

Nadine Spitze Shops In Peru

International Farm Youth Exchange (IFYE), conducted by the National 4-H Foundation for the Cooperative Extension Service, is a youth educational program operating between the United States and about 35 other countries annually. The program with the United States and Peru is in cooperation with Nacional de Clubes 4-A. Friends of 4-H in Oregon and the Raiston Purina Company assisted in financing this exchange. Lois Redman, Extension Specialist 4-H - Youth Development, announced. Nadine Spitze, 1970 IFYE to Peru, sends her third report to friends at home.

Hola from Cuzco, Purple sox for Uncle Fred, orange flannel nightgown for Aunt Nelly. . . forget anyone when you were Christmas shopping? Shopping can get tiresome quickly, but for a new experience you should try it in Peru! Peru has four main places to shop: on the sidewalk, in specialty shops, in supermarkets and department stores and, in the market place.

Sidewalk vendors are the most accessible and might be compared to a drive-in hamburger stand; the merchandise isn't the best quality, but is less expensive. These vendors can be encountered three ways: sitting on the sidewalk with merchandise around them - you have to pick your way through carefully and can't help but look; following you (sun glasses vendors and aspiring artists are most active at this - I bought some sunglasses . . . and the paintings are still awfully pretty . . .); or riding on bicycles with carts attached to the front. (these often have food or ice cream and I tend to follow them.)

The specialty shops are the most abundant. These shops only sell one type of article: clothing for women, suits for men, paper and books, furniture, records or baked goods are examples. The corner stores are the most fun to visit. They are supposed to be a grocery store but are very limited in what they carry. Canned food is expensive so most people buy fresh fruits and vegetables everyday from a market. The corner store carries flour, sugar, canned milk, some Jello and coffee - things that have to be produced elsewhere and shipped in. Not every corner store has the same things so it's necessary to go from one store to another asking for what you want. (almost every block has one and sometimes two or three stores.) I made a lemon pie (from fresh lemons) in one town and had to go to one store for flour, another for eggs and still a third for sugar!

The third and most rapidly growing type is the department store and the super market. I've discovered a few department stores in Lima (after getting lost and wandering down a few streets). Would you believe they even have a Sears here! Several of the other larger cities are getting supermarkets. If you want to get homeseck this is the place to go. One store even had the wire baskets to push around to put purchases in. They have sections for meat, packaged goods (they're even getting cake mixes) a few canned goods, mostly juices, and even a fresh fruit section to rival the market places. The super market isn't as large as a Safeway store but a good size larger than the

corner store. The last type and the most fun is the market place. This unique "store" is found in every town. It can be anything from wooden stalls or simply selling from baskets on an empty corner lot to a huge cement building with clean, prepared stalls. Here it's possible to buy every type of fruit, vegetable, grain or meat produced in Peru. Most families don't have refrigerators so find it necessary to go to the market every day or every other day. Those with refrigerators do their marketing on the big market day, Saturday. The different types of produce are separated into sections: the fruits, vegetables, etc. The meats are divided into types of meats. The fish section in the coastal cities is fantastic! They have varieties of fish I've never seen before (I even think I saw a man carrying a shark in to sell - I didn't know you could eat them, but then I didn't know you could eat whale either, and whale bologna is good). They even sell flowers in the markets. In contrast to the dollar per rose cost in the U.S., you can buy a whole handful here for less than fifty cents.

