



Cook Sweet-Sour Chinese Favorite

Sweet and Sour Pork blends many flavors. Its juices are thickened delicately with corn starch. Serve with rice.

Sweet and Sour Pork

1 pound lean pork, cut into 1-inch cubes
1 teaspoon sugar
3 teaspoons salt
1 teaspoon soy sauce
2 eggs, beaten
1/2 cup plus 1 tablespoon water
1/2 cup corn starch
1/2 cup corn oil
1/2 cup chopped onion
1/2 cup chopped green pepper
1/2 cup chopped preserved ginger
2 cloves garlic, minced
1/2 cup cider vinegar
1/2 cup light corn syrup

Sprinkle pork with sugar, 1 teaspoon salt and soy sauce. Toss; let stand 1/2 hour. Stir eggs with 1 tablespoon water. Dip pork into egg; coat with corn starch. Then dip again in egg. Heat one-half the corn oil in skillet. Sauté pork about 15 minutes, turning frequently, until browned. Remove meat from pan. Pour in remaining corn oil. Add onion, green pepper, ginger and garlic. Cook, stirring frequently, until onion has browned lightly. Mix together 4 teaspoons corn starch, 2 teaspoons salt and 1/2 cup water. Add with vinegar and corn syrup to mixture in skillet. Cook, stirring constantly, until sauce thickens. Add pork. Simmer 15 minutes. Makes 4 servings.



Bake a Fluffy Cheesecake

Cheesecakes are many and varied. They may be baked with or without a crust; served plain or with a shining fruit glaze. In texture, too, they vary. Some are quite firm and somewhat dry. Others, like the one which appears below, have a soufflé-like fluffiness.

Fluffy Cheesecake

1 1/2 cups dry or pot style cottage cheese
1/2 cup corn starch
4 eggs, separated
1 1/2 cups dairy sour cream
1/2 cup sugar
1 teaspoon salt
1 teaspoon grated lemon rind
1 teaspoon lemon juice
1 teaspoon vanilla

Lightly grease 9 x 9 1/2-inch spring form pan. Put cottage cheese through sieve into large mixing bowl. Stir in corn starch. Add egg yolks, 1 at a time, beat until well blended. Add sour cream, 1/2 cup of sugar, salt, lemon rind, lemon juice and vanilla and

SPEAKING TO THE CONSUMER

MAIL-ORDER HEALTH INSURANCE. If you are thinking of buying or have bought a mail-order health insurance plan, be sure you know what you are buying. Insurance commissioners across the country are concerned because, as they put it, "The people who have other coverage don't need the mail-order policy, and the people who buy it as their only health insurance are not being adequately protected."

Since mail-order policies do not have local agents whom the consumer can question, the consumer must rely on available information and his own good judgment when deciding whether or not to buy mail-order insurance.

beat until well blended. Beat egg whites until foamy. Add remaining 1/2 cup sugar, 2 tablespoons at a time, beating until stiff peaks form when beater is raised. Fold egg whites into cheese mixture. Pour into prepared pan. Bake in a 350°F. oven about 30 minutes or until top is golden brown. Turn off heat and let cool in oven with door open. Makes 1 (9-inch) cheese cake.

NOTICE OF BUDGET HEARING

The budget for **Nyssa School Dist. #26** for the fiscal year 1973-1974, Beginning July 1, 1973 as detailed and summarized in the accompanying schedules was prepared on an accounting basis consistent with that used in prior years. Major changes, if any, and their effects on this budget are set forth in an accompanying statement. A copy of the budget document may be inspected or obtained between the hours of 8:00 A.M. and 5:00 P.M. at

Adm. Office A meeting of the **School Board** will be held **April 10, 1973** at **8:00 a.m.** p.m. at **Multi-Purpose Room** for the purpose of holding a public hearing on this budget. Any person may appear to discuss the budget, or any part of it.

Don E. Engstrom
(Chairman of Governing Body)

Malheur (County) **Nyssa** (City)

Total Tax Levy to be Certified to the Assessor on Form LB-50			
Last Year 71-72	This Year 72-73	Next Year 73-74	
524,546	556,018	589,375	
140,963	204,014	259,507	
38,251	39,400	37,255	
703,760	799,432	886,137	
961,105	1,018,122	1,120,647	

TYPE OF INDEBTEDNESS	Outstanding July 1, 1973		Authorized, Not Incurred, July 1	
	This Year (Actual)	Next Year (Est.)	This Year (Actual)	Next Year (Est.)
Bonds	156,500	123,000		
Interest Bearing Warrants				
Short Term Notes				
Total Indebtedness	156,500	123,000		

