

Coach J. Moawad Analyzes 'Athlete' With Elements Contained in Letters

By JOHN MOAWAD, Nyssa High School Coach

If we were to analyze the word athlete, we would find that each letter relates to one important aspect of being an athlete.

While pondering the thought, I arrived at these seven elements. A represents attitude. This is the determining factor that makes the difference between a good athlete and a great athlete. In this respect the player's performance is a display of his attitude.

T indicates time. To be an athlete, many sacrifices are made. Many long hours of work are needed to excel. I think a good example of this is Jerry Lindgren of Spokane, who at the age of 18, was the youngest American ever to defeat a Russian in the 10,000-meter race.

Jerry sacrificed many hours of time in preparation for this meeting. One could see him each morning running his 25 miles before the school day began. He gave up many things that other 18 year olds would never dream of relinquishing. How many would forget a party, dance or movie so that they could perform better during the next season? Some maybe, but not very many players.

Basketball Prevue

(From the Nyssa High Bulldog)

By JOHN MOORE

The 1965-66 basketball season got under way Monday, Nov. 8, on the hardwood floor of the Nyssa gymnasium.

A tough season can be expected for the Bulldogs as going to be the shortest team in the league. But the local hoopsters can and will shoot as well or better than any team in the SRV. Defense will be something to work on, for a team's offense is only as good as its defense.

The first night's impression, according to Coach Ralph Aldrich, was mixed. A disappointing number of players turned out, especially from the junior and freshman classes. But those who did turn out showed spirit and drive. Returning lettermen are Terry Ott, Paul Smit, Neal Bohannon, Brad Maxfield and John Moore. The team will have real depth this year with 10 players of about equal ability trying for starting positions.

The boys feel that the school can look forward to a winning season and some new trophies in the trophy case. The ball players are out to do their best; all that is left is for the student body to back them up.

Good luck, team!!!

Cow Hollow

By Helen Hoffman

Mr. and Mrs. Russell Howell were Thanksgiving dinner guests of their son-in-law and daughter, Mr. and Mrs. Charlie McCoy at Ironside. Other guests were Mr. and Mrs. Lew McCoy of Willowcreek. Marsha and Mollie McCoy spent the weekend with their grandparents, the Russell Howells.

Saturday evening visitors at the Joe Stephen home were Messrs. and Mmes. James Stephen and Larry, Lester Norland and family of Caldwell, Eugene Stephen and sons, Mrs. Bob Mosso and daughter, Mrs. Bob Ewell and daughter and Mrs. Martha Norland of Apple Valley.

Mr. and Mrs. Fred Morton, Margie and Mark were Thanksgiving guests in the Ed Haskins home at Hereford, Ore. Miss Betty Morton spent from Friday until Saturday with her parents, the Fred Mortons. Margie Morton, a student at OSU in Corvallis, spent the Thanksgiving vacation with her parents.

Mr. and Mrs. Eugene Lewen and family of Donnelly, Idaho, were Sunday dinner guests of Mr. and Mrs. Joe Stephen.

Dinner Guests in Ontario
LaNae and Wayne Lattin were recent dinner guests of their grandfather, Clarence Niccum at Moore hotel in Ontario.

Mr. and Mrs. Ray Strickland and family were Thanksgiving dinner guests at the John Strickland home. Miss JoAnne Strickland spent the Thanksgiving holiday with her parents, the Ray Stricklands.

Mr. and Mrs. Andy Anderson and family were recent dinner guests of Mr. and Mrs. Ray Strickland.
Mrs. Elza Niccum and Anita

H relates to health. This element is the machinery that moves the athlete. Sleep, food and exercise must be kept on a rigid schedule in order to perform to one's utmost. Late hours, poor eating habits and lack of sleep have never produced any kind of athlete.

L lends to leadership. Athletes are leaders whether they like it or not. Nobody planned it that way; it just happened. Many not only are leaders during their athletic careers, but are leaders in later life—some of them in politics, medicine and law.

