

Work Smarter . . . Not Harder

By BERNICE STRAWN, Extension Home Management Specialist

A DISHWASHER

is a wonderful gift for mother.

If you're concerned about which dishes you can wash and which you can't, here are the facts.

You can safely wash sterling silver, silverplate, glassware and stainless steel in a dishwasher. Most china washes safely except that with unique metal trim, hand-painted china or over-the-glaze patterns which are vulnerable to high water temperatures and detergent solutions.

If there is some doubt, test-wash one piece consistently for at least a month and compare it with the rest of the set.

For more tips on buying a dishwasher, ask your county extension office for our bulletin on dishwashers.

WEIGHT WATCHERS

... here's a tip from Virginia Weiser, OSU extension nutritionist. She points out that many vegetables are low in calories, high in flavor and bulk. Even the so-called starchy ones aren't really high in calories.

A baked potato has fewer calories than the average cookie. A sweet potato ranks below a candy bar in calories. But go easy on the sauce you add. This could be your downfall.

For help in buying and cooking vegetables, ask your county extension agent's office for a free copy of the extension bulletin, "Choosing and Using Western Vegetables."

FOAM RUBBER PILLOWS

... should be washed by hand, not machine. Squeeze warm suds through pillow until clean, then rinse several times. Foam rubber is fragile when wet, so place the pillow in a loose pillow case and fasten with safety pins.

To extract the water, put one pillow and two heavy towels (for balance) in the automatic washer and set for spin cycle, or wash and spin two pillows at a time.

Dry the pillow at room temperature, never in the sun. It will dry in one day if most of the water has been spun out in the washer.

WHAT TAKES THE MOST TIME?

... Food activities eat up about one-third of it. So, this is a good place to work out a zip code.

Molly Sylvester, Umatilla county extension agent, and Virginia Weiser, OSU extension nutritionist, suggest these time savers.

Speed chilling or setting of puddings and gelatin desserts by storing them in an empty ice cube tray in the freezing compartment for a few minutes. Stir and watch to avoid freezing.

Chop hard-cooked eggs with a pastry blender. It's quick! Put meat loaf in muffin tins if you haven't an hour to bake it—it will be done in 15 minutes.

Prepare dropped biscuits instead of rolled ones. Or if rolled, cut in squares with a knife and save time cutting individual biscuits.

Serve food in simple forms such as baked potatoes, potatoes in jackets or pan gravy instead of thickened gravy.

Save on clean-up with help from disposable materials. Use a paper sack for flouring meats. Peel vegetables on a newspaper.

HOW WHITE ARE YOUR WHITE CLOTHES?

... A recent survey indicates that 39 percent of automatic washer users skip on detergent. Fourteen percent use too much. In which class are you?

Too little detergent means soil isn't removed and clothes will be gray or yellow.

BUY NOW, PAY LATER PRIVILEGES COST MONEY

... Mrs. Alberta Johnston, family finance specialist with Oregon State university extension service, reminds us that credit may cost from 6 to 36 percent.

Shop for credit just as you would in buying furniture or appliances. Compare credit costs by determining the true annual interest rates.

If the interest rate for credit is given in terms of percent per month on the unpaid balance, you multiply the rate by 12. For example, if the interest rate is quoted at 1 1/2 percent per month, then the true annual rate is 18 percent.

Marla Christensen, Jerry Jay Johanson Betrothal Revealed

Mr. and Mrs. D. H. Christensen of route 2, Nyssa, announce the engagement of their daughter, Marla, and Jerry Jay Johanson, son of Mr. and Mrs. Lloyd Johanson of Ontario.

Miss Christensen is a 1962 graduate of Nyssa high school. Her fiancé was graduated from Ontario high and served a two-year mission to the southern states for the LDS church. Both are presently attending Brigham Young university in Provo, Utah.

A definite wedding date has not been selected by the young couple.

CLUB MEETING POSTPONED

Owyhee Garden club meeting previously scheduled for Friday, May 8, has been postponed to May 14. The session will begin with 2 o'clock dessert in the home of Mrs. Jim Langley.

