



ANOTHER UNUSUAL ENTRY IN THE 1968 CRAZY DAY parade staged Saturday was Evelyn Bailey and her 'pony-reindeer - MISS KITTY.' They received the prize for the 'most unusual breed of animal, given by Michael's Pharmacy. Adding to the effectiveness of the entry was Evelyn's attire, depicting the arrival of the old gentleman from the north pole in September.

### Oregon Grows Almost Half Of Peppermint

Millions of Americans have "kissing sweet" breath -- thanks to the Oregon farmer. Oregon grows 42 percent of the nation's peppermint, which is used as flavoring for toothpaste, chewing gum and candy. According to the Agri-Business Council, the growing of peppermint is a \$10 million industry in Oregon.

One of the state's largest growers is Billie Towery, who has just completed harvesting his 1,000 acres in Madras. Like many of Oregon's 275 peppermint growers, he also has an on-the-farm distillery which is currently being expanded to keep pace with his mounting production. Nearly 100 distilleries are owned by Oregon's peppermint growers. This year, over 31,000 acres of peppermint was harvested -- up more than 100 percent from the 15,000 acres in 1960. The Willamette Valley is the state's largest peppermint growing area, although Jefferson County

in central Oregon now accounts for 11,000 acres. The peppermint crop is mowed in late summer, then left to wilt on the fields for several days. It is then picked up and put into large trucks, which transport it to the distillery. Atop each truck are a couple of laborers, called "stompers", who pack the load by jumping up and down. The ritual of the stompers, however, may bend to progress. Dean King, owner of King Farms in Madras, has already eliminated the stompers from his harvesting operation. His trucks are equipped with hydraulic packing

devices. Despite progress being made in some areas of peppermint growing, experts predict that over-production is imminent. Prices are established by supply and demand, and this season's supply is greater than the demand. This year's price is between \$5.00 and \$5.25 per pound, depending on area of production and quality. Last year, the average price per pound was \$5.80.

You are an old-timer if your income tax today is higher than your salary used to be.

### Post-Election Clutter Ends In Novel Way

Right after the election in 1966 in Arizona, someone came up with a sure-fire idea for cleaning up the countryside. Within one week not one political poster could be found.

Here's how it worked: Each party offered five cents for every poster brought in to the campaign headquarters by children under 16. The Repub-

licans paid the five cent bounty for all GOP posters regardless of candidate, and the Democrats did the same.

There was more party enthusiasm for the "campaign" after the election than had been created for the election. Some parents brought their kids in with pick-up trucks loaded with the old posters. Others came in pulling wagons piled high.

We don't know if Arizona originated the idea, but it sure worked. It probably could work just as well in Washington and Oregon.

## Spotlight on HEALTH

HOPE FOR THE EMPHYSEMA PATIENT  
BY STEPHEN M. AYRES, M.D.  
Director, Cardiopulmonary Clinic  
St. Vincent's Hospital, New York, N. Y.

Emphysema, a chronic disease of the lungs, once considered hopeless, can no longer be considered as such. We know a good deal more about the illness now than we did only a few years ago.

What is emphysema? It is a condition in which the walls of the millions of tiny air sacs, called alveoli, become stretched with "trapped" air which the patient cannot expel. In time, the strained walls of the alveoli weaken and the air flow in and out of the lungs is obstructed. This forces an increased burden on the heart which must pump blood through the damaged lung.

What actually causes emphysema is unknown. However, the evidence is gradually accumulating that it is related to airway irritants, and that people inhale these irritants either through tobacco smoking or through exposure to air pollutants. There is also an additional factor which is genetically predisposed.

The best way to treat emphysema is to prevent it. The ideal way is to stop smoking. Young people should be encouraged not to start. If you have a chronic cough, see your doctor. Respiratory infections can often be prevented by use of an appropriate antibiotic.

Change of atmosphere, if it is heavily-polluted may be indicated for the emphysema patient. Some physicians advocate breathing exercises.

The use of a pocket-size nebulized bronchodilator such as the Isuprel Mistometer, which contains measured doses of isoproterenol, clears the airways of the lungs and alleviates the



shortness of breath symptom. Most patients should also have a home unit for inhalation of warm, humidified isoproterenol. They are given careful instructions for proper use of each device.

Emphysema is not a hopeless disease. Although it cannot be cured, we can do a great deal to prevent the disease from becoming worse. Skillful, intensive therapy can improve most patients.

## VOTERS' REGISTRATION DEADLINE IS SATURDAY, OCT. 5

(is your name in the book?)