FUNDS NOT REQUIRING AN AD VALOREM TAX TO BE LEVIED

	FUND OR PROGRAM		
	Last Year 71-72	This Year 72-73	Next Year 73-74
Total Personnel Services (Includes all Payroll Costs)	26,061.22	26,468	28,916
Total Materials and Services	33,551.00	43,500	44,000
Total Capital Outlay	7,445.30		
Total All Other Requirements	983.55		
Total Budget Requirements	68,041.07	69,968	72,916
Total Budget Resources	68,041.07	69,968	72,916

FUNDS REQUIRING THE LEVY OF AN AD VALOREM TAX TO BALANCE THE BUDGET

	FUND OR PROGRAM		
	Last Year 71-72	This Year 72-73	Next Year 73-74
Total Personnel Services (Includes all Payroll Costs)	804,973	843,050	916,297
Total Materials and Services	130,586	137,360	174,100
Total Capital Outlay	10,005	12,450	19,750
Total All Other Requirements	20,977	25,262	10,500
Total Requirements (Including Transfers)	966,541	1,018,122	1,120,647
Total Resources Except Tax to be Levied	364,699	351,427	362,716
Ad Valorem Tax Required to Balance	621,556	666,695	777,931
Estimated Tax Not to be Received	60,000	93,337	93,351
Total Ad Valorem Tax to be Levied	681,556	760,032	871,282
Levy Within 6% Limitation	524,546	556,018	589,375
Levy Outside 6% Limitation	157,010	204,014	281,907
Levy Outside 6% Limitation (Serial Levy)			
Not Subject to Limitation			

	FUND OR PROGRAM		
	Last Year 71-72	This Year 72-73	Next Year 73-74
Total Personnel Services (Includes all Payroll Costs)	41,048	40,138	37,255
Total Materials and Services	41,048	40,138	37,255
Total Capital Outlay	6,213	5,824	4,619
Total All Other Requirements	34,835	34,314	32,636
Total Requirements (Including Transfers)	4,100	5,086	3,916
Ad Valorem Tax Required to Balance	38,935	39,400	36,552
Estimated Tax Not to be Received			
Total Ad Valorem Tax to be Levied			
Levy Within 6% Limitation			
Levy Outside 6% Limitation			
Levy Outside 6% Limitation (Serial Levy)			
Not Subject to Limitation			

Published March 22 and 29, 1973



Salem Scene

by Jack Zimmerman

SENIOR CITIZEN BENEFITS RANK HIGH WITH SOLONS

Despite well-publicized efforts by both parties to attract the youth vote, it would appear a lot of smart political money is being wagered on Oregon's elderly.

Election officials readily admit older people perform more regularly at the polls than do the newly enfranchised. Consequently, this attention to the elderly often is exaggerated during election seasons as candidates scramble to make certain older constituents are registered and provided transportation to and from polling places.

And in spite of attention-getting legislative issues--such as reduction of the voting age, the age at which a young person can qualify to become a candidate for certain offices and enjoy the dubious fruits of full majority--special treatment for the elderly probably receives a higher legislative priority.

The 57th session of the Assembly is a case in point. A Special Joint Committee on Aging has been appointed and so far has been concerned primarily with human resource-type bills designed to watch-dog facilities for the care of old people.

But the committee also is considering Engrossed HJR 18, which would recommend the State Highway Commission consider granting reduced price privileges in State Parks for persons 62 years old and older.

That measure passed the House by a resounding 48-5 vote, while a similar measure, HB 2207--which would have provided much the same privileges by law to those 65 and older--was referred to the House Transportation Committee.

Another bill, SB 147, deals more clearly with the political practicality of facilitating the voting process for older people. It would permit registrars to canvass precincts to obtain registrations.

Whether the dividing line is 62 or 65, this attention to senior citizens does not escape the more seasoned Salem watcher and at least one has chosen to comment. He is George J. Annala, manager of Oregon Tax Research, a statewide non-partisan taxpayer association. Writing in Your Taxes, his "green letter," Annala speculates on circumstances that would prevail if a certain stack of bills facing the current session became law. For this purpose, he selected a 65-year-old with retirement income of \$6,000 yearly, half of which is Social Security, living in a \$15,000 Portland home which he owns.

Under the McCall Plan for school finance, Annala's hypothetical senior citizen would have 1973-74 property taxes estimated at \$266.70. He would barely miss added tax relief, but owe no income tax. Then, by plugging in HB 2639, exempting \$3,000 income, his tax would be cut to \$105, entitling him to a refund of \$161.70.