The market place is where it is possible to barter on the prices - in fact they expect you to. However, the prices in the coastal cities are more set than in the mountains. In Cuzco the market place has a large cement building about a quarter of a block wide and a quarter long. Inside they are selling all kinds of fruits, sitting at their machines (treadle) sewing right there. Outside, two streets are blocked stalls. One street has stalls full of factory made clothes, but the other has BEAUTIFUL hand made sweaters, blankets and ponchos made by the Indians. In this area the owners expect to barter and purposely set their prices higher (and especially higher if they know you are a tourist). Their work is beautiful (of Llama and Alpaca, the latter being a softer, downier touch, something like rabbit) and they are eager to sell, often displaying everything they have to keep you from going on and possibly buying from the next person. If they don't have a price to suit you, and you don't state another, they ask what you can afford to pay, then work from there (up). I went this morning and had a ball. I really wasn't planning on buying anything, but found a beautiful Alpaca sweater. We finally decided on a price. Twenty five soles less than she had first set (about 60¢). I didn't know if it was more than a Peruan would pay but I didn't care because I was pretty proud of being able to get it down twenty-five soles. I had no idea what it should cost. However, when I got home and showed my host mother she said she'd gotten the same sweater and paid ten soles more. Guess my Spanish is OK after all!

I have a little more confidence in myself now and am looking forward to my next trip to the market. Wish you could come along! A late Merry Christmas and the very brightest of New Years.

Your Peruana Pal
Nadine Spitze
IFYE to Peru

Veterans who plan to begin GI Bill enrollment in high school or college should contact their nearest VA office immediately for assistance.

Nyssa Wrestlers Beat LaGrande

Nyssa High School wrestlers were victorious over LaGrande High School by a score of 37 to 12 in matches held last Saturday at La Grande.

- Individual results are as follows:
98-Cleaver (N) won forfeit.
106-Beck (N) pin Hughes 1st.
115-Hartley (N) pin Botting 2nd.
123-Marcum dec. Schilling (N) 9-6.
130-K. Cleaver (N) pin Isaacson 1st.
136-Moore (N) dec. Hildebrand 14-0.
141-Mena (N) dec. Rogers 9-4.
148-Lassiter (N) dec. Masgrove 4-1.
157-Omohundro dec. Gibson (N) 4-0.
168-Peterson (N) dec. Mildrum 7-0.
178-Drummond dec. Sappe (N) 7-0.
191-Warren dec. Church (N) 2-1.
Hvy-Wilman (N) pin Barbee 1st.

Youth Circus To Appear

Admission charges and entertainment for the 1971 Malheur County Fair were decided at the regular meeting of the Fair Board according to Gordon Capps, Chairman.

The Wenatchee Youth Circus, well known over the Western States and Canada, has been signed for two days of performances, August 20 and 21. Afternoon shows are scheduled to start at 2:30 and the evening performance at 8:00 p.m. All the traditional circus acts, with the exception of wild animal acts, will be performed by 80-90 youngsters ages five through seventeen.

A \$1.00 general charge will be made for everyone over age six for the four day fair. This \$1.00 will include admission to the grounds, all exhibits, and entertainment for the entire four days. The Board stated they felt an admission charge was necessary since no tax funds are received from the county to assist with the fair and general maintenance of the grounds. All financing is received from racing revenue and the additional received from admission charges and limited rental of facilities. Putting on a fair, paying premiums, maintaining the grounds on a year round basis, making improvements to existing facilities, and planning new improvements on an extremely limited budget poses quite a problem for the Board, who stated they hoped no one would feel that the charge, which in reality amounts to 25 cents a day, will be a burden to them. All area residents, both urban and rural, are encouraged to cooperate in attending the Fair and entering exhibits.

Capps said the premium book is also being upgraded with thought being given to new classes and lots in all divisions which will more nearly meet the needs of our expanding community interests.

KINDNESS



If you and the neighbor's dog are on good terms, offer to "pet sit" when his master goes away.

Love thy neighbor. Paint thy house.

Show a little kindness to your babysitter. Make sure you leave a number where you can be reached conveniently by the telephone.