E tends to relate to education. Without education the athlete is helpless. NO longer is he one who is dumb, stupid and brawny. Coaches don't want this kind of athlete because athletics today require mental ability as well as physical ability.

T represents training. This element combines the other six. This is the law by which the athlete lives. It not only involves things he cannot do, but also things he must do in order to perform at his best. It relates to mental as well as physical being. Any athlete who does not train is only pretending, because he is not performing to his utmost. He is the one weak link in the chain that must be replaced.

E is for effort. Nothing was ever accomplished without effort. How much you gain depends on how much you invest. With little effort, you can expect little gain. Excuses never accomplished anything.

Wrestling Prospects Bright for 1965-66

(From the Nyssa High Bulldog)

With veterans returning at every weight except three, the NHS wrestling team should have one of its best seasons this year.

The following seniors have three years' experience and will return at the weights indicated:

106 lbs.—Steve Haney.
115—Ralph Carter, third in state competition at 106 lbs.

130—Newell Cleaver, 7 A-2 runnerup at 130 lbs.
141—Dan Reece, state champion.

148—Roger Carter.
168—Eugene Mason, District 7 A-2 champion at this weight.

178—Orville Anderson, third in 7 A-2 competition.
191—Gary Mason and Fred Wight.

Seniors Gilbert Gallegos and Tim Phillips will add strength to the 123-lb. and 130-lb. weight classes. Several good freshmen, sophomores and juniors are also competing for positions. They include:

115—Rudy Vendrell.
123—Ralph Estrada, 7 A-2 runnerup at this weight.

123—Sam Cleaver.
136—Darr Jensen.
141—Fred Esplin, third in District 7 A-2 competition.

148—Tom Stringer.
157—Jim Ableman.
Heavyweight—Steve Petrie.

Freshmen who are presently participating in the wrestling program include Allen Cleaver, Dan Marostica, Bob Church, Steve Percora, Ronald Edmondson, Danny Hiatt and Don Wilson. The frosh prospects are very encouraging. Any boys interested in participating are urged to turn out this week.

Nyssa High School Wrestling Schedule

Dec. 3—Burns, There.
Dec. 7—Boise, Here.
Dec. 10-11—Enterprise, There.
Dec. 10-11—Boise Invitational Tournament, There.

Jan. 6—Vale, There.
Jan. 11—Boise, There.
Jan. 13—Vallivue, Here.
Jan. 18—Capital, Here.

Jan. 20—Ontario, Here.
Jan. 27—Caldwell, There.
Feb. 1—Borah, Here.
Feb. 3—Payette, There.

Feb. 17—Ontario, There.
Feb. 19—Enterprise, Here.
Feb. 22—Vale, Here.

SATURDAY DINNER GUESTS

Mr. and Mrs. Dale Overstake and sons of North Bend, Ore., Mr. and Mrs. Harry McGinley and daughters were Saturday dinner guests of Mr. and Mrs. Walt Looney and Jimmy.

were Thanksgiving day dinner guests at the Wesley Walker residence in Adrian.

Mr. and Mrs. Ray Schulthies and family were Thanksgiving dinner guests of Mrs. Bessie Bair at Nyssa.

Mrs. Mamie Harrison, Mrs. Etta Harrison and Miss Charlene Harrison, all of Emmett, were Thanksgiving dinner guests of Mr. and Mrs. Dee Garner.

Mr. and Mrs. Dewey Garner of Adrian, Mrs. Brig Olsen and Mrs. Jim Tracy of Nyssa were Sunday evening visitors in the Dee Garner home. Mr. and Mrs. Dee Garner and family attended the Gold and Green ball Friday night at the Owyhee LDS ward.

