



SYLVIA ROTH

Mrs. Roth celebrated her 25th anniversary as an employee of Malheur Home Telephone company on June 1, 1943 as contract manager in the Nyssa office. Sylvia has also worked in the Nampa exchange office as operator and at Ontario. She transferred in 1959 to the Payette office where she is presently employed as an operator. Her husband, Carl works in Estano's TV department at Ontario. The Roths have two children. A son, Major Ronald Roth is with the United States Marines. He is in charge of the induction center at Santa Rosa, Calif., is married and has three daughters. Their daughter, Rosemary is a student at San Diego State college where she is a teacher's assistant and is completing her master's degree. She resides in Del Mar, Calif.

NHS PRINCIPAL NAMES OFFICERS

(Continued from Page 1)

Lassiter, Anna Anderson. Students absent only 1/2 day each during the school year include Freshmen Harry Brendle, Brian Hiral, Steve Ross, Janine Saito; Sophomores Dan Haney, Diane Haney, Eva Klinkenberg, Janis Okano, Shelley Schulthes, Patricia Lowe, Kenneth Wright; Junior George Heider; Seniors Diana Okano, Dean Cartwright, Colin Chester, Lynn Finch, Teresa Haburchak.

Teresa Haburchak was absent only 1 day during the past four years; Dean Cartwright missed only two days during his high school career.

WRESTLING LETTERMEN

Charles Bale, Joe Bernal, Gary Breshears, Chipper Burningham, Bob Church, Ken Church, Alan Cleaver, Fred Esplin, Glen Gibson (football-wrestling manager), Dan Haney, Dan Hiatt, Darr Jensen, David Kane, Dan Marostica, Dennis Orr, Richard Parra, Curtis Reece, Gary Sadamori, Colby Strom, Rudy Vendrell, Robert Wright, Don Wilson.

BASEBALL LETTERMEN

Orrin Corak, Bryan Feik, Tim Klinkenberg, Bob Lassiter, Graig Lewis, Russ Myrick, Keith Oldemeyer, Steve Pecora, Greg Perdue, Frank Rambaud, Gary Ross, Remi Sifuentes, Rick Wilson, Jerry Wright, Dan Wilson, Donnie Wilson (Manager).

FOOTBALL LETTERMEN

Jerry Anderson, Jim Beck, Gary Breshears, Randy Charters, Colin Chester, Harold Christensen, Bob Church, Alan Cleaver, Don Cleaver, Orrin Corak, Dave Danford, John Elgezabal, Fred Esplin, Jim Farmer, Mike Glen, Scott Jefferies, Darr Jensen, Bill Kouns, Craig Lewis, Dan Marostica, Russell Myrick, Dennis Orr, Steve Pecora, Clinton Robbins, Gary Ross, John Shell, Clarence Tisdal, David Wilson, Donnie Wilson, Larry Wilson, Dan Wilson.

LIBRARY HONORS

Alma Rodriguez, Shirley Cleaver, Chipper Burningham, Anna Anderson, Darlene Breshears, Lucille Bertram, Rosalea Sifuentes, Dean Cartwright, Denzel Weeks, Cathy Perdue, Stephanie Wilson, Sandra Gallegos.

STUDENT COUNCIL AWARDS

Gary Ross, Jim Beck, Sallee Morgan, Lorraine Wilson, Denzel Weeks, Linda Ballou, Danny Wilson, Marie Durfee, Barbara Tensen, Roxanne Mason, Patty Lowe, Mike Smith, Mary Haburchak.

ATHLETIC LETTERS

Cross Country Letters went to Robert Edmondson, captain; Dan Greig, Joe Loera, Mark Hartley, Ken Spitzer, Ted Barton.

Receiving basketball letters are Colin Chester, captain; Dan Wilson, Larry Wilson, Reid Saito, Scott Jefferies, John Shell, Gary Ross.

Tennis letter recipients are Lorraine Wilson, Captain; Lineta Stedman, Roxy Mason, doza, Gary Don Merrill, Dale R. Metzger, Carl Lewis Miller, Jr., Donna Lynne Miller, Michael Lee Moore, Noble Morinaka, Jr., Gerald Kay Nobuyama, Jerry Iwao Ogawa, David K. Parker, Tony Calvin Perry, Brenda D. Pett, Thomas E. Phillips, David George Pope, Claudia Marie Reed, Carrie Lynn Saito, Roselyn Emma Schamber, Carol Lynne Schutt, Richard Lee Scott, Barbara Jean Smit, Peter Smit, Clifford E. Smith, June Yvonne Emert Stirm, Knute Signe Stoneberg, Darlene Joyce Takami, Warren W. Trunnell, Larry Wayne Turner, Robert A. (Pete) Wade, Gratia L. Washburn, Tommy R. Whaley, Joseph M. Yraguen.