Legal Notices

NOTICE TO BIDDERS ON VEHICLES

NOTICE IS HEREBY GIVEN that sealed bids for a 60-passenger school bus and a 12-passenger panel van for School District No. 26 in accordance with specifications on file in the office of the clerk until 8:00 p.m. on Monday, April 9, 1973 at which time they will be opened at the regular meeting of the district school board. Bids will be accepted on the bus body, chassis, and panel separately.

School District No. 26 reserves the right to reject any and all bids.

Dated this 15th day of March, 1973.

W. L. McPartland, Clerk.

Published March 22 and 29, 1973.

NOTICE TO BIDDERS ON GASOLINE CONTRACT

NOTICE IS HEREBY GIVEN that sealed bids for supplying gasoline to School District No. 26 for the fiscal year commencing July 1, 1973 and ending June 30, 1974 will be received in the office of the school district clerk until 8:00 p.m. on Monday, April 9, 1973 at which time they will be opened at the regular meeting of the district school board.

Bid forms are available to bidders in the clerk's office. School District No. 26 reserves the right to reject any and all bids.

W. L. McPartland, Clerk

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Annala follows that with HB 2118, which would exclude Social Security, Railroad and any other pensions exempt from income taxes.

"He might get the whole \$266.70 refunded," the OTR manager concluded.

Further, if he were a war veteran and died, his widow is eligible for a \$7,000 exemption, reducing her tax to \$133.35 at most. Should she marry another veteran, the full value of the home is again taxable, barring disability exemption. But, points out Annala, HB 2082 would restore her exemption if she outlives him.

He goes on to mention other amenities for old folks, including free hunting and fishing licenses to five-year residents 70 years old and older, \$1 licenses for 50-year residents at age 65 and the possibility of reduced rates for State Park passes. He also throws in SB 216, which would provide a \$1,000 income tax deduction for home improvements and HB 2490, which would permit a \$5,000 home improvement with no increase in value.

The tax specialist then comments on an Oregon statute on the books since 1963 that "contradicts letters to editors, speeches by the uniformed and allegations that 'elderly families are being forced out of their homes by the relentless increase in property taxes'."

He refers to eligibility of any homeowner 65 or older, regardless of income, for outright deferral of property taxes as long as he or she lives. The deferral continues if the surviving spouse is within six months of reaching age 60. Deferred taxes can be reduced further if the applicant is eligible and applies for property tax relief.

Annala reports only 283 Oregon residents presently are taking advantage of the deferral and greater use likely is limited by a desire to leave unencumbered estates to heirs.

Of course there are other reasons older citizens might not be taking advantage of existing benefits bestowed by the Legislature. One could be lack of information.

And there's a bill before the present Legislature designed to solve that problem, too. It is SB 523, which would require the Secretary of State to prepare and mail a Senior Citizen's Newsletter to registered voters 62 and older and gives him the option of using appropriate means to communicate with all elders registered or not.

The Newsletter would make certain widespread communication of information about what Annala calls "goodies" for the elderly--including the possibility those 65 and older living in mass transit districts may be able to ride buses for a dime during certain weekday hours and free on weekends.

Let there's an immediate stampede for the bus stop, potential new/old riders probably should await passage of SB 644.

IT'S A RECORD

The fastest growing tree is the Eucalyptus saligna, which has been known to grow 45 feet in two years in central Africa. (Bamboo grows even faster but is technically a wood grass, not a tree.)

Among standard game birds, the fastest is the sparrow hawk. It has been clocked at 88 m.p.h. in level flight. The fastest recorded wing beat among all birds belongs to a male hummingbird: 80 beats per second.

The fastest selling record of all time is "John Fitzgerald Kennedy--A Memorial Album." It sold four million copies at 99¢ in six days.

The fastest plain-paper copier in the industry--it makes the first copy in 3.5 seconds--is the VHS Copier made by the 3M Company, which also holds the record for selling the most copying machines each year. The machine can produce three copies in 9.5 seconds, which is about the time most copiers take to make the first copy.

The fastest printer is at the Lawrence Radiation Laboratory in California. It can print all 773,692 words in the Bible in 65 seconds.

The fastest recorded time for assembling a ship came during World War II in California when a liberty ship of

10,500 tons deadweight was assembled in four days, 15.5 hours.



HYDRAULIC LIFT PROVIDED by the Easter Seal Society permits Kenneth Hall of Portland, a paraplegic, to move from his wheelchair to bed with a minimum of effort from his wife and himself. Over 1,400 physically handicapped Oregonians have special equipment, ranging from lifts to canes, on loan from the society.