Bridge Club Meetings Held at Eldredge Home

Members of the Thursday bridge club met last week with Mrs. Tom Eldredge. Guest players were Mrs. Elsie Diven, Mrs. Paul Penrod and Mrs. Shorty Brandt. Prizes were won by Mrs. A. H. Boydell and Mrs. Diven.

Mr. and Mrs. Eldredge entertained Saturday evening for the Mr. and Mrs. bridge club. Prize winners were Mr. and Mrs. Harry Miner.

Mrs. Irma Sillonis Chosen to Head Extension Unit; Other Officers Told

By Helen Hatch

BIG BEND—Big Bend Home Extension unit members held their April meeting at the home of Mrs. Edith Prosser with Mrs. Laura Brock as hostess. In attendance were 18 members and two guests, Mrs. Ruby English and Mrs. Prosser.

Eye-openers were given by Goldie Roberts and Penny Wood. Mrs. Roberts showed how to make a chrysanthemum from ribbon and Mrs. Wood demonstrated making a recipe holder from a clothes pin, dowel and square piece of wood.

New officers elected for 1964-65 include Irma Sillonis, chairman; Myrtle Tuppeny, vice chairman; Gloria Holly, secretary-treasurer. Lesson on "Undergarments for the Figure" was given by Mrs. Pearl Stanton. This was the final program for this year's term.

Mr. and Mrs. Harvey Bennett visited April 27 with his mother, Mrs. Mabel Bennett at the Caldwell nursing center.

Leave for Home in Texas

Mr. and Mrs. David Chaney and Janna Lynne left April 26 for their home in Del Rio, Texas.

Mrs. Dick Davis spent a recent Monday with Mrs. Perle Davis of Ridgeview.

Mr. and Mrs. Chet Smith visited April 26 with her brother and sister-in-law, Mr. and Mrs. Frank Shelton and Lona of Nyssa.

Mr. and Mrs. Dick Reed and girls of Boise spent a recent Sunday with her parents, Mr. and Mrs. Boyce Van DeWater.

Mrs. Mary Thompson was a recent Sunday dinner guest of Mr. and Mrs. Bob Obendorf and family.

Mr. and Mrs. Ray Cartwright recently accompanied their son, George and grandson, Donnie Cartwright, to Unity.

Mrs. Anna Chaney of Nyssa spent a recent Sunday in the Horace Chaney home.

BRIDGE WINNERS NAMED

North-south winners at the Monday evening charity party for the Nyssa duplicate bridge group were Roy Nishizaki and Mrs. Morgan Beck, first; Mrs. Nishizaki and Mrs. Houston Wilson, second; Alice Whyman and Bernice Pearson, third.

Top winners in the east-west group were Mrs. John Stringer and Mrs. Ray Russell. Mrs. Bill Fangen and Mrs. Dick Wilson placed second. Mr. and Mrs. Harry Miner, Mrs. Etta Anderson and Mrs. Marie Smit tied for third place.

Pinochle Party Honors Couple From California

Mr. and Mrs. Bill Schoen entertained recently with a pinochle party in honor of Mr. and Mrs. Walter Schafer of Napa, Calif. Guests included Mr. and Mrs. Adolph Schultz of Apple Valley, Mr. and Mrs. Tracy Mefford, Mr. and Mrs. Oscar Kurtz, Mr. and Mrs. Charlie Zinn.

Prizes were won by Mrs. Schultz and Walter Schafer.

OFFICER ELECTION HELD BY HOSPITAL AUXILIARY

Mrs. Robert Fangen was re-elected president and Mrs. Ralph Lawrence was re-elected treasurer of the Malheur Memorial hospital auxiliary at a meeting held April 27 at the hospital. Others named to office for the coming year are Mrs. Joe Maughan, vice president, and Mrs. Jessie Morgan, secretary.

Following a short business session, the meeting was adjourned.

Emblem Group Hears Talk by Candidate For State President

New officers of Ontario Emblem club No. 192 conducted their first meeting Monday evening and at that time members voted to give a \$100 scholarship to Treasure Valley Community college.

