. Keep fit. Undergo regular checkups. Good health is the most precious possession you'll ever own.



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2 LB. CTN.

89¢

CHECK THIS PRICE

CENTER CUT RIB LEAN & MEATY

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1.53 LB.

HORMEL VALUE BACON \$1.29 LB.

SPARERIBS LEAN-TASTY COUNTRY STYLE \$1.19 LB.

PORK ROAST LOIN END MEAT \$1.23 LB.

PORK CHOPS CENTER CUT LOIN \$1.63 LB.

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* NECTARINES 3/\$1.00 *
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PKG.

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