



ADRIAN'S HOCKEY TEAM MEMBERS are pictured in two pictures simply because of the large size of the group. In the first picture, from left to right: First row: Cherryl Cutler and Kathleen Deffer. 2nd row: Harriet Lorenson, Tamara Webb, Cherrie Phelps, Cindy Osborn, Elaire Mackenzie, Debbie Bo-

wers, Julie Shenk, Jody Phelps and Verla Jensen. 3rd row, Miss Shook, Christine Asumendi, Terri Cartwright, Karen Olsen, Carolyn Pratt, Toni Shenk, Staci Cain, Audrie Astoreca, Shannon Linville, Deanna Chaney, Marchelle Davis and Miss Schultz.



First row, Margo Case and Robin Shenk. 2nd row, Tonay Bennett, Wanda Gregg, Tinley Howell, B.J. Wenke, Sherri Price, Peggy Ishida, Terri Morinaka, Julie Ishida and Kathy Hardman. 3rd row, Miss Shook,

Nancy Timmerman, Sandy Davis, Beth Zueger, Pennie Freer, Fonda Walker, Sandi Lane, Cindy Duncan and Miss Schultz. 4th row, Annette Chapin, Marla Case, Gayle Clucas, May Hori and Carmen Astoreca.

AHS CALENDAR

- FRIDAY, OCT. 27 - Football at Notus, 8 p.m.
- SATURDAY, OCT. 28 - TVCC Parade, Ontario 10 a.m.
- SATURDAY, NOV. 4 - Varsity Football, Athena, here

Trappers Open 1972-73 Season

Probably the oldest industry in Oregon will again be in production on a statewide basis November 15, an industry which has remained fundamentally unchanged since early history. This is the 1972-73 trapping season for mink, marten, river otter, muskrat, and beaver. One fur-bearing animal, the raccoon, is at present unprotected and may be hunted or trapped the year around. The fisher, ring-tail cat, wolverine, kit fox, and sea otter are protected at all times.

Beaver and otter trappers in Grant and Harney counties will actually begin the season on these two furbearers November 1, as will trappers after muskrat in Lake, Klamath, Harney, and Malheur counties. Trappers in the rest of the state must hold off until the November 15 date.

The market value of fur generally dictates the extent of trapping in Oregon. When the value of fur is high, participation is quite heavy, when the price is low, the number of trappers also declines. Any person trapping on land other than his own or which he leases is required to have a \$6 trapping license obtained from the Game Commission. All trappers must mark their traps with a brand assigned and registered with the Commission. In addition to the license, beaver trappers are also required to purchase beaver tags at \$1.00 each and affix a tag to each beaver pelt taken. Printed copies of the trapping regulations are obtained from the Portland office of the Game Commission on request.

Watt Watching In The Kitchen

Did you know that there are more uses for electricity in the kitchen than there are anywhere else in the home? Many of those uses center around one important appliance...your electric range. Naturally, for every way to use electricity, there's a way to save it.

For example:

1. Don't use your oven to "heat" your kitchen quickly. Heat will not circulate efficiently and economically from an open oven.

2. Always double-check to make sure all surface units and your oven are turned-off after use. When cooking, in fact, you can often turn units off ahead of time and let the food continue to cook as the heat gradually diminishes.

3. When you cook in your oven, leave the door closed until the food is completely cooked. Opening the door when oven is hot can mean a 20 percent loss of heat, undercooking, and disaster at the dinner table.

4. Cooking utensils must have flat bottoms to make firm contact with surface elements. Straight sides conserve heat. Close fitting covers will hold steam in the pan and reduce cooking time. Use cooking utensils that are matched to the size of the surface elements to avoid heat loss.

5. Surprising as it may seem, most foods can be cooked with less water and less heat than most people expect. More water simply uses more electricity without producing better results. One-quarter to one-half cup of water is as much as you should use in most cases. Cover your cooking dishes tightly, and cook on high heat until the water begins to boil. Then reduce heat to Low. Your food will cook just as fast, and you'll avoid the risk of overcooking or burning.

6. Vegetables will look and taste better and they will retain more of their vitamins if they are cooked until just tender, using just enough liquid to create steam and prevent sticking.

