

### Economist Says To Shop Ads For Food Items

Need help in keeping that food budget in line? If so, here are a few suggestions from Velma Seat, Extension Food Marketing Specialist, Oregon State University. Get the habit of shopping your newspaper's supermarket ad for all it's worth, for this is one of the greatest time and moneysavers. Find out what meats, fresh produce, frozen foods, and staples are on special, then work them into your week's meals.

Before you start out, plan your menus completely enough to guide you in making up a shopping list.

Take time to read labels and compare brands, grades and sizes, for here are the keys to many savings. For example, house or regional brands often cost less than nationally advertised brands.

Compare the prices of meats and poultry with the number of servings you'll get from each pound. A rule of thumb: Figure on four servings from a pound of boneless meat, two servings from a pound with bone in, and just one serving from a very bony cut such as spareribs.

Take advantage of the foods that are seasonally plentiful. For instance, PORK is plentiful and will continue to be featured in the food ads. There

is an abundant supply of BROILER FRYERS at reasonable prices. BEEF prices and supplies are normal. Best buys in the fresh fruit department include ORANGES, GRAPEFRUIT, TANGERINES, small APPLES and BANANAS. Penny-wise fresh vegetables are POTATOES, CABBAGE, ONIONS, SQUASH, CARROTS, TURNIPS, and RUTABAGAS. EGG PLANT and GREEN PEPPERS are moderately priced for this time of year.

### APPLE VALLEY

BY FRANCES SMALLEY  
APPLE VALLEY - Mr. and Mrs. Gene Honey visited with Mrs. Maude Atteberry at Weiser Wednesday afternoon and in the Homer King home at Homedale Sunday.

Mrs. Jennie Seward and Mrs. Edna Crane of Nampa were Tuesday dinner guests of Mr. and Mrs. Dwight Seward. Mr. and Mrs. Dwight Seward, Gary, and Mrs. Ethel Wild were among other guests Sunday evening at the home of Mr. and Mrs. Joe Hobson.

Mr. and Mrs. Kenneth Rookstool and family of Paramount, Calif., were here for a week's visit with his parents, Mr. and Mrs. Roy Rookstool, his mother was ill with a heart attack. They left for their home in California last week.

Mr. and Mrs. Kenneth Hendricks of Woodburn, Oregon were recent all day guests of Mrs. Lena Leigh. They were here for the memorial service of Mrs. Eva Leigh, who was a sister of Mrs. Hendricks. They have visited many friends and relatives before returning home. Mrs. Mary Nichols of Nampa and Mrs. Betty Grimes of Caldwell were Tuesday luncheon guests in the Waldo Smalley home.

Mr. and Mrs. Henry Dibble and family of Boise were Monday dinner guests and Rev. and Mrs. Walter Hopper and daughters of Midval were Sunday dinner guests of Mr. and Mrs. Lloyd Dibble.

Hazel Farr, Blanche Weeks and Virginia Rookstool were Wednesday afternoon visitors of Mrs. Cora Rookstool.

Mr. and Mrs. Harvey Pitman and sons of Boise were Sunday dinner guests of Mr. and Mrs. Charles Pitman.

because many fiddlers and folk music fans plan their vacations each year to attend this colorful, spontaneous event which is non-rehearsed from beginning to end.

Registrations for the contest and for housing start in February. The Festival is sponsored by the Weiser Chamber of Commerce, Harry N. Nelson is general chairman.

### WEISER PLANS FOR FIDDLERS CONTEST

The third full week in June from the 21st to the 26th will be the dates for Weiser's 18th annual Fiddlers Festival and 9th Annual National Oldtimers Fiddlers Contest. Fiddlers and folk music fans from every part of the nation will gather here that week. Try-outs start Tuesday, June 22 and fiddling continues morning, noon and night until the 1971 National Champion is selected Saturday night, June 26.

Byron Berline, 26 of Sherman Oaks, Calif., was the 1970 champion. Other champions include Herman Johnson, Shawnee, Okla., 1968 & 1969; Loyd Wanzler, Caldwell, Idaho 1967; Cyril Stinnett, Fillmore, Mo., 1966; Byron Berline, Caldwell, Kansas, 1965; Cleo Persinger, Columbia, Mo., 1964; Loyd Wanzler, Caldwell, Idaho, 1963.

Principle purpose of the festival since its inception in 1953 has been to preserve oldtime fiddling. Contestants are marked down by judges for bluegrass (Nashville-sound) fiddling and for violin playing.

The contest is for amateurs, yet anyone from anywhere may enter because there are no professionals in the oldtime fiddling field. None makes a living playing oldtime fiddle music in the genuine oldtime way.

Dates are announced early

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Farming Frontiers '71—the year's most outstanding farm-oriented film program—is coming your way! You'll see the latest research and developments in agriculture in "The Furrow on Film." These movies were filmed across the length and breadth of the U.S. and Canada. And you could be the lucky winner of either a John Deere 21-inch lawn mower or a chain saw. Don't miss FF '71.



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### Going Away Parties Held For Putnams

Mr. and Mrs. Johnnie Putnam were guests of honor at three different going away parties last week.

On Wednesday, a potluck supper was held at the home of Mr. and Mrs. John Sommars Notus. Guest attending, other than the honorees, Mr. and Mrs. Putnam and son, Richard, were Mr. and Mrs. Douglas Hicks and Mr. and Mrs. Ed Stephens of Nyssa, Mr. and Mrs. Rocky Fuqua of Nampa, Mr. and Mrs. Bob Englebert of Caldwell and Mr. and Mrs. Wayne Campbell of Meridian.