Diane Okano, Linda Ballou, Janice Piercy, Peggy Moore, Barbara Wilt, Sallee Morgan, Reid Saito, captain; Stuart Hennigson, Ken Brown, Jim Farmer, George Heider, Rodger Garner, Bruce Sarazin, Robert Ward, Bruce Jackson and Harry Brendle.

TRACK LETTERMEN

Among track lettermen are Seniors Colin Chester, Darr Jensen, Jim Malloy, Scott Jefferies, Bill Kouns, Gary Ross; Juniors Bob Church, Larry Wilson, Steve Moss, John Shell; Sophomores David Wilson, David Danford, Dan Haney, Rick Wilson; Freshmen Pepe Joe Bernal, David Manley, Robert Edmondson, Mike Smith, Dallas Fredrikson. Manager for 1966-67 and 1967-68 was Ted Barton.

WORK SMARTER - NOT HARDER

THE NEW TYPE OF NO-SCOUR FINISH on cooking utensils is more durable and resistant to scratching. It's slightly rough to the touch. The color is likely to be black, which helps defeat the old problem of discoloration.

You can use the usual metal spatulas, but with reasonable care. Cleaning is a less touch job with the improved finishes.

"YOU MAY BE THE LOSER if you don't read labels on bonded fabrics," says Elaine Carlson, Oregon State University Extension clothing specialist.

The reason is this: By 1970, between 600 million and 1 billion yards of bonded fabrics will be produced. They can't all be cared for in the same way.

Miss Carlson says you should also check carefully grain lines when sewing with these fabrics. With such rapidly expanding production, quality control may be a problem.

TIRED OF WAITING FOR APPLIANCES TO BE REPAIRED? Next time you buy a small appliance such as a toaster, coffee maker, or an iron, consider the kind you can repair yourself.

These appliances are designed to come apart into a half dozen or so components. Each component may be replaced in total if it or some part of it fails. Tools aren't necessary. This idea can cut many repair bills by half.

Since only certain assembled parts are available, you may feel you are having to replace a part that is still good. However, chances are some of these other parts may be about ready to give way soon. Besides, you're still money ahead.

DON'T GRAB JUST ANY OLD LIGHT BULB when you shop. They are not all the same.

Standard inside frosted bulbs have an average life of 750 to 1,000 hours. Long-life bulbs will last between 1,500 and 7,300 hours. The cost of the bulbs is almost the same. However, the latter type of bulb gives less light than the standard one of the same wattage.

If a bulb is used in a hard-to-reach place and quantity of light is of lesser importance, the longer life bulb will mean less frequent replacement.

When maximum lighting is important and the bulb is not hard to reach, use the standard bulb.

YOU DON'T GET RID OF AN OLD HABIT BY TOSSING IT out the window. You have to chisel at it. So said Mark Twain.

And this certainly applies to homemaking jobs. A lot of chores might be done an easier way if we sit down and figure out a short cut. Then the first time you try a new way, it may take longer than the old way. So, you have to keep at it and chisel away a few minutes each time. Don't give up! In the long run, it pays off.

Self-Cleaning Ovens Praised By Homemakers

Do self-cleaning ovens live up to expectations?

Since oven cleaning has long been high on the list of disliked household jobs, it's not surprising that the self-cleaning oven has probably had greater acceptance than any range innovation in a long time, according to Bernice Strawn, Oregon State University's Extension home management and equipment specialist.

A recent survey of owners show that two-thirds of the women interviewed shopped especially for an oven with the self-cleaning feature, and seemed unaware that they had paid extra for it.

As a rule these ovens do most more, Miss Strawn explains, but the women may have been taking into consideration the cost of chemical cleaners, the value of their time, and the inconvenience cleaning involves.

Most of the owners expressed satisfaction with the self-cleaning oven. Forty-six per cent said it was better than they anticipated; 48 per cent felt they received all they expected.

The six per cent who were dissatisfied with the cleaning results complained that the oven racks and broiler pan lost their shine, and the oven door interior required some cleaning by hand. The latter should be a minor objection, Miss Strawn believes, because only the edges of the door are likely to need further attention.

The homemakers interviewed used the self-cleaning feature once every five or six weeks. Miss Strawn points out that this is probably not an increase over the frequency of manual cleaning in most homes.

Almost 20 manufacturers now make self-cleaning ranges -- some in moderate-priced models. Consumers will find gas and electric ranges, built-ins, drop-ins, slide-ins and free standing models featuring the self-cleaning oven, reports the Extension specialist.