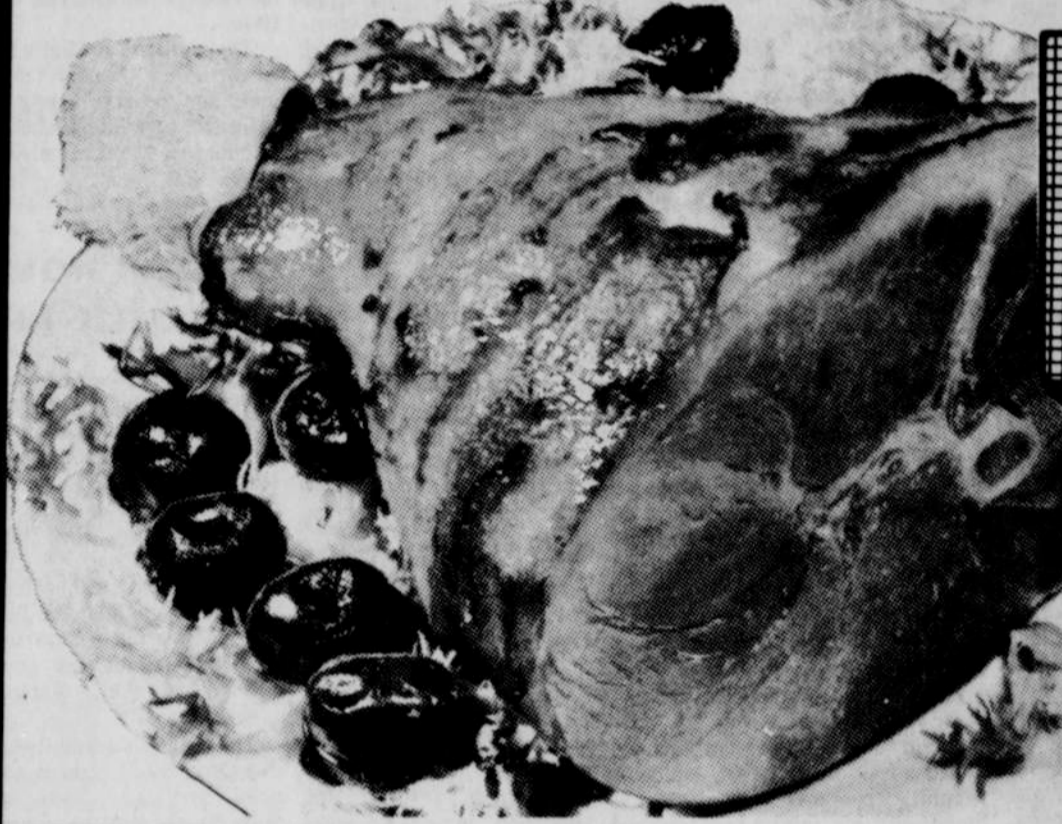
October 5 is the last Day to Register to Qualify for Voting Privilege for the General Election Tuesday, November 5

### Here's Where You Can Register...

PRECINCTS	Name & Address
Adrian & Big Bend	Ruth Looney, Adrian Oregon
Applegate	Della Christensen, Rt. 2, Ontario, Oregon
Brogan	Hallie Vilsmeyer, Brogan, Oregon
Harper	Wilda Rush, Harper, Oregon
Ironside	Charles Redsell, Ironside, Oregon
Jamieson	Anthony Coleman, Jamieson, Oregon
Jones	Inez Cooley, Juntura, Oregon
Jordan Valley	John Mallee, Jordan Valley, Oregon
McDermitt	Jessie Wilkinson, McDermitt, Nevada
Nyssa 1-2-3 & Arcadia	Betty Wilt - City Recorder's Office, Nyssa, Oregon
Ontario 1-2-3-4-5-6, & Butte, Cairo, Fair	Ines Wilson - Ontario Credit Bureau, 89 S.W. 2nd Ave., Ontario, Oregon
	Glenna Kinney - Kinney Agency, 463 Park Blvd., Ontario, Oregon
	Florence Gross - School Administrative Bldg., 497 S.W. 3rd, Ontario, Oregon
Owyhee & Sunset	Claude Skinner, Rt. 1, Nyssa, Oregon
Ridgeview	Wilma Tallman, Rt. 1, Homedale, Idaho
Rome	Ellen Corta, Arook, Oregon
Snake River	Marcella Robinson, Rt. 3, Weiser, Idaho
East Grange, West Grange, North Vale, South Vale	Office of County Clerk, Vale, Oregon

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## BUTT HALF.. lb. 55¢

## SLAB BACON

Lean & Meaty  
Cured to Perfection  
**49¢** lb.

PACIFIC MAID  
**Oysters ..** 8 oz. tins **3 Cans \$1.00**

LIBBY'S 2 1/2 size cans  
**Pumpkin ..** Great for pies! **23¢**

THRIFTY PACK Yellow or White  
**Pop Corn ..** 2 lb. bag **3 \$1.00**

WESTERN FAMILY 303 size  
**Fruit Cocktail ..** 4 Tins **\$1.00**

TASTEWELL  
**Peanut Butter** Large 40 oz jar **89¢**

NABISCO 2 lb.  
**Graham Crackers.. 63¢**

**Chili..** NALLEY'S 15 oz  
**4/\$1.00**

**Peas..** WESTERN FAMILY  
**5/\$1.00**



**Tide**  
3 LB. 1 OZ  
**GIANT SIZE TIDE XK ONLY 65¢**  
WITH THIS COUPON  
**SAVE 10¢ WITH COUPON**  
**GOOD ONLY AT RAY'S FOOD FAIR**  
Vale, Nyssa, Ontario  
**OFFER EXPIRES September 29**  
LIMIT 1 COUPON PER PACKAGE PURCHASED

Local  
**GIANT Heads Cauliflower** each **39¢**

**APPLES**  
Local Delicious  
**2 LBS 29¢**

**FROZEN FOODS**

**MORTON ASSORTED DINNERS** Chicken, Turkey, Beef Salisbury **35¢**

**Johnson's BIG 40 oz. PIES** Berry, Apple, Pumpkin **69¢**

New Vale Store Hours, 8-7 Mon. thru Sat.

**RAY'S FRESH JELLY ROLLS** **39¢**

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