(Continued From Page 1)

The new concept in child care was launched at the Medical School in 1964 with a federally-funded pilot program for training mentally retarded preschool youngsters whose physical problems were treated first. Results were so significant that the United States Public Health Service awarded the State Board of Higher Education \$3,706,000 to erect the Portland structure and a satellite Clinical Services Center on the University of Oregon campus in Eugene where primary emphasis is on special education for the retarded. Backed up by \$1,365,000 from the 1967 Oregon legislature, construction began in 1968. Grants from the U.S. Department of Health, Education and Welfare Health Services and Mental Health Administration have supplemented the professional training programs since 1967, with a 1970-71 grant of \$622,379 providing staff salaries and fellowship and trainee stipends for 22 post-graduate students.

Hanson Featured Speaker MIDDLE YEARS BRING NEW ROLES TO FAMILY LIVING



Max Hanson of Boise, American Legion National Vice Commander, will be the featured speaker at the Nyssa Amalgamated Sugar Company employees dinner Friday, February 12, 7 p.m. at the La-Paloma Restaurant in Ontario, with Calvin L. Kuhn of Boise, Vice President of the Idaho First National Bank, serving as master of ceremonies, announced Aldo P. Sarchiapone, social activity chairman.

MIDDLE YEARS BRING NEW ROLES TO FAMILY LIVING

The middle years of life bring new roles to family members and create new challenges for husband and wife, says Roberta Frasier, family life specialist, Oregon State University Cooperative Extension Service.

In the age group from about 40 to 65 are families whose children are launched or are being launched. It's the period before "official" retirement.

Sociologists have defined this as the "empty nest" period, Mrs. Frasier comments. The

Chairman Sarchiapone also stated that sharing the entertainment spotlight will be the Wright Brothers (Al, Leroy and Tony), a popular western musical trio from Ontario, and Mark Moncur, one of Nyssa's favorite vocalists. Cecil Evans of the Fruitland Methodist church will give the invocation.

This employee-sponsored dinner will celebrate two events, the end of the 1970 beet processing season and Abraham Lincoln's 162nd birthday.

Tickets are now available on all four shifts through the ticket committee members of the Nyssa factory.

Those appointed to the remaining dinner committees are Jan and Betty Phifer, Gwen Snyder and Cathy Anderson, registration; Neils Larsen, Earl Ware and Herman Ford, seating arrangements.

children have left the nest and flown out into the world. Another term used for this period of life is the launching years. However, many women question the designation of this period since some of their family responsibilities continue, notes Mrs. Frasier.

Although the children may have flown or been launched, they frequently come back to port. Daughters also bring their children and husbands. Many mothers assume a major role in the care of grandchildren. And big family dinners are not a thing of the past for middle aged Oregon women.

During the middle years children may be in college but home for vacations, or they may be in college and live at home. With the growth of community colleges, more young people continue at home for an extra two years while attending college. Other young people may work and stay at home.

The high school dropout, the unemployed youth may be a part of the family picture.

The middle years, for many couples, is a time of increased responsibility for their parents. A time when middle-aged "children" adopt almost the same feeling of responsibility for their parents as they formerly felt for their children.

Divorce rates increase during this period, too, says Mrs. Frasier. Many couples have been unhappy, but stayed to-

gether until the children were grown, terminate the marriage at this time. Others may experience unhappiness and dissatisfaction at this stage of life with their marriage and with their own personal life. It is a time of renewed seeking of self-identity.

"Who am I?" How can I make the best use of these years?", they ask.

Nearly half the women at this stage move into the labor market. For families with children in school or with aged parents, this may be a period of heavy financial responsibilities and an added paycheck may be a necessity. Others work for personal satisfaction or to fill time.

Some women find personal satisfaction in volunteer work. Others devote themselves to their families, or the pursuit of personal interests.

For the vast majority of individuals and couples, says Mrs. Frasier, years after the children are grown are "the frosting on the cake" as far as marriage is concerned.

These years provide opportunity for companionship, for shared activities. Although parents' responsibilities have been accepted cheerfully through the years, many parents express relief and a feeling of light heartedness when the children are on their own. The couple has many of the advantages of the early years of marriage with the added bonus of an adjustment pattern, shared memories and generally a better financial picture.

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