4-H SPRING FAIR NOW IN PROGRESS

The 4-H spring fair started Tuesday at the Ontario high school plant where youngsters are competing in various contests and activities, in addition to exhibiting their projects.

All activities are open to the public. Remaining activities today,

MORE MILEAGE ON LESS GAS

Want to drive farther on less gasoline?

Then follow the advice of Mario Andretti, who was named 1967 American Driver of the Year by the nation's leading auto-racing sports writers.

In the current issue of 'Petroleum Today,' Andretti points out that approximately one-fifth of the gasoline that the average American puts into his car is wasted. "Fuel is money, and saving gasoline is really good, efficient driving," he says.

Andretti lists several ways to cut motor fuel bills: 1. Check tire pressure regularly. Underinflated tires can waste one-half gallon of gasoline out of every 20 you buy. 2. Keep your motor tuned. Your car should be tuned every 5,000 to 8,000 miles. Make sure spark plugs are on the check-

list; faulty plugs can waste as much as one gallon of gasoline in every 10.

3. Watch your braking. Few things burn up gasoline faster than repeated, unnecessary braking. Keep a few car lengths behind the car ahead so you don't have to slam on the brakes suddenly if he slows.

4. Let your car breathe. Automobiles need air -- at least 9,000 gallons for every gallon of gasoline consumed. Keep your air filter clean. If you don't, it can cut gasoline mileage.

5. Know your gasoline. Modern high-powered gasolines (which cost less, before taxes, than the fuels of 1922) are tailor-made for today's high-powered automobiles. Since there are so many different types of vehicles and engines on the roads today, it is best to check with your service station dealer about the right grade of gasoline for your car.

6. Steady your driving. Drivers who nervously gun their motors at stop lights and "jack rabbit" drivers who roar off when the light turns green are only wasting fuel.

Take care of your car, Andretti concludes. "A car is a complex mechanism, and nearly every piece of equipment in it has some subtle effect on gasoline mileage."

WORK SMARTER - NOT HARDER

IS REFRIGERATOR SPACE WASTED AT YOUR HOUSE? A survey by home economists indicates that as much as half of the usable area is wasted in many households.

The most common failing, as reported by the majority of the homemakers responding to this survey, was failure to use leftovers before they spoil. They are simply forgotten or lost in the back of an overcrowded refrigerator.

We're not pointing any fingers, but the study showed that the homemakers most likely to have a confused refrigerator were under 25 years and or employed outside the home. In their defense, we'd like to add, they are probably the busiest, too. But a few minutes of organization can save time, space and money.

Use of the right storage containers and better organization can give anywhere from 20 to 55 per cent more usable space in the refrigerator. Leftovers have a better chance to be used before they spoil.

TVCC Graduates

(Continued from Page 1)

rick, Mooney, Duane Lorin Munn, Warren Lee Murata, Sheryl A. Myers, Patricia June Nagaki, Clarence William Nelson, David Randal Nishitani, David Mathew Oglesbee, Michael Dee Olsen, Laura Joanne Osburn, Robert G. Oxnam, Julio V. Perez, Curtis Alan Powers, Triena Lucille Rinehart, Gerald E. Robinson, Jr., Anthony Roy Schilling, Lawrence D. Schimmels, Clyde Alan Schmelzer, Ray L. Sexton, Thomas Shuford Jr., Richard L. Shunn, Joseph E. Silva, Morse D. Smith, James Edward Smith, Monty Bruce Spelman, David Joe Sumpter, John Joel Sword, Allen Dale Taylor, Janis Elaine Walker, Sheridan Tod Weston, Charles Joseph Williams, Reinhold D. Wilson, Wayne Jacob Zurbrugg.

Oregon graduates of the Associate of Arts are Richard David Baker, Peggy W. Barrett, Frederick Carl Bell, Diana Mae Blanks, Emma Zella Kuntz Boles, Kathleen Patricia Brinton, Dick Eben Butcher, Ralph Jay Carter, Elizabeth Anne Cole, Dennis R. Conner, Leland P. Dixon, Jr., William Earl Drinkwater, Gerald David Ewing, Wyman Harold Faircloth, Leila Jean Farmer, Sharon L. Fenn, Linda Ann Fleming, Gary Lee Frantz, Rebecca Ellen Glover, Arthur Clifton Gordon, Roger Kent Greenfield, Richard Kent Groves, Susan Lee Hashitani, Patricia Ann Hickey, Stephanie Jane Hincks, Bruce McKay Howell, Robert D. Huffaker, Delmar Christopher Hussey, Sam LaVall Johnson, Ron P. King, Patrick J. McCourt, Steven Leslie Men-

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