7. When baking in glass or glass ceramic, reduce oven setting 25 degrees as these materials absorb and hold heat.

8. You'll be glad to know that you can use your oven to cook an entire meal at one time. This includes everything from the vegetables (frozen or canned) to the main course and desserts. Remember to use foods that cook well at the same temperature. The only exceptions might be spinach, broccoli, and other leafy green vegetables.

9. If you really want to watch waffles, you might try using free oven space to cook food for tomorrow's dinner. Then freeze or refrigerate the food and simply warm it up before use.

10. Not all oven-cooked foods require a preheated oven. The general rule is this: any food requiring more than one full hour of cooking time may be placed in a cold oven.

11. It's more economical and better cooking to allow refrigerated meats ample time to thaw by removing the meat from the refrigerator and letting it set before you begin cooking. However, care must be taken that meats and other foods are not left at room temperature too long because this hastens the bacterial growth. Frozen roasts, for example, placed directly in the oven without thawing, will require one-third additional cooking time.

"CANCER AND YOU" MEETING SUBJECT

First, mark Wednesday, November 8, on your calendar. That's the date for two important meetings of interest to every woman in our area. "Cancer and You" will be held at Ontario High School auditorium at 2:30 p.m. and 7:00 p.m. Two short films, one on breast self-examination and one on the p.p.s., will be shown. Dr. C. Ronald Koons, Mountain States Tumor Institute, will be guest speaker. The Home Economics Extension Advisory Committee is sponsoring these free meetings. Plan to attend and invite others, both young and old. Attached to this month's newsletter is an announcement of the first of three correspondence courses to be offered this year. "You and Your Money" includes helpful information for nearly every family. Send in your sign-up sheet soon.

If you have a hunter in your family you may be interested in the following bulletins:

- "Game Foods"
- "Treats With Venison"
- "Boning Out Your Deer"
- "Smokehouse for the Sportsman"

BOWLING SUGAR BOWL League Standings

COMMERCIAL LEAGUE

Hiatt Bros.	20
Nyssa Co-op	19
First National Bank	16
Johannesen-Adams	15.5
Eastman Insurance	15
Howard's Texaco	13.5
White Satin	8
M & W Market	5

High team game and series: Howard's Texaco, 1036/2934; Johannesen-Adams 1006/2846; M & W Market, 987/2871; Nyssa Co-op, 977/2833.

High individual games and series: Emil Wohlcke, 224/563; Joel Mitchell, 216; Ken Hill 199/556; Mike Stam, 199/524; Cork Olsen, 521.

HOUSEWIFE LEAGUE

Rowl Weevils	16
Safety Pins	16
Goof Balls	15
Rolling Stones	14
Scatter Pins	12
Pin Droppers	11
The Strutters	11
Sugar Beets	11
Three Splitters	10
Merry Misses	10
Pin Pickers	9
Misguided Missiles	9

High games and series: Helen Okai, 196/220/584; Emma Benedict, 194/523; Allie Hartley, 517; Carolyn Prun, 202.

Bowler of the week: Helen Okai, 584, scratch and Nona Fischer, 562, handicap.

PATRIOTS LEAGUE

The Olympic	21
Nyssa Welding	20.5
Sunset Market	18
Muir-Roberts	18
White Satin	15
Sugar Bowl	13.5
Rieb's Market	10
Paulus Jewelry	8
Wilson's Market	8
Idaho First Nat'l	8

High games and series: Darlene Gullett, 197/512; Peg Dority and Lillian Reed, 190; Helen Okai, 177/491; Nellie Pounds, 485.

THURSDAY NIGHT MIXED

Martin-Hatch	19.5
Vanzell-Hiatt	17
Stell-Seward	17
Holmes-Myrick	16.5
McDaniel-Wagner	15
VanderGord-Pounds	15
Allen-Heitzman	15
Riggs-Card	14.5
Murphy-Miller	14
Morrison-Reed	10
Stuhliet-Clary	8
Focht-Morris	6.5

High team game and series: Holmes-Myrick, 791/2274.

Women's games and series: Carolyn Cooper, 170/463; Ailene Holmes, 183/459; Ruth Allen, 170/458; Bonna Clary, 190 and Lucille Myrick, 183.

Mens games and series: Rex Wagner, 193/557; Willis Hiatt, 192/548; Don Hatch, 512; Gib Holmes, 194.