Nyssa Baseball Schedule

MARCH 27 - Weiser at Nyssa 4 p.m. (SRV League game)
APRIL 3 - Vallivue at Nyssa 4 p.m. (SRV League game)
APRIL 4 - Kuna at Nyssa 4 p.m. (SRV League game)
APRIL 6 - Emmett at Emmett 4 p.m. (SRV League game)
APRIL 7 - Grant Union (2) at Nyssa p.p.m. (Greater Oregon League game)
APRIL 10 - Weiser at Weiser, 4 p.m. (SRV League game)
APRIL 12 - Vale at Nyssa (2) 1 p.m. (Greater Oregon)
APRIL 13 - Bishop Kelly at Nyssa 4 p.m. (SRV League game)
APRIL 19 - Vallivue at Vallivue 7 p.m. (SRV League game)
APRIL 21 - Burns at Nyssa (2) 1 p.m. (Greater Oregon)
APRIL 24 - Kuna at Kuna 4 p.m. (SRV League games)
APRIL 25 - Vale at Vale (2) 1 p.m. (Greater Oregon)
APRIL 27 - Bishop Kelly at Bishop Kelly 4 p.m. (SRV)
MAY 1 - Payette at Nyssa 4 p.m. (SRV League games)
MAY 4 - Emmett at Nyssa 4 p.m. (SRV League games)
MAY 5 - Grant Union at John Day, (2) 12:00 MST, (Greater Oregon League games)
MAY 8 - Payette at Payette 4 p.m. (SRV League games)
MAY 12 - Burns at Burns (2) 12:00 MST (Greater Oregon)

LEGISLATIVE REPORT
By Rep. D.E. (Denny) Jones

On Tuesday in the Agriculture Committee we listened to the State Forester and was presented with his Department's biennial budget. In this real interesting meeting slides were shown on many of the practices of the State forestry personnel. Most of this is fire prevention and fire suppression. They have about 16 million acres here in Oregon to look after and also contract to help with fire prevention on several thousand acres of privately owned timber.

Then the discussion got into the problem of the tussock moth, which is destroying much of our timber here in Oregon. The seriousness of this and the necessity to do something right away was discussed, and concerning the methods by which the tussock moth could be controlled, the State Forester said it would cost about four dollars per acre to spray. Permission has to be obtained from the Federal government to use DDT to spray this timber with. Last week I mentioned that there was a possible virus that was working on the tussock moth, but we got the report Tuesday that the percentage of the virus in the moth is less than two percent, and they had expected it to be about twenty percent, so this then rules out the possibility of eliminating these tussock moths through a virus. Therefore, we're going to move full speed ahead to try to get DDT released to spray the moth with, so we moved in committee to make a recommendation to the Ways and Means Committee for an emergency budget which will cost about a half million dollars to spray what lands are necessary to be sprayed. A news release was issued on this matter Tuesday to let the public know the urgency of being able to spray our forests. This has to be done not later than May 15, so preparations have to be made right now.

On Thursday I was invited by Dean Frischknecht (Oregon State University Professor and Livestock Specialist, Extension Service) to appear in Portland on Oscar Hagg's Television Program, RFD 6. The program was aired on KOIN Channel 6, Saturday mornings at 7:30 and is shown on Cable TV in most of my district. Frischknecht, Don Ostensoe (Executive Vice President of the Oregon Cattlemen's Association), and I formed a panel with Oscar Hagg for the thirty minute program.

We talked about meat prices and general farm problems and showed some pictures of meat and the price of this meat as compared to some other commodities, and all in all I thought it was a real fine program. Then we were invited as the guests of Oscar Hagg to the Chamber of Commerce luncheon in Portland, where the Agriculture Committee of the Chamber of Commerce showed slides of some of the land-use proposals in the Willamette Valley and what can happen. This was another real informative luncheon, the slides were good, and it also pointed up some of the problems that face us here in Oregon.

We should be concerned here in Oregon not to get our environmental standards too high that it will prevent industry from coming to Oregon, or running out some of the industry that is already here. This point was also made at a luncheon I attended given by the Reynolds Aluminum Company--that the DEQ standards here in Oregon are the highest and toughest in the United States. They (Reynolds Aluminum) have spent several million dollars to comply with these standards, and if they get much tougher they won't be able to continue. It costs about a hundred million dollars to build one of their plants, so you don't move these too easily.

Now, to all of the people in Malheur County who wrote let-