

AND NOT A MOMENT TO WASTE!



YOUR FUTURE SECURITY

Nearly half of the nation's non-farm workers now enjoy the prospect of retirement security through private pension plans and by 1980 it is expected that 60 per cent will be covered. This is an encouraging trend.

The private pension plan system should be expanded to cover as many of the work force as possible. Federal legislation permitting this growth should be encouraged.

One good new idea is to liberalize tax deductions for savings for retirement purposes. A new deduction would be allowed from adjusted gross income for employees not covered by employer plans, or where the employer contributions are not sufficient.

The effect of this legislation would be to encourage more private capital formation and personal savings for retirement purposes, particularly among those who are not now covered or only marginally covered.

GROWING ENERGY NEEDS

Unlimited sources of energy to run our factories, automobiles, and homes no longer can be taken for granted.

The immediate outlook is for a steadily increasing demand for energy which will force growing dependence on foreign sources, greater concern about the environment, higher costs and increasing uncertainty as to the future.

Our national security requires that we should have a sufficient domestic energy supply to keep our economy going even if foreign fuel imports were cut off.

Government policies also should encourage research by private industry. Emphasis should be placed on research and development efforts aimed at greater utilization of existing energy supplies.

It is imperative that the governmental decision-making processes be speeded up and simplified so industry can get on with its job. Environmental factors should be taken into consideration, but they must be balanced with the growing energy needs of our nation.

ADRIAN NEWS

ADRIAN - Mrs. Anna Long, Mrs. Hazel Schafer, Mrs. Mable Piercy, Mrs. Sue Ashcraft and Mrs. Effie Peterson attended Koffee Klatch at the home of Mrs. Rosie Martinez, Wednesday afternoon.

K. I. Peterson returned home from the hospital in Seattle Saturday evening. He is somewhat improved.

Mrs. Robert Long had a Sunday school teacher's meeting in her home Tuesday evening, with all teachers present.

Mr. and Mrs. Oscar Schafer went to Caldwell Sunday and attended a reunion at the home of her sister, Mr. and Mrs. Kirby Kendall. Other guests were her sister, Mrs. Arthur Bachmann of Springfield, Oregon and Mrs. Sarah Evans of Middleton.

Mrs. B. B. Burroughs and daughter Carol and Mrs. Anna Long were guests at a picnic dinner Sunday evening on the patio at the Bill Looney home.

William D. Baker, who has been in the Nampa hospital in traction returned home Sunday afternoon.

Mr. and Mrs. George De Haven went to Eugene last weekend where they visited their two sons, Bruce and Donnie and their families. They also attended the funeral services for Lorraine Hite Collins at Salem. They returned home Tuesday.

Sunday dinner guests of Mr. and Mrs. George DeHaven were their son, Mr. and Mrs. Larry DeHaven and family of the Owyhee Corners and Carol Skerjanec and son of Ontario.

Hannah Gage of Boise was a weekend visitor of her sister, Mrs. Minnie Mackey.

Profile On Smokers About To Quit Revealed By Schick Centers Study

Smokers who are thinking about quitting can take heart from a two year study that has just been released by the Schick Centers for the Control of Smoking which presents a profile of the average smoker ready to kick the nicotine habit.

According to researchers who studied a sampling of over 5,000 men and women smokers who have gone through the program, the average smoker with the desire to quit has the following characteristics:

- Smokes an average of 35 cigarettes a day.
• Average age is 44.
• Has a cough.
• Has tried to quit smoking at least three times.
• Is increasingly nervous the more cigarettes smoked.
• Has been smoking since the age of 17.

Ten percent of those questioned came to a Center for help because their doctor recommended they stop smoking to avoid serious health problems.

The remaining 90 percent, according to Alex Reuss, president of Schick Laboratories, which also operates hospitals for the treatment of alcoholism, enter the program because, as he puts it, "they're just plain sick and tired of smoking. These smokers generally consider themselves nicotine addicts and seek help so they can quit smoking once and for all."

Most people who try to stop smoking by the so-called "cold-turkey" method usually wind up smoking again," Reuss stated.

Results of the study show also that because most people try to quit on their own many times without success, the average smoker is skeptical about seeking professional help.

"Our research shows that everyone needs a helping hand, and because we have helped so many people, we believe we know the average smoker's problems," Reuss emphasized.



Profile of a Smoker.

The research team discovered that over 95 percent of those surveyed stop smoking totally the first day of therapy with professional help at the Centers.

These results with such a large testing group, show that a program like the Schick Centers for the Control of Smoking proves to be five times as effective as any other program ever established.

"The reason for this is that we have the only successful

So says the VA... by Bud Blake



For information, contact the nearest VA office...

THAT'S A FACT

CENTURY-AND-A-HALF PLANT THE SLOWEST FLOWERING OF ALL KNOWN HERBS IS THE RARE PUYA RAIMONDI. IT SENDS FORTH ITS BLOSSOM IN ABOUT THE 150TH YEAR OF ITS LIFE - AND THEN DIES!



Large advertisement for 'Specials' featuring Polaroid Square Shooter 2 camera for \$1988, Kodak Instamatic cameras, fishing gear, and other products. Includes 'RED-HOT PRE-JULY' and 'KODAK SALE!' text.

DEPARTMENT OF THE TREASURY OFFICE OF REVENUE SHARING 1900 PENNSYLVANIA AVE. N.W. WASHINGTON, D.C. 20226. Form with sections for EXECUTIVE PROPOSAL, DEBT, TAXES, OPERATING/MAINTENANCE EXPENDITURES, and CAPITAL EXPENDITURES.

Table with columns for PRIORITY EXPENDITURE CATEGORIES (A), PLANNED EXPENDITURES (B), PERCENT PLANNED FOR MAINTENANCE OF EXISTING SERVICES (C), PERCENT PLANNED FOR NEW OR EXPANDED SERVICES (D), EXPENDITURE CATEGORIES (E), PLANNED EXPENDITURES (F), and PERCENT PLANNED FOR EQUIPMENT CONSTRUCTION (G), LAND ACQUISITION (H), DEBT RETIREMENT (I).