SUGAR BABES LEAGUE

Parma Water	18
Michaels	13
Farmers Feed	13
Owyhee Beauty	12
Kassmans	12
Brackens	10
Holcombs	10
Greens Jewelry	8

High games and series: Parma Water Lifter, 587/586/1723; Owyhee Beauty, 634/1689; Kassmans, 1621.

Individual games and series: Liz Stringer, 202/496; Aut Stedman, 169/488; Bonnie Nichols, 450; Marion Danford, 172.

JUNIOR LEAGUE

Yo-Yo's	9
The Dummies	9
Nasel Nuzzlers	8
Pin Crumblers	8
Zits from Pritt Alley	6
#3	6
Micekateers	5.5
#2	5.5
Truckers	2
Starlighters	1

Team games and series: Yo-Yo's, 557/1594; Zits from Pritt Alley, 554/1533; PinCrumblers 552; Nasel Nuzzlers, 1564.

Girls high game and series: Cheryl Pounds, 166; Tami Bybee, 159/425; Sara Marcum, 149/397; Nellie Nichols, 377.

Boys high games and series: Roger Glenn, 208/481; Pete Lesenberg, 179/460; Billy Marcum, 168/441.

SPORTSMAN LEAGUE

Idaho Power	17
Owyhee Barber Shop	16
B & M Equipment	16
Nyssa Auto Parts	13
Bass Union 76	12
Parma Water	12
Oregon Concrete	10
Idaho Sporting	9
Q's Trophy Cabin	7

High team games and series: B & M Equipment, 1058/2977; Bass Union 76, 1061/2916; Owyhee Barber Shop, 2877; Idaho Power, 1019.

TUESDAY NIGHT FARMERS

Twilight	13
Fastside Cafe	12
TV Farm Service	12
Home Dairies	11.5
Nyssa P.D.	11
Adrian Oil	10
Mountain View	10
Farmers Feed	9
Palmer's Equip.	8.5
Murdock-Mendiola	8
Dessert Seed Co.	8
Elliott Tire Store	7

Team game and series: TV Farm Series, 848; Eastside Cafe, 3130.

Individual games and series: Perk Thompson, 229/778; Bob Cook, 756; Jess Asumendi, 740; Bart Ostrom, 221; Cork Olsen, 223.

BANTAM LEAGUE

Alley Smashers	12
STP Strike Outs	11
The 3 Musketeers	10
Red Hots	8
Belly Stompers	6
Pink Panthers	6
Bob Cats	6
#6	6

Team game and series: Belly Stompers, 462/1318; Alley Smashers, 441/1224; The 3 Musketeers, 432; and Pink Panthers, 1243.

Girls game and series: Terri Rounds, 122/119/343; Kari Hillman, 111; Lisa Allen, 110/272; Kim Jackson, 277.

Boys game and series: Mike Wahlert, 167/358; Dana Maxwell, 125/328; Buck Sawyer, 115; Mike Wilmut, 285.

MONDAY NIGHT MIXED

Sarazin-Larson	19
Holcomb-Stacy	17
Takami-DeBoer	16
Lundy-Snyder	15
Laan-Stam	15
Stedman-Hill	13
Stam-Fibrow	13
Jefferies-Proctor	12
Armstrong-Daudt	10
Know-Mor-Jones	10

Women's games and series: Aut Stedman, 168/460; Marion Danford, 158/450; Louise Hill, 174/438.

Mens' games and series: Ward Lundy, 189/549; David Sarazin, 186/548; W.D. Holcomb, 208/533.

Team high game and series: Holcomb-Stacy, 825 and Takami-DeBoer, 2339.

Ski Swap Sale Dates Set

The fourth annual Caldwell Memorial Hospital Aux. ski-swap sale will be held on Nov. 3, 4, & 5. The sale will be held from 9 a.m. to 9 p.m., Friday and Saturday and from noon to 6 p.m. on Sunday. Once again, Hoff's Better Building Center, Caldwell, has been kind enough to donate space for this event. Plan to bring any saleable items to Hoff's on Thursday, November 2 and to pick up any unsold items by 6 p.m. on Sunday, November 5. Any unsold merchandise not picked up by 6 p.m. will be considered a donation to the Auxiliary.

This is the fourth consecutive year this event has been held by the Auxiliary. It is conducted to provide area residents the opportunity to exchange, purchase or sell all types of ski equipment and clothing, including skis, boots, poles, gloves, pants, and parkas.