Nyssa High School Calendar of Events

Dec. 3, 8 p.m.—Junior high dance in cafeteria.
Dec. 4—Basketball at John Day.
Dec. 7—Betty Crocker tests for senior girls.
Dec. 7—Wrestling, Boise here.
Dec. 7, 8 p.m.—FFA meeting.
Dec. 9, 8 p.m.—PTA meeting in school cafeteria.
Dec. 10—Wrestling at Enterprise.
Dec. 10-11—Basketball tournament at Phoenix, Ore.
Dec. 10-11—Wrestling at Boise.
Dec. 10, 3:45 p.m.—GAA activity.

ADRIAN, JORDAN VALLEY GAME SLATED SATURDAY

The Adrian Antelopes will travel to Jordan Valley Saturday evening, Dec. 4, for their first basketball game of the season. The junior varsity game is scheduled at 6:30 p.m. and the varsity contest will begin at 8 o'clock.

NYSSAN PARTICIPATES IN ANNUAL MUSIC EVENT

The annual Silver Tea for the National Federation of Music clubs was held Nov. 20 at Payette. Among area musicians taking part in the program was Donna Lee Wilson, daughter of Nyssans, Mr. and Mrs. Bud Wilson.

Miss Wilson and Jana Greif played the Bach concerto for two violins as well as other selections. Other musical selections were played on a matched set of four Recorders, ancient instruments obtained by Miss Wilson during her recent stay in Germany.

Thanksgiving dinner guests of Mr. and Mrs. A. H. Boydell were their son-in-law and daughter, Mr. and Mrs. Harold Rhodes and Susan of Milton-Freewater, Linda Beckham of Walla Walla, John Beckham, Kent and Nancy Boydell. Mr. and Mrs. Edward Boydell spent the holiday at Monmouth visiting her mother who is very ill.

Nyssa High School Basketball Games

Dec. 3—Burns, There.
Dec. 4—John Day, There.
Dec. 10-11—Phoenix Tournament, There.
Jan. 7—John Day, Here.
Jan. 8—Burns, Here.
Jan. 14—Vallivue, Here.
Jan. 15—Vale, Here.
Jan. 21—Emmett, There.
Jan. 22—Meridian, There.
Jan. 28—Weiser, Here.
Jan. 29—Payette, There.
Feb. 4—Vallivue, There.
Feb. 5—Ontario, Here.
Feb. 8—Vale, There.
Feb. 11—Emmett, Here.
Feb. 12—Meridian, Here.
Feb. 15—Payette, Here.
Feb. 19—Enterprise, Here.
Feb. 22—Ontario, There.
Feb. 25—Weiser, There.
Feb. 26—Enterprise, There.

(All games against Vale and Enterprise are 7 A-2 district contests and may lead to state playoffs following regular schedule.)

RECEIVES STUDY GRANT

Paul Okano is among 19 top students in the Oregon State university School of Science who were recently awarded scholarships totaling nearly \$6000 for this school year.

The OSU senior, a son of Mr. and Mrs. Hiroto Okano of route 1, Nyssa, received a \$250 Milton Harris scholarship in general science.

Formal presentation of the study grants was made Nov. 17 at the annual School of Science awards assembly.

Mr. and Mrs. Stephen Talbot and family of Bellevue, Wash., Mr. and Mrs. Gerald Talbot of Cedar City, Utah, visited during the holiday weekend with the men's parents, Mr. and Mrs. Waynard Talbot. The three families together with Mr. and Mrs. Glen Weeks and children of Parma were Thanksgiving dinner guests of Mr. and Mrs. Solon Lewis and Peggy.

Football Incident Stops NHS Activities

(Continued From Page 1)

p.m. yesterday (Wednesday) with Gibson and the secretary of the Idaho School Activities association at Boise to attempt to iron out the problems.

In the event the suspension is lifted, the school would be on probation through the football season next fall. During this time, McPartland said, actions of students, team members, faculty and fans would have a big bearing on lifting the probation.


In the meantime the immediate worry of the school board was where the money would come from for the dental job. Liability insurance is carried by the school, but no claim has been filed against the school or with the insurance carrier.

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Mrs. Elza Niccum and Anita