The final breakfast, which club members will prepare before summer, will be served on May 17 in the Elks dining room.

A letter of resignation was received from Mrs. Al Shaw and Mrs. Les Sweetland was elected to fill the position of recording secretary. Mrs. Jay Bybee, supreme district deputy, presided over the installation ceremonies, assisted by Mrs. Pearman Rowe, installing marshal.

It was announced the Elks Mother's Day services will be May 10 at the Elks temple. Plans were made for the Emblem State convention at Oceanlake in June and Mrs. Lamont Fife, candidate for state president, spoke on convention activities. Mrs. Fife, a former Nyssan, is a member of the local organization and is now residing in Pendleton.

Mrs. Leo Sears, president, presented Mrs. Glen Strawn, junior past president, with a golden honorary life membership card.

Mrs. DeMinck Hosts Club

Mrs. Gene DeMinck entertained last week for members of the Tuesday evening bridge club. Mrs. Jeff Ford was guest player. Mrs. Dick Wilson was high score winner and low score award went to Mrs. Clarence Clapp.

HONORED ON ANNIVERSARY

H. E. Chamberlain was honored guest at a dinner served Sunday at East Side cafe in Ontario in observance of his birthday anniversary. Others attending were Mrs. Chamberlain, Mr. and Mrs. S. P. Bybee, Mr. and Mrs. Owen Froerer and family, Mrs. Jay Bybee and daughters, Mr. and Mrs. Owen J. Froerer and Ronnie of Vale, Mr. and Mrs. George Courtney and Mr. Waggoner of Ontario.

CELEBRATE ANNIVERSARY

Mr. and Mrs. Tom Weeks, Mr. and Mrs. Darel Steinke and Cherry Lee had dinner Monday evening at the Elks club in Ontario in observance of Mrs. Weeks' birthday anniversary.

Cheese and Fruit Tray . . .

For an unusual as well as nutritious dessert, assemble a cheese and fruit tray using apple wedges and cheddar slices and pear slices with blue cheese.

Owyhee News

By Connie Price

Saturday evening dinner guests in the home of Mr. and Mrs. Earl Crocker were Mrs. Esther Crocker of Madras, Mr. and Mrs. Louis Skinner. Mrs. Esther Crocker is a sister-in-law of Mrs. Skinner. Sunday dinner guests in the Crocker home were Mrs. Esther Crocker, Mr. and Mrs. Keith Moore and children of Notus, Mr. and Mrs. Duane Fenn and girls of Ontario.

Mrs. Jerry Gordon and children of Jordan Valley were May 4 luncheon guests in the C. Culbertson home. Mrs. Earl Kygar and son visited during the afternoon in the Culbertson residence.

Thursday Dinner Guests

Thursday, April 30, evening dinner guests in the Henry Carroll home were Mr. and Mrs. Jimmy Carroll and family and Miss Henrietta Carroll. Evening callers were Mrs. Esther Stephen, Mr. and Mrs. Delmer Points of Nyssa. Henrietta attended a beginners' band concert at Adrian that evening and Ruthie Carroll played her clarinet. Miss Henrietta Carroll has been employed by schools in Taft, Ore., as physical education instructor for the coming year.

Mrs. Ray Sumpter of Payette visited during the afternoon of May 1 in the home of Mrs. Fort Sumpter.

Sunday dinner guests in the C. Callahan home were Richard Callahan of McCall, Mr. and Mrs. Carl Lovitt and Alan of Adrian. Mr. and Mrs. C. Callahan were Saturday evening dinner guests in the home of Mr. and Mrs. Earl Callahan at Parma.

Mrs. Cleaver Attends Meetings in Portland

By Connie Price

BUENA VISTA—Mrs. Lester Cleaver attended a state PTA meeting at Hilton hotel in Portland April 20-24. Mrs. Cleaver also attended the northwest regional conference of Child Welfare League of America at the Hilton hotel in Portland April 26 through April 29.

Miss Linda Cleaver accompanied Mrs. Ellen Besendorfer to Reno, Nev., April 30 and they returned the following day.