Each individual consigning merchandise sets his price and the Auxiliary does the rest. Anyone consigning merchandise retains ownership until the sale is made. The Auxiliary charges a small commission on the items sold which is used to support their many hospital projects and activities.

New Program Alcohol-Drugs

The Malheur County Council on Alcohol and Drug Problems has inaugurated a new program, one of education of the drinking driver. First of all "The objectives of the council shall be to increase public understanding of alcohol and drug problems, their nature and treatment, to make this knowledge effective in meeting the problems of alcohol and drug abuse and the promotion of the tenet that persons so afflicted can be helped." With this in mind a program was coordinated by the council. Four two hour sessions are held each month on Tuesday nights at TVCC. The program in its first session deals with the drinking and driving problem. In this session one learns that motor vehicle accidents produce about 55,000 deaths per year and one-half of these show that alcohol contributed to its occurrence. The second session reveals how

This year the Auxiliary hopes to make enough money from the ski-swap sale to purchase a Daptone for the pediatric ward. Profits from all fund raising activities for this year will be applied for purchase of equipment in pediatrics and obstetrics.

For further information, contact Ski Swap Chairman, 459-6682 or 459-1822.

alcohol affects the body. The third session covers the drinking problem and the final session deals with personal action. The program is patterned after the DUI (driving while intoxicated) Phoenix program. This program has been attended by 4,000 individuals and has had a repeat of only about 40.

This program is available to anyone who has come before a Judge for a DUI (driving under the influence of liquor). A charge of \$10.00 is assessed each participant. The program is logical for these reasons: No cost to taxpayer, education is always beneficial and people do change habits.

This course is not intended to stop people from drinking, each person must make his own decision on that matter. Drinking and driving is everybody's business.

Instructors for this program are Don Brown of Payette and Dennis Savage of Nyssa. Both are well qualified to teach this very professional program.

This program has been in operation since April 1972, nineteen people have been assigned to the program by the courts. The people attending have praised the program for each have benefited.

RE-ELECT Ellis White



County Judge

Re-election of ELLIS WHITE will assure the following:

- ✓ Balanced Representation in Membership Of The Court...Geographically and Population Wise.
- ✓ Ellis White believes that women represent a unique resource, they preform many of the essential services in County Government. Yet too few women, have been appointed to serve on county citizen committees. During his tenure as County Judge, Ellis White has sought to utilize the resource of women. Resulting in more women appointed to responsible boards and committees than in any period in Malheur County's history.
- ✓ Ellis White believes that county government has a real and responsible role in the present and future of Malheur County. Ellis White is dedicated to impartial delivery of county services to all of Malheur County, and that county government must be based on efficiency and economy. The orderly development of our resources and viability, and further that together we can build a sound economy and maintain our livability.
- ✓ Ellis White believes that our youth is our most valuable resource. This conviction results from experience as a father, supporter of 4-H, FFA and other youth programs and his years as Juvenile Judge. Ellis White recommends an addition of a woman counselor to the juvenile department and will continue to support reasonable juvenile and District Attorney budgets for prevention and resolving problems of delinquency.

WE — THE COMMITTEE SUPPORTING THE RE-ELECTION OF ELLIS WHITE FOR COUNTY JUDGE, BELIEVE IT IS IN THE PUBLIC INTEREST TO RE-ELECT OUR COUNTY JUDGE. THEREFORE WE SOLICIT YOUR SUPPORT AND VOTE NOV. 7TH

Paid for by Ellis White Committee for Re-election to County Judge M. A. (Mick) Toole chairman 1235 SW 2nd Ave. Ontario, Oregon.

MEET THE PLAYERS



Max Elguezebal Manuel Rosas

THESE SENIORS played an outstanding game in the Bulldog's win over Emmett Friday night, 20-8. This week Nyssa plays Kuna in the Homecoming game Friday night, starting at 8 p.m.

Compliments of Tarter's O.K. Tire Store

MUNDEN JANITORIAL SERVICE
COMMERCIAL CLEANING AVAILABLE IN THIS AREA
FOR APPOINTMENT — CALL — RUSTY TALBOT
From 10 a.m. — 5 p.m. 372-2403

My Neighbors



"The owners have priced it for a quick sale..."
"One sure way to get more for your money than you expect is to stand on a penny scale."