This same group met Saturday at the Englebert home in Caldwell for a housewarming and potluck party, and on Friday evening, Mr. and Mrs. Stephens and Mr. and Mrs. Campbell took the Putnams to dinner at the Eastside Cafe in Ontario.

### FUN WITH FIGURES

If you get a raise to \$1,000 a week and are required to pay no taxes, how long will it take you to earn a billion dollars? Answer: 19,231 years!

### Gov. McCall Announces Veteran's Counseling

Governor Tom McCall today announced a statewide program of one-day, one-stop counseling and information service centers for all veterans, their dependents and survivors.

The first center will be in the Salem Armory Auditorium Thursday, January 28, from 10 a.m. to 7 p.m. Later ones will be held in other population centers of Oregon. The programs will be coordinated by the State Department of Veterans' Affairs.

The governor said many veterans do not know of the benefits the State of Oregon and the federal government have provided for them and their families, and that these benefits are available only upon application.

Purpose of the program, the governor said, is to bring together under one roof for an entire day all agencies, both governmental and private, that offer benefits and services to veterans and their families.

Governor McCall said 26 agencies and organizations are being asked to supply experts to give information, counseling and take applications for such benefits and services as employment, loans, GI education, VA compensation, pensions,

### House Speaker Robert Smith

The biggest problem faced by the new Oregon Legislature—and a problem which will directly influence all of our decisions—is the question of the state's finances.

It would be an understatement to say that Oregon will be facing a grave fiscal crisis in the coming two years. This was stressed eloquently by Gov. Tom McCall in his legislative message two weeks ago.

Any other Legislature in the nation would probably handle this problem by increasing taxes to meet the demand of state agencies and departments.

However, I feel that this option is not available to the Oregon Legislature. I strongly believe that any type of measure designed to increase taxes—regardless of the amount or the reason—would be soundly defeated by the people of Oregon.

This has been demonstrated by recent bond, budget and district election defeats, by the sales tax vote, by the defeat of Revenue, Oregon Bar Association, State Game Commission, Motor Vehicles Division, Oregon National Guard, Army, Navy, Air Force and Marine Corps Reserves, American Red Cross, veterans' organizations and county service officers.

twice during the past 10 years of income tax increase measures, and by the one-sided defeat of statewide ballot issues which were interpreted by the voters as revenue-producing measures.

Rather than attempt to accuse Oregonians of being stingy or short-sighted, I believe it is incumbent upon the Legislature to recognize why the voter feels the way he does, and to attempt to reflect his viewpoints in our deliberations.

Consider the average Oregonian, if there is indeed such a person. He knows that 37 cents of each dollar he earns goes to pay the cost of government at all levels. He knows that two and one-half hours of each eight-hour work day are contributed to government. Last year, he worked from Jan. 1 to May 9 simply to pay his tax bill. On May 10, he went to work for himself and his family.

With this in mind, the Legislature is faced with the alternative of a vigorous budget-cutting program, probably even surpassing our efforts of two years ago when we slashed \$75 million from proposed state budgets.

To accomplish this, it will be necessary to be highly selective in giving approval to new programs, and to limit costs wherever possible in existing programs.

We must establish a delicate budgetary balance, because we must guarantee that no worthwhile programs are emasculated and that no demonstrated needs are unmet. I feel that the Legislature can meet the needs of the state government without the need for additional taxation. In fact, I believe we can do this while at the same time identifying additional state revenues which can be applied to property tax relief and to additional state support for local education.

Republicans in the House have already endorsed proposals to freeze property taxes for senior citizens, and to increase state support to local education by \$33 million. I am confident that we can accomplish these goals—and perhaps others—within the existing revenue structure. This is where our emphasis will be placed during the coming weeks as the Governor's budget begins its shakedown cruise through the 1971 Legislature.

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**PORK ROASTS**

Maid O Clover BUTTER lb. **69¢**

Zee Jumbo Size PAPER TOWELS 4 rolls **\$1**

CRISCO SHORTENING 3 lb. tins can **89¢**

NABISCO 15 oz. OREO & CHIPS AHOY COOKIES 2 pkg. **89¢**

DUNCAN HINES CAKE MIX 3 pkg. **\$1**

WESTERN FAMILY CANNED MILK tall can 6 tins **\$1**

FIRESIDE 2 lb. CRACKERS box **43¢**

FROZEN FOODS

Mrs. Smith's Assorted CREAM PIES 4 FOR **\$1**

Simplot 2 lb. bag HASH BROWNS 4 pkgs. **\$1**

Young Select **39¢ lb.**

Tender Select **PORK STEAK 45¢ lb.**

Pure Pork **SAUSAGE 45¢ lb.**

**TOILET TISSUE** SILK 12 rolls **\$1**

HERSHEYS INSTANT CHOCOLATE 2 lb. tin **69¢**

CALI ROSE 29 oz. PEACHES 4 tins **\$1**

**Pineapple Grapefruit DRINK** DEL MONTE 46 oz. tin **29¢**

WESTERN FAMILY 15 oz. CHILI 4 tins **\$1**

RAY'S MEDIUM AA EGGS dozen **44¢**

BAKERY TREATS

Ray's Fresh Baked Potato Rolls Light Tasty 3 dozen **\$1**

FRESH PRODUCE

**Celery Hearts** Crisp Tender pkg. **39¢**

Fresh Solid Head Cabbage lb. **6¢**

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