Mr. and Mrs. Eugene Stephen visited May 3 with Mrs. Martha Norland of Apple Valley.

Two-class of Owyhee Community church met April 30 at the home of Mr. and Mrs. Harold Dail.

Guests in Finger Home

Sunday dinner guests in the home of Mr. and Mrs. Howard Finger were Mr. and Mrs. George Hankins of Caldwell and Harley Winter of Ontario.

Mr. and Mrs. M. H. Bishop and family, Mr. and Mrs. Duane Hite and family, Mr. and Mrs. Jack Knowles and family picked Sunday afternoon at Succor creek.

Mrs. R. G. Tanner and Martin recently took Mrs. Hyde of Medford to Boise to board a plane after spending two weeks with the Tanners.

Mrs. Martha Norland of Apple Valley spent a recent Friday afternoon with her daughter, Mrs. Eugene Stephen. Mrs. Howard Finger visited April 14 with Mrs. Stephen.

Journal Classifieds Bring Results!

MOTHERS...

Saturday, May 9, We Have a FREE GIFT!

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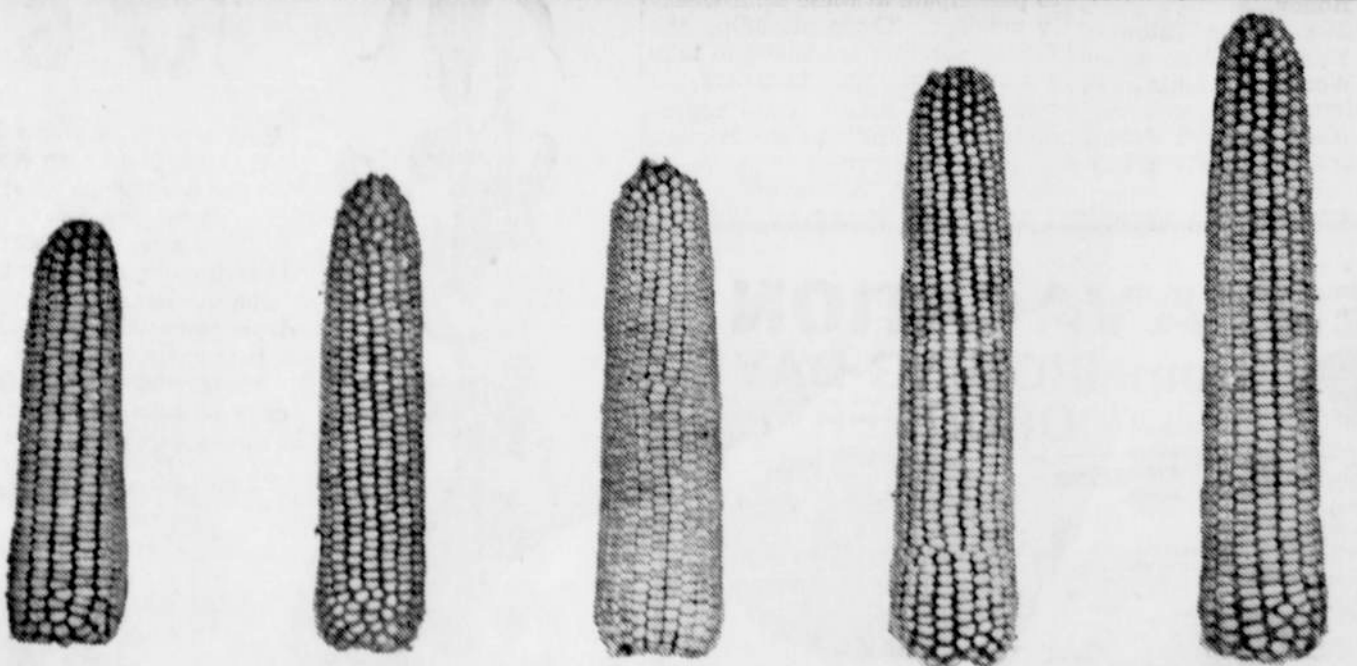
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Pd. Pol. Adv. by Margaret Tiffany, 363 Clark S, Vale, Oregon

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